

The Guernsey Young People's Survey 2016

**A report for
Guernsey Primary**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

Survey Report 2016

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

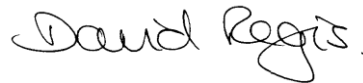
SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding

Survey Manager
Schools Health Education Unit



Dr. David Regis

Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits

1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Guernsey
	Yr 6
Boys	297
Girls	287

Please note that 7 pupil(s) didn't specify whether they are a boy or a girl and 0 didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

Please note that when a sample size is small it is less likely that a difference will be statistically significant, even if there is an apparently large difference in percentages. This is because each pupil in the sample represents several percentage points (for example, in a sample of 20 pupils, each pupil represents 5%) and therefore a big difference in percentages may only represent a small number of pupils. Contrast this to when there is a larger sample of, for example, 200 pupils and each pupil represents just 0.5%. In this case a relatively small change in percentages will represent a much larger number of pupils, and increases the chance of any differences being statistically significant. This does not mean that a difference is not important to your school, merely that there is not enough data available to accurately calculate statistical significance.

Guernsey Primary Headlines

Guernsey	
	Yr 6
Boys	297
Girls	287

Included and Respected

ETHNICITY

- ❑ 77% of pupils responded that they are from Guernsey/Alderney, while 10% said they are English/Scottish/Welsh/Irish.

SPECIAL NEEDS

- ❑ 17% of pupils responded that they have a special need, medical condition or disability, while 12% said they 'don't know' if they have.

Health and Activity

TRAVEL TO SCHOOL

- ❑ 29% of pupils responded that they walked to school on the day of the survey.
- ❑ 14% of pupils responded that they travelled to school by bicycle/scooter on the day of the survey.
- ❑ 59% of pupils responded that they travelled to school by car/van on the day of the survey.

BREAKFAST

- ❑ 1% of pupils responded that they only had a drink for breakfast on the day of the survey.

MEALS

- ❑ 90% of pupils responded that they had breakfast on the day before the survey.
- ❑ 97% of pupils responded that they had lunch on the day before the survey.
- ❑ 98% of pupils responded that they had an evening meal on the day before the survey.

LUNCH

- ❑ 2% of pupils responded that they didn't have any lunch on the day before the survey.
- ❑ 9% of pupils responded that they had a school lunch on the day before the survey.
- ❑ 84% of pupils responded that they had a packed lunch on the day before the survey.
- ❑ 5% of pupils responded that they went home for lunch on the day before the survey.

HEALTHY CHOICES

- ❑ 31% of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 36% of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

5-A-DAY

- ❑ 5% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

- ❑ 26% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

WEIGHT

- ❑ 4% of pupils responded that they would like to put on weight.
- ❑ 33% of pupils responded that they would like to lose weight.
- ❑ 63% of pupils responded that they are happy with their weight as it is.

EXERCISE

- ❑ 2% of boys and 0% of girls responded that they didn't do any physical activity for at least 30 minutes at a time in the week before the survey.
- ❑ 60% of boys and 51% of girls responded that they were physically active for at least 30 minutes 5 times or more in the week before the survey.
- ❑ 3% of boys and 1% of girls responded that they didn't do any physical activity in the week before the survey.
- ❑ 57% of boys and 46% of girls responded that they did physical activity on five days or more in the week before the survey.
- ❑ 12% of pupils responded that they didn't do any physical activity that caused them to breathe faster and feel warmer in the week before the survey.
- ❑ 29% of pupils responded that they did physical activity that caused them to breathe faster and feel warmer on at least 5 days in the week before the survey.
- ❑ 25% of pupils responded that they didn't do any physical activity that caused them to breathe faster and feel warmer for an hour or more in the week before the survey.
- ❑ 17% of pupils responded that they did physical activity that caused them to breathe faster and feel warmer for an hour or more on at least 5 days in the week before the survey.

LEISURE ACTIVITIES

- ❑ 80% of pupils responded that they are interested in doing activities listed in Q22 as after-school activities.
- ❑ 36% of pupils responded that they would like to do an after-school activity at school at the end of the day.
- ❑ 35% of pupils responded that they would like to do an after-school activity straight after school (3.00 – 5.00pm).
- ❑ 7% of pupils responded that having too much school work stops them from going to a school club, while

8% said they don't think they are good enough to attend.

SWIMMING

- ❑ 1% of pupils responded that they can't swim yet, while 2% said they can only swim with floats or arm bands.
- ❑ 16% of pupils responded that they can swim a length without floats or arm bands, while 82% said they can swim more than a length easily.

PE LESSONS

- ❑ 5% of pupils responded that they don't enjoy PE lessons.
- ❑ 84% of pupils responded that they 'enjoy' or 'really enjoy' PE lessons.

APPEARANCE

- ❑ 16% of pupils responded that they 'never' think about the way they look.
- ❑ 37% of pupils responded that they like the way they look, while 37% think they look 'OK'.
- ❑ 11% of pupils responded that they don't like the way they look.

HAPPINESS

- ❑ 84% of pupils agreed that they are glad they are who they are.
- ❑ 6% of pupils disagreed that they are glad they are who they are.
- ❑ 79% of pupils agreed that they are generally happy.
- ❑ 6% of pupils disagreed that they are generally happy.
- ❑ 8% of pupils responded that they are either 'not happy' or 'not at all happy' with their life at the moment.
- ❑ 80% of pupils responded that they are 'quite' or 'very' happy with their life at the moment.

WORRYING

- ❑ 86% of pupils responded that they worry about at least one of the issues listed 'quite' or 'very' often.
- ❑ 38% of pupils responded that they 'quite' or 'very' often worry about moving on to secondary school and 47% said they worry about their family.

SCREEN TIME

- ❑ 22% of pupils responded that they either didn't look at a device screen at all on the day before the survey, or did so for less than an hour.
- ❑ 27% of pupils responded that they looked at a device screen for at least 'about three hours' on the day before the survey; 7% said they did so for 'five hours or more'.
- ❑ 64% of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them on a week day, while 14% said it was less than usual.
- ❑ 44% of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them on a weekend, while 40% said it was less than usual.

ALCOHOL

- ❑ 4% of pupils responded that they had an alcoholic drink in the 7 days before the survey.

SMOKING

- ❑ 2% of pupils said they have smoked in the past or smoke now.
- ❑ 0% of pupils responded that they smoked in the 7 days before the survey.
- ❑ 93% of pupils responded that they think they will not smoke when they are older.
- ❑ 1% of pupils responded that they think they will smoke when they are older, while 6% think they may smoke.
- ❑ 27% of pupils responded that their parents/carers smoke.
- ❑ 7% of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 7% of pupils responded that someone smokes in a car when they are in it too.

DRUGS

- ❑ 6% of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who takes drugs.
- ❑ 1% of pupils responded that they have been offered cannabis.
- ❑ 2% of pupils responded that they have been offered drugs other than cannabis, while 1% said they are 'not sure' if they have.

Reaching Potential

- ❑ 8% of pupils responded that their school 'never' asks for their opinion about how to make changes to improve the school, while 57% said it 'sometimes' does.
- ❑ 34% of pupils responded that their school asks for their opinion 'quite a lot' or 'a lot' about how to make changes to improve the school.
- ❑ 73% of pupils responded that their school teaches them how to help other people in school and 77% said their school teaches them about people from other parts of the world.

SCHOOL ENJOYMENT

- ❑ 73% of pupils responded that, on the whole, they like their teachers and 59% said they enjoy school.
- ❑ 90% of pupils responded that they are 'quite' or 'very' proud to belong to their school.
- ❑ 10% of pupils responded that they are 'not very proud' to belong to their school.
- ❑ 64% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 1% of pupils responded that they don't enjoy any of their lessons at school, while 35% said they only enjoy 'some' of them.

Safe and Nurtured

SAFETY

- ❑ 98% of boys and 98% of girls responded that they feel 'quite' or 'very' safe during lesson time, while 2% said they feel 'not very safe'.
- ❑ 97% of boys and 95% of girls responded that they feel 'quite' or 'very' safe inside school at playtime/lunchtime, while 4% said they feel 'not very safe'.

- ❑ 95% of boys and 92% of girls responded that they feel 'quite' or 'very' safe in the playground at playtime/lunchtime, while 6% said they feel 'not very safe'.
- ❑ 94% of boys and 91% of girls responded that they feel 'quite' or 'very' safe on the way to and from school, while 8% said they feel 'not very safe'.

SELF-ESTEEM

- ❑ 26% of pupils had a med-low self-esteem score (9 or less).
- ❑ 38% of pupils had a high self-esteem score (15 or more).
- ❑ 79% of pupils responded that they feel happy talking to other pupils at school.

BULLYING

- ❑ 28% of pupils responded that they have been bullied at or near school in the last 12 months, while 19% said they 'don't know' if they have.
- ❑ 71% of pupils responded that they have experienced at least one of the negative behaviours listed at least a

'few times' in the last month, while 8% experienced such behaviour 'every day'.

- ❑ 47% of pupils responded that they have been teased/made fun of at least a 'few times' in the last month and 35% said they have been pushed/hit for no reason.
- ❑ 24% of pupils responded that they think they have been picked on or bullied because of the way they look and 20% think they have because of their size or weight.
- ❑ 66% of pupils responded that they think their school takes bullying seriously, while 12% think it doesn't take it seriously.
- ❑ 33% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 21% of pupils responded that they have received a message on their phone or online that scared or upset them.

2016/2013 Comparisons

	2016	2013
	Yr 6	Yr 6
Boys	297	232
Girls	287	209

2013 data in brackets; see notes on interpreting differences.

Included and Respected

ETHNICITY

- 77% (78%) of pupils responded that they are from Guernsey/Alderney, while 10% (10%) said they are English/Scottish/Welsh/Irish.

SPECIAL NEEDS

- 17% (9%) of pupils responded that they have a special need, medical condition or disability, while 12% (8%) said they 'don't know' if they have.

Health and Activity

HEALTHY CHOICES

- 31% (45%) of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- 36% (27%) of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

WEIGHT

- 4% (4%) of pupils responded that they would like to put on weight.
- 33% (33%) of pupils responded that they would like to lose weight.
- 63% (62%) of pupils responded that they are happy with their weight as it is.

EXERCISE

- 2% (5%) of boys and 0% (1%) of girls responded that they didn't do any physical activity for at least 30 minutes at a time in the week before the survey.
- 60% (43%) of boys and 51% (44%) of girls responded that they were physically active for at least 30 minutes 5 times or more in the week before the survey.

APPEARANCE

- 16% (12%) of pupils responded that they 'never' think about the way they look.
- 37% (39%) of pupils responded that they like the way they look, while 37% (41%) think they look 'OK'.
- 11% (8%) of pupils responded that they don't like the way they look.

HAPPINESS

- 84% (88%) of pupils agreed that they are glad they are who they are.
- 6% (2%) of pupils disagreed that they are glad they are who they are.
- 79% (85%) of pupils agreed that they are generally happy.

- 6% (4%) of pupils disagreed that they are generally happy.
- 8% (8%) of pupils responded that they are either 'not happy' or 'not at all happy' with their life at the moment.
- 80% (82%) of pupils responded that they are 'quite' or 'very' happy with their life at the moment.

WORRYING

- 86% (85%) of pupils responded that they worry about at least one of the issues listed 'quite' or 'very' often.
- 38% (35%) of pupils responded that they 'quite' or 'very' often worry about moving on to secondary school and 47% (39%) said they worry about their family.

ALCOHOL

- 4% (2%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.

SMOKING

- 2% (3%) of pupils said they have smoked in the past or smoke now.
- 0% (0%) of pupils responded that they smoked in the 7 days before the survey.
- 93% (93%) of pupils responded that they think they will not smoke when they are older.
- 1% (1%) of pupils responded that they think they will smoke when they are older, while 6% (6%) think they may smoke.
- 27% (30%) of pupils responded that their parents/carers smoke.
- 7% (9%) of pupils responded that someone smokes indoors at home in rooms that they use.
- 7% (13%) of pupils responded that someone smokes in a car when they are in it too.

DRUGS

- 6% (7%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who takes drugs.
- 1% (1%) of pupils responded that they have been offered cannabis.
- 2% (0%) of pupils responded that they have been offered drugs other than cannabis, while 1% (4%) said they are 'not sure' if they have.

Reaching Potential

SCHOOL ENJOYMENT

- 64% (59%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

- ❑ 1% (10%) of pupils responded that they don't enjoy any of their lessons at school, while 35% (24%) said they only enjoy 'some' of them.

Safe and Nurtured

SELF-ESTEEM

- ❑ 26% (23%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 38% (46%) of pupils had a high self-esteem score (15 or more).
- ❑ 79% (84%) of pupils responded that they feel happy talking to other pupils at school.

BULLYING

- ❑ 28% (30%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (12%) said they 'don't know' if they have.
- ❑ 71% (70%) of pupils responded that they have experienced at least one of the negative behaviours listed at least a 'few times' in the last month, while 8% (6%) experienced such behaviour 'every day'.

- ❑ 47% (54%) of pupils responded that they have been teased/made fun of at least a 'few times' in the last month and 35% (39%) said they have been pushed/hit for no reason.
- ❑ 24% (22%) of pupils responded that they think they have been picked on or bullied because of the way they look and 20% (18%) think they have because of their size or weight.
- ❑ 66% (71%) of pupils responded that they think their school takes bullying seriously, while 12% (15%) think it doesn't take it seriously.
- ❑ 33% (27%) of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% (4%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 21% (19%) of pupils responded that they have received a message on their phone or online that scared or upset them.

Significant differences between 2016 and 2013 data

Below we have listed some statistically significant differences between the data collected in the 2016 survey and that collected in 2013.

