

## Community Survey

### Background

The Health & Social Care Committee have asked for a survey to be undertaken in order to understand the public's experiences of the past three months. The Integrated Community Cell has also asked for some information to be gathered regarding the impacts of the coronavirus pandemic and actions taken to slow its spread on the mental health of the community. There is a desire to capture information while it is still fresh in the public's minds. These requirements have been developed into the combined research proposal, set out in this document.

### Aim

The aim is to gather information to enable the States to better understand public experiences of lockdown:

- How the public felt about the restrictions that were put in place: the positives and the negatives
- Whether there were additional or different challenges faced by those:
  - Based on which Island they lived in within the Bailiwick
  - Who were shielding
  - Who are carers (of school age children, the vulnerable and those with special needs)
  - With chronic physical or mental ill-health
  - Who are at higher risk of domestic abuse
  - Who are critical workers
  - Whose incomes reduced
  - Who were bereaved during lockdown
  - Who were pregnant or had a baby during lockdown
  - With close relatives in residential /care homes, the hospice or hospital during lockdown
- What the States did well, in public opinion, and what could have been done better in terms of:
  - Provision of information
  - Provision of services
- Thoughts on recovery strategy and perceived opportunities / threats

This information will be used by the States to make improvements if the Bailiwick has to go back into an earlier phase of lockdown. It will also be used to help planning for any future pandemics. Additionally, it could be used to inform the States' decisions about recovery and service transformation.

This survey is for members of the community aged 16 years or over who were resident in the Bailiwick of Guernsey during lockdown.

If you require this questionnaire in a different format, for example large print, a paper copy, or in a different language, please contact 07839 121515 or [comms@gov.gg](mailto:comms@gov.gg).

Queremos obter notícias suas. Se desejar receber este questionário num formato diferente, por exemplo uma impressão em grandes caracteres, ou num idioma diferente, queira por favor contactar-nos.

Mēs vēlamies dzirdēt no jums. Ja jums nepieciešama šī aptauja citā formātā, piemēram, liela izmēra drukāšanai vai citā valodā, lūdzu, sazinieties ar mums.

Chcemy poznać Twoją opinię. Jeśli potrzebujesz tej ankiety w innym formacie, przykładowo z większą czcionką lub w innym języku, skontaktuj się z nami.

If you have any questions or concerns about this survey, please contact 07839 121515 or [comms@gov.gg](mailto:comms@gov.gg).

## Introduction

The survey is confidential and any information you provide will be treated in the strictest confidence. It will be used for research purposes only and it will not be possible to identify any particular individuals in the results.

The survey should take approximately 60 minutes to complete and taking part is completely voluntary. You are free to stop at any time and to skip any questions you do not wish to answer.

Your answers will be kept securely for up to six months, will be only accessible to the research team, and will be deleted once the research is finished.

This survey is being undertaken by the Data & Analysis service on behalf of the States of Guernsey. The States of Guernsey will process any personal data that you submit using this form in accordance with the Data Protection (Bailiwick of Guernsey) Law 2017. For further information on how any personal data you provide will be processed, please refer to the Fair Processing Notice Community Survey - June 2020 document on this page: <https://gov.gg/DP>.

Thank you for your time and your valuable contribution.

By filling in answers to the questions, you give your consent to your personal data, provided through this survey, being processed by the controller in accordance with the fair processing notice provided above.

**Where the questions are multiple choice and have boxes next to the different options, please put a tick in the relevant answer/s. Otherwise, please fill in as the question asks.**

## About you

These questions will help us check the survey responses are representative of the community and explore any patterns or trends in people's experiences.

1. Are you?

- Female
  - Male
  - Prefer not to say
  - Prefer to self-describe (please state below)
- 

2. In what year were you born? (Please write a four-digit year below; e.g. 1990)

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3. What is your country of birth?

