

Discharge Planning from Hospital

Arrangements to consider when planning your discharge

Transport home – patients are normally expected to arrange their own transport home, we aim to discharge in the morning.

(Please note St. John Ambulance transport service are strictly only requested under medical advice)

Prescriptions- If you are given a prescription you will need to collect it from a community pharmacy the PEH pharmacy cannot dispense medications on discharge. Please ensure you have someone available to collect your prescription.

(Please inform us if you usually have a dosette/bio dose box at home and which pharmacy supplies it, as these may take time to arrange)

Ensure you have:

Suitable clothing and footwear – We encourage patients to get dressed to promote independence and aid recovery whilst on the ward.

Your own walking aids with you on the ward.

Adequate basic food supplies.

Adequate heating in your home.

Access to a key for your property.

Prior to coming in to hospital please discuss any concerns with your family/friends etc. re: managing at home post discharge and the support you may require.

If you have any concerns regarding managing following your hospital stay please contact the Discharge Planning Nurses in the Admissions dept. PEH Tel: 01481 725241 ext. 4763/4766/4172 for further advice.