

Guernsey invitation seminar 2009

The Changing Profile of Young People:

Results from a 20-year enquiry into young people's health and social well-being

A summary of some findings drawn from SHEU's work in Guernsey and elsewhere, giving some headlines showing how young people's behaviour has changed for the better or worse over the last decade and more

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Dr David Regis, Research Manager

SHEU

Introduction

SHEU work in Guernsey

	Primary	Secondary	Post-16
1992		✓	
1993	✓		
1994			
1995			
1996			
1997		✓	
1998		✓	smoking survey
1999		✓	
2000		✓	
2001		✓	
2002	✓	✓	
2003			
2004	✓	Activity	
2005			
2006			
2007	✓	✓	
2008			
2009	✓	✓	

Over 10,000 surveyed
across nearly 20 years

- ✓ youth survey
- ✓ apprentices & employers
- ✓ undergraduate survey
- ✓ NEET

Samples

Guernsey

Year 6		Year 8		Year 10		
M	F	M	F	M	F	
1992	330*	300*		238	291	186 264
1997			257 293	219	311	
2002	367 319	312	320	276	267	
2007	300 275	313	289	249	233	=
6200+						

* Primary survey 1992 Y5

Samples

SHEU

Year 6

Year 8

Year

10

M

F

M

F

M

F

1993 6058 5963 4222 3947 4328 4274

1997 3175 3160 5203 4708 4933 4394

2002 4067 3938 7075 7057 7533 7480

2007 4549 4348 4464 4646 6762 7393

Trends in Guernsey and elsewhere

Young People in...



Young People in 2004

Young People in 2002

3 HEALTH AND SAFETY

SH EU

Fear of being bullied

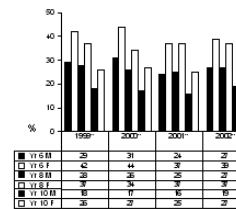
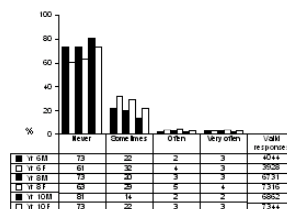
Around 38% of the 10-13 year old females have a fear of bullying

Do you ever feel afraid of going to school because of bullying? (57) (Pri.11)

Comments

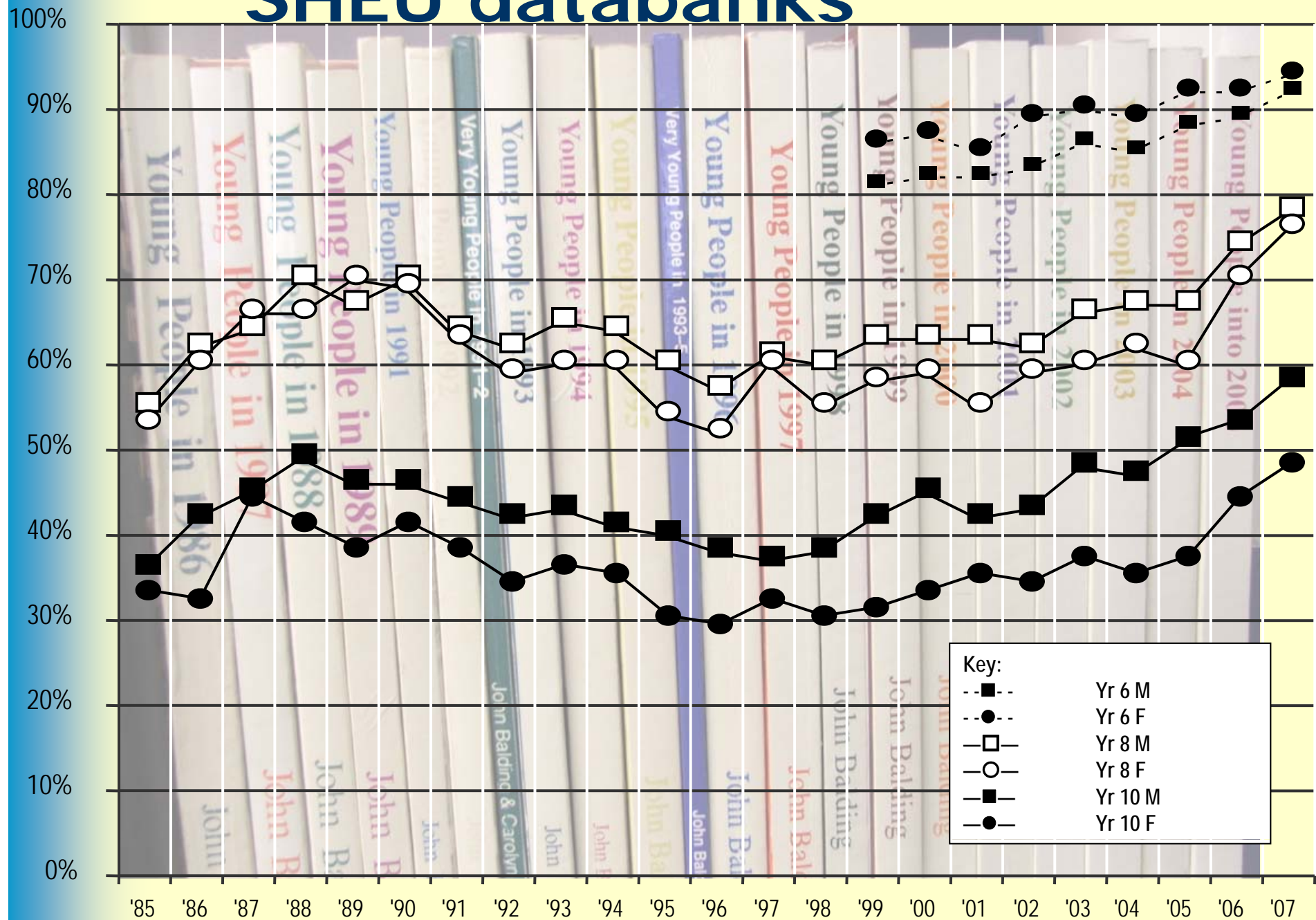
- 39% of the Year 6 females fear bullying at least sometimes.
- The females are more fearful than the males, and Year 6 and Year 8 pupils are more concerned than Year 10 pupils.

- We have shown elsewhere, (*Young People's 1998, Baking, 1999*), that the proportion fearing bullying in different schools varies widely. Many items in the survey have been linked with fear of bullying, most notably low self-esteem and poor perceived control but also asthma, eczema and birth order (*Swily Off Baking 1996*).
- Since 1999, the figures for fear of being bullied, at least sometimes, are:



Percentages from the females remain higher than males. This is particularly noticeable for the Year 6 females (10-11 year olds) - in this group, up to 13% more females than males report feeling afraid of going to school because of bullying. (see also pages 29, 134-136.)

SHEU databanks



Trends

Trends
Young People
&
Leisure

Trends
Young People
&
Money

Trends
Young People
&
Illegal Drugs

Trends
Young People's
Food Choices

Trends
Young People
&
Smoking

Trends
Young People
&
Alcohol

Trends
Young People
&
Physical Activity

Trends

Young People & Emotional Health and Well-Being

(Incorporating Bullying)

1983-2003

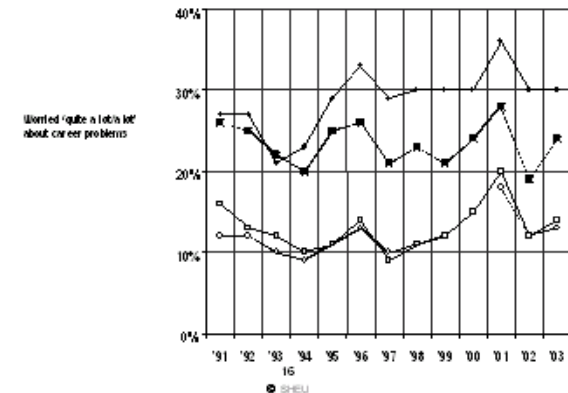
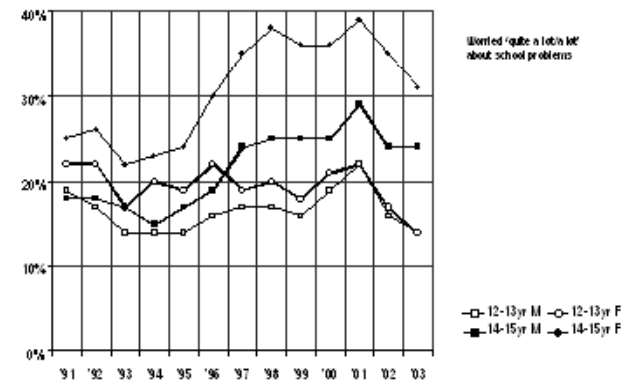
Data from the
Health Related Behaviour Questionnaire
from a sample of 373,355 young people
between the ages of 12-13, 14-15 and 10-11 (Bullying only)

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2004

Worried 'quite a lot/a lot' about school and career problems 1991-2003

69 How much do you worry about the se problems? (see page 13 for list of problems)

0 = Never 1 = Hardly ever 2 = All the time 3 = Quite a lot 4 = A lot



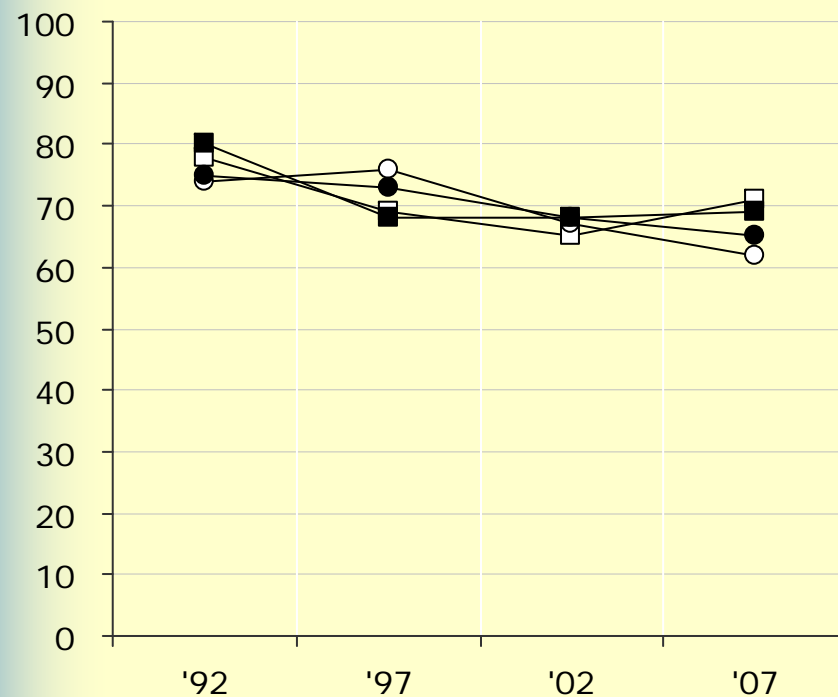
Trends 1992-2007

Adults at home?

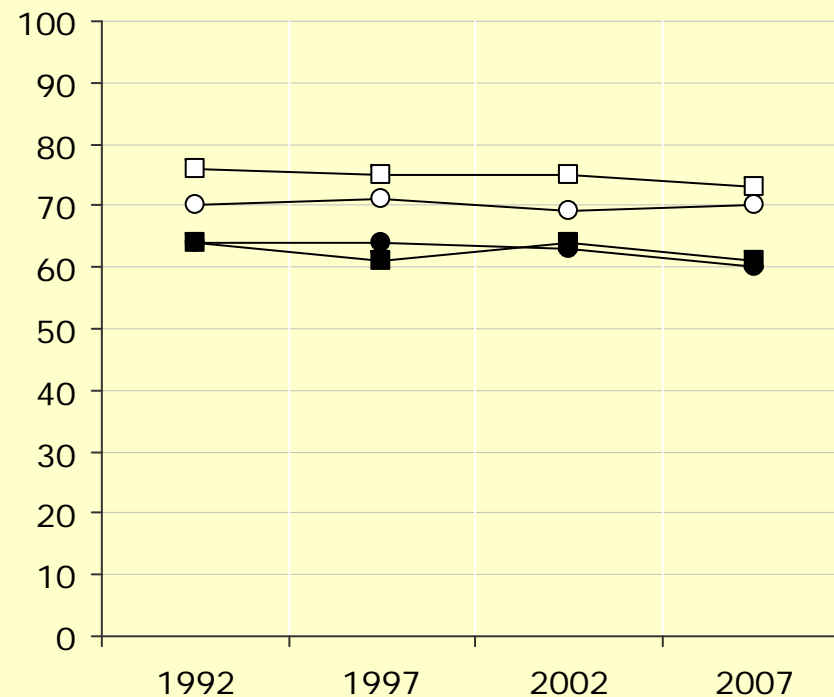
Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % both
 parents

Guernsey



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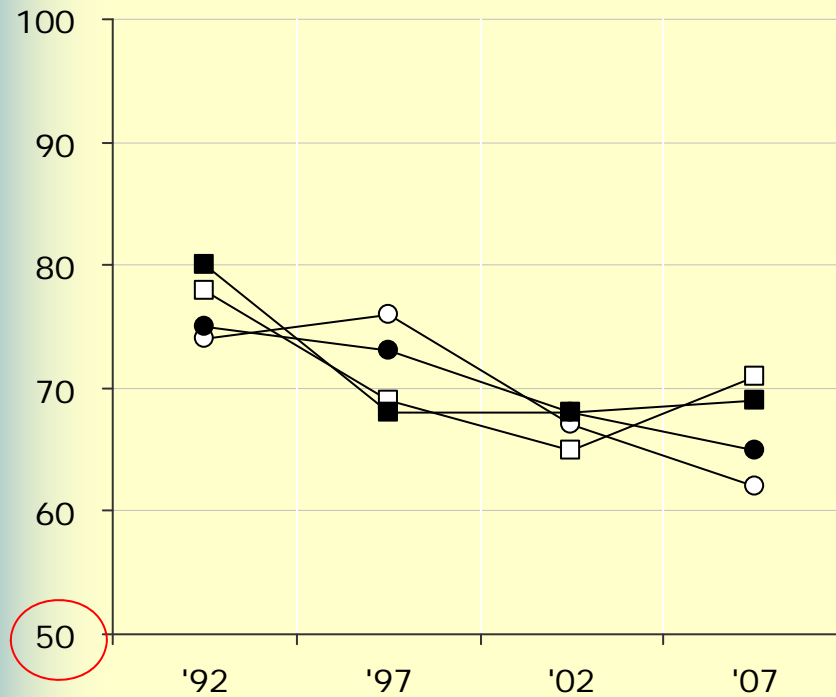
Trends 1992-2007

Adults at home?