- Bailiwick of Guernsey
  - UK and Northern Ireland / Republic of Ireland / Jersey
  - Latvia
  - Poland
  - Portugal
  - Prefer not to say
  - Other (please state)
- 

4. What is your main Island of residence?

- Guernsey / Herm / Jethou
- Alderney
- Sark / Brecqhou
- Prefer not to say

5. Do you have any longstanding illness, disability or infirmity? By longstanding illness, we mean any condition that has lasted (or is expected to last) at least 12 months. Include any problems related to old age.

- Yes
- No
- Prefer not to say

6. Thinking of these conditions and/or illnesses, would you describe yourself as having? Tick all that apply.

- A physical disability
  - A long-term illness
  - A mental or emotional health condition
  - Don't know
  - Prefer not to say
  - Other (please state)
- 

7. Are you pregnant or have you had a baby within the past 6 months?

- Yes
- No
- Prefer not to say

8. Which of the following best describes your work situation just before lockdown (which began on 25 March 2020)?

- Employed
  - Self-employed
  - In full time education or training
  - Retired
  - Unable to work due to longstanding illness, disability or infirmity
  - Not employed, but seeking employment
  - Not employed and not seeking employment
  - Prefer not to say
  - Other (please specify)
- 

9. Were you classed as a critical, essential or key worker during lockdown?

- Yes
- No
- Don't know
- Prefer not to say

10. Which sector do you work in?

- Construction
- Wholesale, retail (shop work) and repairs

- Hostelry
  - Transport and storage
  - Information and communication
  - Finance
  - Real estate activities
  - Professional, business, scientific and technical activities
  - Administrative and business support service activities
  - Public administration
  - Education
  - Human health, social and charitable work activities
  - Arts, entertainment and recreation
  - Other personal/household service activities
  - Prefer not to say
  - Other (please state)
- 

### About your household bubble

These questions will help us check the survey responses are representative of the community and find patterns in responses.

11. Including yourself, how many people made up your **initial household “bubble”** at the very start of lockdown on 25 March 2020? You should also include people living at other addresses if your family is split but with shared care of children. Please write the number of people in each age bracket next to the relevant category:

Aged 0 to 4 years \_\_\_\_\_

Aged 5 to 15 years \_\_\_\_\_

Aged 16 to 64 years \_\_\_\_\_

Aged 65 years or older \_\_\_\_\_

Prefer not to say \_\_\_\_\_

12. What was your total gross household income last year? Please include all income from salaries, bonuses, businesses, investments, interest, family allowance, maintenance payments, benefits, pensions and any other income sources.

- Less than £20,000
- £20,000 - £39,999
- £40,000 - £59,999

- £60,000 - £79,999
- £80,000 - £99,999
- £100,000 or more
- Prefer not to say

13. What type of housing did you live in just before lockdown?

- Owned outright (including leaseholds)
  - Buying with a mortgage (including leaseholds)
  - Renting from private landlord
  - Renting from the States, Guernsey Housing Association or Alderney Housing Association (including extra care housing)
  - Partially owned (part rent and part mortgage)
  - Living rent free, or paying a small rent e.g. to parent(s) or friend(s)
  - Residential or nursing home
  - Accommodation provided with job
  - Prefer not to say
  - Other (please state)
- 

14. Do you have a garden or outdoor space at home? Select all that apply. Leave all blank if you have no outdoor space other than for parking.

- I have a private garden
- I have a private patio, balcony or similar small outdoor space
- I have access to a shared garden
- I have access to a shared patio, courtyard or similar outdoor space

15. Do you have access to the internet at home (via any device, such as a computer, laptop, iPad, tablet, mobile phone, smart TV or games console)?

- Yes, my household has access and I use it at home
- Yes, my household has access, but I don't use it at home
- No, my household does not have access
- Don't know
- Prefer not to say

### **Experience of lockdown**

Everyone will have had a different experience of lockdown and we would like to capture some of this information while it is still relatively fresh in your mind. It can be used to inform plans in the event of needing a return to stricter lockdown, another pandemic in future and also our recovery.

