



Turkey Noodle Soup

Serves 4 people

Ingredients:

- 500g turkey
- 1.5 litres chicken stock
- Chilli
- Ginger
- 140g egg noodles
- 200g frozen peas
- Spring onions (chopped)
- 2 medium carrots

Method:

- 1) Boil the chicken stock
- 2) Add the chilli and ginger, and leave to infuse
- 3) Cube the carrots and boil for 4 minutes with the peas and the whites of the spring onions
- 4) Either shred or slice the turkey and warm through for 1 minute
- 5) Serve, and scatter the green tops of the spring onions over as a garnish