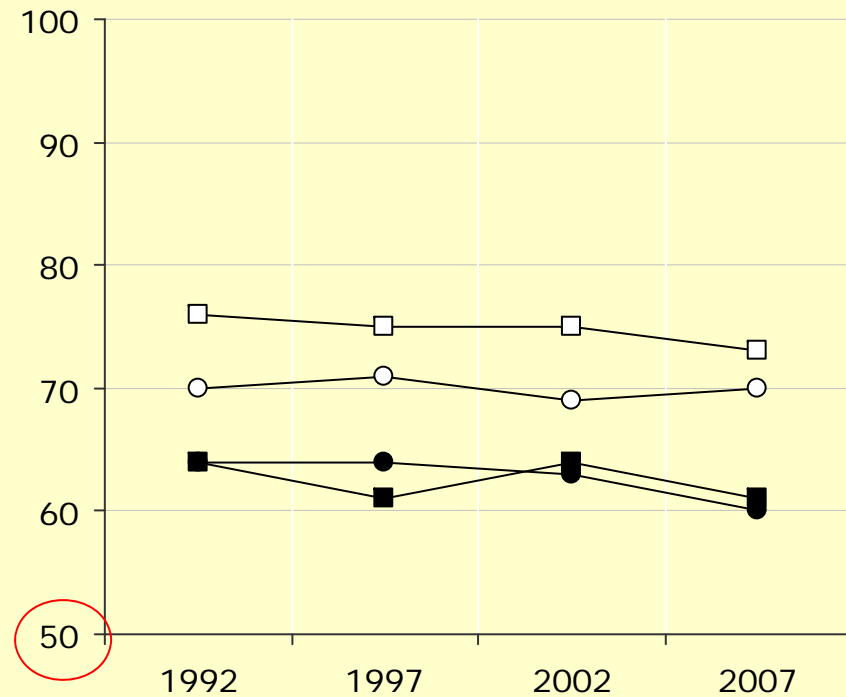
■ % both
parents

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

Guernsey



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TRENDS

- Leisure & money
- Healthy eating
- Emotional health & wellbeing
- Smoking and alcohol
- Illegal drugs
- Physical activity

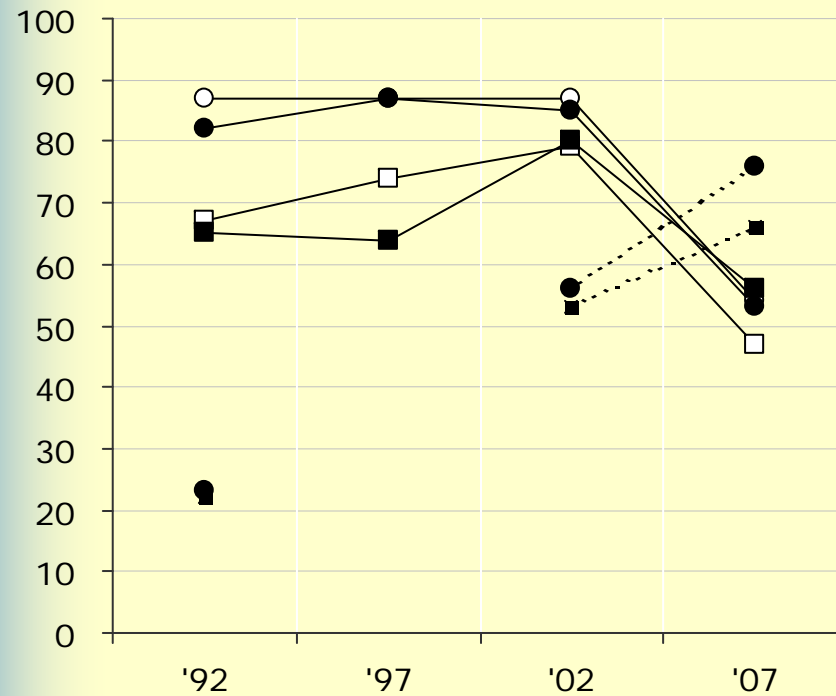
Trends 1992-2007

Homework last night?

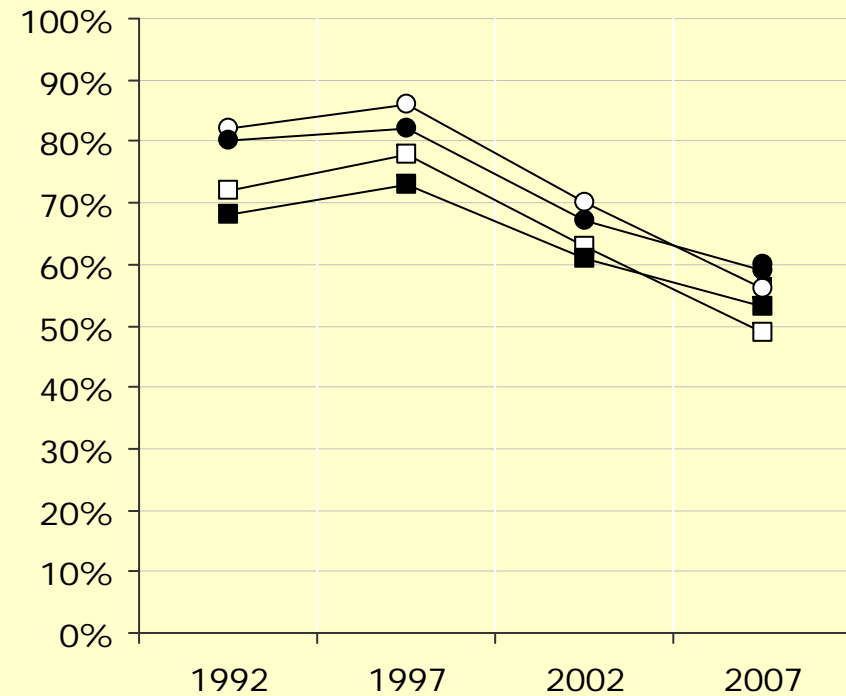
■ % any

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

Guernsey



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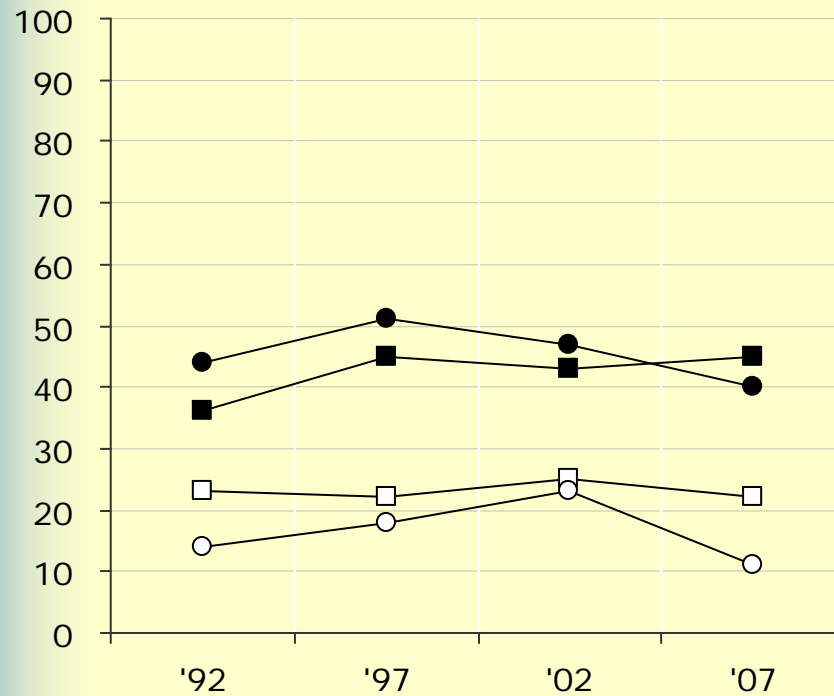
Trends 1992-2007

Paid term-time job?

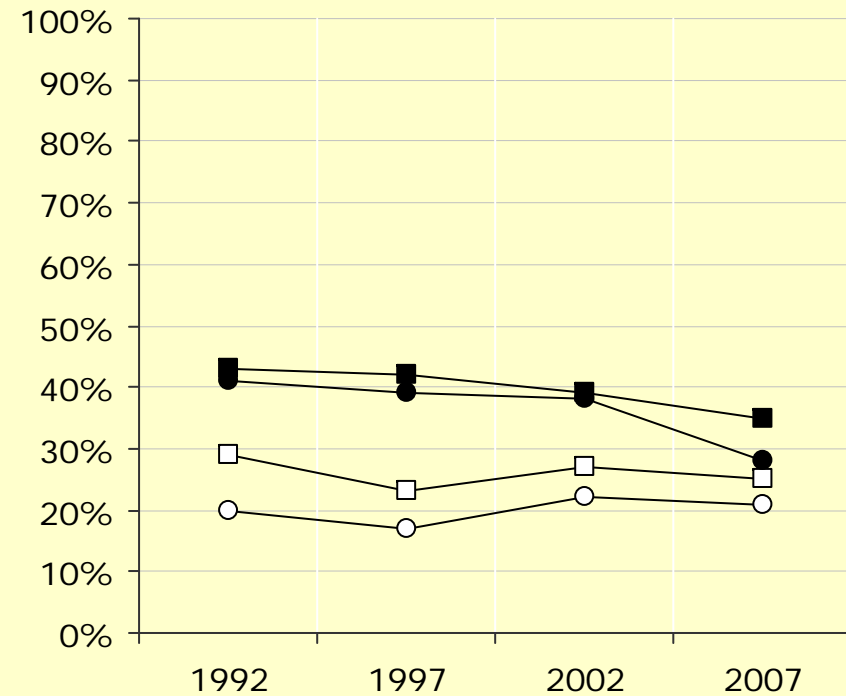
■ % yes

Key:
--■-- Yr 6 M
--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

Guernsey



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SUMMARY:

Leisure and money

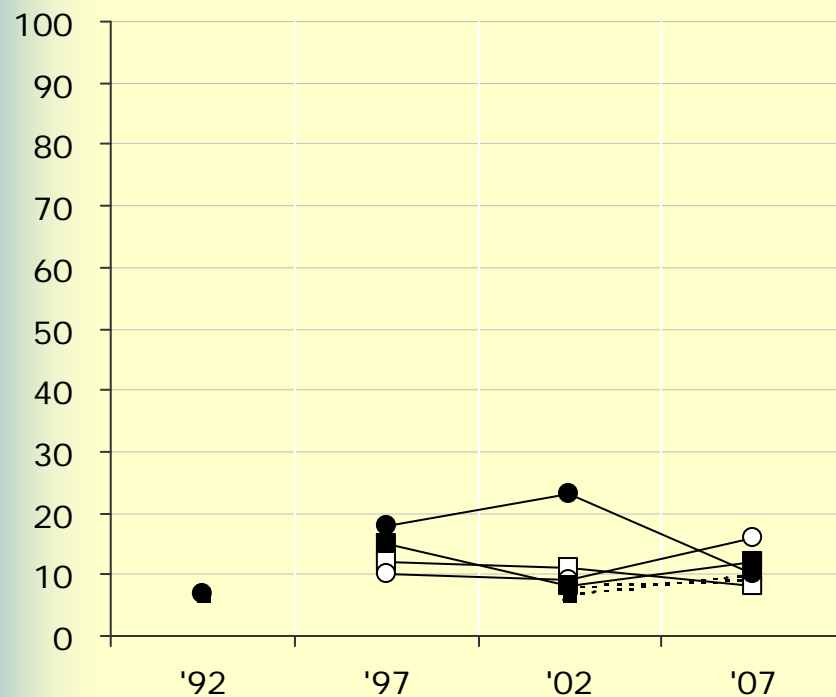
- Homework up in primary schools, down in secondary? (matches SHEU databanks)
- Older pupils more likely to work than those in SHEU samples

Trends 1992-2007

No breakfast this morning?

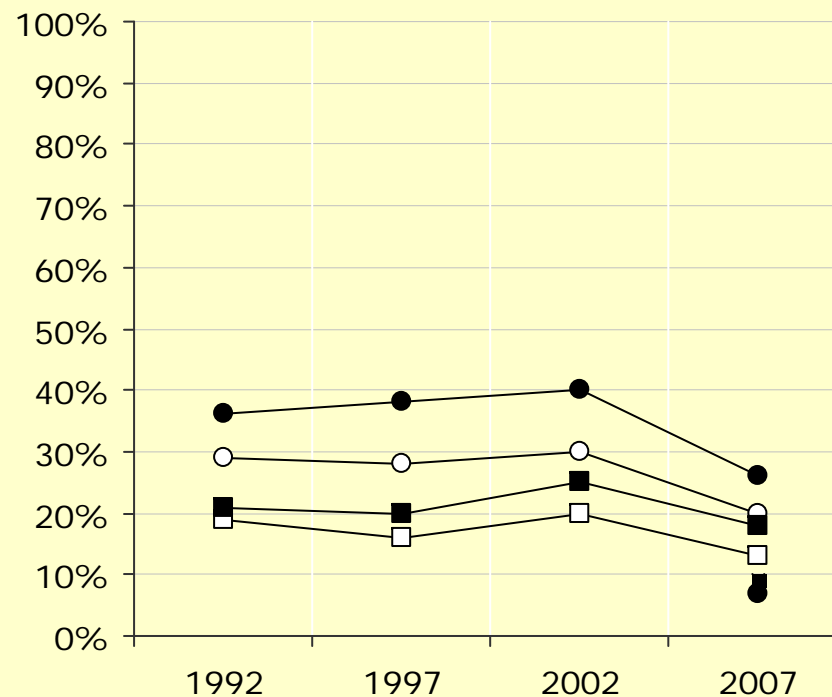


Guernsey



■ %

SHEU



Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

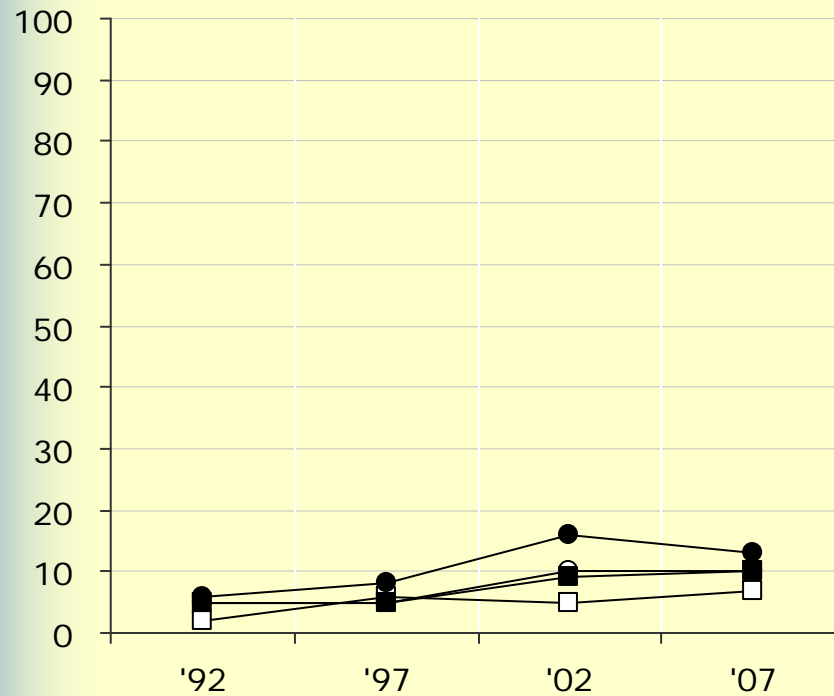
Trends 1992-2007

No lunch yesterday?

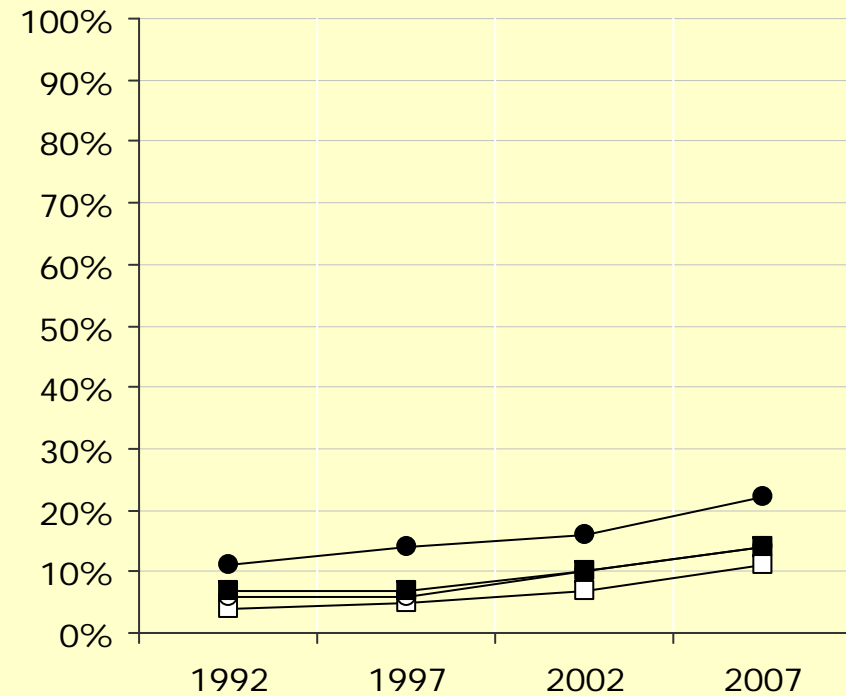
Key:
--■-- Yr 6 M
--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ %

Guernsey



SHEU



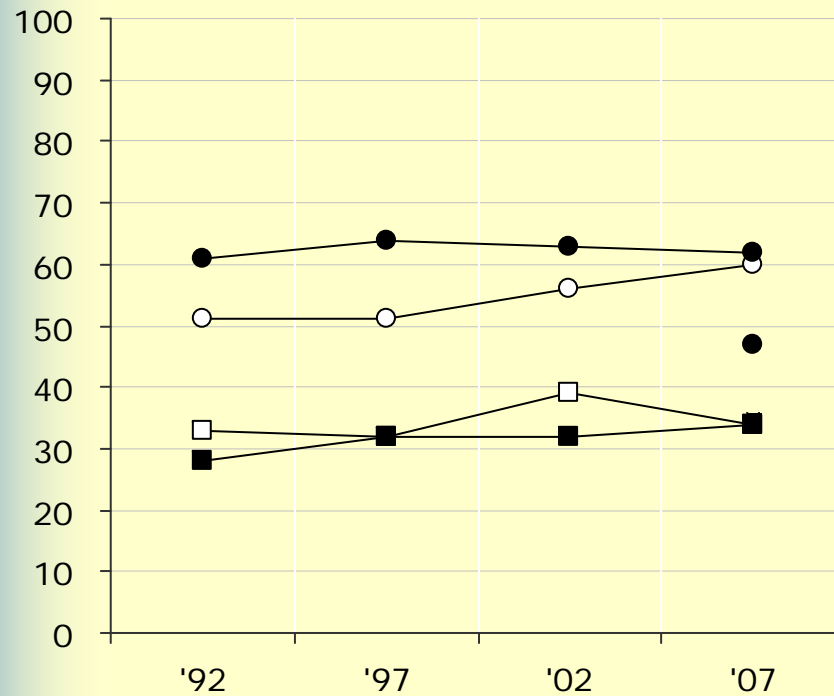
Trends 1992-2007

Want to lose weight?