	2016	2013
	Yr 6	Yr 6
Boys	297	232
Girls	287	209

Sig	2016	2013	Question
***	31%	45%	of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
***	17%	9%	of pupils responded that they have a special need, medical condition or disability.
***	55%	44%	of pupils responded that they were physically active for at least 30 minutes 5 times or more in the week before the survey.
***	7%	13%	of pupils responded that someone smokes in a car when they are in it too.
***	36%	27%	of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.
**	47%	39%	of pupils responded that they 'quite' or 'very' often worry about their family.
**	79%	85%	of pupils agreed that they are generally happy.
**	38%	46%	of pupils had a high self-esteem score (15 or more).
*	47%	54%	of pupils responded that they have been teased/made fun of at least a 'few times' in the last month.
*	33%	27%	of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.

Tests: Chi-squared (χ^2).

KEY: * = $p < 0.05$ (5%)

** = $p < 0.01$ (1%)

*** = $p < 0.001$ (0.1%).

Included and Respected

Ethnicity

77% of pupils responded that they are from Guernsey/Alderney, while 10% said they are English/Scottish/Welsh/Irish.

Q4. Percentage answering that they are from Guernsey/Alderney.

Guernsey	
Yr 6	
Boys	79
Girls	76

Special needs

17% of pupils responded that they have a special need, medical condition or disability, while 12% said they 'don't know' if they have.

Q5a. Percentage answering that they have a special need, medical condition or disability.

Guernsey	
Yr 6	
Boys	17
Girls	17

Q5b. Percentage of pupils responding that they have the following special need, medical condition or disability (top 5):

Boys		Girls	
1 Other	8	1 Other	11
2 Dyslexia, Dyspraxia or Dyscalculia	2	2 Dyslexia, Dyspraxia or Dyscalculia	4
3 Autism/Asperger's	2	3 Speaking and listening difficulties	1
4 ADHD (Attention Deficit Hyperactivity Disorder)	1	4 Autism/Asperger's	1
5 Speaking and listening difficulties	1	5	

Health and Activity

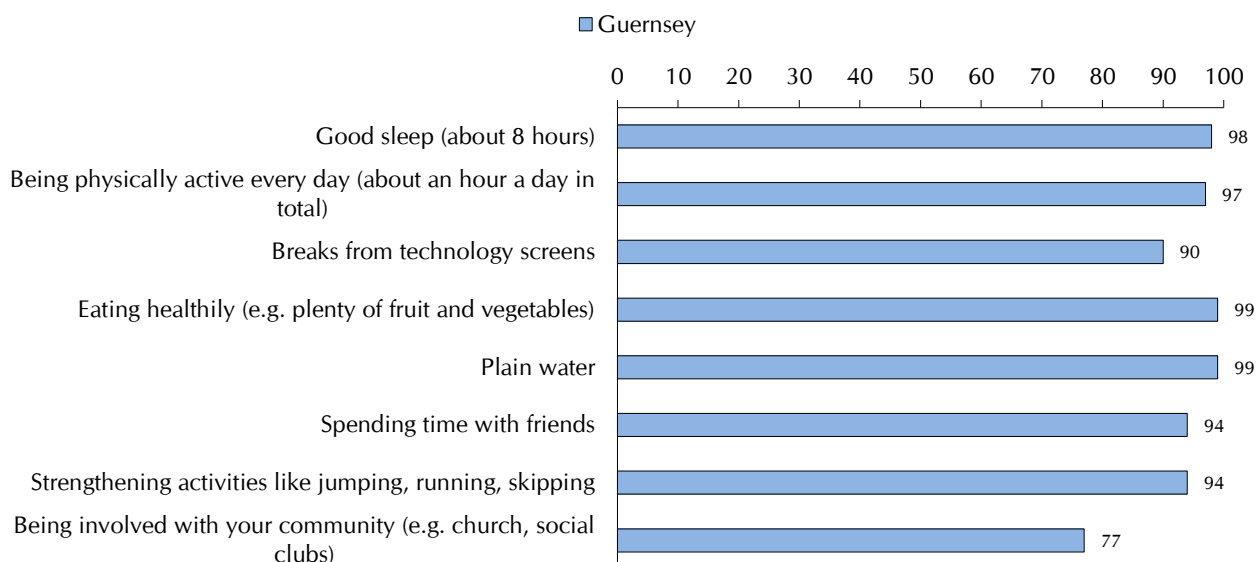
Being healthy

Q6. How Important are the following in order to be a healthy, active child?

Boys	Not important	Quite important	Very important
Good sleep (about 8 hours)	2	33	65
Being physically active every day (about an hour a day in total)	4	36	60
Breaks from technology screens	13	45	41
Eating healthily (e.g. plenty of fruit and vegetables)	1	22	77
Plain water	1	26	73
Spending time with friends	4	44	52
Strengthening activities like jumping, running, skipping	7	46	46
Being involved with your community (e.g. church, social clubs)	24	59	17

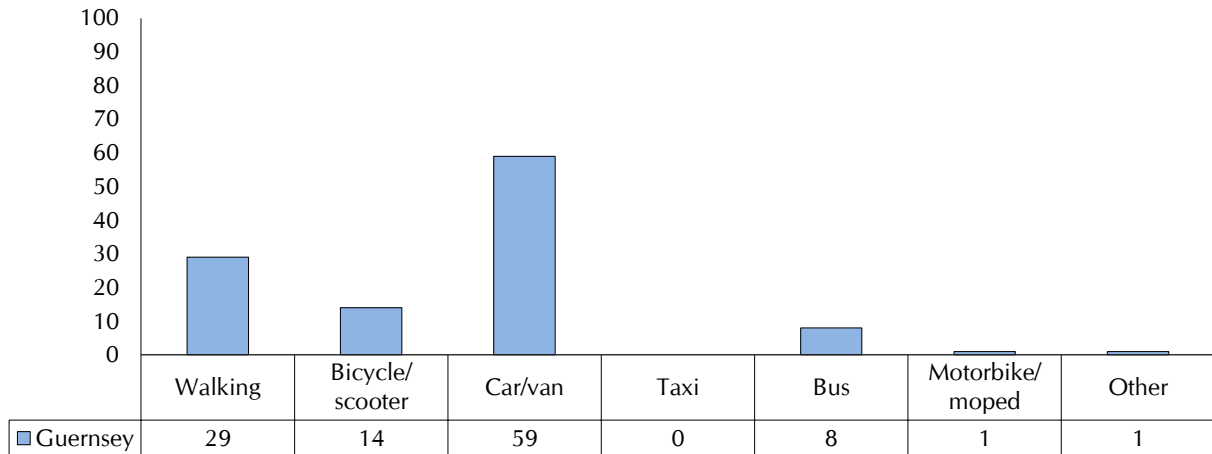
Girls	Not important	Quite important	Very important
Good sleep (about 8 hours)	1	25	74
Being physically active every day (about an hour a day in total)	2	41	57
Breaks from technology screens	7	37	56
Eating healthily (e.g. plenty of fruit and vegetables)	1	17	81
Plain water	1	27	71
Spending time with friends	7	48	44
Strengthening activities like jumping, running, skipping	5	46	48
Being involved with your community (e.g. church, social clubs)	24	59	17

Q6. Percentage of pupils responding that they think the following are 'quite' or 'very' important in order to be a healthy, active child:



Travel to school

Q7. How did you travel to school today?



29% of pupils responded that they walked to school on the day of the survey.

Q7. Percentage answering that they walked to school on the day of the survey.

Guernsey

Yr 6

Boys 25

Girls 32

14% of pupils responded that they travelled to school by bicycle/scooter on the day of the survey.

Q7. Percentage answering that they travelled to school by bicycle/scooter on the day of the survey.

Guernsey

Yr 6

Boys 21

Girls 7

59% of pupils responded that they travelled to school by car/van on the day of the survey.

Q7. Percentage answering that they travelled to school by car/van on the day of the survey.

Guernsey

Yr 6

Boys 57

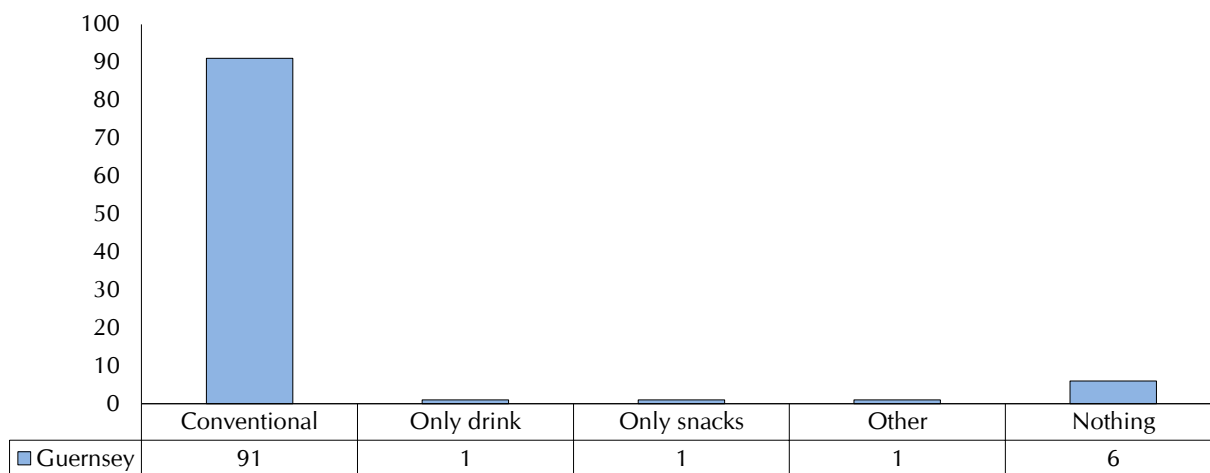
Girls 61

Breakfast

Q8. Percentage of pupils responding that they ate breakfast at the following on the day of the survey:

Boys		Girls			
1	At home	92	1	At home	91
2	Somewhere else	1	2	At school	2
3	On the way to school	1	3		
4	At school	1	4		

Q9. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'conventional' means at least one of cereal; porridge/Ready brek; toast, bread, bagels, croissants; cooked breakfast, yoghurt, fruit or breakfast bar. Only snacks means: crisps, chocolate, biscuits/cakes, pop tarts/muffins but not conventional breakfast.

1% of pupils responded that they only had a drink for breakfast on the day of the survey.

Q9. Percentage answering that they only had a drink for breakfast on the day of the survey.

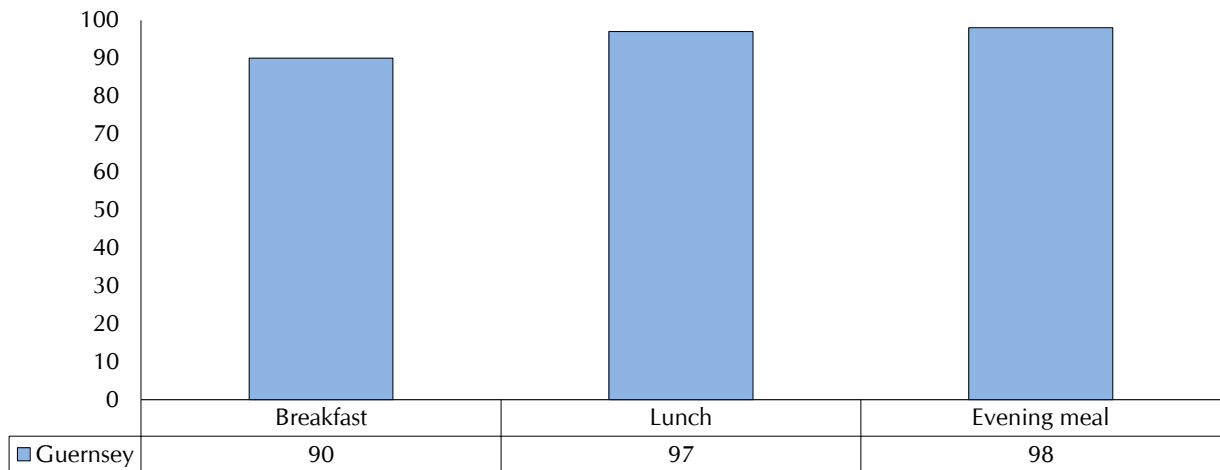
Guernsey	
Yr 6	
Boys	1
Girls	1

Q9. Percentage of pupils responding that they had the following to eat or drink before lessons on the day of the survey (top 5):

Boys		Girls			
1	Cereal	62	1	Cereal	53
2	A drink	47	2	A drink	49
3	Toast, bread, bagels, croissants etc.	22	3	Toast, bread, bagels, croissants etc.	26
4	Fruit	11	4	Fruit	21
5	Cooked breakfast	7	5	Yoghurt	8

Meals

Q10. Which meals did you have yesterday?



90% of pupils responded that they had breakfast on the day before the survey.

Q10. Percentage answering that they had breakfast on the day before the survey.

Guernsey

Yr 6

Boys 92

Girls 90

97% of pupils responded that they had lunch on the day before the survey.

Q10. Percentage answering that they had lunch on the day before the survey.

Guernsey

Yr 6

Boys 97

Girls 97

98% of pupils responded that they had an evening meal on the day before the survey.

Q10. Percentage answering that they had an evening meal on the day before the survey.

