



WWW.GOV.GG/BEACTIVE

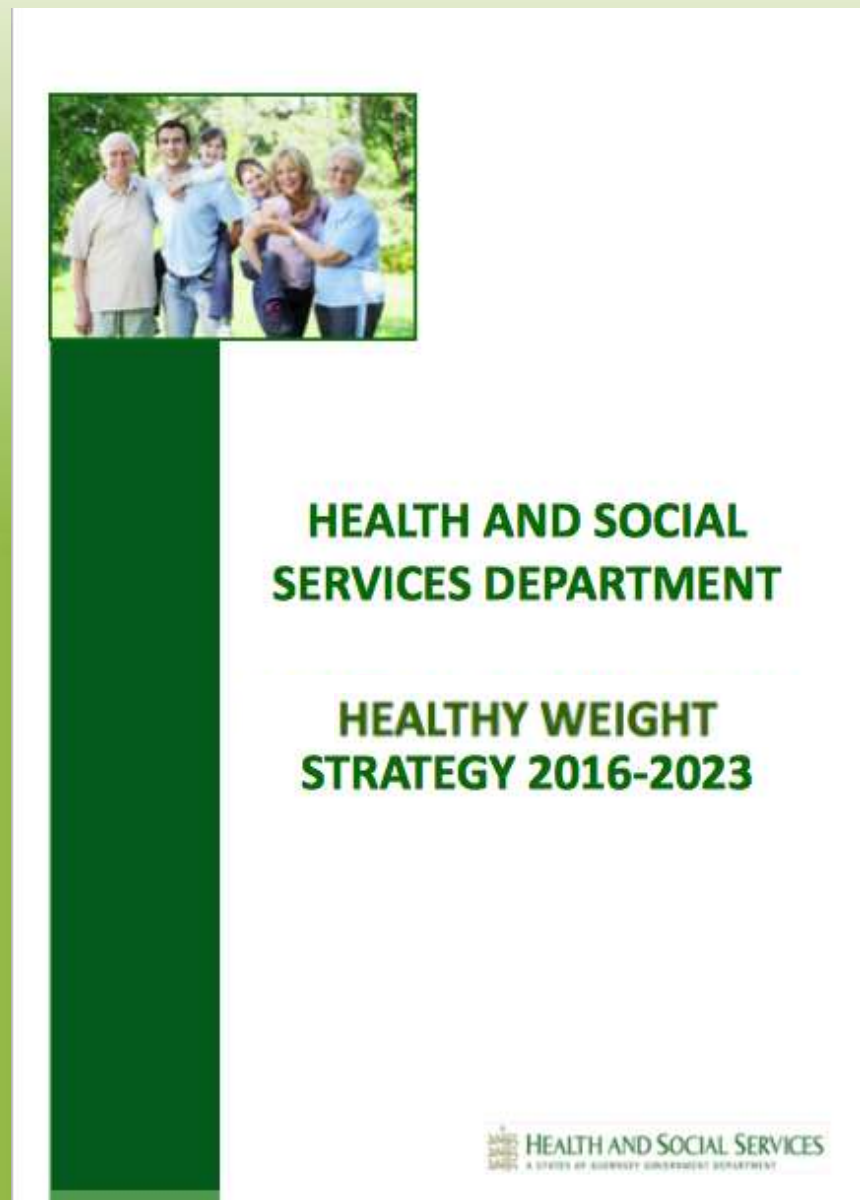
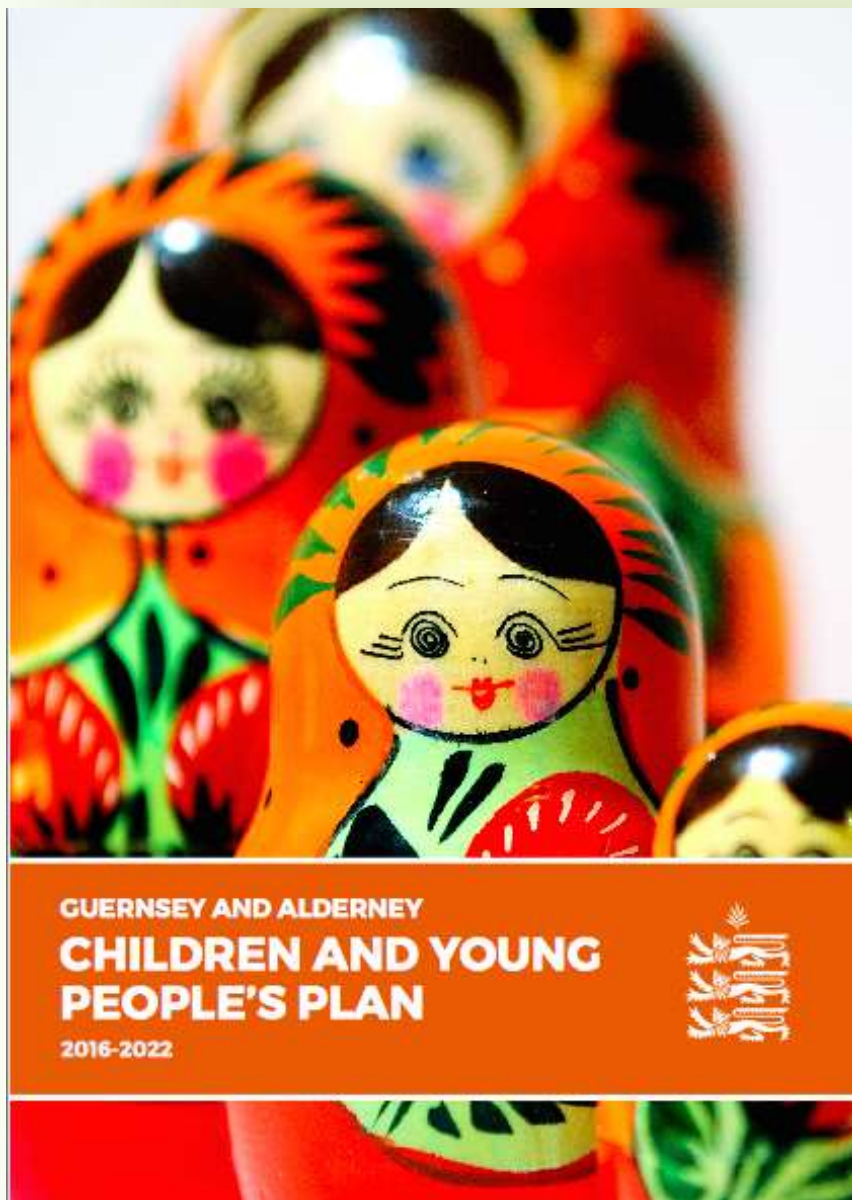