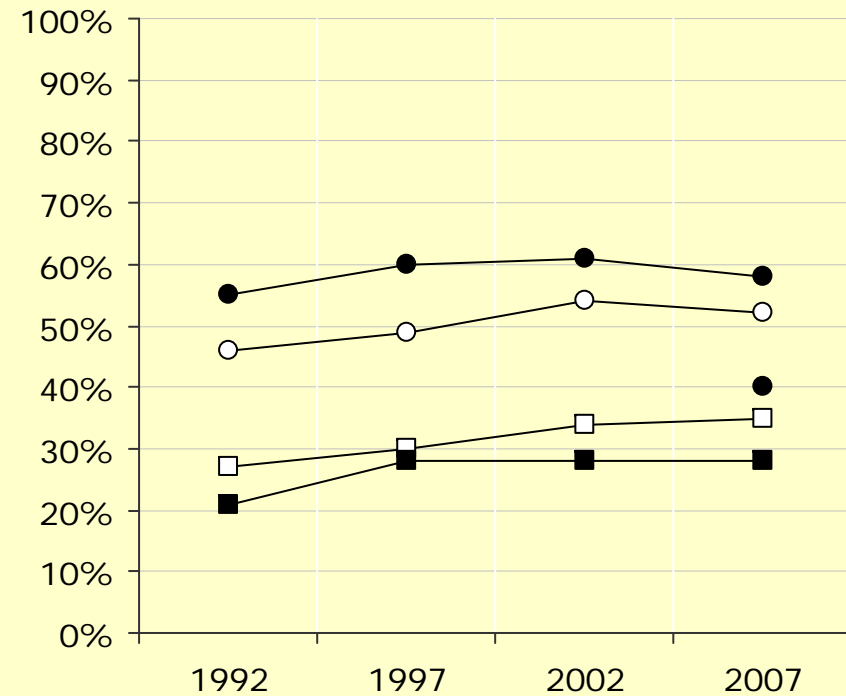
Key:
--■-- Yr 6 M
--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ %

Guernsey



SHEU



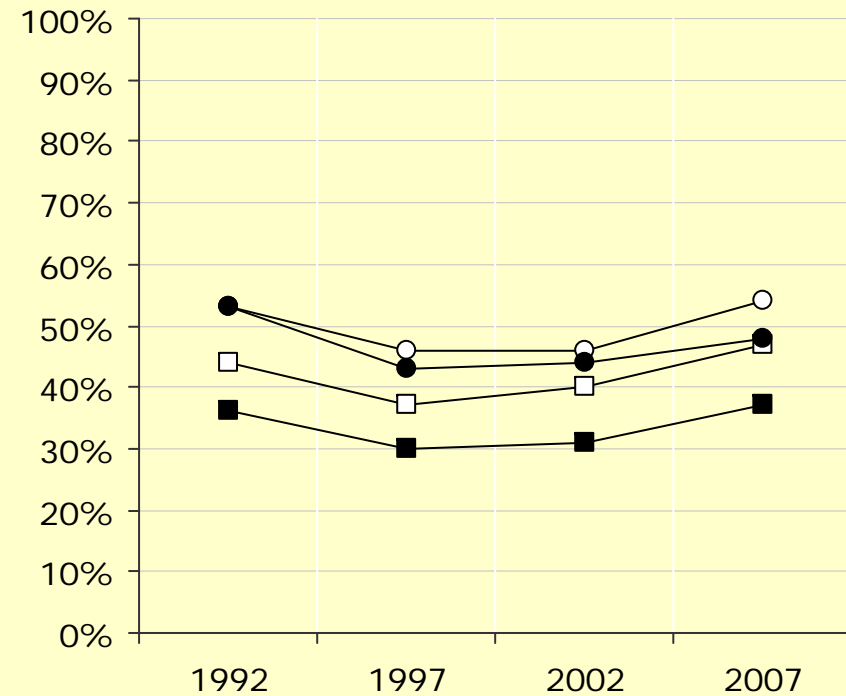
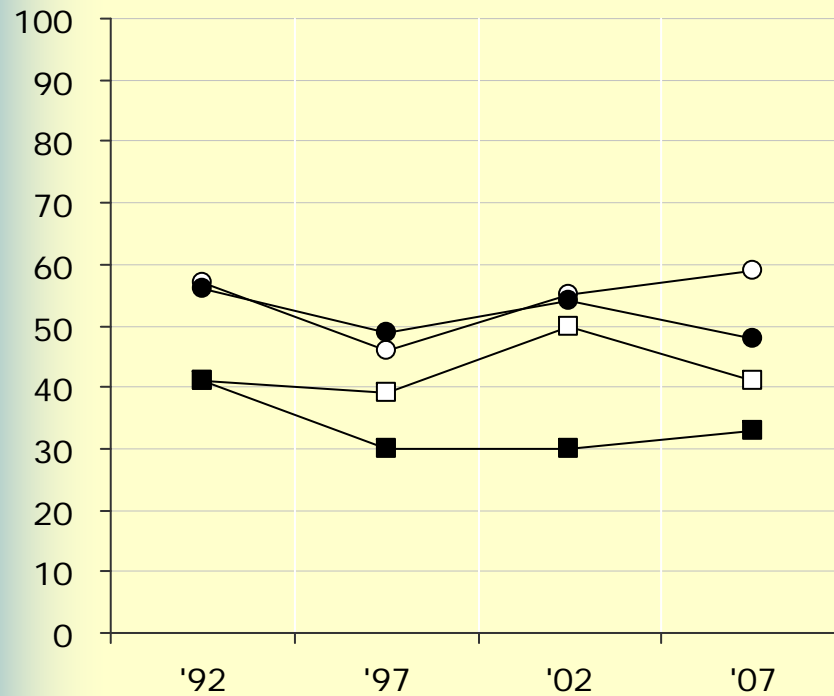
Trends 1992-2007

Think about health when
choosing food?

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ %
 always/very often

Guernsey



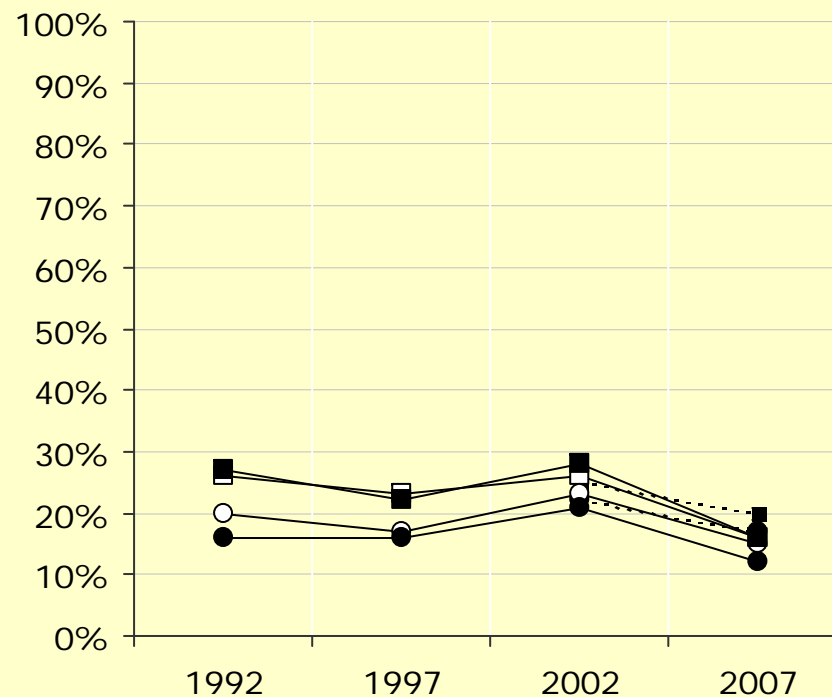
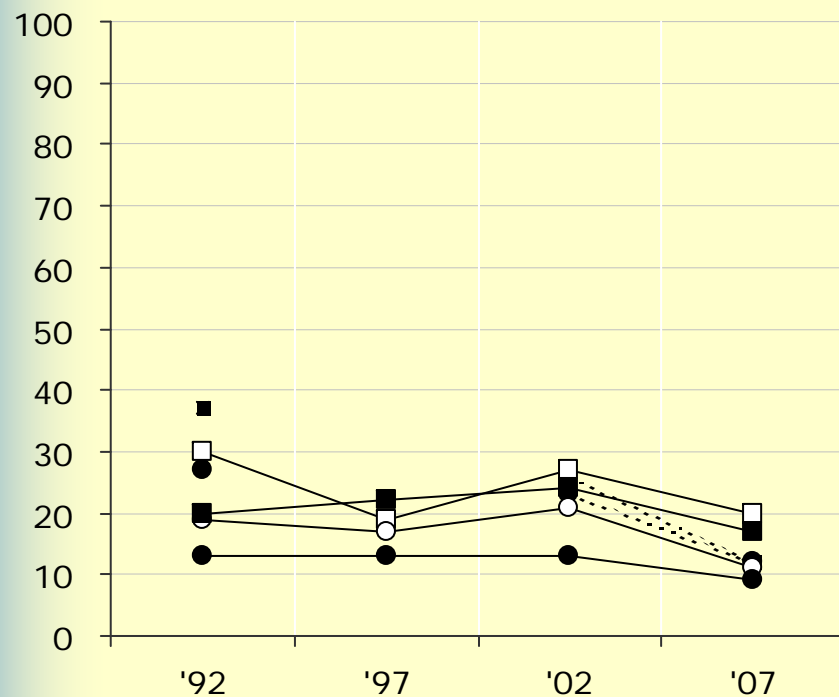
Trends 1992-2007

Eat chips/roast potatoes?

■ % on
most
days

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

Guernsey



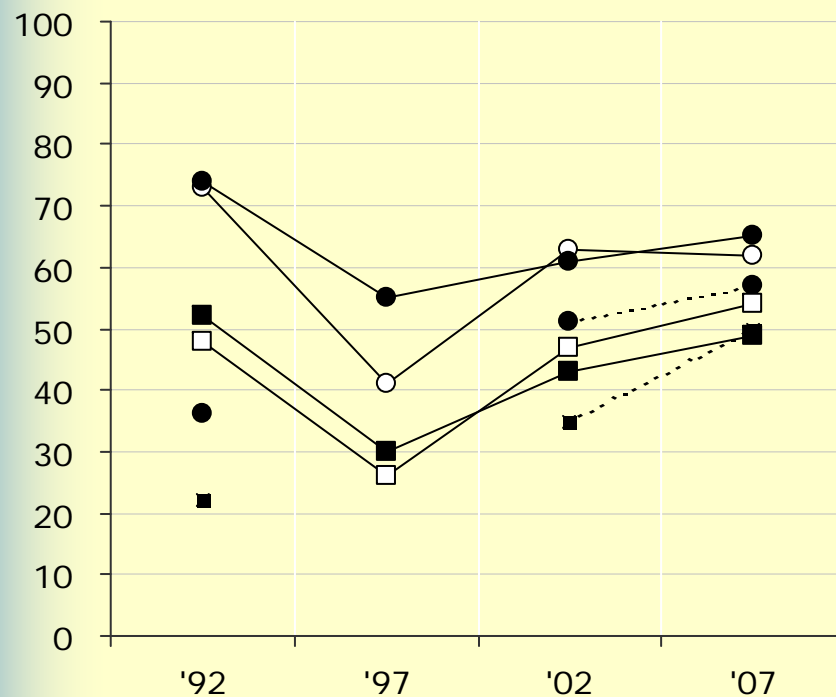
Trends 1992-2007

Eat vegetables?

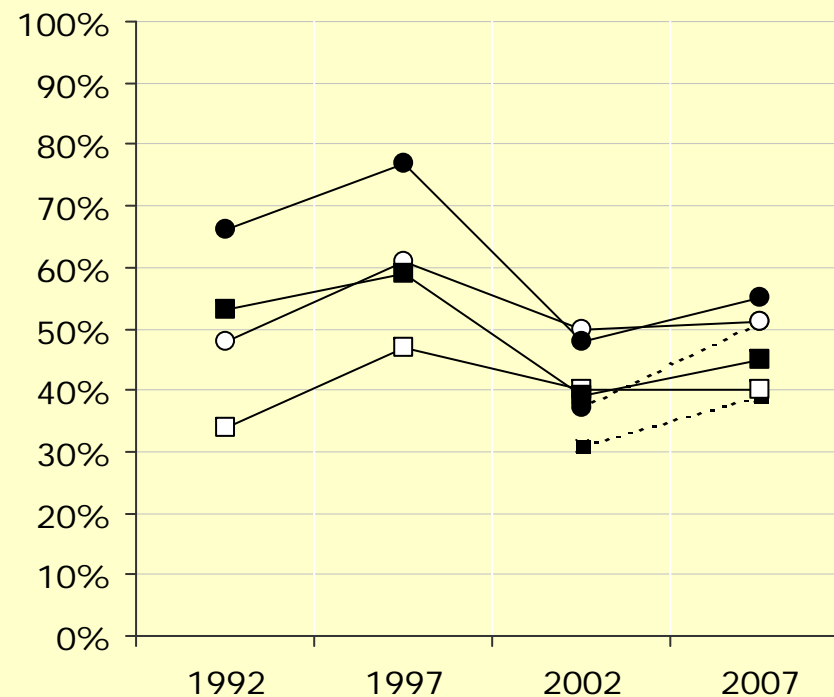
■ % on
most
days

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

Guernsey



SHEU



SUMMARY:

Healthy eating

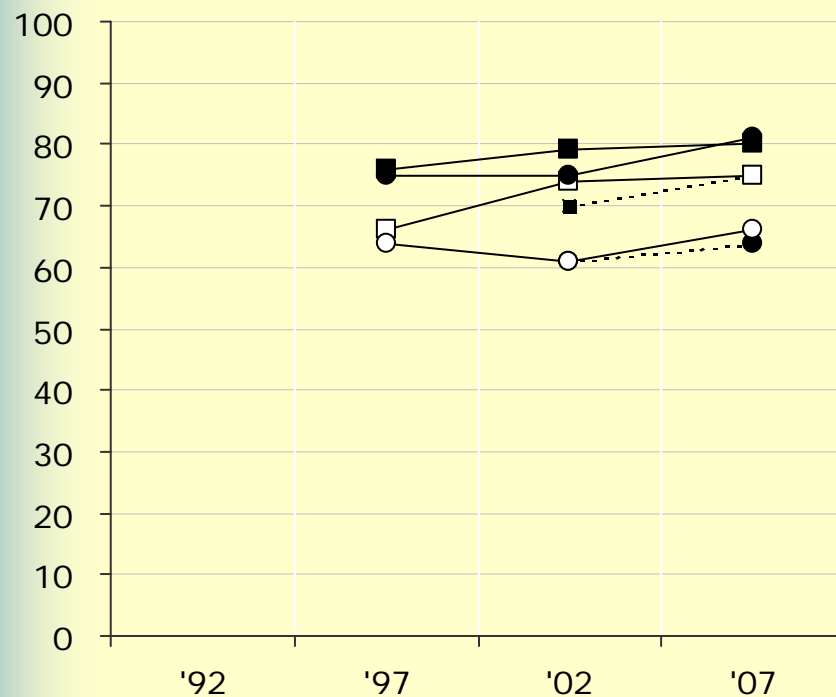
- Less likely to skip lunch (but rising)
- Health considerations up in SHEU samples not Guernsey
- Vegetables eaten more often in Guernsey