Guernsey

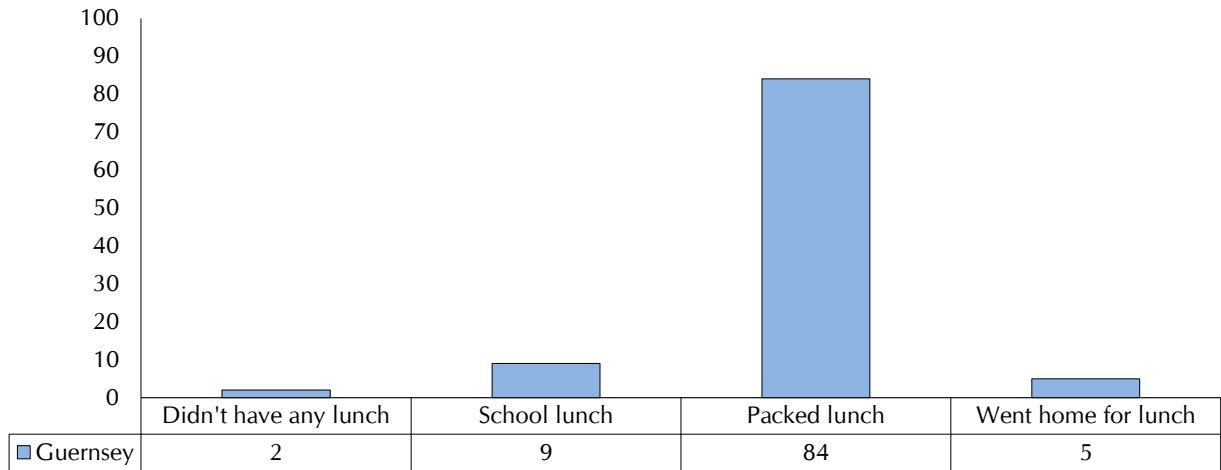
Yr 6

Boys 98

Girls 99

Lunch

Q11a. What did you do for lunch yesterday?



2% of pupils responded that they didn't have any lunch on the day before the survey.

Q11a. Percentage answering that they didn't have any lunch on the day before the survey.

Guernsey

Yr 6

Boys 2

Girls 2

9% of pupils responded that they had a school lunch on the day before the survey.

Q11a. Percentage answering that they had a school lunch on the day before the survey.

Guernsey

Yr 6

Boys 11

Girls 7

84% of pupils responded that they had a packed lunch on the day before the survey.

Q11a. Percentage answering that they had a packed lunch on the day before the survey.

Guernsey

Yr 6

Boys 83

Girls 85

5% of pupils responded that they went home for lunch on the day before the survey.

Q11a. Percentage answering that they went home for lunch on the day before the survey.

Guernsey

Yr 6

Boys 4

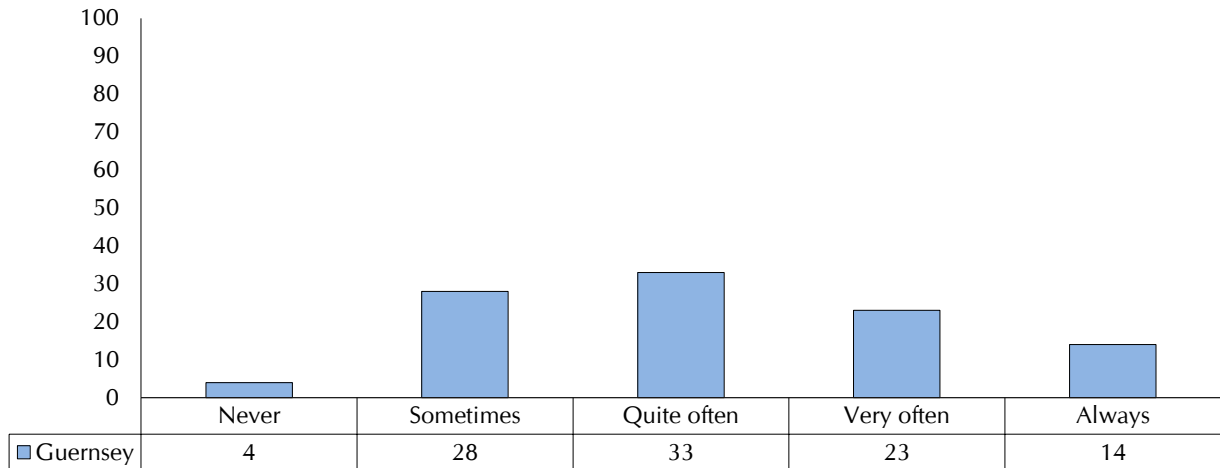
Girls 6

Q11b. Percentage of pupils responding that they had a packed lunch on the day before the survey which contained the following (top 5):

Boys		Girls	
1	Bread, sandwich, rice or pasta	67	73
2	Crisps	53	61
3	Fruit or fruit bar	49	51
4	Chocolate, chocolate bar or sweets	37	42
5	Cheese or yoghurt	36	42

Healthy choices

Q12. When choosing what to eat, do you consider your health?



31% of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

Q12. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.

Guernsey

Yr 6

Boys 33

Girls 29

36% of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

Q12. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.

Guernsey

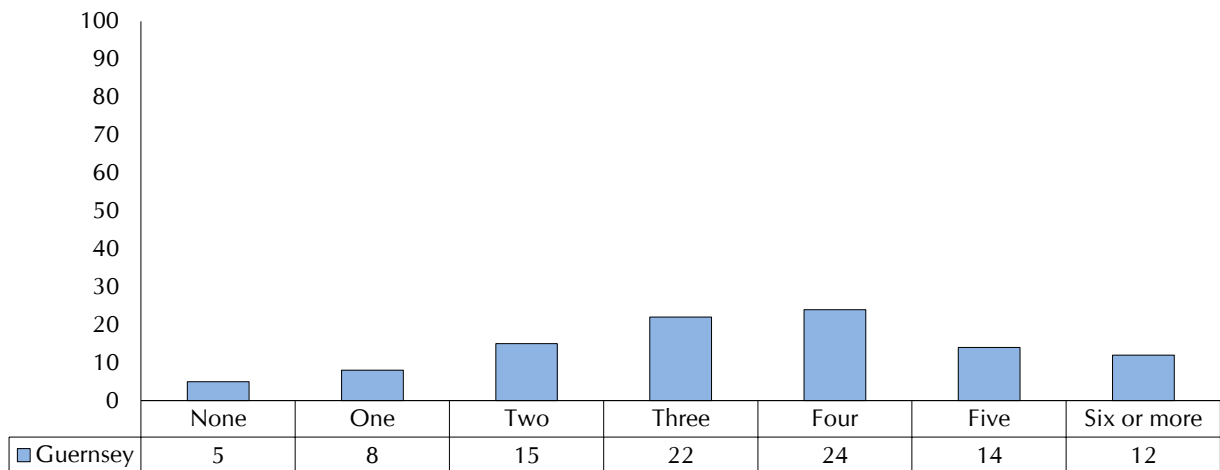
Yr 6

Boys 31

Girls 41

5-a-day

Q13. How many portions of fruit and vegetables did you eat yesterday?



5% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q13. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

Guernsey

Yr 6

Boys 7

Girls 4

26% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Q13. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Guernsey

Yr 6

Boys 26

Girls 26

Drinks

Q14. Percentage of pupils responding that they drink the following 'on most days' (top 10):

Boys		Girls			
1	Plain water	83	1	Plain water	86
2	Milk	45	2	Milk	34
3	Squash	28	3	Squash	22
4	Fruit juice	22	4	Fruit juice	21
5	Tea	19	5	Sugar-free squash	11
6	Sugar-free squash	16	6	Tea	11
7	Hot chocolate	9	7	Smoothie	7
8	Sports drinks	7	8	Hot chocolate	6
9	Fizzy drinks	6	9	Milkshakes	4
10	Energy drinks	6	10	Coffee	4

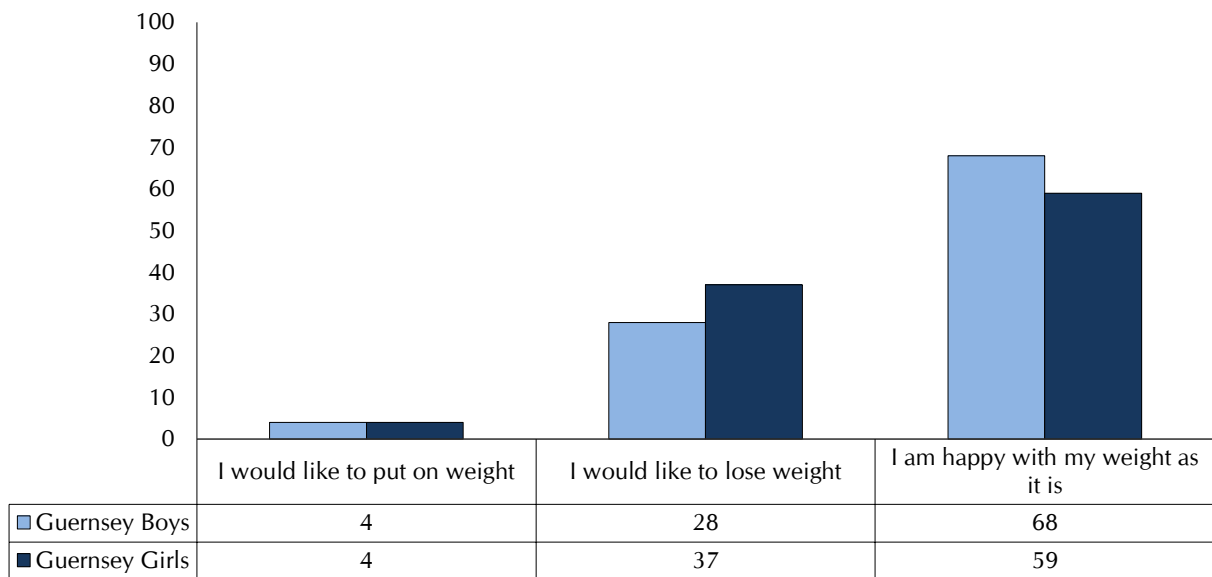
Q14. Percentage of pupils responding that they 'rarely or never' drink the following (top 10):

Boys		Girls			
1	Coffee	78	1	Coffee	85
2	Smoothie	60	2	Energy drinks	75
3	Energy drinks	59	3	Sports drinks	65
4	Milkshakes	54	4	Low-sugar fizzy drinks	64
5	Tea	50	5	Fizzy drinks	57
6	Low-sugar fizzy drinks	48	6	Milkshakes	54
7	Sugar-free squash	46	7	Smoothie	52
8	Sports drinks	46	8	Sugar-free squash	47
9	Hot chocolate	41	9	Tea	45
10	Fizzy drinks	40	10	Hot chocolate	40

Weight

28% of boys and 37% of girls responded that they would like to lose weight.

Q15. Weight: Which statement describes you best?



4% of pupils responded that they would like to put on weight.

Q15. Percentage answering that they would like to put on weight.

Guernsey	
Yr 6	
Boys	4
Girls	4

63% of pupils responded that they are happy with their weight as it is.

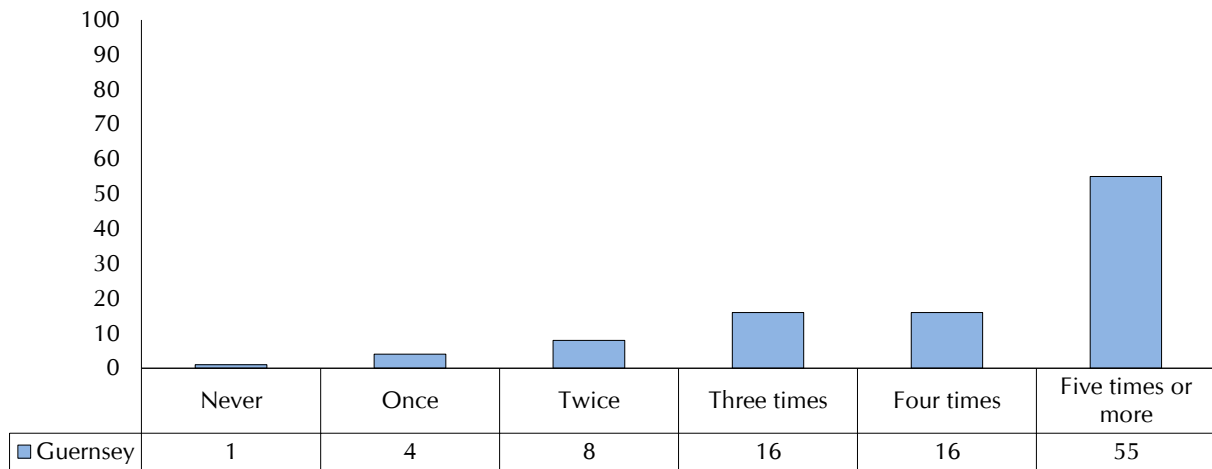
Q15. Percentage answering that they are happy with their weight as it is.

Guernsey	
Yr 6	
Boys	68
Girls	59

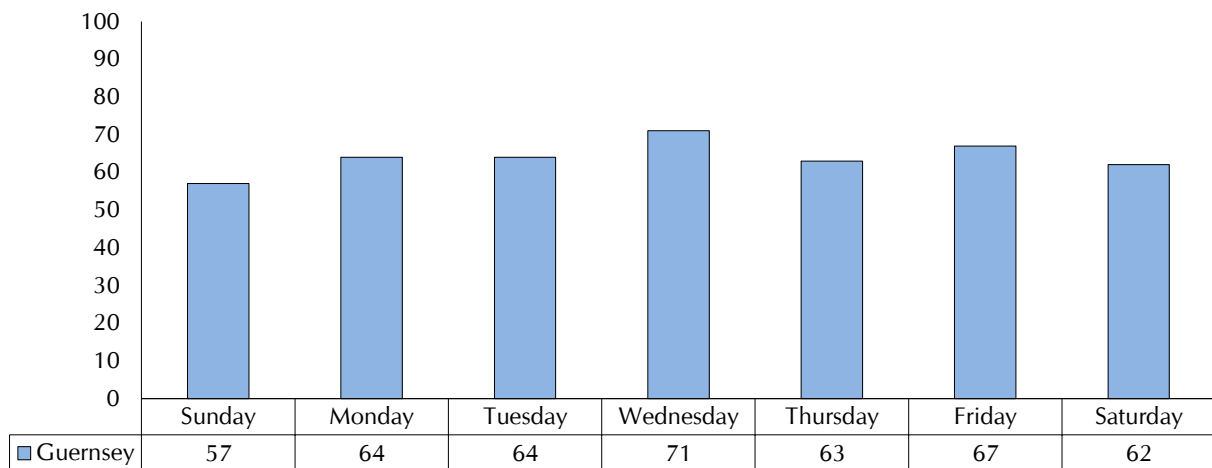
Exercise

2% of boys and 0% of girls responded that they didn't do any physical activity for at least 30 minutes at a time in the week before the survey, while 60% of boys and 51% of girls said they did so 5 times or more.