16. How did you get your information about lockdown rules? Tick all that apply

- I watched the States' media briefings
  - I read the Guernsey Press or Bailiwick Express
  - I read the States' flyers/leaflets delivered by Guernsey Post
  - I listened to Island FM or BBC Guernsey on the radio
  - I watched the Channel TV or BBC news on the TV
  - I followed the States' social media accounts
  - I followed other social media accounts
  - I used the gov.gg websites
  - I called the States' helpline(s) or emailed
  - From family or friends
  - Other (please state)
- 

17. Were you able to access information in your first language?

- Yes
- No
- Don't know
- Prefer not to say

18. Could we have done anything to make information more accessible to you?

- No
  - Don't know
  - Prefer not to say
  - Yes (please state)
- 

19. Were there any aspects of the lockdown restrictions that we could have explained better?

- No
- Don't know
- Prefer not to say

- Yes (please state below)

20. Were there any particular aspects of the lockdown restrictions you didn't think were fair or justified?

- No  
 Don't know  
 Prefer not to say  
 Yes (please state below)

21. Were there any restrictions you expected or wanted us to put in place, which we didn't?

- No  
 Don't know  
 Prefer not to say  
 Yes (please state below)



22. On reflection, what overall impact did lockdown have on the following factors of your life?

	Strongly negative	Negative	Neutral	Positive	Strongly positive	Prefer not to say	N/A
Your physical health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your fitness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your sleep quality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your weight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your anxiety and/or stress levels	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your personal relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your personal safety and/or security	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your personal finances	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The standard of accommodation you live in	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Working

Most people's work was impacted in some way by lockdown. Detailed information on this topic has been gathered from administrative data, the Community Monitoring Tool and various other surveys, so there are only two questions in this section, which will help us interpret the information gathered from those other sources.

24. What overall impact has lockdown had on the following factors?

	Strongly negative	Negative	Neutral	Positive	Strongly positive	Prefer not to say	N/A
Your professional learning and/or development	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your work-life balance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

25. You can expand on your answer here if you wish:

## Education

Most people's education or training was impacted in some way by lockdown. Information has been gathered via various surveys on this topic, so we just ask two questions in this section.

26. Has lockdown caused you to re-evaluate or change your education or training choices in any of the following ways? Tick all that apply.

- I have postponed starting a new course or qualification or continuing / re-starting with the one I was part way through
  - I have changed the course or qualification(s) I had previously started or planned to start
  - I have left full-time education earlier than I had previously planned
  - I am continuing in full-time education for longer than I had previously planned
  - Prefer not to say
  - None of the above
  - Not applicable
  - Other (please state)
-

27. You can expand on your answer here if you wish:

### **Income and Expenditure**

Most people's spending patterns have been impacted by lockdown and some people's incomes have too. We'd like to try and understand whether there has been a positive or negative impact on your finances overall.

28. How was your household income impacted by lockdown?

- It increased
- It stayed about the same
- It decreased
- Don't know
- Prefer not to say

29. How was your household expenditure impacted by lockdown?

- It increased
- It stayed about the same
- It decreased
- Don't know
- Prefer not to say

30. During lockdown, did you delay any purchases or defer or spread any payments due to a lack of funds (e.g. bills, rent, mortgage or other goods and services)?

- Yes
- No
- Don't know
- Prefer not to say

31. During lockdown, did you or your household fund your personal / household expenditure any differently to normal (including receiving income support from the States, if you did not do so before lockdown)?