Trends 1992-2007

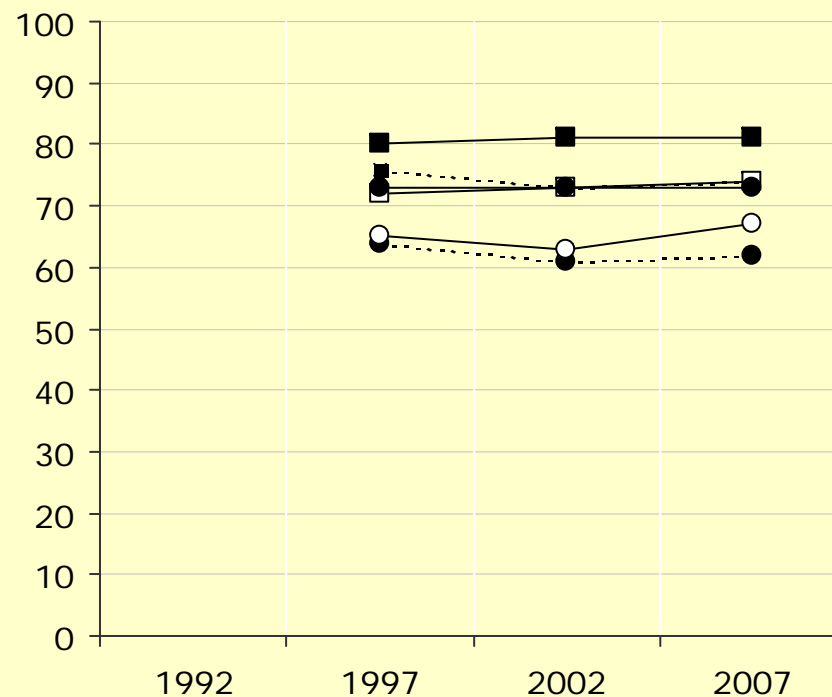
Afraid to go to school
because of bullying?

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

Guernsey



SHEU



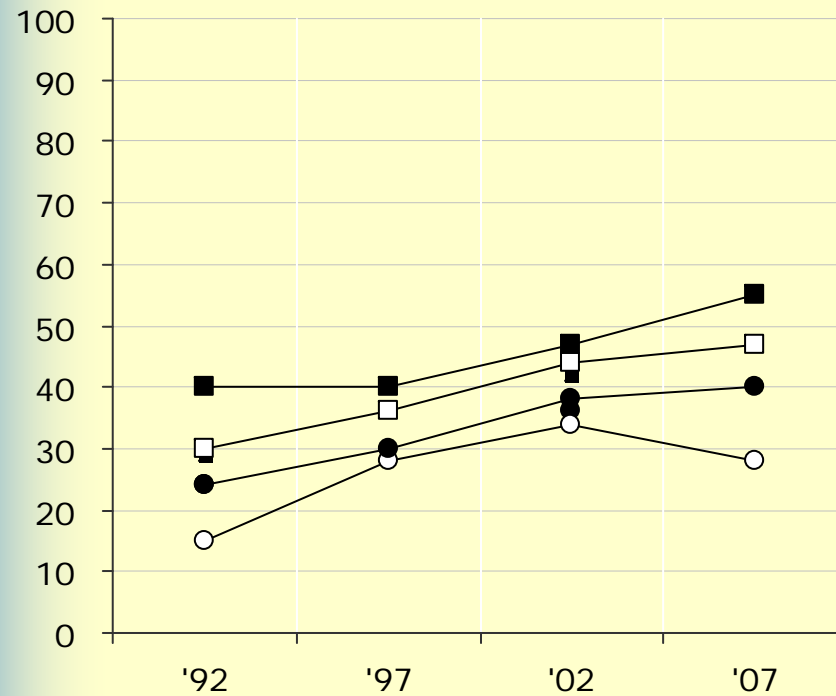
Trends 1992-2007

Self-esteem score?

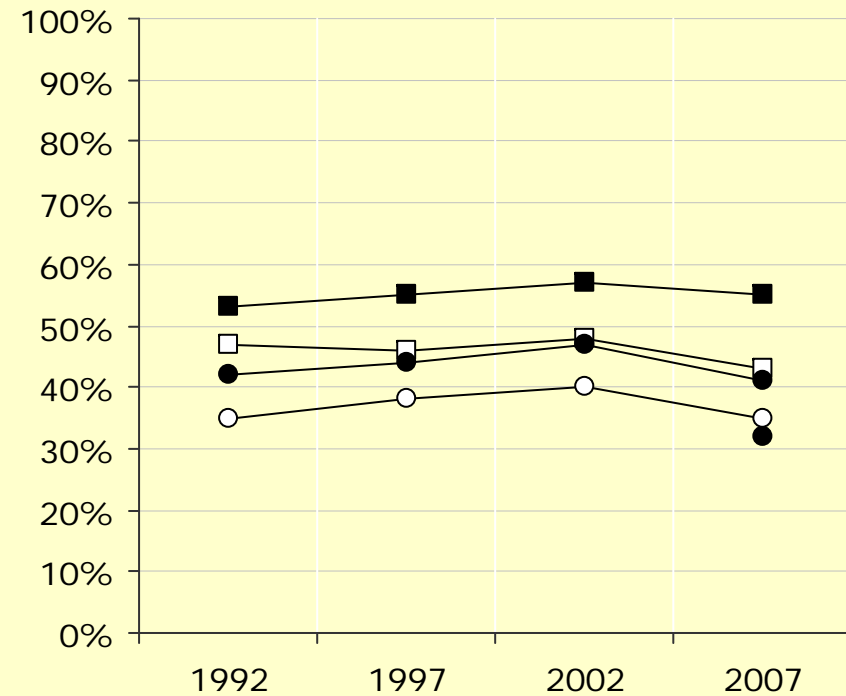
Key:
--■-- Yr 6 M
--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ % high

Guernsey



SHEU



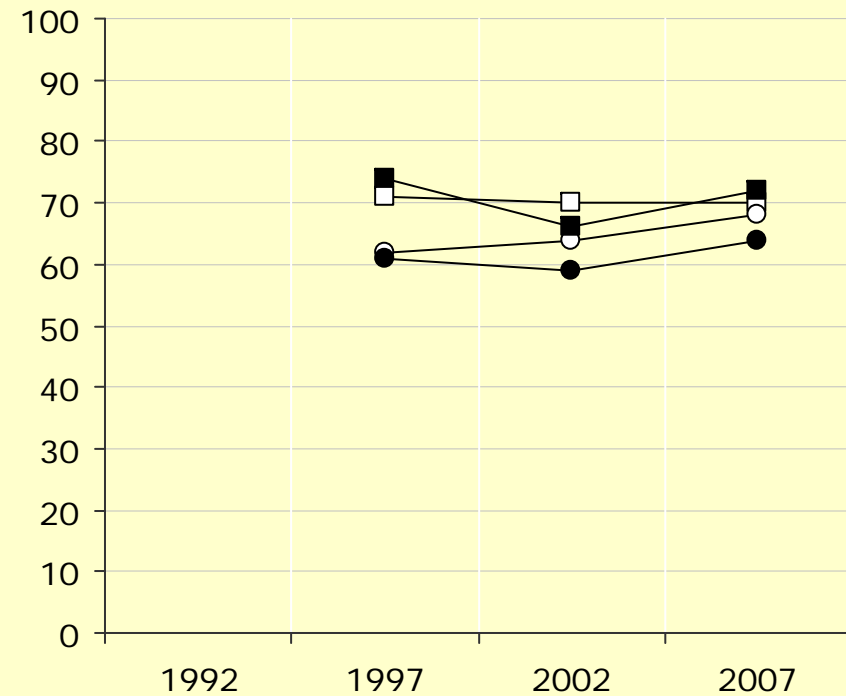
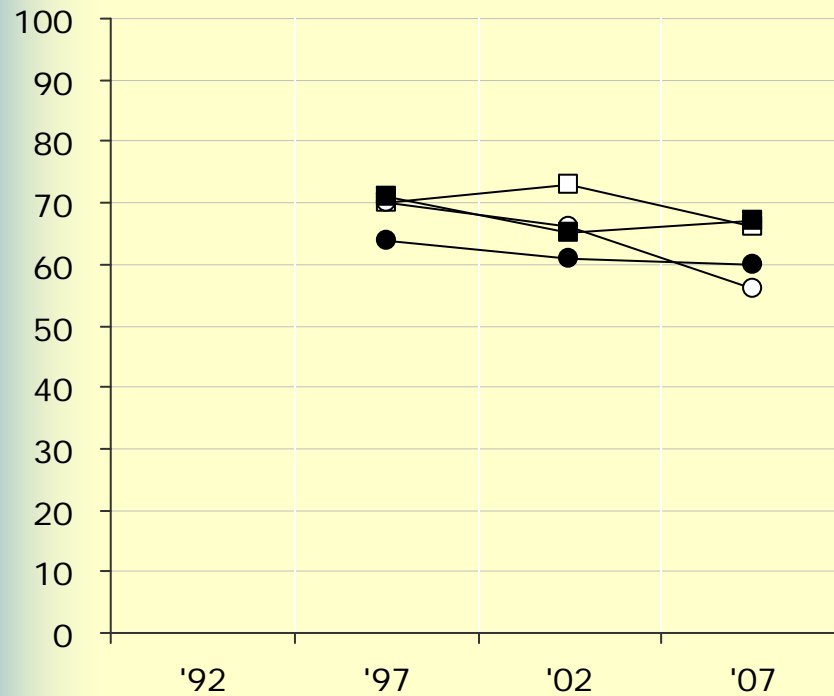
Trends 1992-2007

Happy with your life?

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % quite a lot/very much

Guernsey



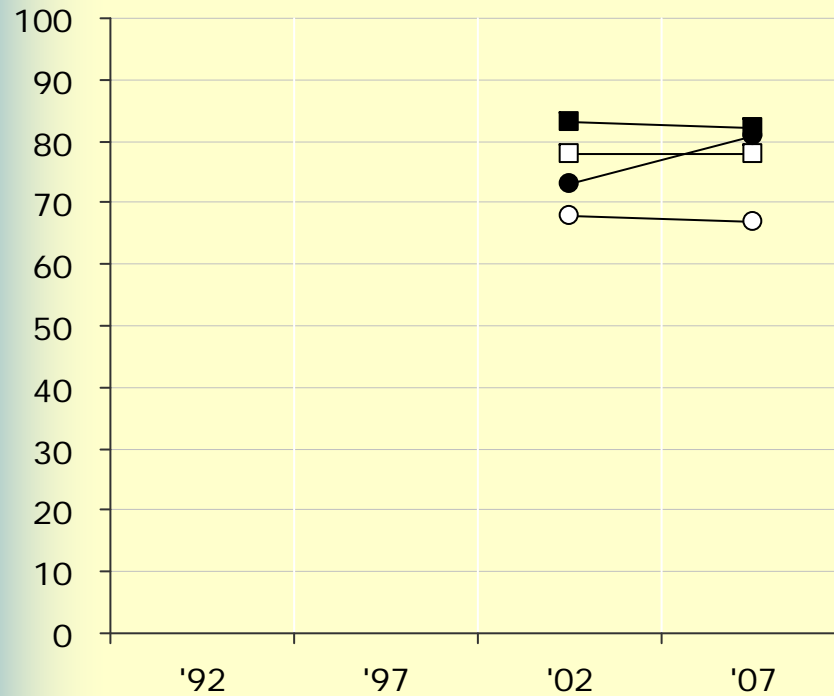
Trends 1992-2007

Condoms are reliable to stop pregnancy?

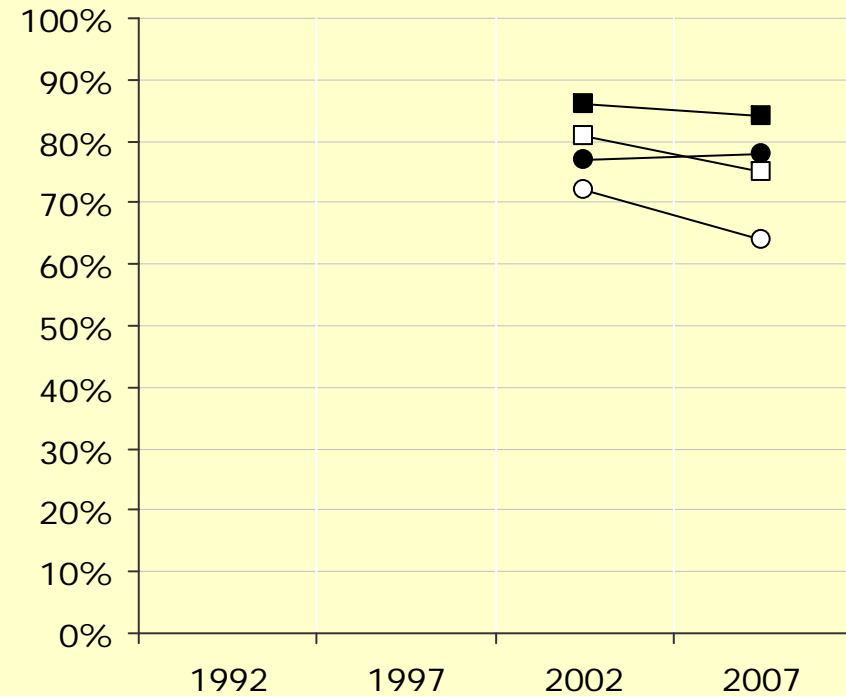
Key:
--■-- Yr 6 M
--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ % agree

Guernsey



SHEU



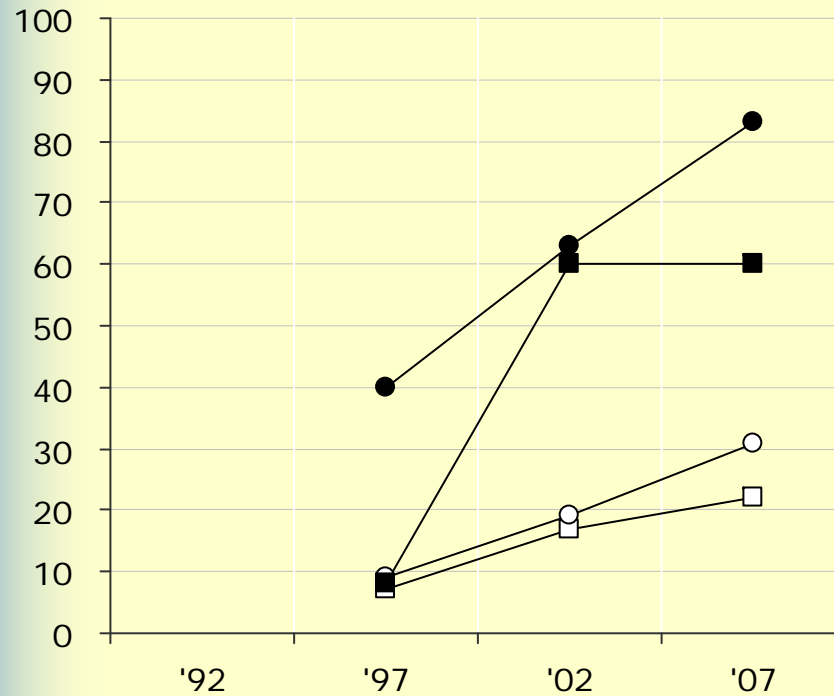
Trends 1992-2007

Local sexual health service for young people?

