

Some common questions about extra care housing:

What's the difference between extra care and sheltered or supported housing?

The biggest difference is that Extra Care Housing has on-site care and support staff on duty 24 hours a day. As well, Le Grand Courtil, La Nouvelle Maritaine and Rosaire Court and Gardens also have restaurants open to the public and a range of on-site activities and events designed to appeal to all ages. Extra care housing does not just provide an individual home, it provides a vibrant and supportive community.



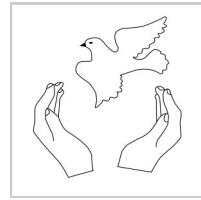
Cafe Amity at La Nouvelle Maritaine is open to the public as is Cooked at Rosaire Court and Gardens and The Magnolia Tree at Le Grand Courtil.

What happens if my health gets worse while I'm living there?

We expect people's needs to change. There may be times when you need a lot of care and support but there may be times when you need much less. The staff are there to enable you to make choices and the aim is to help you live independently for as long as possible.

My mother has early signs of dementia. Can she move into Extra Care Housing?

Quite possibly. People with early signs of dementia who move into extra care housing should move as early as possible whilst they still have some understanding of what it means to manage and live independently and while they still have the capacity to develop new relationships and adapt to new surroundings. Many people who develop dementia when living in Extra Care Housing can continue to be supported in their home by staff and friends as before. Our trained staff will be able to discuss your mother's needs with you.



OUR CARE AND SUPPORT SERVICE IS DESIGNED TO HELP YOU RETAIN OR REGAIN YOUR FULL AND INDEPENDENT LIFE. WE WANT YOU TO LIVE THE LIFE YOU CHOOSE AND WILL ALWAYS BE IN THE BACKGROUND TO HELP YOU ACHIEVE THIS.



States of Guernsey
Adult Community Services

Extra Care Housing Care and Support Service



housing&care21

Tenancy Management, Housing Management
and Repairs and Maintenance

Extra Care Housing

Greater independence and choice for Islanders needing care and support

The Extra Care housing communities at Le Grand Courtil, La Nouvelle Maritaine and Rosaire Court and Gardens provide you with the security and privacy of your own home, a range of recreational and social facilities and 24 hour care and support provision if you require it. The care and support staff at all locations are trained to meet a wide range of needs from learning disabilities, mental health problems, physical and sensory disabilities, etc.



La Nouvelle Maritaine



Gardens and patio area at Rosaire Court and Gardens

You may be thinking about moving because of life changes or health problems or simply because you are not happy where you currently live. You may be worried about the future of an adult

dependent who requires care and support. Extra Care Housing can provide a safety net of comfort, independence, support and care while encouraging individuals to live as independent and full a life as possible.

Greater Independence and Choice for Islanders Needing Care and Support

How is Extra Care different from residential care?

- You are living at home - not in a home.
- You have your own front door - you decide who comes in.
- There is a balance in the community, not everyone has high care needs.
- 24 hour care services are available if you require them. We have waking staff at night who can help with any of your assessed care needs.
- You get help and support to maintain your independence.
- You can join in social activities - or choose not to and remain more private.

The flats at both Le Grand Courtil, in St Martins, and La Nouvelle Maraitaine, in the Vale, are managed by the Guernsey Housing Association. The one and two bedroom flats are designed to accommodate wheel-



Patio Garden at Le Grand

chairs, mobility scooters and specialist equipment such as hoists. Each flat has a living room, kitchen and bathroom, and is wired to provide satellite TV.

The flats at Rosaire Court and Gardens are managed

by Housing and Care 21 who have an onsite court manager, who offers advice, arranges help if necessary and manages the building.

Assistive technology (special alarms and sensors to aid daily living) may be included in your care and support plan to help keep you as independent as possible. Flats are carpeted but unfurnished and every tenant has access to communal gardens and outside space.

Partial ownership options for GHA properties

If you own a property or have substantial savings you will be expected to purchase between 40% and 80% of an extra care flat. When you eventually move out of the flat, the Guernsey Housing Association will buy your share back at the prevailing market price (calculated as an average of five valuations provided by local estate agents). Tenants living in part-purchased flats pay a rent based on the 20% to 60% of the property owned by the GHA together with a service charge. In certain circumstances, and with agreement from GHA, applicants may be able to move into extra care before their house is sold.

Purchase options for H&C21 properties

There is the option to purchase your H&C21 property by leasehold or freehold. More information can be found at www.housingandcare21.co.uk or by calling the office on 739820

Rented properties

If you cannot afford to purchase a flat you will be charged a rent similar to those charged for social housing. Residents on low incomes can apply for financial assistance from the Committee of Employment and Social Services via the Supplementary Benefit Scheme.

All tenants pay a service charge on top of their weekly rent. The Service charge covers the cost of communal cleaning, electricity, water, rubbish disposal and rates.



Kimmies hairdressing salon at Le Grand Courtil. There are hair salons in all 3 extra care schemes.

Are you eligible to apply?

Extra care housing is intended for residentially qualified adults who, as a minimum, need four hours care and support every week and who are living in unsuitable accommodation. Couples and families may also apply, provided that at least one adult in the household meets the minimum care and support requirement. Anyone over the age of 18 can apply to live in a GHA property and over the age of 55 for H&C21 properties.

How do I apply for extra care housing?

You can phone the Guernsey Housing Association on 245530 and request an application form or you can download one from www.gov.gg/extracare. The form will ask you questions about your current living arrangements, your finances and your care and support needs. After you have submitted your application form, the Scheme Manager will arrange to visit you at home to carry out an assessment of your care and support needs and to assess the suitability of your current accommodation.

Once your eligibility criteria has been confirmed, your application will be submitted to the Nominations Panel who will allocate a flat.

For more information on extra care housing please contact:

Carolynne Bourgaize , Scheme Manager at Le Grand Courtil on 213515

Janine French, Scheme Manager at La Nouvelle Maraitaine and Rosaire Court and Gardens on 200970