- Yes
- No
- Don't know
- Prefer not to say

32. Which of the following did you use? Tick all that apply

- Credit card, overdraft, loan or other form of credit from a bank or lending organisation
  - Loan or gift from a friend or family member
  - Savings
  - Income Support or Hardship funding from the States
  - Don't know
  - Prefer not to say
  - Other (please state)
- 

33. How was the amount of money you personally donated to charities been affected by lockdown?

- It increased
- It stayed about the same
- It decreased
- Don't know
- Prefer not to say

34. Did you switch suppliers for any of your regular purchases?

- I switched to using more suppliers based within the Bailiwick
- I kept using the same suppliers as before
- I switched to using more suppliers based outside the Bailiwick
- Not applicable
- Prefer not to say

35. On reflection, during the later stages of lockdown how were your experiences of the following?

	Strongly negative	Negative	Neutral	Positive	Strongly positive	Did not do	Prefer not to say	N/A
Visiting local shops	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Visiting local takeaway or eat-in food and drink outlets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ordering from local suppliers by phone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ordering from local suppliers by email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ordering from local suppliers via a website	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

36. You can expand on your answers here if you wish:

### Staying at home, staying safe and self-isolating

Throughout lockdown we asked people to stay at home to protect our community. The questions in this section ask how this affected your household.

37. Did you or anyone else do any of the following during or in preparation for lockdown? Tick all that apply

- Temporarily moved out to other accommodation in order to be separate to your household bubble
- Temporarily moved in to join your household bubble
- Permanently moved out of your household bubble
- Permanently moved into your household bubble
- Prefer not to say
- None of the above

- Other change to living arrangements (please specify)
- 

38. Did you or other members of your household bubble need to self-isolate during lockdown? Self-isolating (also called quarantining) means staying away from all other people, including members of the same household. It was needed when someone travelled into the island, was tested for COVID-19, had a confirmed infection, symptoms or was a close contact of someone with a confirmed infection.

- Yes  
 No  
 Don't know  
 Prefer not to say

39. How long did you need to self-isolate for?

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40. You can provide feedback on this experience here if you wish:

### **Bubbling**

We've had mixed reviews about the bubble analogy that was used during the exit from lockdown. It was used to help explain how people could gradually increase the number of people they were in close physical contact with, in a controlled way.

41. How confident were you that you understood what you could and couldn't do within your single household bubble when the idea was first introduced?

- Very confident  
 Fairly confident  
 Not very confident  
 Not at all confident  
 Don't know

Prefer not to say

42. How confident were you that you understood what you could and couldn't do when your single household bubble could join with another single household bubble?

- Very confident
- Fairly confident
- Not very confident
- Not at all confident
- Don't know
- Prefer not to say

43. How confident were you that you understood what you could and couldn't do when up to four single household bubbles could join together?

- Very confident
- Fairly confident
- Not very confident
- Not at all confident
- Don't know
- Prefer not to say

44. How many people did you add to your bubble when we went into Phase two of the exit from lockdown (when two household bubbles could join together)?

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45. How many people did you add to your bubble when we went into Phase three of the exit from lockdown (when up to four household bubbles could join together)?

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46. You can expand on your answers here if you wish:

## Caring/support network

The questions in this section are on topics that are very personal. You only ever need to say as much or as little as you are comfortable with, for any of the questions in this survey and can skip any you do not wish to answer.

47. Do you usually care for a family member, partner or friend, who has special needs or who requires help because of long-term ill health or problems relating to age (other than as part of your job)?

- Yes
- No
- Prefer not to say

48. Was the person you usually care for within your bubble throughout lockdown?

- Yes
  - Not at the start, but they were added when the bubbles could join together
  - No, not at all
  - Prefer not to say
  - Other (please specify)
- 

49. What has been the impact of this on you personally?

50. Do you usually receive care or help at home from a family member, partner, friend or a paid carer?

- Yes
- No
- Prefer not to say

51. Did you continue to receive that care or home help as usual throughout lockdown?

- Yes
- Not at the start, but it has resumed since then



- No and it has not resumed
  - Prefer not to say
  - Other (please specify)
- 

52. What has been the impact of this on you personally?

53. Do any of the below statements apply to you? Tick all that apply, if any.

- Someone I care about lived in a nursing or residential care home when lockdown started
- Someone I care about moved into a nursing or residential care home during lockdown
- Someone I care about was in hospital when lockdown started
- Someone I care about was admitted to hospital during lockdown
- Someone I care about attended the Emergency Department during lockdown
- Someone I care about was given a terminal diagnosis or was in end of life care before lockdown started
- Someone I care about was given a terminal diagnosis or moved into end of life care during lockdown