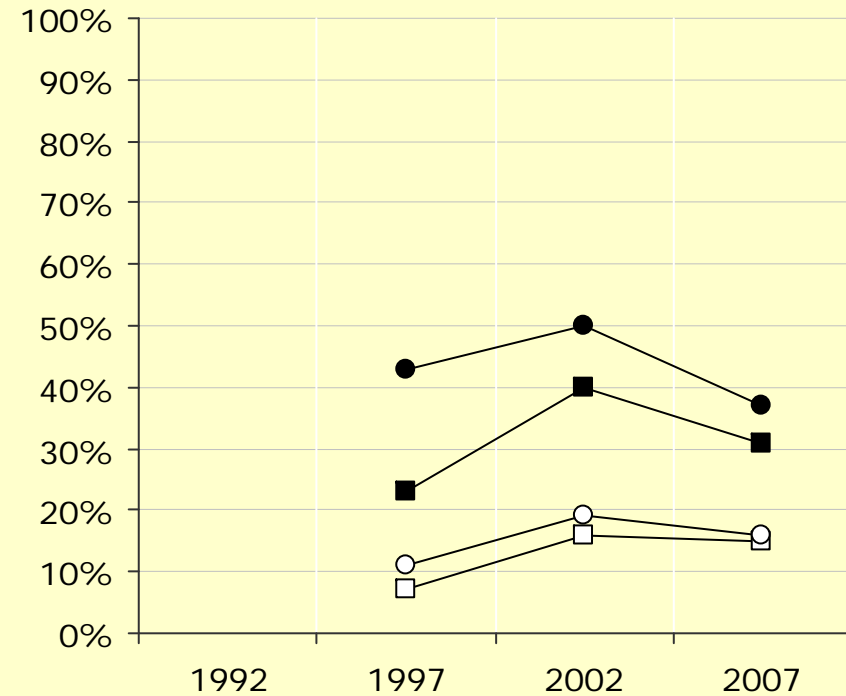
Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % yes

Guernsey



SHEU



SUMMARY:

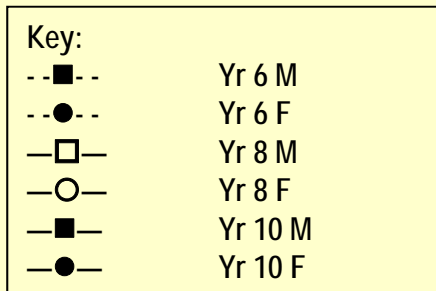
Emotional health and well-being

- Self-esteem in Guernsey pupils has caught up and overtaken SHEU samples
- No more satisfied with life
- No less fear of bullying
- Much better awareness of sexual health services

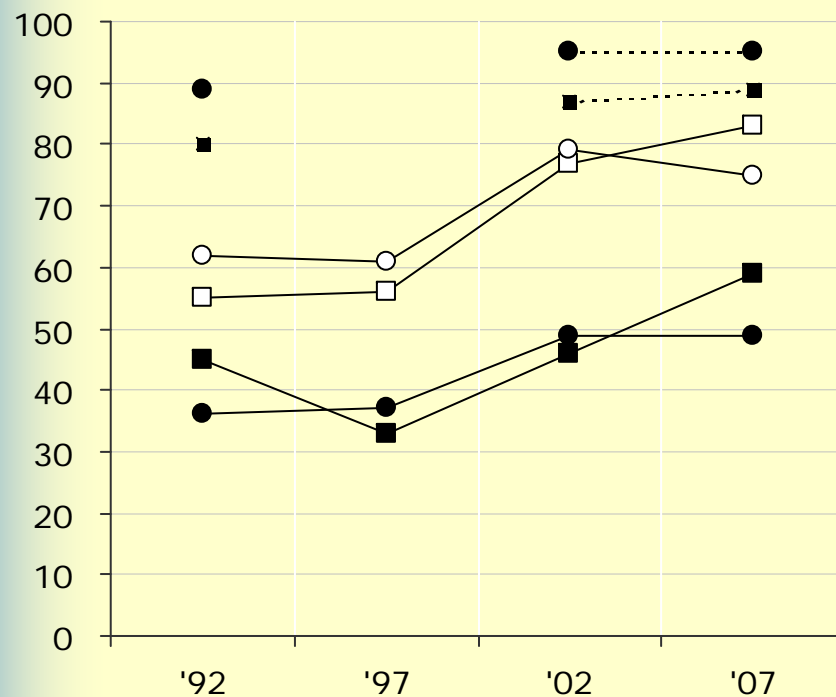
Trends 1992-2007

Never tried a cigarette?

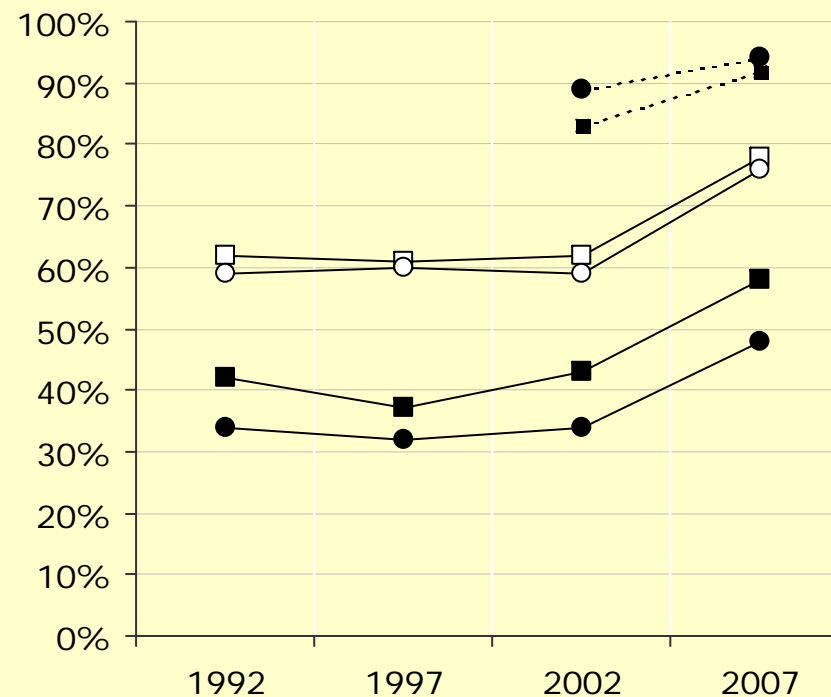
■ %



Guernsey



SHEU



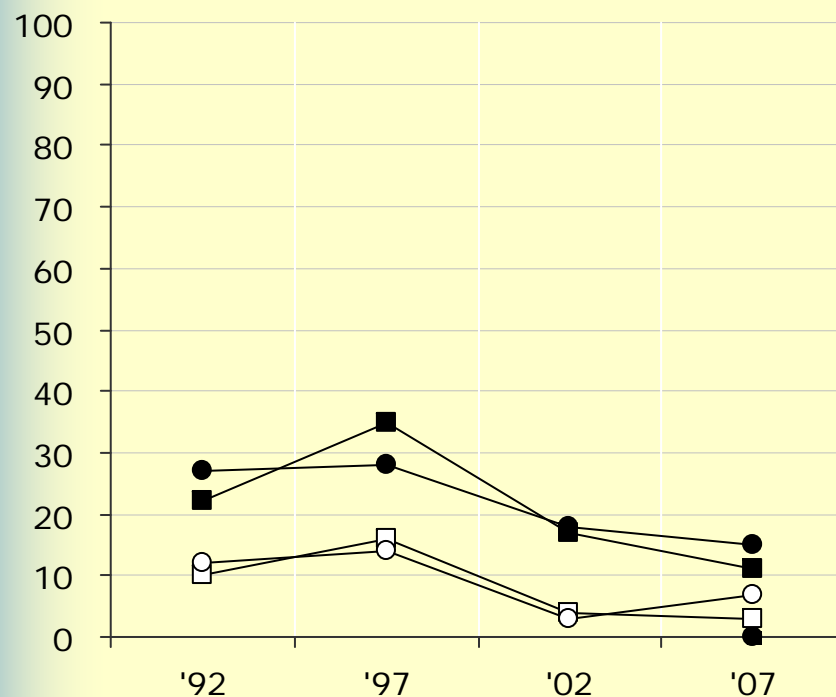
Smoking last week

No. cigarettes smoked
last week?

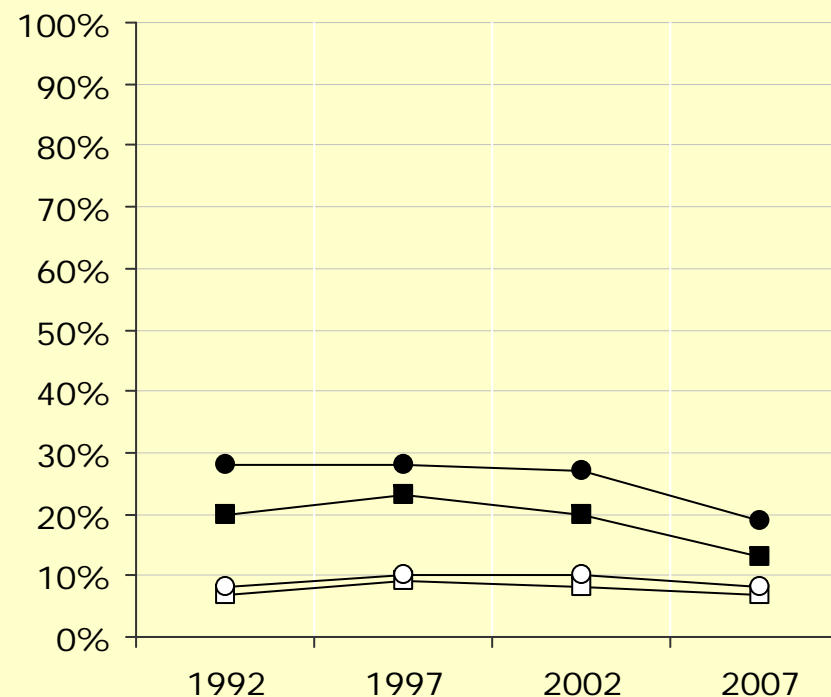
Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % Any

Guernsey



SHEU



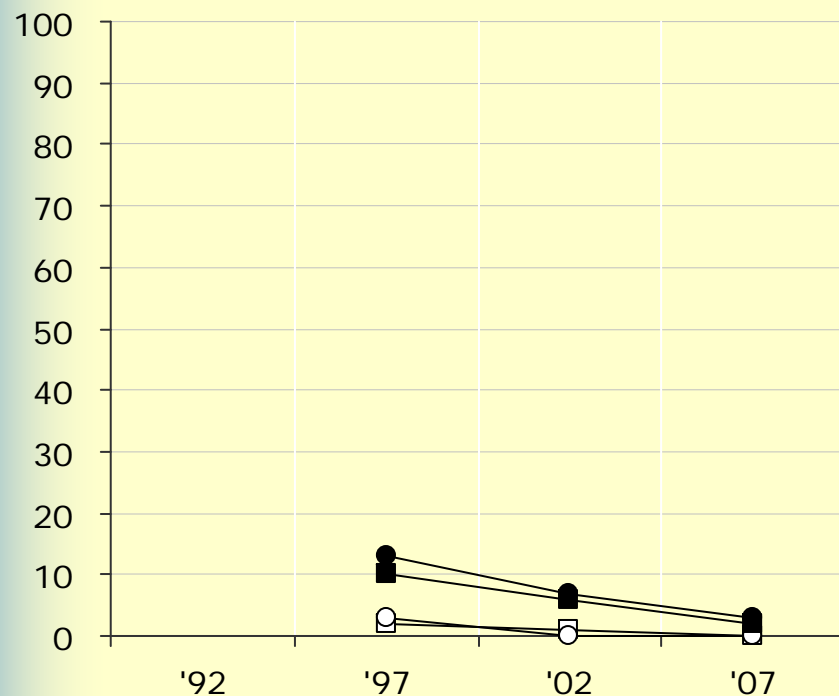
Trends 1992-2007

Where did you get your cigarettes from?

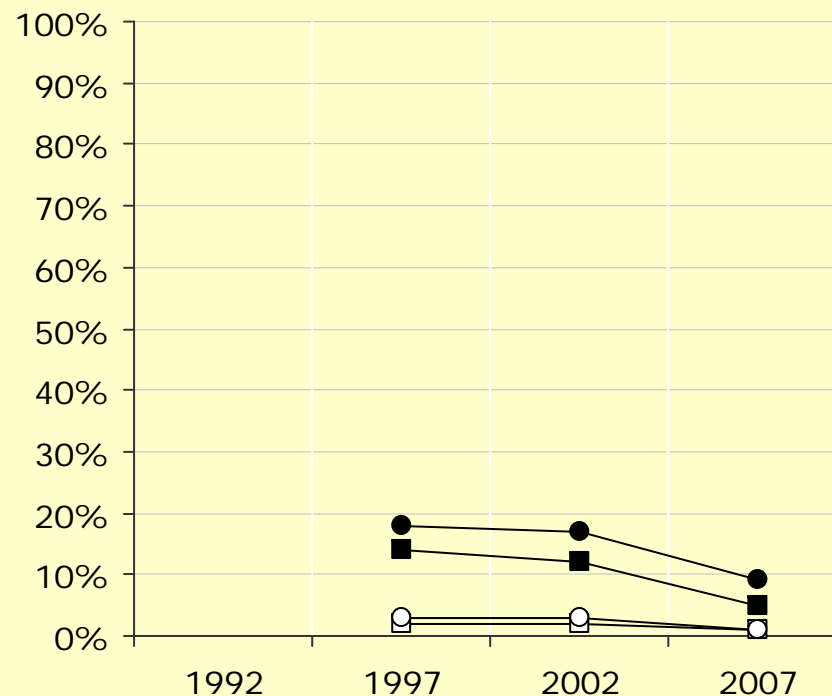
Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % shop

Guernsey



SHEU



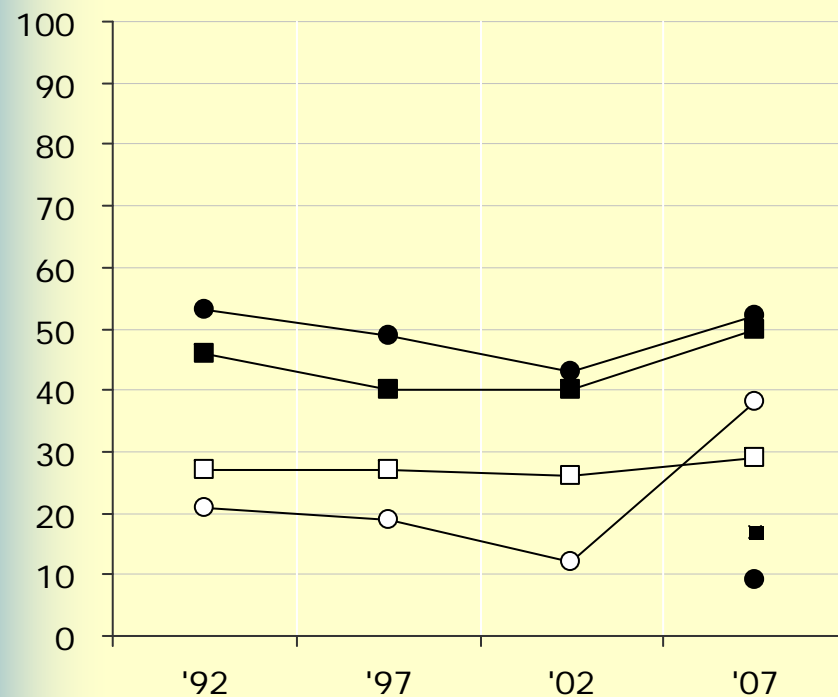
Trends 1992-2007

Alcohol last week?