Q17. How many times last week were you physically active for at least 30 minutes each time? Include all activities, both at school and in your own leisure time, that made you breathe faster and feel warmer.

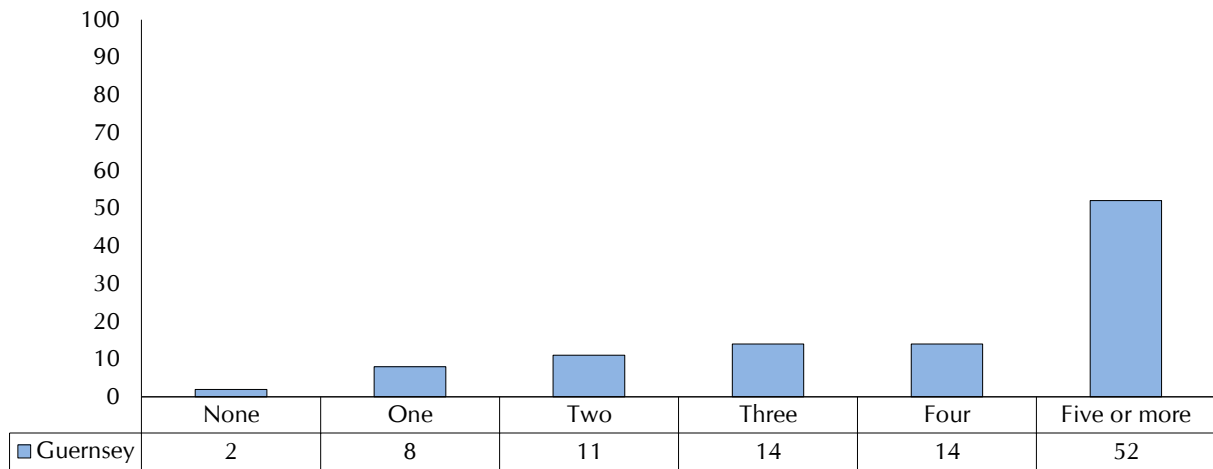


Q18. On which days did you do any physical activity in the last 7 days?

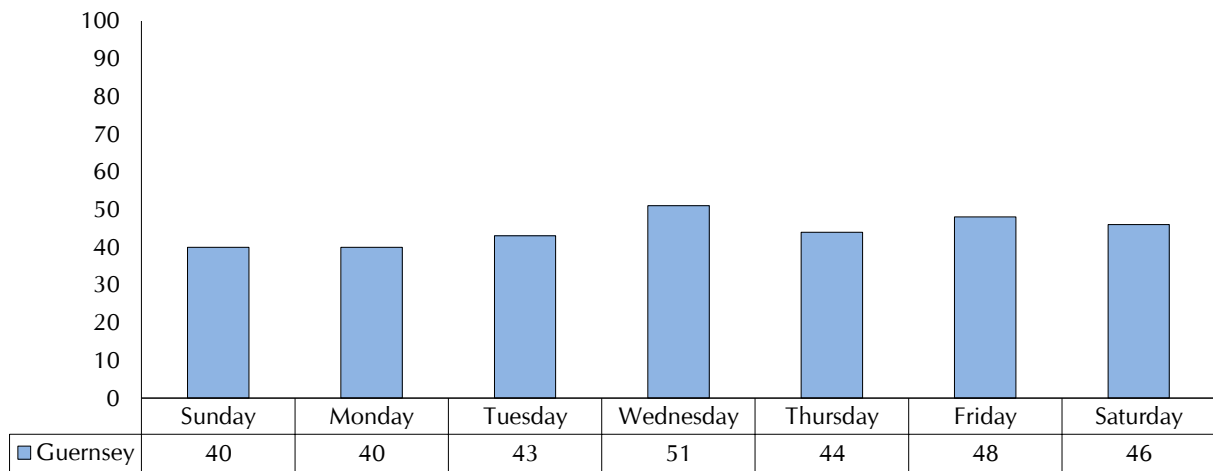


3% of boys and 1% of girls responded that they didn't do any physical activity in the week before the survey, while 57% of boys and 46% of girls said they did so on five days or more.

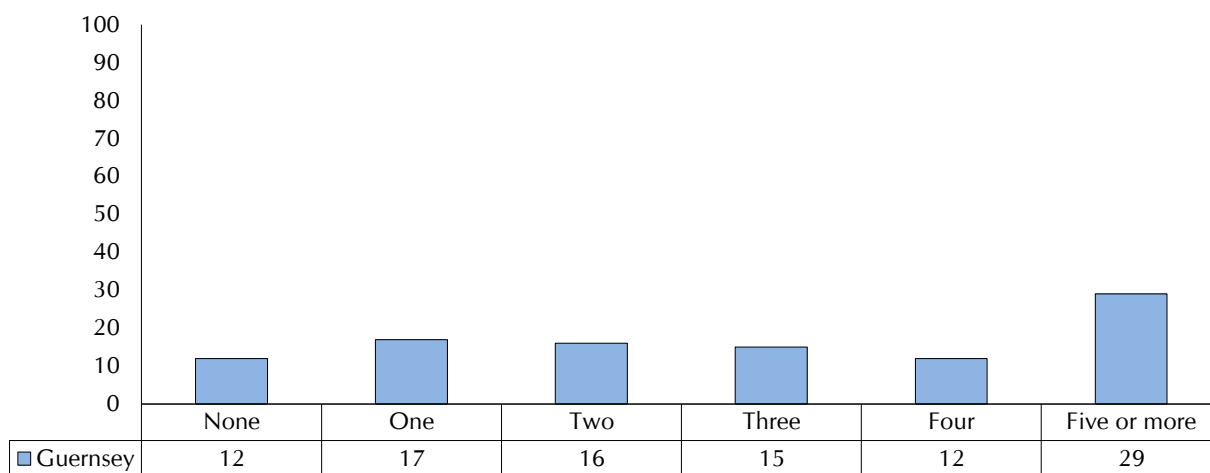
Q18. On how many days did you do any physical activity in the last 7 days?



Q19. On which days did you breathe faster and feel warmer while doing physical activity, in the last 7 days?



Q19. On how many days did you breathe faster and feel warmer while doing physical activity, in the last 7 days?



12% of pupils responded that they didn't do any physical activity that caused them to breathe faster and feel warmer in the week before the survey.

Q19. Percentage answering that they didn't do any physical activity that caused them to breathe faster and feel warmer in the week before the survey.

Guernsey

Yr 6

Boys 13

Girls 10

29% of pupils responded that they did physical activity that caused them to breathe faster and feel warmer on at least 5 days in the week before the survey.

Q19. Percentage answering that they did physical activity that caused them to breathe faster and feel warmer on at least 5 days in the week before the survey.

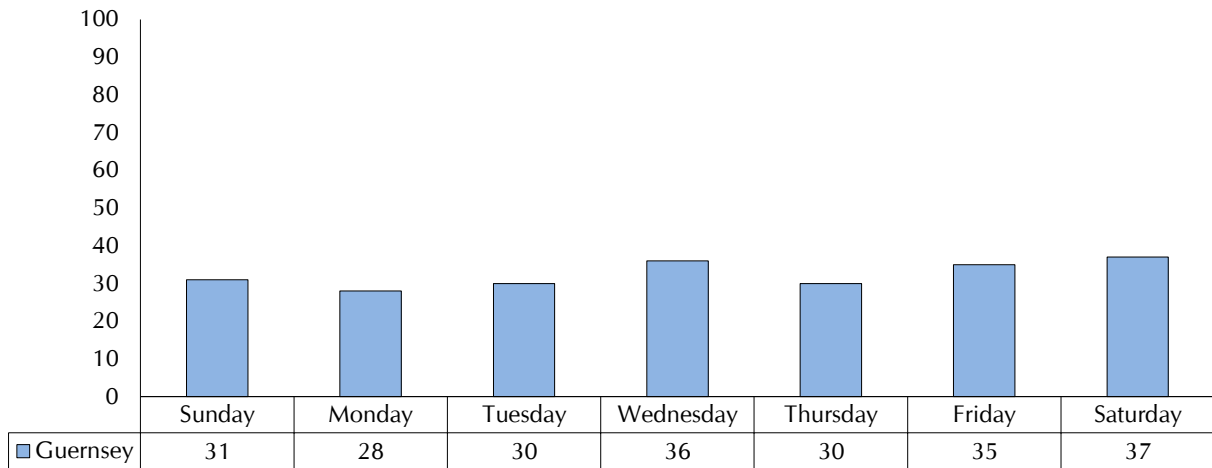
Guernsey

Yr 6

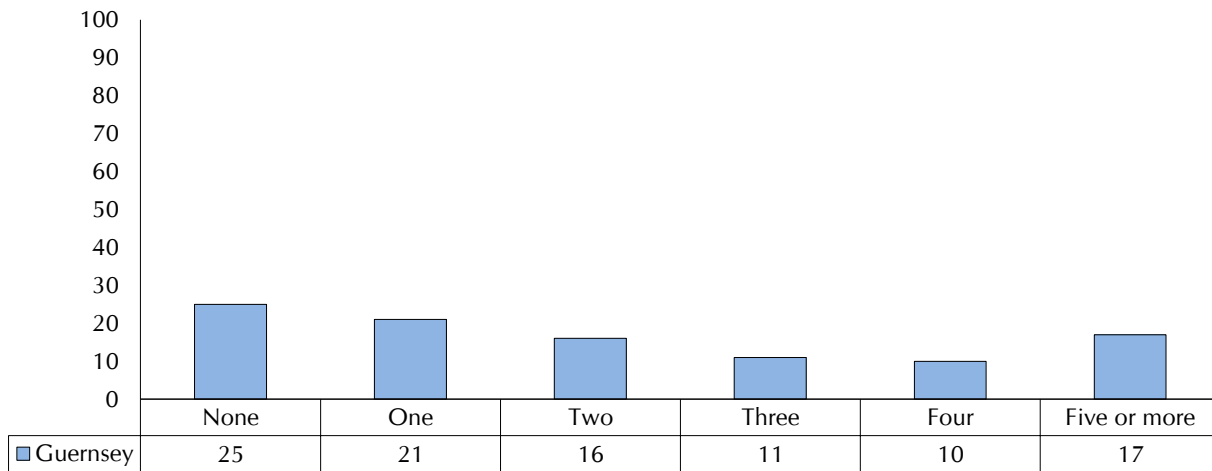
Boys 31

Girls 26

Q20. On which days did you breathe faster and feel warmer while doing physical activity for an hour or more, in the last 7 days?



Q20. On how many days did you breathe faster and feel warmer while doing physical activity for an hour or more, in the last 7 days?



25% of pupils responded that they didn't do any physical activity that caused them to breathe faster and feel warmer for an hour or more in the week before the survey.

Q20. Percentage answering that they didn't do any physical activity that caused them to breathe faster and feel warmer for an hour or more in the week before the survey.

Guernsey
Yr 6
Boys 26
Girls 24

17% of pupils responded that they did physical activity that caused them to breathe faster and feel warmer for an hour or more on at least 5 days in the week before the survey.

Q20. Percentage answering that they did physical activity that caused them to breathe faster and feel warmer for an hour or more on at least 5 days in the week before the survey.

Guernsey
Yr 6
Boys 18
Girls 15

48% of pupils responded that none of the things listed stop them being as physically active as they would like, while 15% said they are shy in front of others.

Q21. Percentage of pupils responding that they aren't as physically active as they would like because of the following (top 10):

Boys			Girls		
1	They don't have enough time	14	1	They are shy in front of others	18
2	They are shy in front of others	12	2	They don't have enough time	18
3	Their friends don't do it/go there	11	3	It's too expensive	16
4	They feel awkward trying new things	10	4	Their friends don't do it/go there	16
5	The don't like the people who do there	7	5	They feel awkward trying new things	13
6	It's too expensive	7	6	Other	10
7	The centre or clubs don't offer what they want	7	7	They don't know what to do	7
8	They don't know what to do	6	8	The centre or clubs don't offer what they want	7
9	It's too difficult to get there	5	9	It's too difficult to get there	6
10	Other	5	10	They have a health problem or disability	4

Leisure activities

58% of pupils responded that they would like to do more team sport, while 34% said they would like to do more arts or performance activity.

Q22. Percentage of pupils responding that they would like to do more of the following:

Boys			Girls		
1	Team sport	56	1	Team sport	60
2	Sports equipment (e.g. basketball hoops, painted marking for goals etc.)	42	2	Arts or performance activity	52
3	Individual sport	39	3	Activity equipment (e.g. fitness trails in the parts, climbing frames)	39
4	Activity equipment (e.g. fitness trails in the parts, climbing frames)	35	4	Individual sport	37
5	Live music (taking part in)	21	5	Sports equipment (e.g. basketball hoops, painted marking for goals etc.)	34
6	Youth group or club	19	6	Live music (taking part in)	30
7	Arts or performance activity	15	7	Youth group or club	14
8	Don't want any more opportunities like these	10	8	Community activity or volunteering	13
9	Community activity or volunteering	8	9	Don't want any more opportunities like these	6
10	Other	4	10	Other	2

80% of pupils responded that they are interested in doing activities listed in Q22 as after-school activities.