Supported by
States of Guernsey

WELCOME TO THE 'BE ACTIVE' LAUNCH AND TRAINING DAY



PURPOSE OF THE FORUM



THESE COMMITMENTS ARE SUPPORTED BY 9
OVERARCHING ACTIONS, AND THEY PROVIDE THE
FRAMEWORK FOR OUR FOUR PRIORITY OUTCOMES:

Included and Respected

We want to ensure that all children and young people have help to overcome inequalities and are valued members of their communities. This means having a voice in decisions that affect them and being supported to play an active and responsible role in all aspects of their lives.

Achieve individual and economic potential

We want all children and young people to achieve their full potential and to be supported in the development of their skills, confidence and self-esteem to enable them to achieve as much independence and financial security as possible.

Safe and Nurtured

We want to ensure children and young people are protected from abuse, neglect or harm at home and in the community, have nurturing relationships that build their emotional resilience and to engage in safe behaviour.

Healthy and Active

We want children and young people to have the highest possible standards of physical and emotional health and to lead active lives that promote their long term health.

Together this will create one joined up system providing the right help at the right time with the right outcomes for all children and young people.

The CYPP Plan Commitment

“We want children and young people to have the highest possible standards of physical and emotional health and to lead active lives that promote their long-term health”



POSITIVE

EXCITING

CHALLENGING

POSITIVE

- . Health Benefits
- . Emotional Wellbeing
- . Social Inclusion
- . The 'Feel-Good Factor'



CHALLENGING



SEDENTARY
LIFESTYLE



CONFLICTING
PRESSURES



SOCIAL
INEQUALITIES



RESOURCES

CHALLENGING

DEMANDING TARGETS



Key performance indicators linked to the work of the Be Active Forum

Being healthy and active: The key performance indicators for the Children and Young People's Plan

What we will do:	Support the introduction of the Healthy Weight Strategy to tackle childhood obesity
By when:	2020
Success criteria:	Reduction in childhood obesity

What we will do:	Work with young people to improve the access to and range of inclusive cultural, social and physical activities, particularly in the winter months
By when:	2016–2018
Success criteria:	Young people report that they have more places to go and things to do, particularly in the winter months. A greater number of children and young people access and participate in a wider range of activities, such as the arts, sports and other social experiences

Being physically active: the key performance indicators for children and young people in the Healthy Weight Strategy³

What we will do:	Increase the percentages of boys and girls in Year 6 who meet the relevant physical activity guidelines
By when:	2023
Success criteria:	More boys and girls in Year 6 will meet the relevant physical activity guidelines than in 2016

What we will do:	Increase the percentages of boys and girls in Year 10 who meet the relevant physical activity guidelines
By when:	2023
Success criteria:	More boys and girls in Year 10 will meet the relevant physical activity guidelines than in 2016