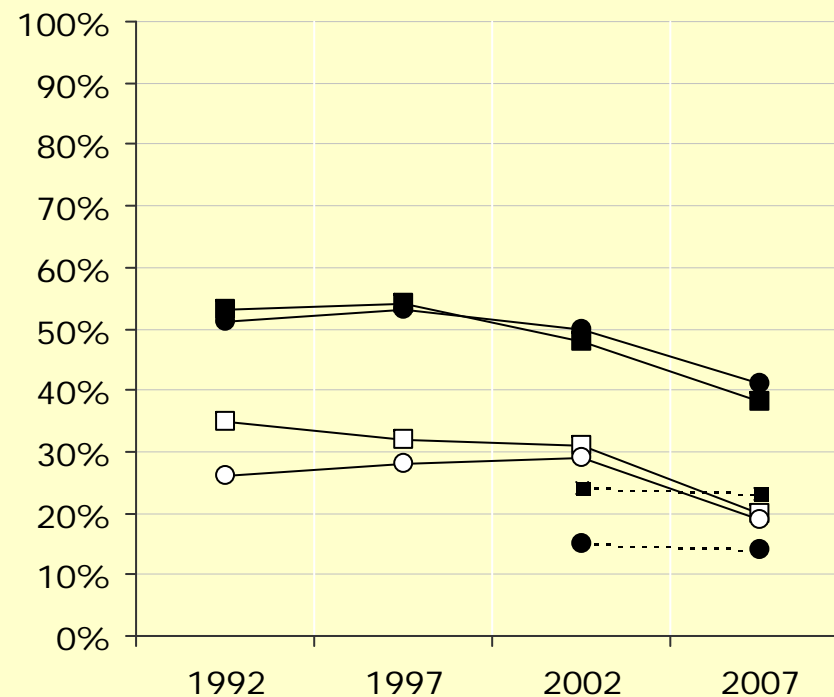
■ % any

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

Guernsey



SHEU



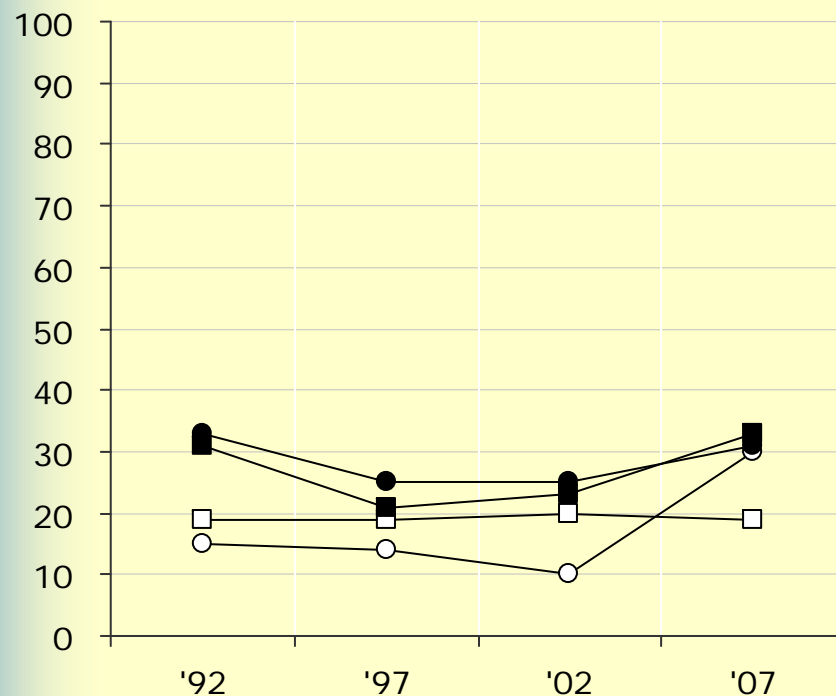
Trends 1992-2007

Where did you drink
alcohol?

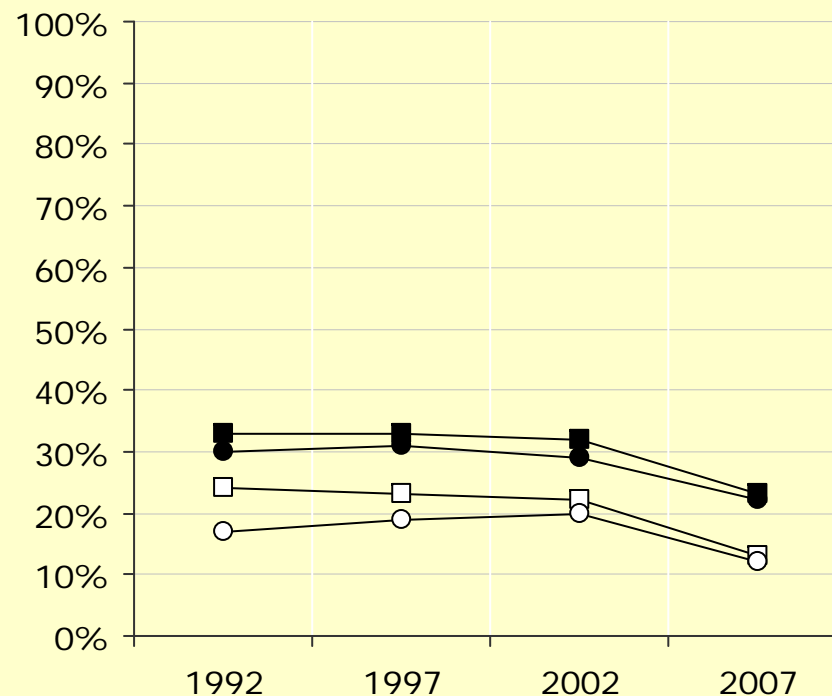
Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % home

Guernsey



SHEU



SUMMARY:

Tobacco and alcohol

- Rise in 'never tried' smoking in Guernsey and UK, decline in shop purchases
- Drop in smoking in Guernsey after 1997
- Alcohol use down in UK, rising in Guernsey

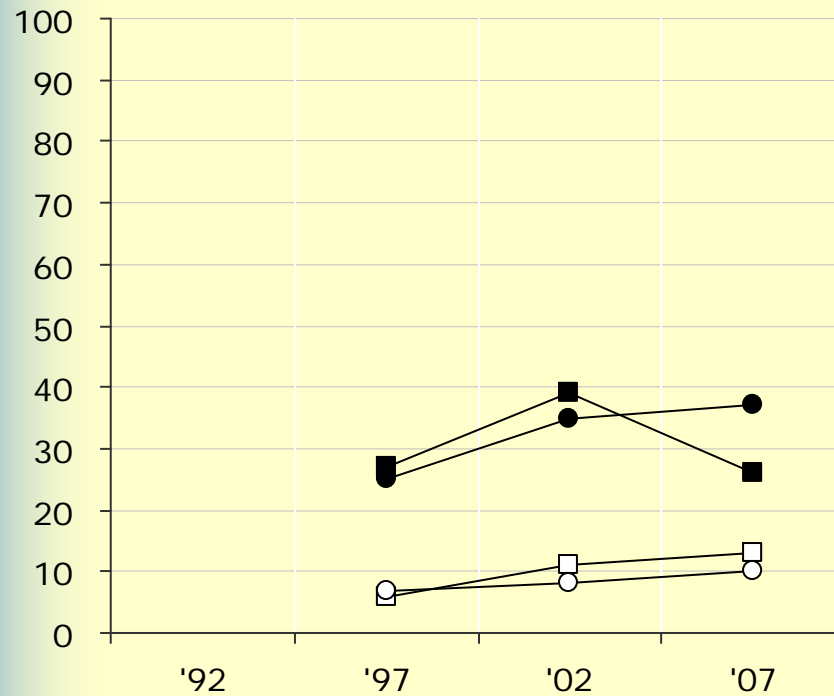
Trends 1992-2007

Ever offered drugs?

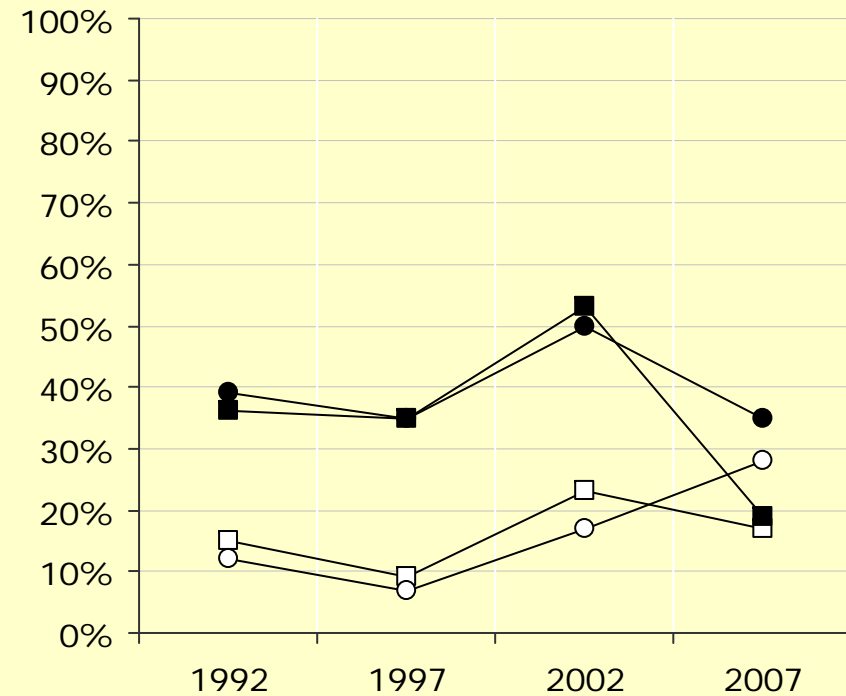
■ % yes

Key:
--■-- Yr 6 M
--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

Guernsey



SHEU



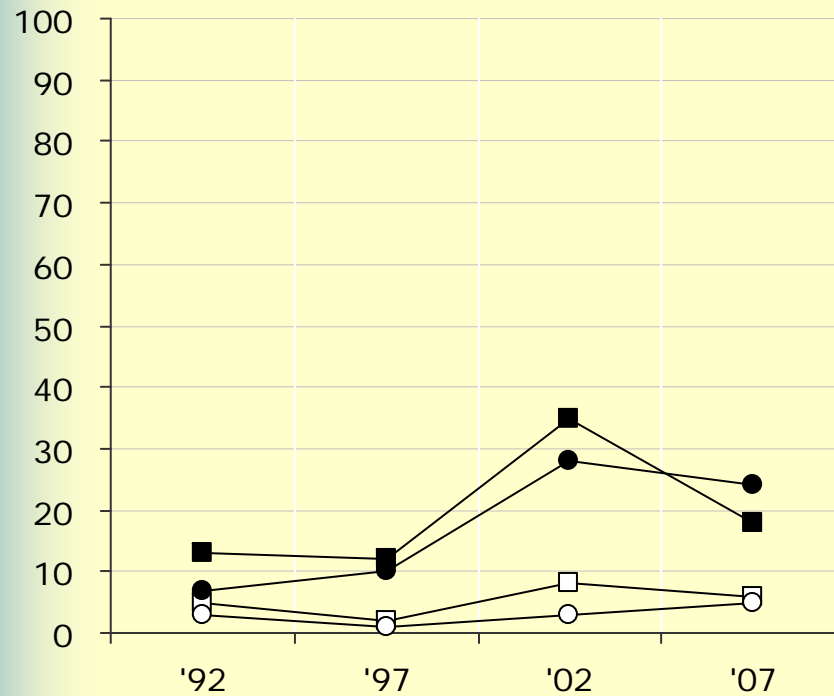
Trends 1992-2007

Ever offered cannabis?

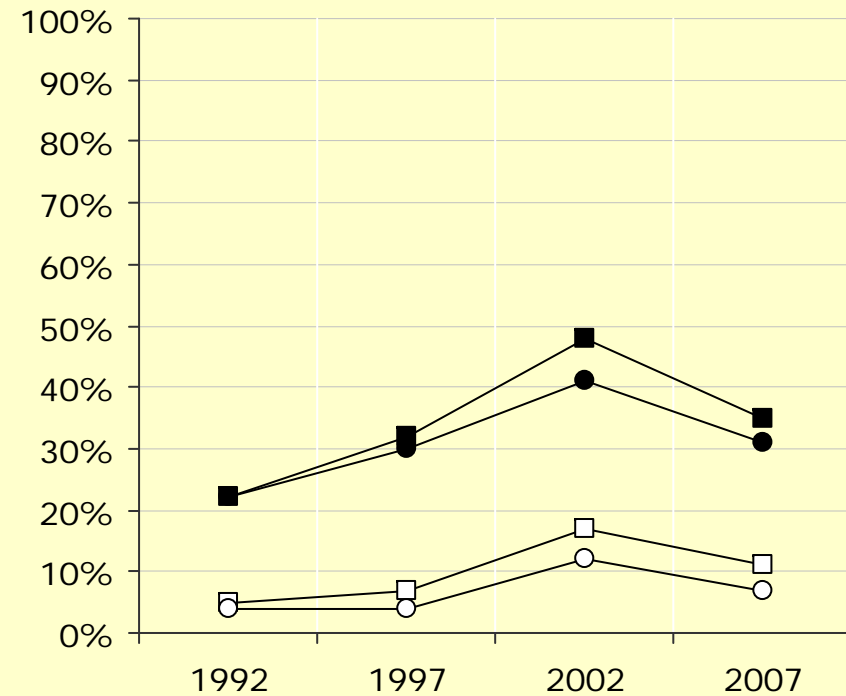
■ % yes

Key:
--■-- Yr 6 M
--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

Guernsey



SHEU



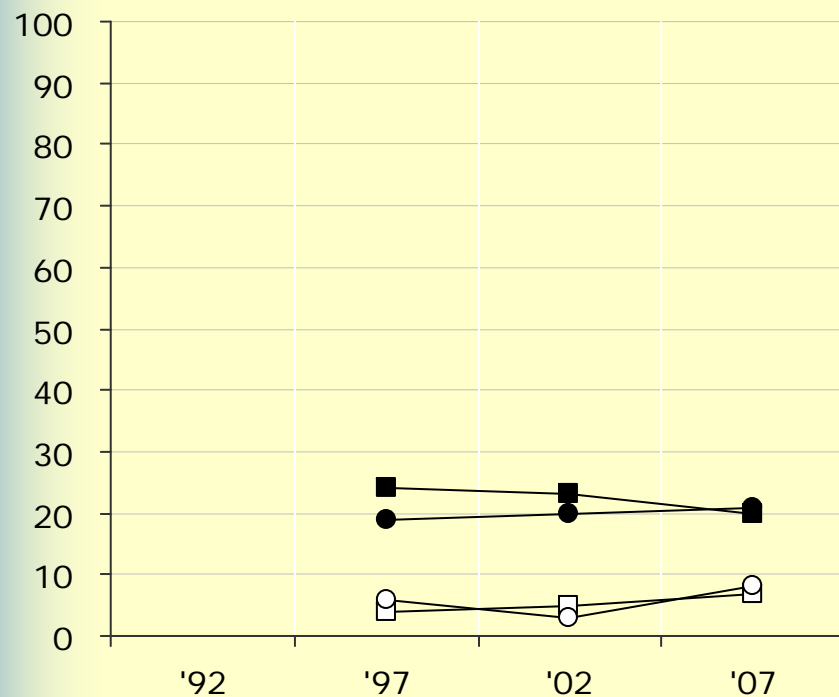
Trends 1992-2007

Ever used drugs?