Q23a. Percentage answering that they are interested in doing activities listed in Q22 as after-school activities.

Guernsey	
Yr 6	
Boys	79
Girls	82

36% of pupils responded that they would like to do an after-school activity at school at the end of the day.

Q23b. Percentage of pupils responding that they would like to do an after-school activity at the following places:

	Year 6		Total
	Boys	Girls	
At school at the end of the day	32	41	36
Playing field	40	28	34
Somewhere else (e.g. club/sports centre)	44	46	45

35% of pupils responded that they would like to do an after-school activity straight after school (3.00 – 5.00pm).

Q24. Percentage of pupils responding that they would like to do an after-school activity at the following time:

	Year 6		Total
	Boys	Girls	
Straight after school (3.30 – 5.00pm)	36	34	35
A bit later (4.30 – 6.00pm)	29	33	31
In the evening (6.00 – 8.00pm)	13	15	14

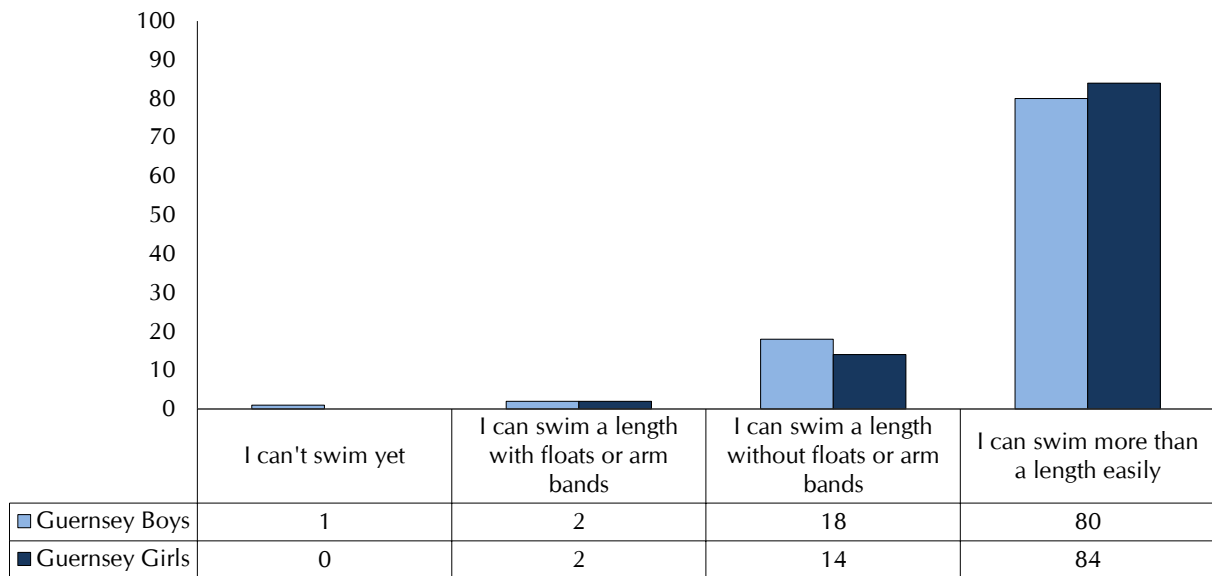
7% of pupils responded that having too much school work stops them from going to a school club, while 8% said they don't think they are good enough to attend; 52% said nothing stops them.

Q25. Percentage of pupils responding that the following stops them going to a school club (top 5):

Boys			Girls		
1	They're too busy	17	1	They're too busy	22
2	Other reason	10	2	None of their friends go	16
3	Don't think they are good enough to go	8	3	Other reason	12
4	There are no activities that they like	7	4	Too expensive	11
5	They don't want to	6	5	Difficulty getting home afterwards	10

Swimming

Q26. How far can you swim?



1% of pupils responded that they can't swim yet, while 2% said they can only swim with floats or arm bands.

Q26. Percentage answering that they can't swim yet.

Guernsey

Yr 6

Boys 1

Girls 0

16% of pupils responded that they can swim a length without floats or arm bands, while 82% said they can swim more than a length easily.

Q26. Percentage answering that they can swim at least a length without floats or arm bands.

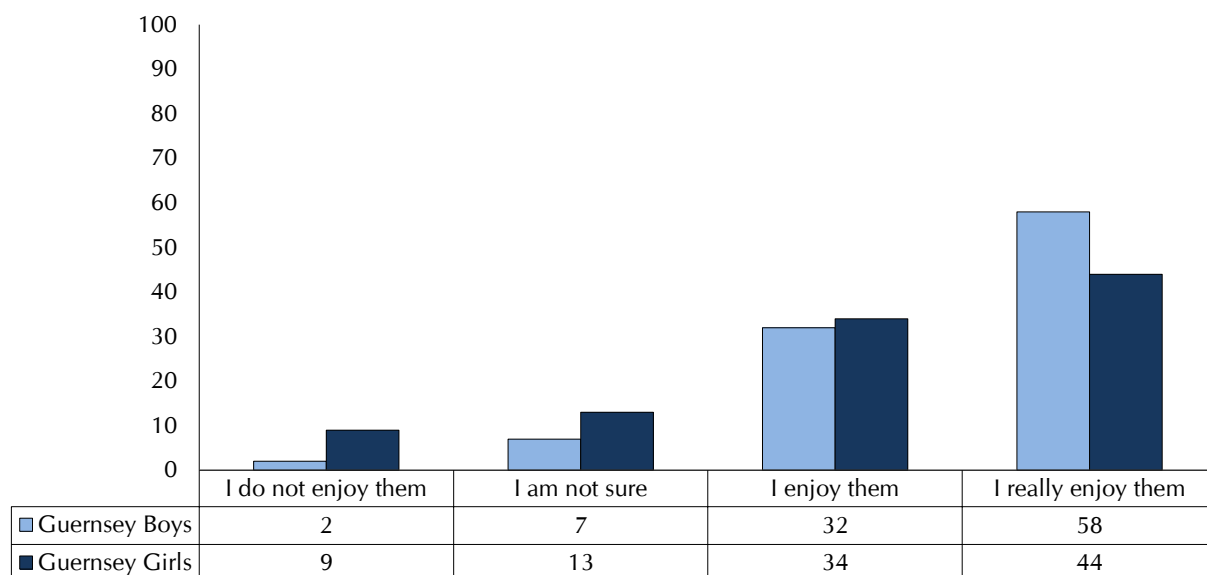
Guernsey

Yr 6

Boys 98

Girls 98

Q27. How do you feel about PE lessons?



5% of pupils responded that they don't enjoy PE lessons.

Q27. Percentage answering that they don't enjoy PE lessons.

Guernsey
Yr 6
Boys 2
Girls 9

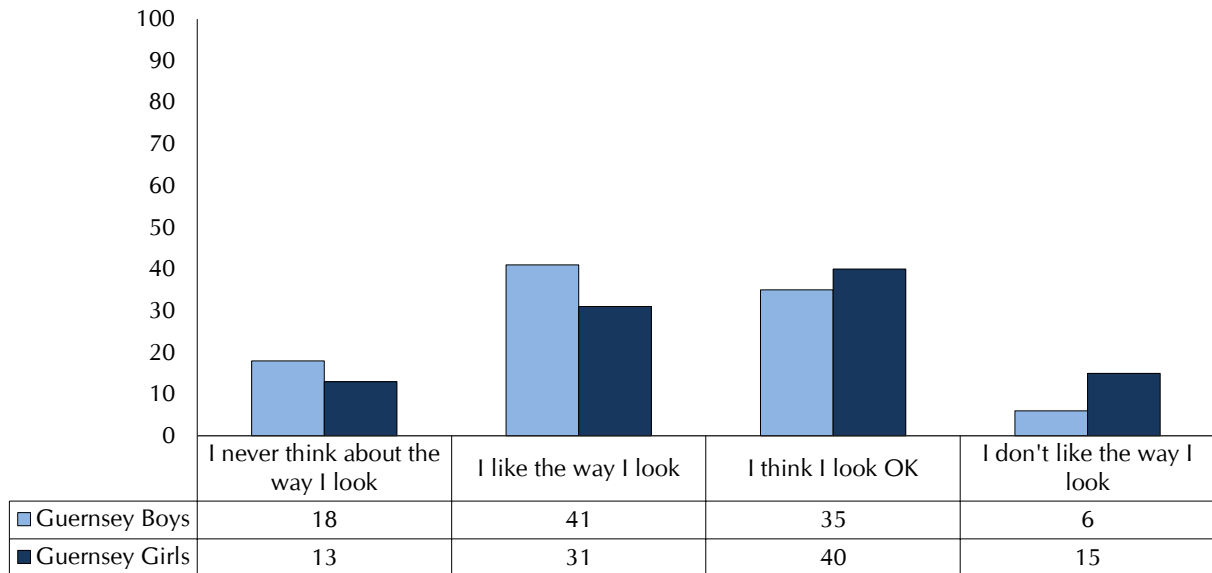
84% of pupils responded that they 'enjoy' or 'really enjoy' PE lessons.

Q27. Percentage answering that they 'enjoy' or 'really enjoy' PE lessons.

Guernsey
Yr 6
Boys 90
Girls 78

Appearance

Q16. Which statement best describes your feelings about the way you look?



16% of pupils responded that they 'never' think about the way they look.

Q16. Percentage answering that they 'never' think about the way they look.

Guernsey

Yr 6

Boys 18

Girls 13

37% of pupils responded that they like the way they look, while 37% think they look 'OK'.

Q16. Percentage answering that they like the way they look.

Guernsey

Yr 6

Boys 41

Girls 31

11% of pupils responded that they don't like the way they look.

Q16. Percentage answering that they don't like the way they look.

Guernsey

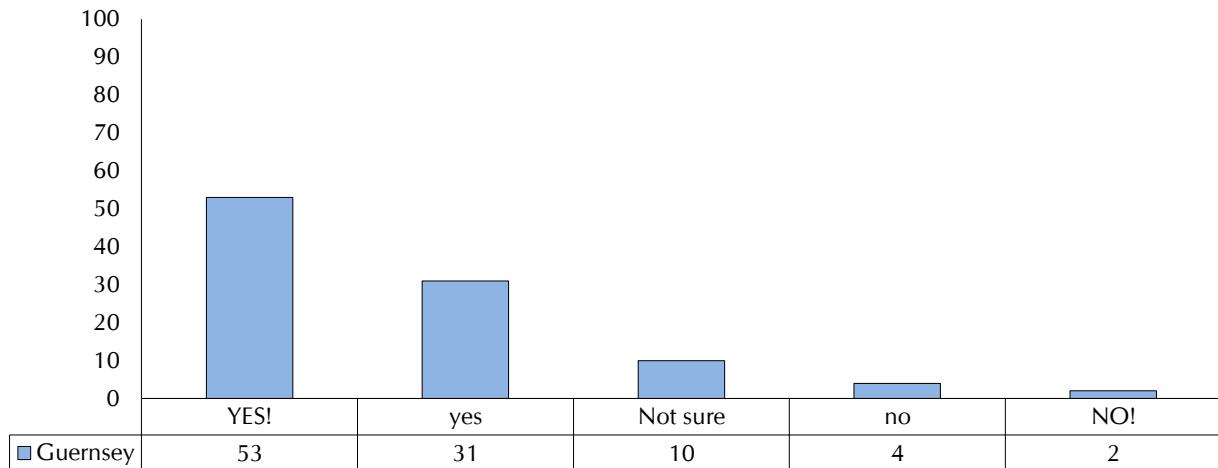
Yr 6

Boys 6

Girls 15

Happiness

Q28a. How much do you agree with the following? I'm glad I am who I am:



84% of pupils agreed that they are glad they are who they are.

Q28a. Percentage answering that they are glad they are who they are.

Guernsey

Yr 6

Boys 88

Girls 80

6% of pupils disagreed that they are glad they are who they are.

Q28a. Percentage answering that they are not glad they are who they are.

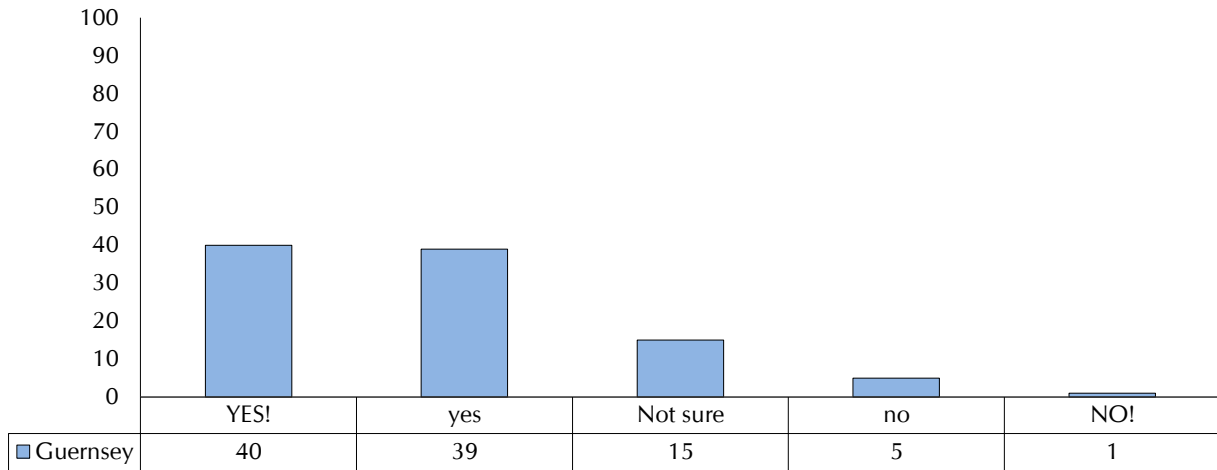
Guernsey

Yr 6

Boys 4

Girls 8

Q28b. How much do you agree with the following? I generally feel happy:



79% of pupils agreed that they are generally happy.