54. What has been the impact of this on you personally?



59. How did lockdown impact you in terms of the following?

	Increased a lot	Increased a little	Stayed about the same	Decreased a little	Decreased a lot	Prefer not to say	N/A
Healthy eating and drinking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Smoking or vaping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consuming alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Using drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

60. Did you discover any new activities, sports or form any healthier habits during lockdown which you would like to continue in the long term?

61. You can expand on your answers here if you wish:

### Health services

This section asks some questions about your experience of accessing physical and mental health services during lockdown.

62. Do any of the below statements apply to you? Tick all that apply

- I was in hospital when lockdown started and/or admitted to hospital during lockdown

- I attended the Emergency Department of the hospital during lockdown
- I attended the Outpatient Department of the hospital during lockdown
- I was given a terminal diagnosis before lockdown started or during lockdown
- I had a phone call or a face to face consultation with a GP, or a GP visit during lockdown
- I had a phone call or a face to face consultation with the Medical Specialist Group during lockdown
- I had a visit from a community nurse during lockdown
- I sought advice from a pharmacist during lockdown
- I went to the dentist during lockdown
- I had a coronavirus test during lockdown
- I contacted the clinical helpline (by phone or email) during lockdown

63. You can provide feedback on this experience here if you wish:

64. Do any of the below statements apply to you? Tick all that apply

- I had a phone or face to face consultation with the Mental Health Service (Healthy Minds) during lockdown
- I accessed online self-help for emotional or mental health support during lockdown
- I contacted Guernsey Mind, the Samaritans or another local charity for emotional or mental health support during lockdown
- I contacted the non-clinical helpline (by phone or email) for emotional or mental health support during lockdown
- I sought mental health support from another source

65. You can provide feedback on this experience here if you wish:

66. During lockdown, did any of the below statements apply to you? Tick all that apply.

- A medical appointment or procedure that I was due to have was postponed
- A dental appointment or procedure that I was due to have was postponed
- I put off seeing the doctor / GP
- I put off seeing the nurse
- I put off seeing the dentist
- I put off going to the Emergency Department of the Hospital
- I put off calling an ambulance
- I put off booking another kind of medical appointment or procedure

67. You can expand on your answers to this section here if you wish:

### **Community Initiatives and Volunteering**

68. Before lockdown, did you regularly volunteer your time, either for a registered charity or another organisation like a youth or community group?

- Yes
- No
- Prefer not to say

69. Was there any change to that during lockdown?

- Yes, I spent more time volunteering than before
  - Yes, I spent less time volunteering than before
  - No, the amount of time I volunteered stayed about the same
  - Prefer not to say
  - Other (please specify)
- 

70. Did you discover any new charitable or community initiatives during lockdown which you would like to continue supporting in the long term? If yes, which initiatives do you plan on supporting?

## Travel

Non-essential off-island travel is now permitted providing travellers self-isolate for 14 days on return. The current 14-day isolation period for travellers entering the Bailiwick seeks to prevent the situation where infections are brought in from outside the islands and then spread to the general population. This section asks about your thoughts on travelling in the coming months.

71. Which of the following best describes your thoughts on travelling outside the Bailiwick in the next three months?

- I would like to travel by plane
  - I would like to travel by boat
  - I would like to travel by plane and boat
  - I would not like to travel
  - Prefer not to say
  - Other (please state if you wish)
-

72. Why would you like to travel outside the Bailiwick in the next three months? Tick all that apply

- Visit friends / relatives
  - Business
  - Leisure (holidays, cruises, sport trips etc)
  - Prefer not to say
  - Other (please state if you wish)
- 

73. Where would you like to go? Tick all that apply

- Jersey
  - UK and Northern Ireland
  - Republic of Ireland
  - Isle of Man
  - France
  - Latvia
  - Poland
  - Portugal
  - Spain
  - Iceland
  - Prefer not to say
  - Other (please state)
- 

74. Which of the following puts you off most from travelling outside the Bailiwick during the next three months? Rank the biggest issue as 1. You do not have to use all the options available.

