














PROMOTING PHYSICAL ACTIVITY

-  Media coverage
 - * Young People's Survey
 - * Walk the Talk presentation
 - * Activity in the new curriculum
 - * Be Active morning 2016
-  Be Active webpage www.gov.gg/beactive and twitter account @BeActiveGSY 
-  Social marketing training course
-  'Be Active Ambassador' appointed for the summer
-  20+ assemblies promoting the NW Island Games
-  Be Active 5K Milk Dash






BE ACTIVE FORUM

MAKING IT HAPPEN






-  Establishment of activity as a focus of The Bailiwick of Guernsey's new curriculum
-  Commissioning of the newly established 'Bikeability Guernsey' programme
-  Establishment of an Early Years Physical Activity Group that is developing a benchmark of activity levels for early years settings
-  Oversight of the Guernsey School Sports Federation which supported 250 secondary age pupils (and teachers) attending 23 major national sporting events in 2016
-  Relaunch of the Guernsey Healthy Schools Award with activity as a priority focus and presentation to La Mare De Carteret Primary School as first school to receive the award
-  35 students will be trained as Youth Health Champions by the end of term

SHARING GOOD PRACTICE

-  Be Active Forum
 - * Monthly newsletters and briefing meetings
-  Be Active launch document explained the rationale for a multi-agency response to making children and young people be more active
-  Presentations
 - * Guernsey Young People's Survey findings
 - * Accessible activities for children and adults with disabilities
 - * Walk the talk



CREATING AN EVIDENCE BASE

-  Announcement of the Guernsey Young People's Survey statistics relevant to activity levels of young people for primary, secondary and post-16 students
-  Research, development and publication of guidelines on levels of activity that we recommend for children and young people in Guernsey.
-  Investigation into creating a Guernsey Health scorecard, known as active Healthy Kids Bailiwick report card and measures for physical literacy.
-  Trial of an Activity Challenge with Year 3 pupils
-  Trial of Fitbit technology at La Mare De Carteret High where a class of thirteen year olds are measuring levels of activity