Q28b. Percentage answering that they are generally happy.

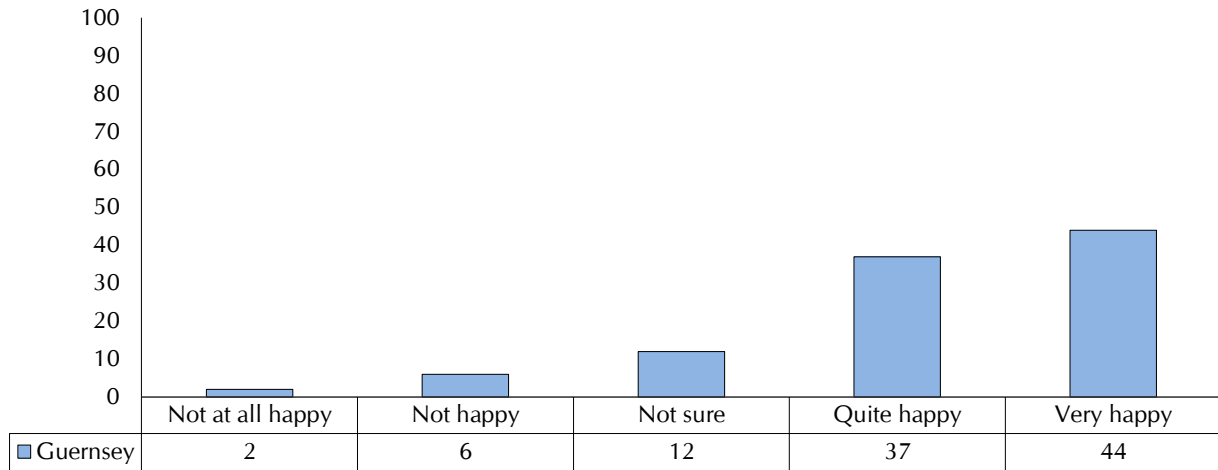
Guernsey	
Yr 6	
Boys	80
Girls	79

6% of pupils disagreed that they are generally happy.

Q28b. Percentage answering that they are not generally happy.

Guernsey	
Yr 6	
Boys	4
Girls	9

Q29. In general, how happy do you feel with your life at the moment?



8% of pupils responded that they are either 'not happy' or 'not at all happy' with their life at the moment.

Q29. Percentage answering that they are either 'not happy' or 'not at all happy' with their life at the moment.

Guernsey

Yr 6

Boys 5

Girls 10

80% of pupils responded that they are 'quite' or 'very' happy with their life at the moment.

Q29. Percentage answering that they are 'quite' or 'very' happy with their life at the moment.

Guernsey

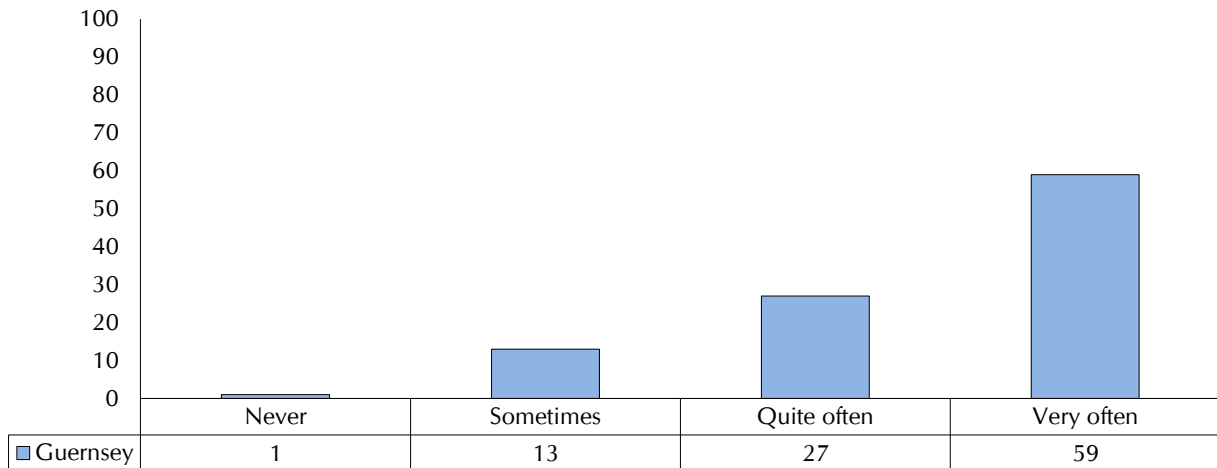
Yr 6

Boys 82

Girls 79

Worrying

Q30. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



86% of pupils responded that they worry about at least one of the issues listed 'quite' or 'very' often.

Q30. Percentage answering that they worry about at least one of the issues listed 'quite' or 'very' often.

Guernsey	
Yr 6	
Boys	86
Girls	86

38% of pupils responded that they 'quite' or 'very' often worry about moving on to secondary school and 47% said they worry about their family.

Q30. Percentage of pupils responding that they worry about the following 'quite' or 'very' often (top 10):

Boys		Girls			
1	War and terrorists	45	1	Your family	49
2	Your family	44	2	War and terrorists	46
3	Crime	38	3	Moving on to secondary school	44
4	Your health	32	4	Falling out with friends	39
5	Moving on to secondary school	32	5	Growing up	38
6	School-work/homework	32	6	Crime	37
7	The environment	28	7	Being bullied	35
8	11+ tests	25	8	Your health	33
9	Money/family money problems	23	9	The way you look	33
10	Being bullied	22	10	Keeping safe outside	31

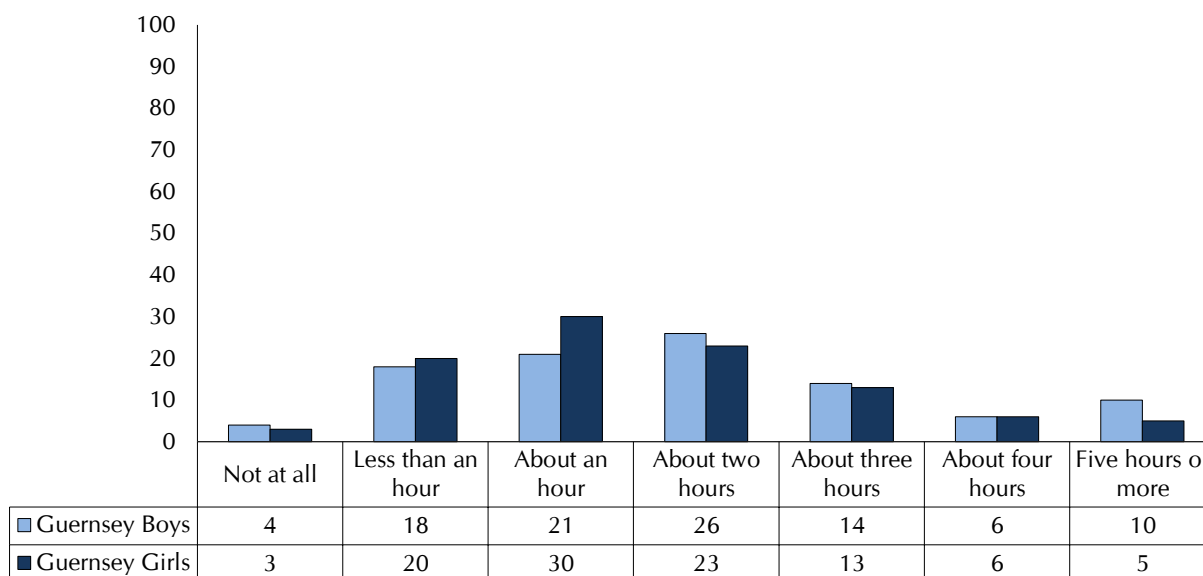
Leisure Time

Q45. Percentage of pupils responding that they went to or took part in the following in the 4 weeks before the survey:

Boys		Girls			
1	Parks or open spaces	87	1	Parks or open spaces	78
2	Sports club or class (not school lessons and not just watching)	68	2	Sports club or class (not school lessons and not just watching)	71
3	Youth centre or club (including scouts/guides etc.)	39	3	Art, craft, dance, drama, film/ video making group	43
4	Cinemas/theatres	37	4	Music group or lessons	37
5	Music group or lessons	30	5	Libraries (not school library)	34
6	Museums/art galleries	27	6	Youth centre or club (including scouts/guides etc.)	34
7	Libraries (not school library)	26	7	Cinemas/theatres	34
8	Art, craft, dance, drama, film/ video making group	22	8	Given their time to help a charity, a local voluntary group or done some organised volunteering	23
9	Given their time to help a charity, a local voluntary group or done some organised volunteering	17	9	Museums/art galleries	20
10	Religious, faith or community group	10	10	Religious, faith or community group	14

Screen time

Q46. How long did you spend looking at a device screen yesterday? (Including computer, iPad, TV, games console, mobile phone or other handheld devices)



22% of pupils responded that they either didn't look at a device screen at all on the day before the survey, or did so for less than an hour.

Q46. Percentage answering that they either didn't look at a device screen at all on the day before the survey, or did so for less than an hour.

Guernsey

Yr 6

Boys 23

Girls 23

27% of pupils responded that they looked at a device screen for at least 'about three hours' on the day before the survey; 7% said they did so for 'five hours or more'.

Q46. Percentage answering that they looked at a device screen for at least 'about three hours' on the day before the survey.

Guernsey

Yr 6

Boys 30

Girls 24

64% of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them on a week day, while 14% said it was less than usual.

Q47a. Percentage answering that the amount of time they spent looking at a device screen is a usual amount for them on a week day.

Guernsey

Yr 6

Boys 63

Girls 65

44% of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them at a weekend, while 40% said it was less than usual.

Q47b. Percentage answering that the amount of time they spent looking at a device screen is a usual amount for them at a weekend.

Guernsey

Yr 6

Boys 43

Girls 45

Alcohol

4% of pupils responded that they had an alcoholic drink in the 7 days before the survey.

Q48. Percentage answering that they had an alcoholic drink in the 7 days before the survey.

Guernsey

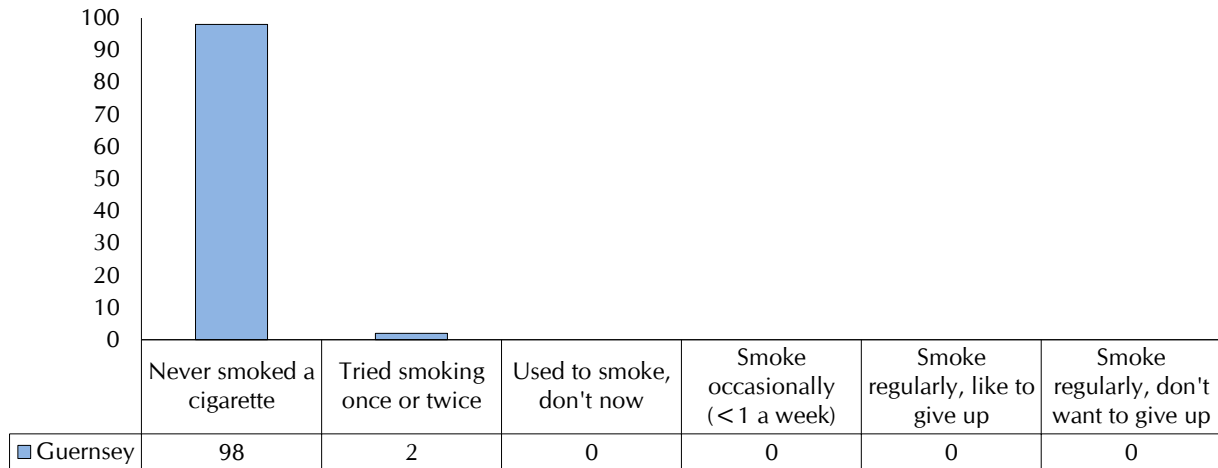
Yr 6

Boys 6

Girls 2

Smoking

Q50. Smoking: Which statement describes you best?



2% of pupils said they have smoked in the past or smoke now.

Q50. Percentage answering that they have smoked in the past or smoke now.

Guernsey

Yr 6

Boys 3

Girls 1

0% of pupils responded that they smoked in the 7 days before the survey.

Q51. Percentage answering that they smoked in the 7 days before the survey.

Guernsey

Yr 6

Boys 0

Girls 0

93% of pupils responded that they think they will not smoke when they are older.

Q53. Percentage answering that they think they will not smoke when they are older.

Guernsey

Yr 6

Boys 91

Girls 96

1% of pupils responded that they think they will smoke when they are older, while 6% think they may smoke.

Q53. Percentage answering that they think they will smoke when they are older.

Guernsey

Yr 6

Boys 1

Girls 0

27% of pupils responded that their parents/carers smoke.

Q54a. Percentage answering that their parents/carers smoke.

	Guernsey
	Yr 6
Boys	26
Girls	28

7% of pupils responded that someone smokes indoors at home in rooms that they use.

Q54b. Percentage answering that someone smokes indoors at home in rooms that they use.

	Guernsey
	Yr 6
Boys	7
Girls	8

7% of pupils responded that someone smokes in a car when they are in it too.