EXCITING



NATURAL OPPORTUNITES & TOP FACILITIES



WORKING TOGETHER





A CULTURE OF ACTIVITY & SPORT



GROWTH MINDSET

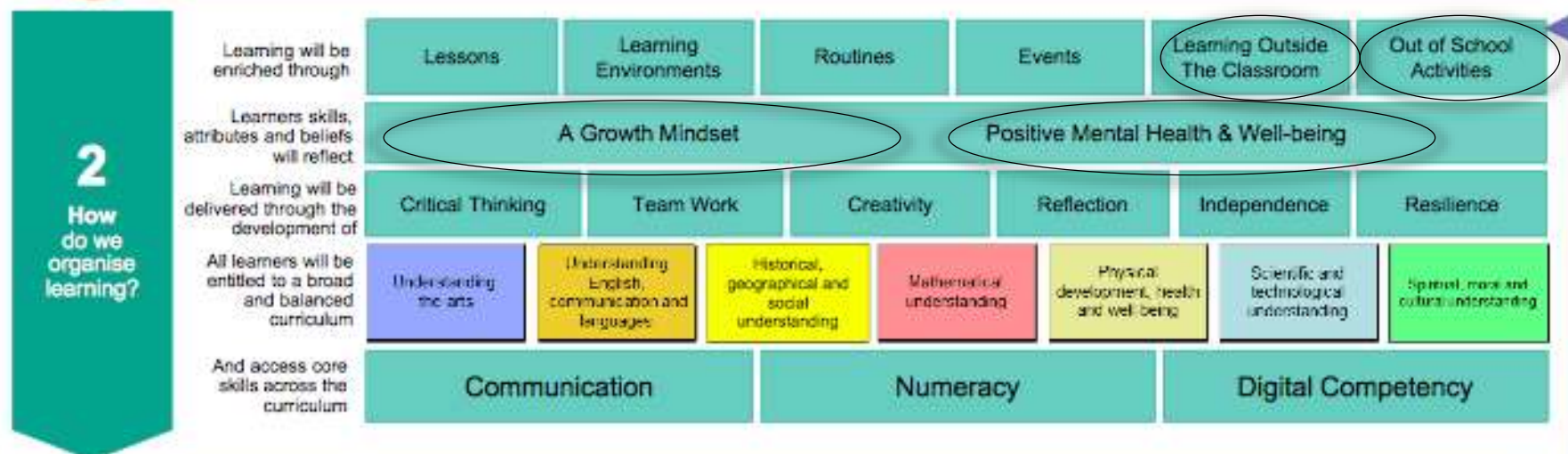
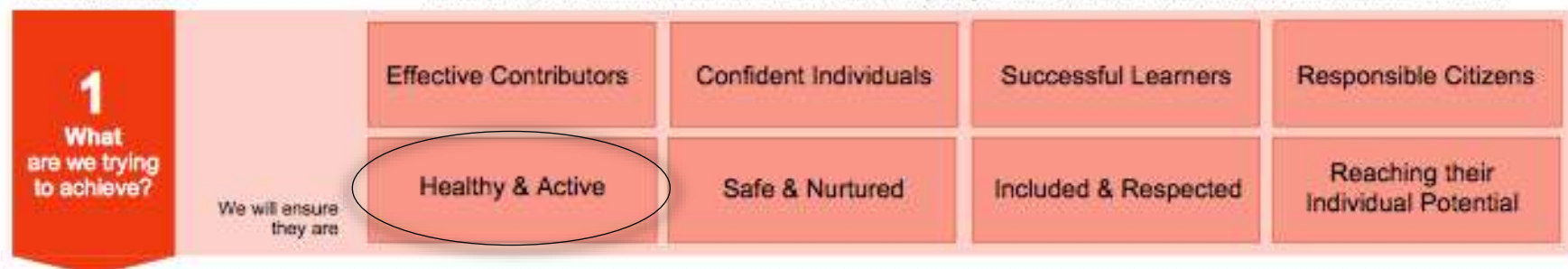


“When I first started running I didn’t really shine. I certainly wasn’t the fastest but, very often in athletics, it isn’t the very best who come to the top but those who are good and not brilliant. So many factors determine success- injury, attitude and opportunity, for example. You should never rule yourself out just if you are not a high-flyer!”

BIG Picture of the Bailiwick Curriculum – *Promoting joyous and purposeful learning*

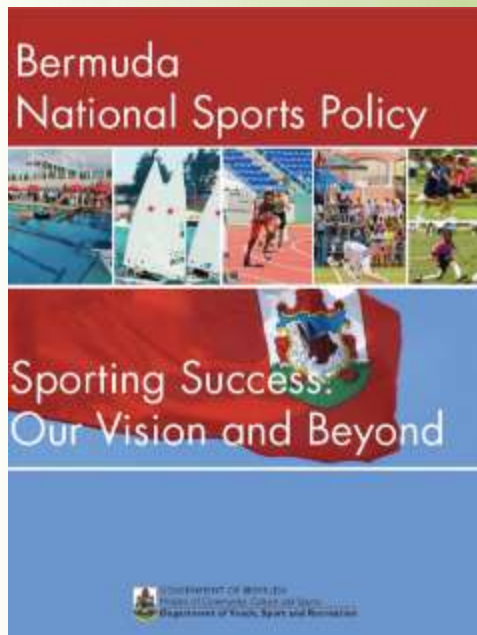
Three key questions

We have high expectations for all our children and young people and the curriculum enables them to become:



GUERNSEY'S SPORTS & ACTIVITY STRATEGY

Different
Sport and
Activity
Strategies



CHILD FOCUSED



TECHNOLOGY