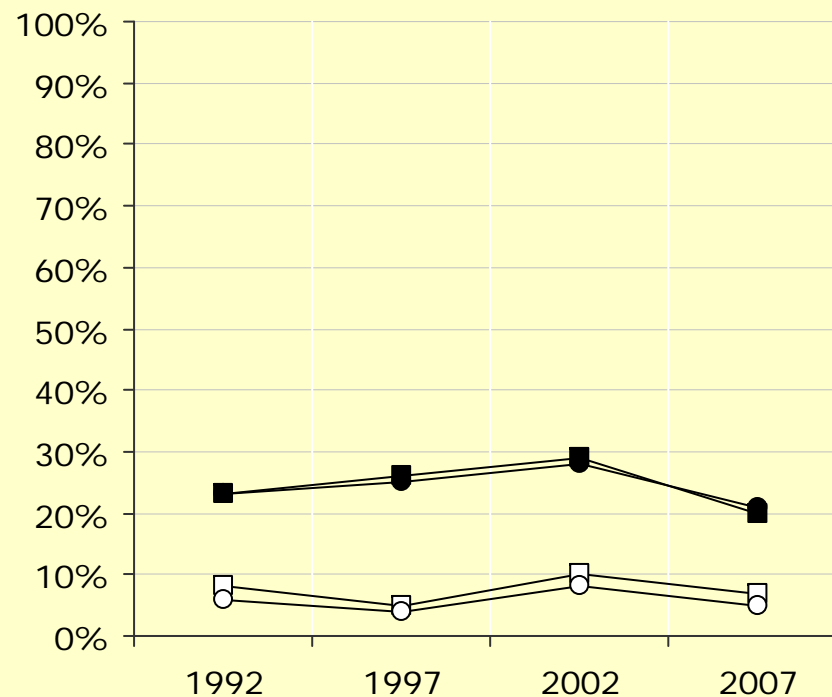
Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ %
 criterion

Guernsey



SHEU



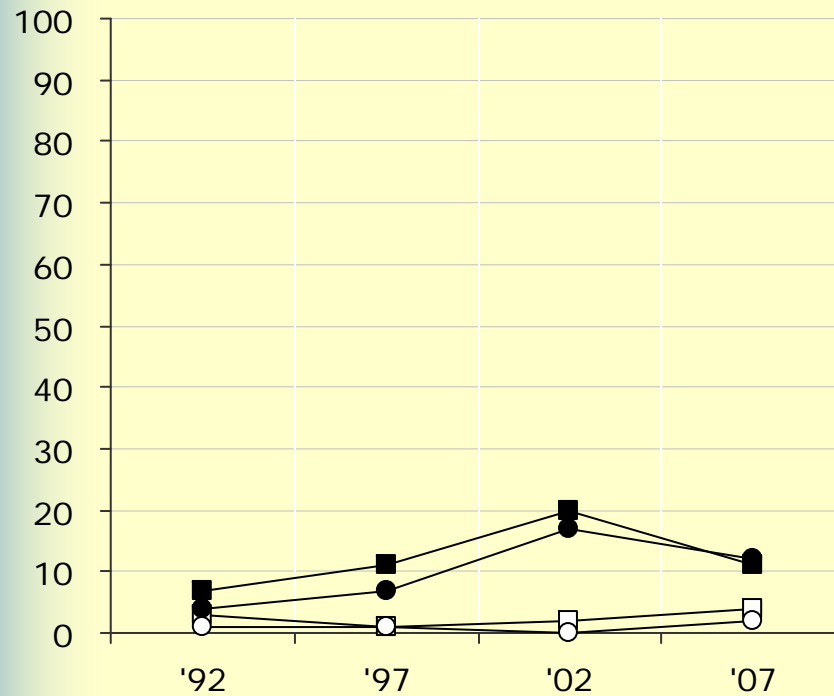
Trends 1992-2007

Cannabis use?

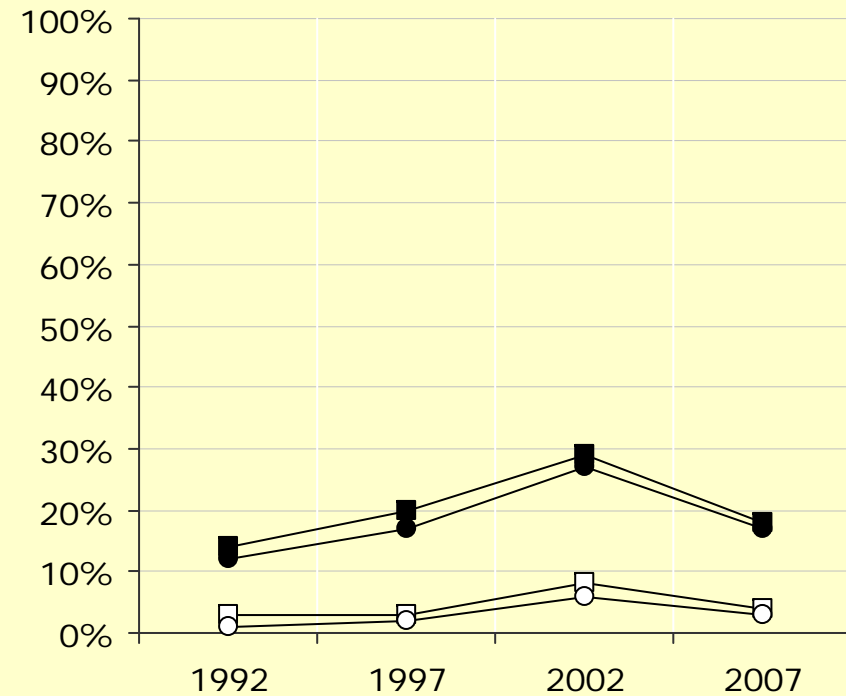
Key:
--■-- Yr 6 M
--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ %
criterion

Guernsey



SHEU



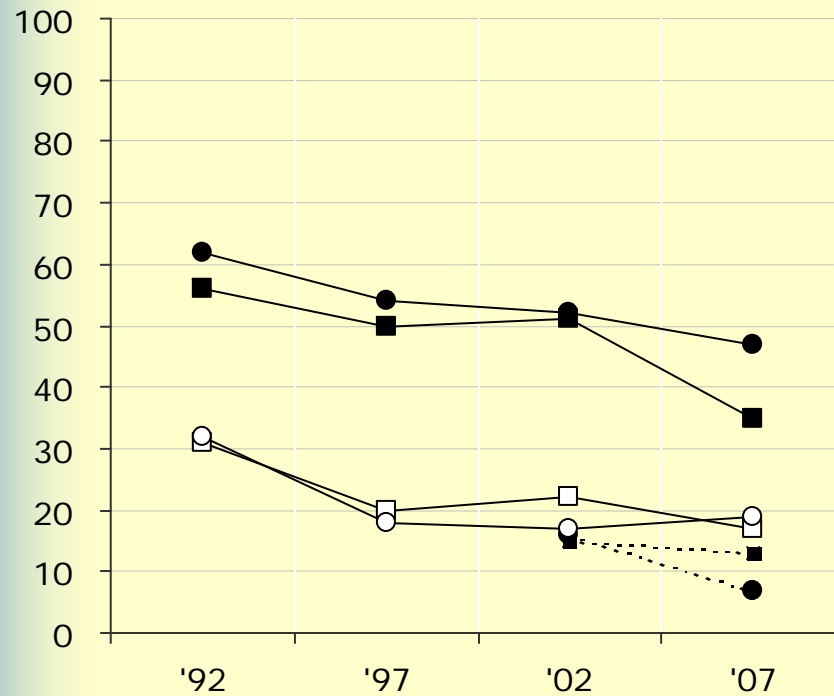
Trends 1992-2007

Know a drug user?

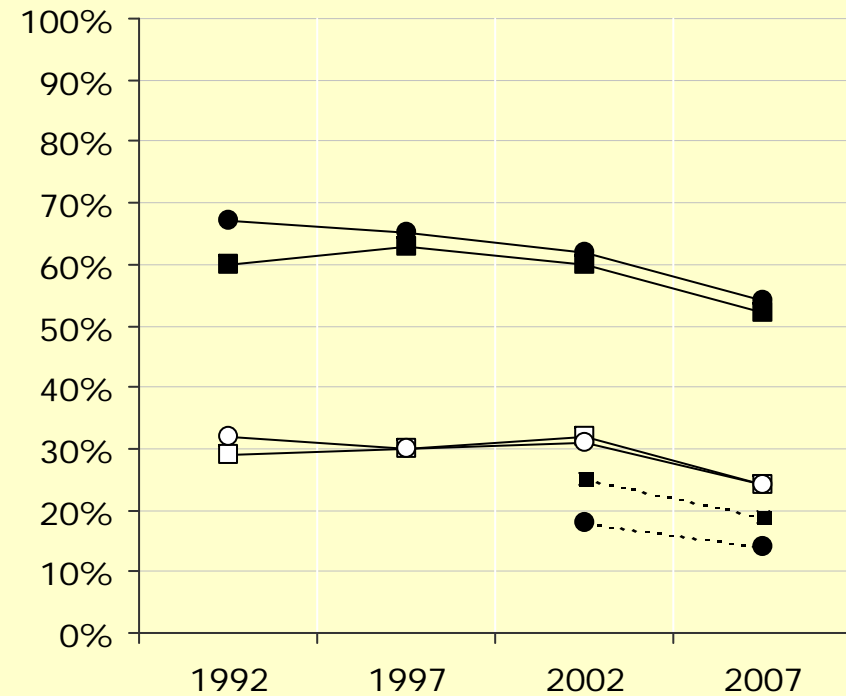
■ % fairly
sure or
certain

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

Guernsey



SHEU



SUMMARY:

Illegal drugs

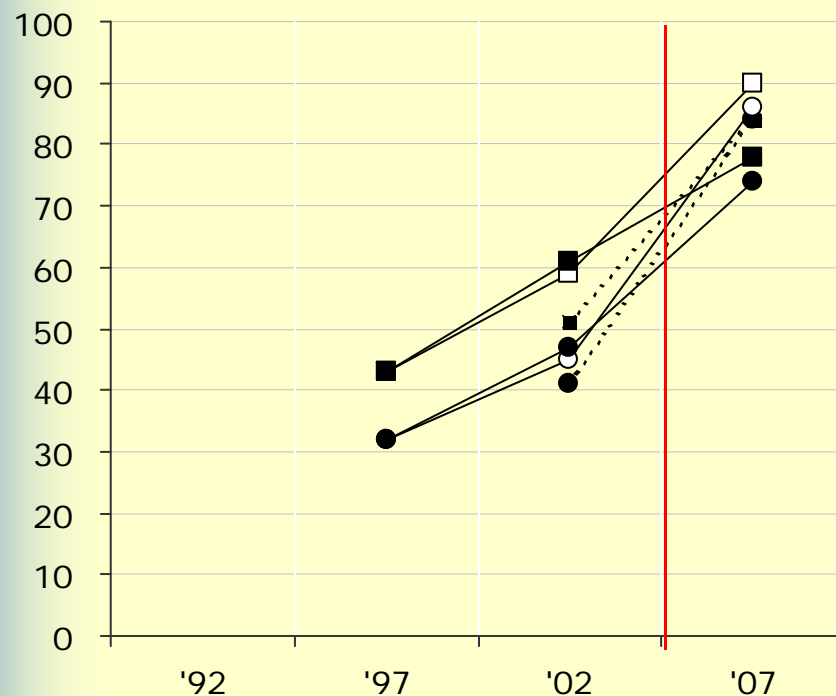
- Cannabis offers and use down since 2002 in Guernsey and UK (Guernsey lower than SHEU)
- Awareness of drug user shows similar trends

Trends 1992-2007

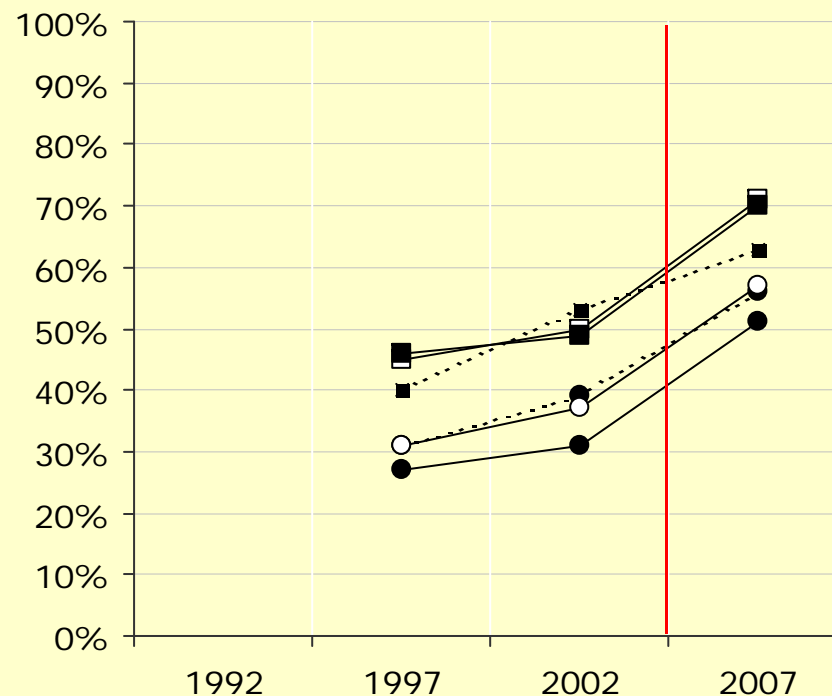
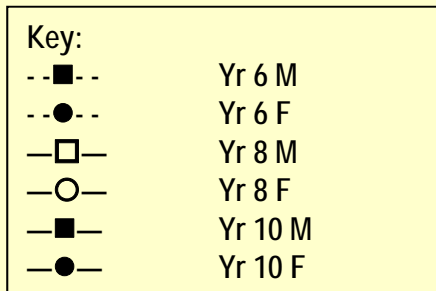
Exercised hard last week?



Guernsey



■ % three times or more
SHEU



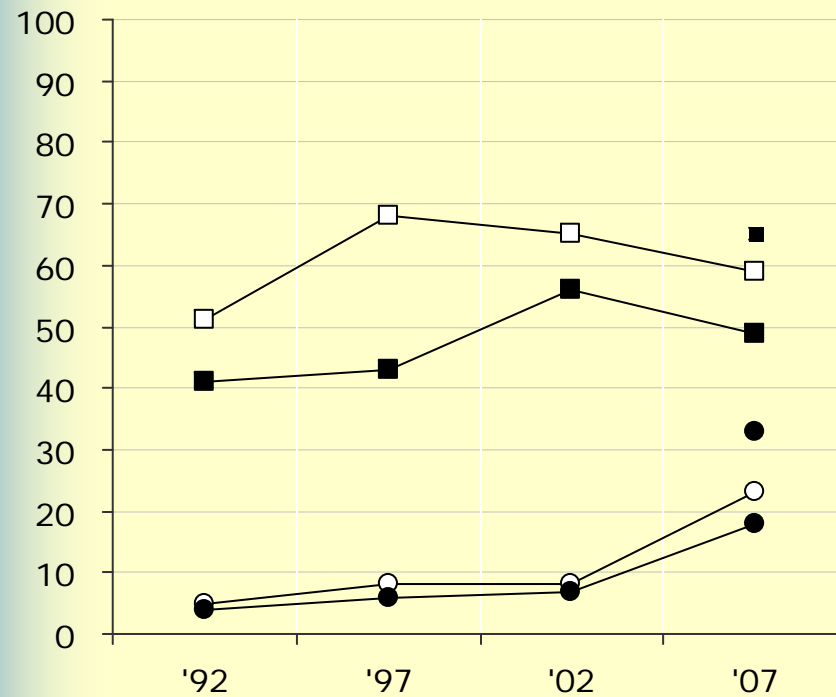
Trends 1992-2007

Soccer?