Q54c. Percentage answering that someone smokes in a car when they are in it too.

	Guernsey
	Yr 6
Boys	7
Girls	7

Drugs

6% of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who takes drugs.

Q55. Percentage answering that they know someone personally who takes drugs.

	Guernsey
	Yr 6
Boys	6
Girls	4

1% of pupils responded that they have been offered cannabis.

Q56. Percentage answering that they have been offered cannabis.

	Guernsey
	Yr 6
Boys	1
Girls	0

2% of pupils responded that they have been offered drugs other than cannabis, while 1% said they are 'not sure' if they have.

Q57. Percentage answering that they have been offered drugs other than cannabis.

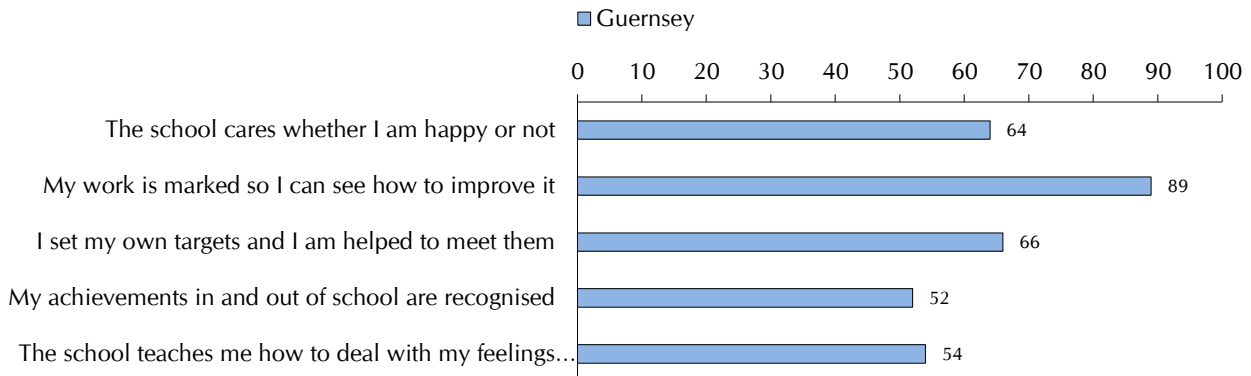
	Guernsey
	Yr 6
Boys	2
Girls	1

Reaching Potential

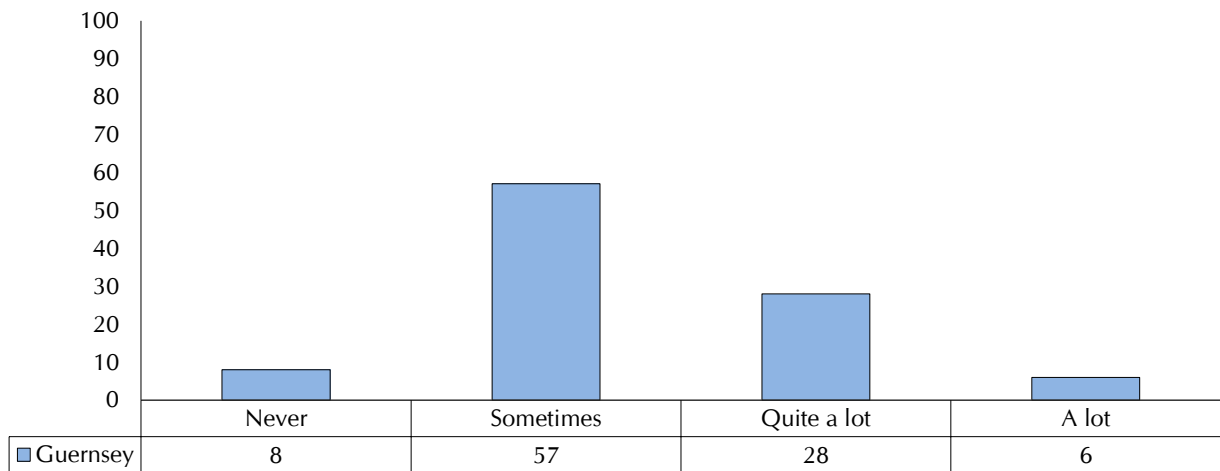
Q31. Percentage of pupils responding 'yes' to the following statements:

	Year 6		Total
	Boys	Girls	
The school cares whether I am happy or not	64	64	64
My work is marked so I can see how to improve it	87	91	89
I set my own targets and I am helped to meet them	67	66	66
My achievements in and out of school are recognised	54	51	52
The school teaches me how to deal with my feelings positively	58	51	54

Q31. Percentage of pupils responding 'yes' to the following statements:



Q32. How much does your school ask for your opinion about how to make changes to improve your school?



8% of pupils responded that their school 'never' asks for their opinion about how to make changes to improve the school, while 57% said it 'sometimes' does.

34% of pupils responded that their school asks for their opinion 'quite a lot' or 'a lot' about how to make changes to improve the school.

Q32. Percentage answering that their school 'never' asks for their opinion about how to make changes to improve the school.

Guernsey	
Yr 6	
Boys	11
Girls	6

Q32. Percentage answering that their school asks for their opinion 'quite a lot' or 'a lot' about how to make changes to improve the school.

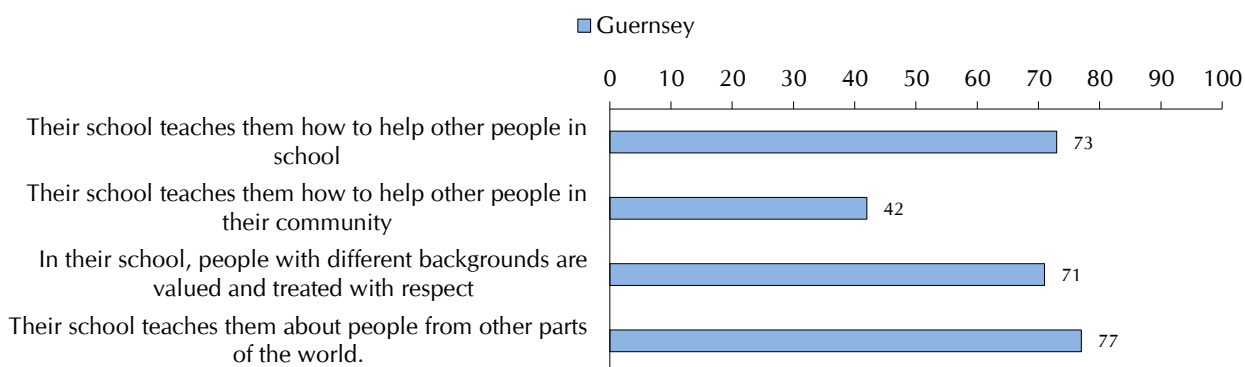
Guernsey	
Yr 6	
Boys	31
Girls	38

73% of pupils responded that their school teaches them how to help other people in school and 77% said their school teaches them about people from other parts of the world.

Q33. Percentage of pupils responding that they agree with the following statements:

	Year 6		Total
	Boys	Girls	
Their school teaches them how to help other people in school	75	70	73
Their school teaches them how to help other people in their community	46	39	42
In their school, people with different backgrounds are valued and treated with respect	69	73	71
Their school teaches them about people from other parts of the world.	76	78	77

Q33. Percentage of pupils responding that they agree with the following statements:



School enjoyment

73% of pupils responded that, on the whole, they like their teachers and 59% said they enjoy school.

Q35. Percentage of pupils responding 'yes' to the following statements about school:

	Year 6		Total
	Boys	Girls	
On the whole I like my teachers	73	74	73
School gets in the way of my life	17	15	16
I enjoy school	57	61	59
I really enjoy most lessons	60	62	61
I want to do well at school	90	94	92
I feel as though I am wasting my time at school	7	8	7
The best part of my life is the time I spend at school	11	14	13

90% of pupils responded that they are 'quite' or 'very' proud to belong to their school.

Q36. Percentage answering that they are 'quite' or 'very' proud to belong to their school.

Guernsey

Yr 6

Boys 91

Girls 88

10% of pupils responded that they are 'not very proud' to belong to their school.

Q36. Percentage answering that they are 'not very proud' to belong to their school.

Guernsey

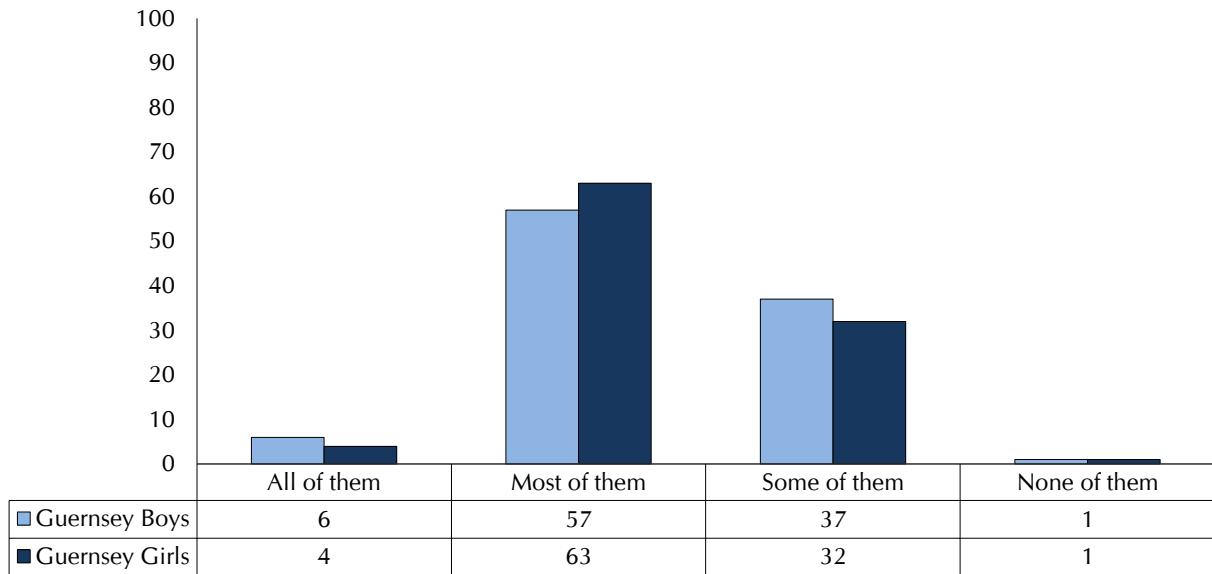
Yr 6

Boys 9

Girls 12

School lessons

Q37. How many lessons do you enjoy at school?



64% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

Q37. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

Guernsey

Yr 6

Boys 62

Girls 67

1% of pupils responded that they don't enjoy any of their lessons at school, while 35% said they only enjoy 'some' of them.

Q37. Percentage answering that they don't enjoy any of their lessons at school.

Guernsey

Yr 6

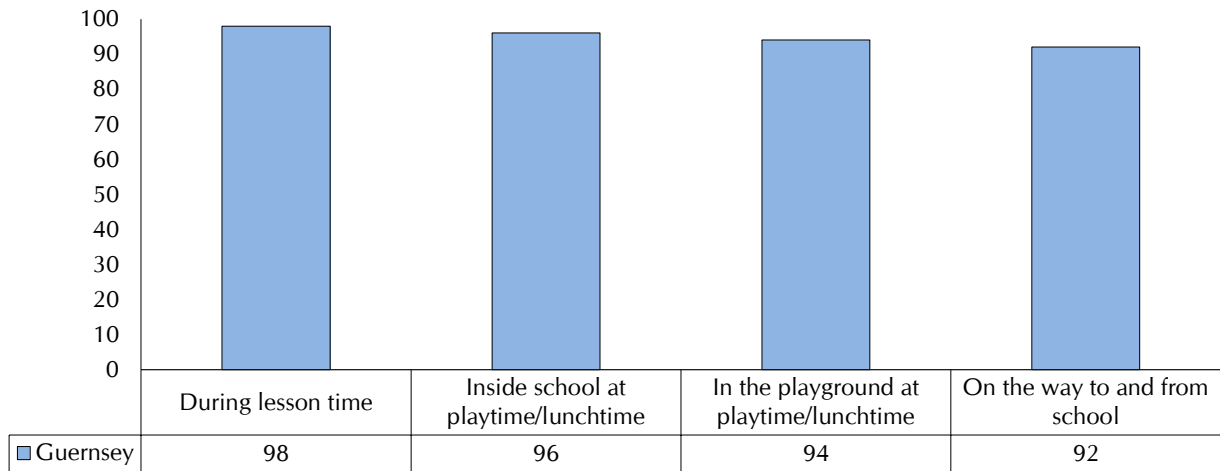
Boys 1

Girls 1

Safe and Nurtured

Safety

Q34. How safe do you feel...? % responding 'quite' or 'very' safe



98% of boys and 98% of girls responded that they feel 'quite' or 'very' safe during lesson time, while 2% said they feel 'not very safe'.

Q34. Percentage answering that they feel 'quite' or 'very' safe during lesson time.

Guernsey

Yr 6

Boys 98

Girls 98

97% of boys and 95% of girls responded that they feel 'quite' or 'very' safe inside school at playtime/lunchtime, while 4% said they feel 'not very safe'.

Q34. Percentage answering that they feel 'quite' or 'very' safe inside school at playtime/lunchtime.

Guernsey

Yr 6

Boys 97

Girls 95

95% of boys and 92% of girls responded that they feel 'quite' or 'very' safe in the playground at playtime/lunchtime, while 6% said they feel 'not very safe'.

Q34. Percentage answering that they feel 'quite' or 'very' safe in the playground at playtime/lunchtime.

Guernsey

Yr 6

Boys 95

Girls 92

94% of boys and 91% of girls responded that they feel 'quite' or 'very' safe on the way to and from school, while 8% said they feel 'not very safe'.