- \_\_\_\_\_ Requirement to self-isolate in destination country
- \_\_\_\_\_ Requirement to self-isolate for 14 days on return
- \_\_\_\_\_ Risk of contracting the coronavirus on the plane or boat
- \_\_\_\_\_ Risk of contracting the coronavirus at Guernsey airport or harbour
- \_\_\_\_\_ Risk of contracting the coronavirus at the destination airport or harbour
- \_\_\_\_\_ Risk of contracting the coronavirus in the destination country
- \_\_\_\_\_ Range of destinations offered
- \_\_\_\_\_ Cost of plane or boat fares

\_\_\_\_\_ Travel insurance

\_\_\_\_\_ Not applicable - I don't usually travel outside the Bailiwick

\_\_\_\_\_ Other (please specify if you wish):

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76. If the required self-isolation period on return was reduced from fourteen days down to seven days, would you be more likely to travel in the next 3 months?

- Yes
- No
- Don't know
- Prefer not to say

77. Thinking further into the future, how much do you anticipate travelling outside the Bailiwick compared with before lockdown begun?

	A lot more	More	The same amount	Less	A lot less	Prefer not to say
Visit friends/relatives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Business	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Leisure (holidays, cruises, sport trips etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Looking forward to the “new normal”

The recovery strategy for the Bailiwick of Guernsey which was published on the 10th June 2020 sets out the high-level framework to “Revive and Thrive”. You can access the report by visiting: <https://gov.gg/recoverystrategy>

It also sets out the intention to work with the community, business and third sector groups, to develop three action plans for: Sustainable Economy, Health and Care and Community.

This section asks some questions to help us better understand the starting position and how you would like to contribute to the Bailiwick’s recovery.



78. Below are some statements. For each statement, please select the option that best describes your experience over the last 2 weeks:

	None of the time	Rarely	Some of the time	Often	All of the time	Prefer not to say
I've been feeling optimistic about the future	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I've been feeling useful	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I've been feeling relaxed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I've been dealing with problems well	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I've been thinking clearly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I've been feeling close to other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I've been able to make up my own mind about things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Short Warwick-Edinburgh Mental Well-being Scale (SWEMWBS). © NHS Scotland, University of Warwick and University of Edinburgh, 2007, all rights reserved.*

Assume that this ladder is a way of picturing your life. The top of the ladder represents the best possible life for you. The bottom rung of the ladder represents the worst possible life for you.

79. Please indicate where you feel you stand on the ladder today by putting a tick in one of the circles below:



80. Please indicate where you feel you will stand on the ladder five years from now by putting a tick in one of the below circles:



81. You can expand on your answers here if you wish:

The Recovery Strategy seeks to build a more sustainable economy, growing new sectors whilst also addressing pressing social and environmental issues. It will deliver improved infrastructure through major investment, in turn supporting local industry. It will also look to improve our health, wellbeing and build on the strong sense of community already present and shown over the last few months.

82. What do you personally think are the biggest threats to the Bailiwick's recovery?

83. What do you personally think are the biggest opportunities during the Bailiwick's recovery?

84. Are there any ways in which you would like to contribute, that you cannot do at present? For example, financially, volunteering, through work etc.

85. You can provide any further feedback here if you wish:

Thank you for taking the time to fill in this survey. If you have any questions, please contact 07839 121515 or [comms@gov.gg](mailto:comms@gov.gg).

If you would like to receive an email and/or text notification each time the States of Guernsey issues any future community surveys or consultations, please log in or register at: <https://gov.gg/mygov>.

After filling this in, if you feel you need to contact someone for support or assistance, please visit: <https://covid19.gov.gg/support>