Q34. Percentage answering that they feel 'quite' or 'very' safe on the way to and from school.

Guernsey

Yr 6

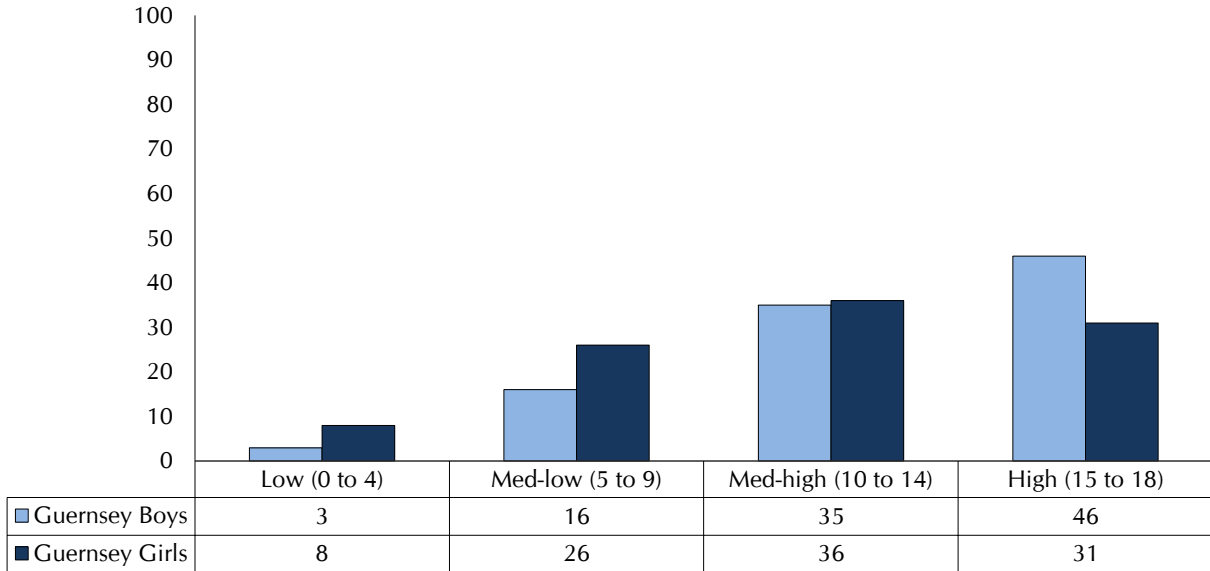
Boys 94

Girls 91

Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

Q38. Composite self-esteem score:



Data from the 'Young People into...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

26% of pupils had a med-low self-esteem score (9 or less).

Q38. Percentage with a med-low self-esteem score (9 or less).

Guernsey	
Yr 6	
Boys	19
Girls	34

38% of pupils had a high self-esteem score (15 or more).

Q38. Percentage with a high self-esteem score (15 or more).

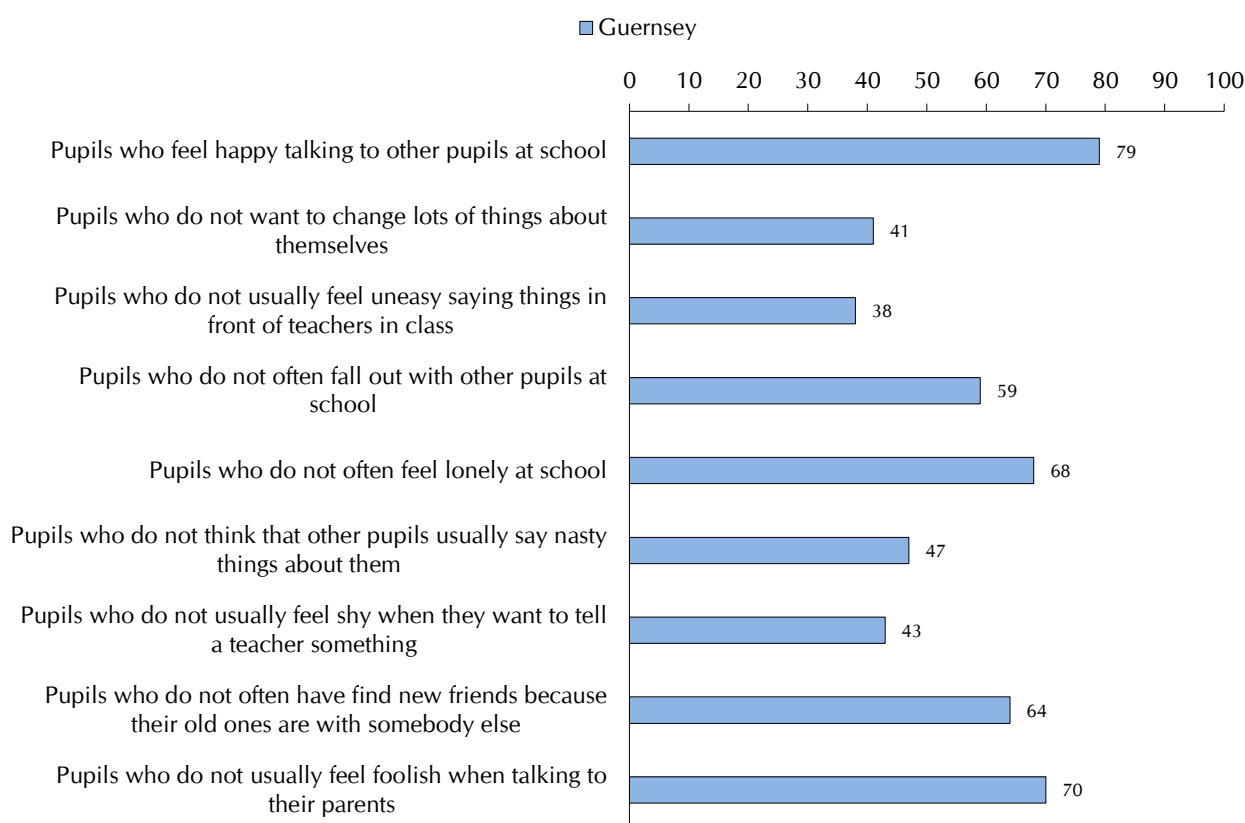
Guernsey	
Yr 6	
Boys	46
Girls	31

79% of pupils responded that they feel happy talking to other pupils at school.

Q38. (Individual self-esteem items) Percentage in each group giving a high esteem response:

	Year 6		Total
	Boys	Girls	
Pupils who feel happy talking to other pupils at school	84	75	79
Pupils who do not want to change lots of things about themselves	45	36	41
Pupils who do not usually feel uneasy saying things in front of teachers in class	44	32	38
Pupils who do not often fall out with other pupils at school	64	54	59
Pupils who do not often feel lonely at school	74	61	68
Pupils who do not think that other pupils usually say nasty things about them	54	40	47
Pupils who do not usually feel shy when they want to tell a teacher something	52	34	43
Pupils who do not often have find new friends because their old ones are with somebody else	73	55	64
Pupils who do not usually feel foolish when talking to their parents	72	68	70

Q38. (Individual self-esteem items) Percentage in each group giving a high esteem response:



Bullying

28% of pupils responded that they have been bullied at or near school in the last 12 months, while 19% said they 'don't know' if they have.

Q39. Percentage answering that they have been bullied at or near school in the last 12 months.

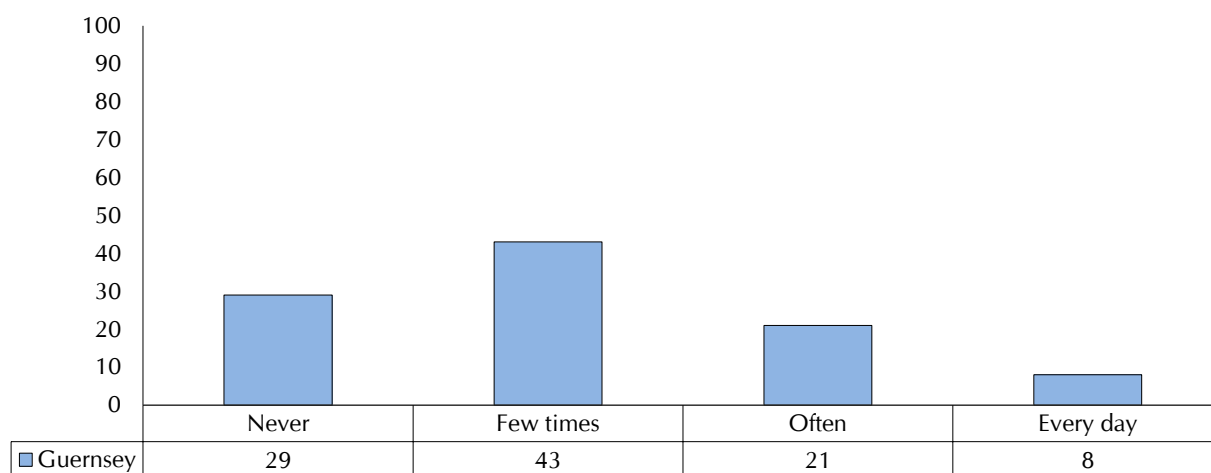
Guernsey

Yr 6

Boys 24

Girls 33

Q40. Negative behaviour summary: Percentage of pupils responding that they have experienced at least one of the negative behaviours listed in the last month...:



71% of pupils responded that they have experienced at least one of the negative behaviours listed at least a 'few times' in the last month, while 8% experienced such behaviour 'every day'.

Q40. Percentage answering that they have experienced negative behaviour at least a 'few times' in the last month.

Guernsey

Yr 6

Boys 67

Girls 76

47% of pupils responded that they have been teased/made fun of at least a 'few times' in the last month and 35% said they have been pushed/hit for no reason.

Q40. Percentage of pupils responding that they have experienced the following at least a 'few times' in the last month:

Boys		Girls			
1	Teased/made fun of	45	1	Been ignored/left out	59
2	Been ignored/left out	40	2	Teased/made fun of	50
3	Pushed/hit for no reason	40	3	Called nasty names	41
4	Called nasty names	37	4	Pushed/hit for no reason	30
5	Ganged up on	25	5	Ganged up on	28
6	Had belongings taken/broken	21	6	Had belongings taken/broken	26
7	Threatened for no reason	19	7	Threatened for no reason	16
8	Nasty comment on social media	12	8	Nasty comment on social media	15
9	Received nasty/threatening text messages	7	9	Received nasty/threatening text messages	13
10	Other bullying	4	10	Other bullying	8

24% of pupils responded that they think they have been picked on or bullied because of the way they look and 20% think they have because of their size or weight.

Q41. Percentage of pupils responding that they think they have been picked on or bullied because of the following:

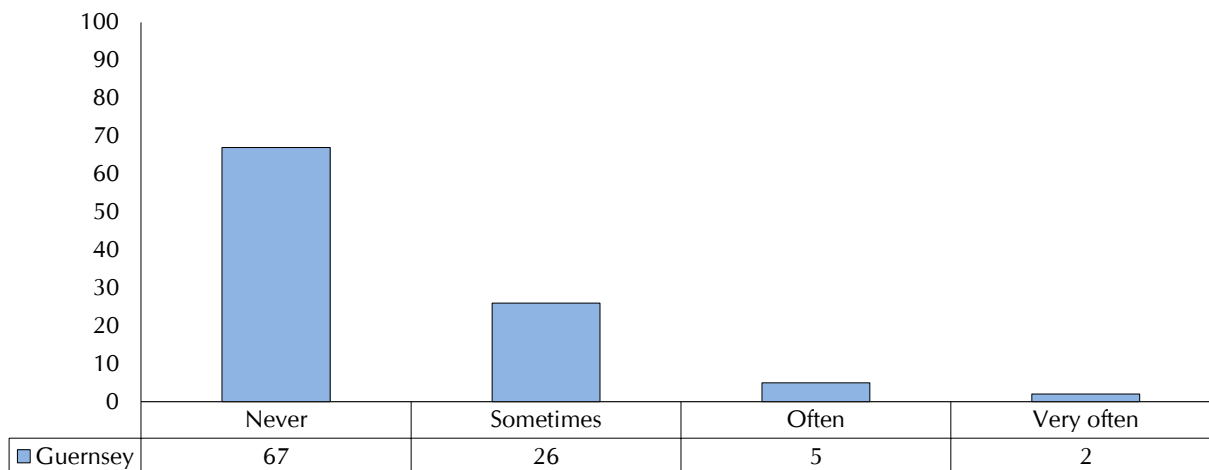
Boys		Girls			
1	The way they look	20	1	The way they look	29
2	Their size or weight	17	2	Their size or weight	22
3	Their race, colour or religion	6	3	The clothes they wear	15
4	A disability	5	4	Other	10
5	Other	5	5	Their race, colour or religion	3

66% of pupils responded that they think their school takes bullying seriously, while 12% think it doesn't take it seriously.

Q42. Percentage answering that they think their school takes bullying seriously.

Guernsey	
Yr 6	
Boys	67
Girls	64

Q43. Do you ever feel afraid of going to school because of bullying?



33% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.

Q43. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

Guernsey	
Yr 6	
Boys	24
Girls	42

7% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Q43. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

Guernsey	
Yr 6	
Boys	5
Girls	8

21% of pupils responded that they have received a message on their phone or online that scared or upset them.

Q44. Percentage answering that they have received a message on their phone or online that scared or upset them.

Guernsey	
Yr 6	
Boys	14
Girls	28

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**This is not the end of your
Health Related Behaviour Survey!**

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related
behaviour: www.sheu.org.uk/node/366**

***We may also be able to introduce you to health and
education contacts, with money and resources, within your
local community***