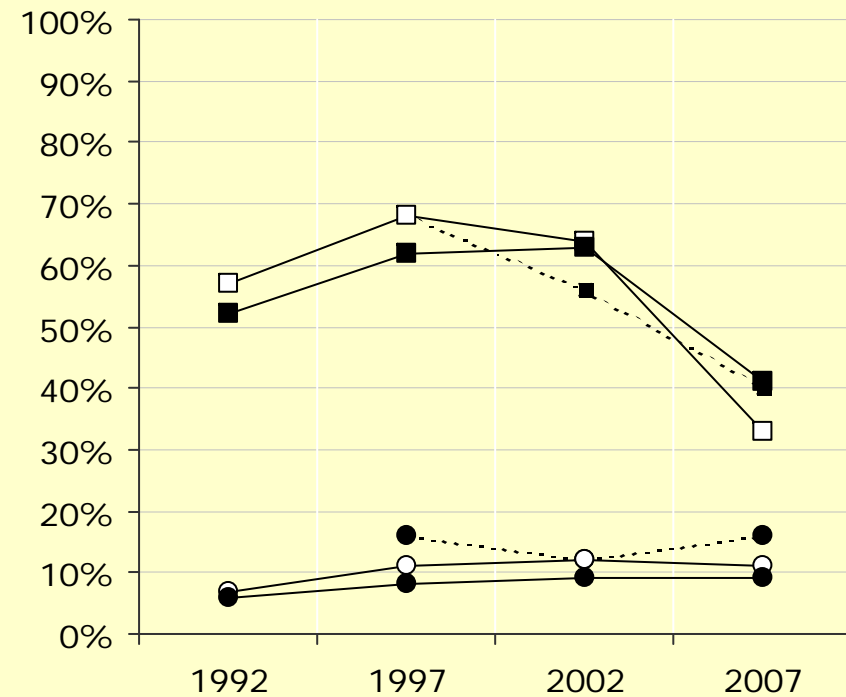
Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % weekly

Guernsey



SHEU



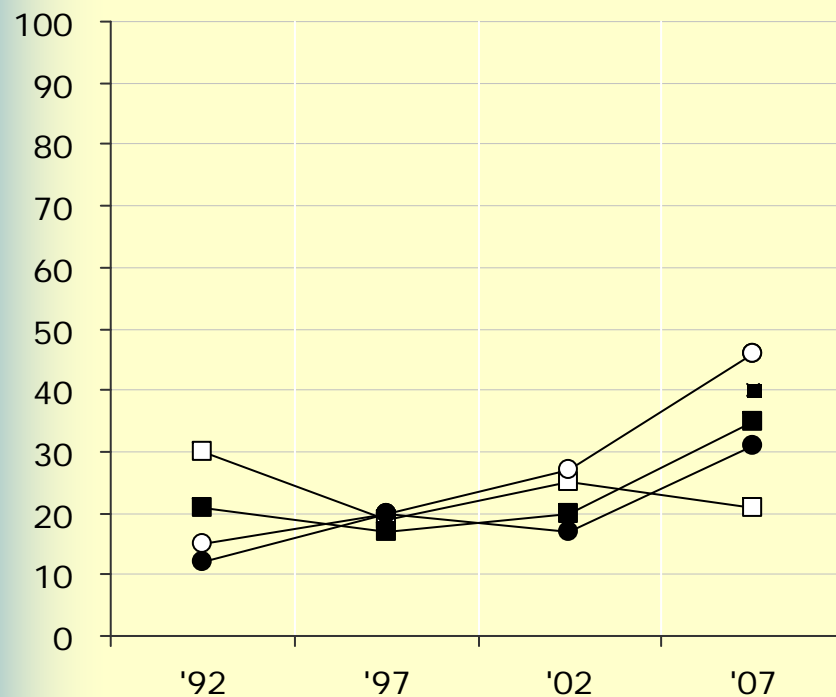
Trends 1992-2007

Jogging?

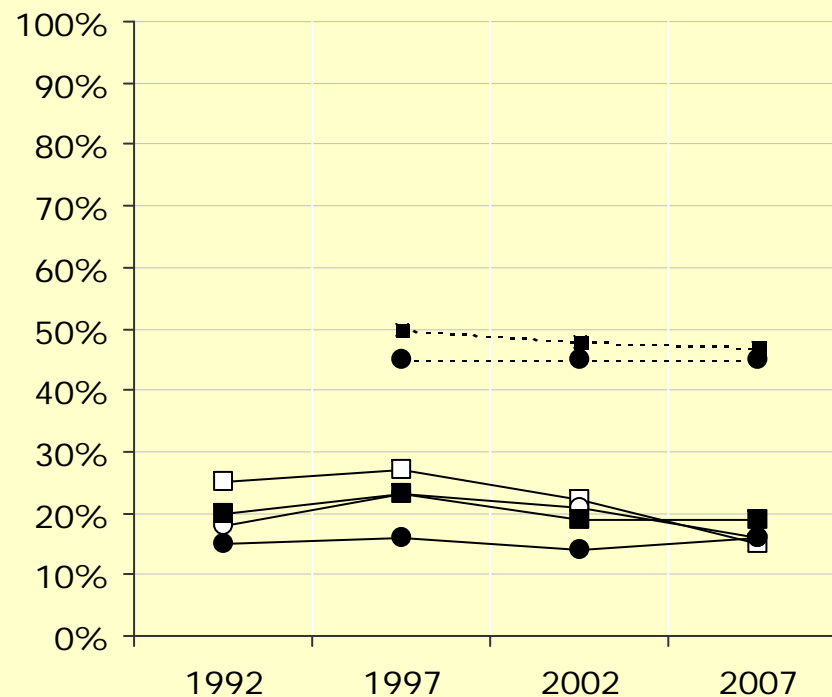
Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % weekly

Guernsey



SHEU



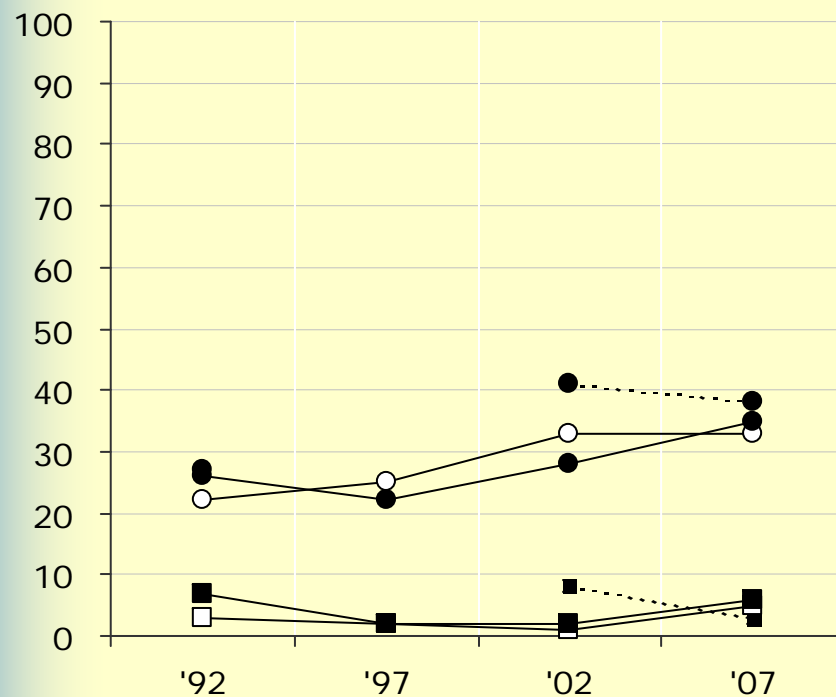
Trends 1992-2007

Dancing?

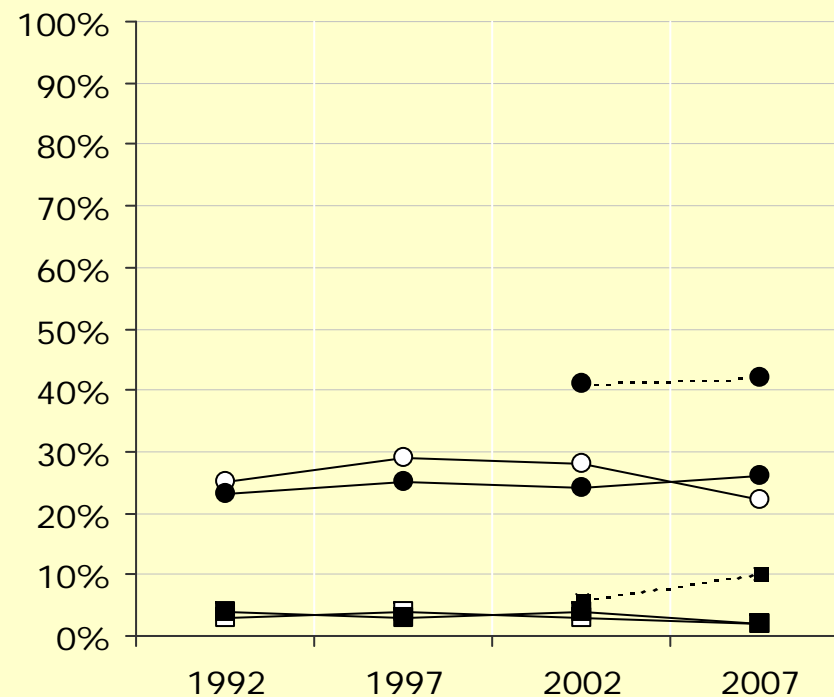
Key:
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 --●-- Yr 6 F
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 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % weekly

Guernsey



SHEU



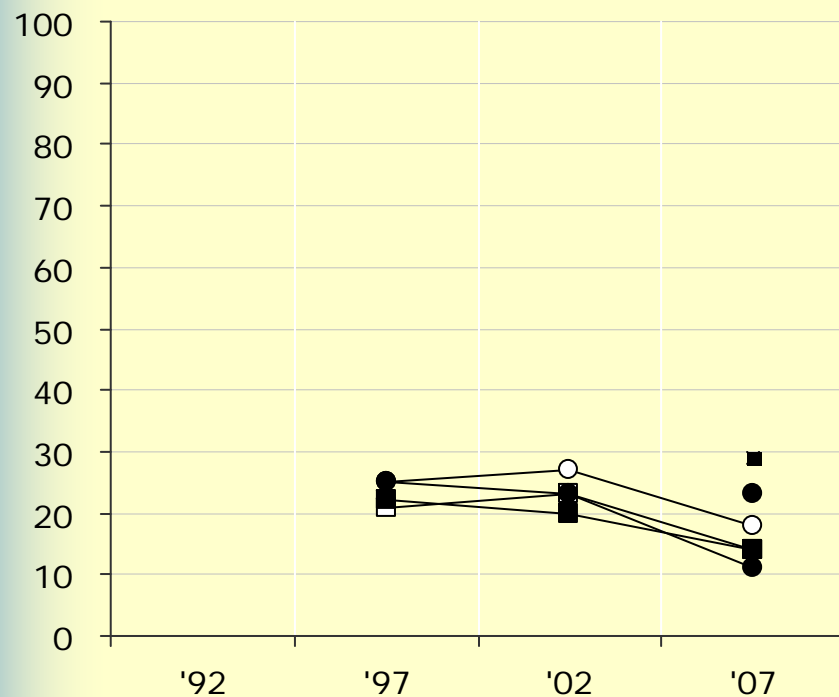
Trends 1992-2007

Walking to school?

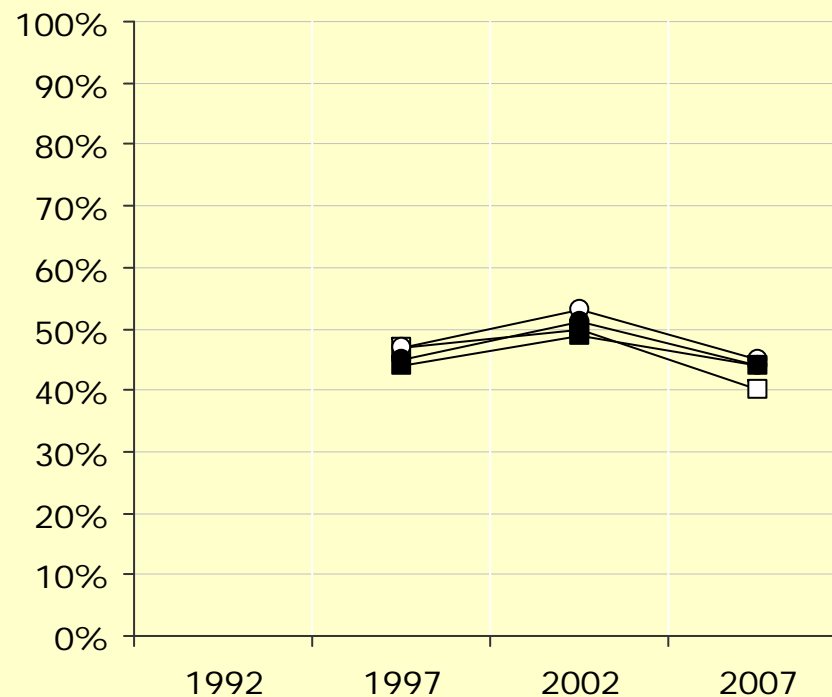
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 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % today

Guernsey



SHEU



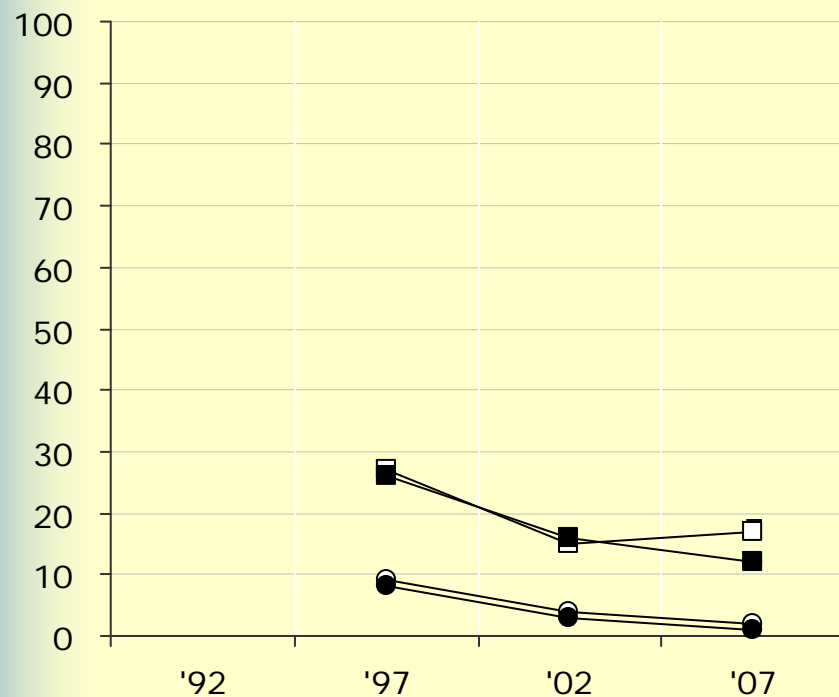
Trends 1992-2007

Cycled to school?

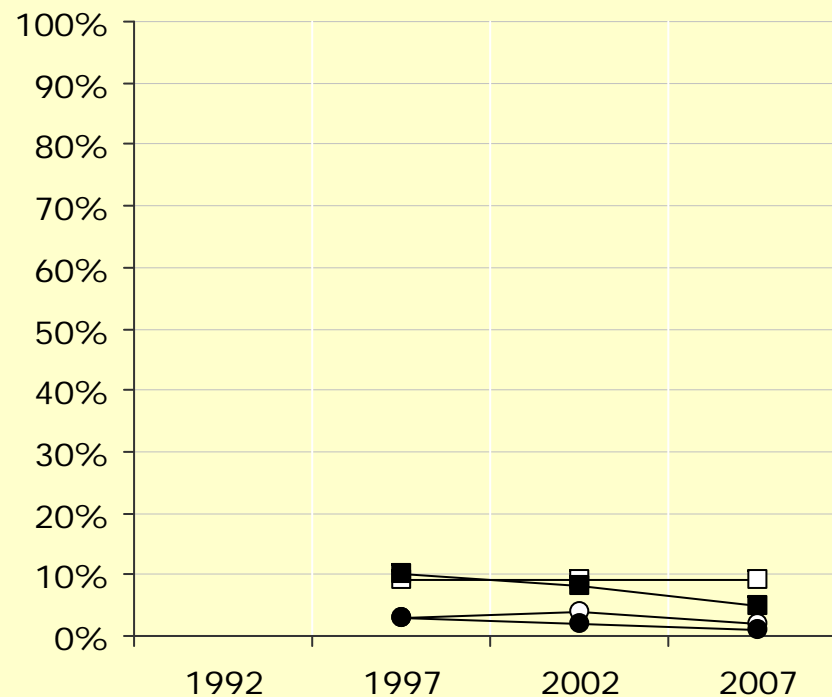
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--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ % today

Guernsey



SHEU



SUMMARY:

Physical activity

- Brisk exercise levels up?
- Jogging, dancing, girls' soccer up
- Walking to school down (and much lower than in SHEU samples)

Overall summary

- Rise in levels of exercise(?) , self-esteem, eating vegetables, awareness of sexual health services, girls' soccer
- Falls in levels of smoking and cannabis
- Often better than reference sample
- Challenge of alcohol

Where next?

- Guernsey has shown that concerted local effort can bring results
- Balance of local and wider factors
- Educational and structural factors

END

Other issues

Media

Aspirations

Smoking & Drugs

Sports & heroes

Personal & social

Other issues

Young People and the Media

Local battles

Vol.26 No.1, 2008

Education and Health 3

Alun Williams is Guernsey's Lifelong Learning Manager, Yvonne Le Page is from Guernsey's Health Promotion Unit and Ann Battye is Guernsey's Education Department Consultant on Personnel, Social, Health and Citizenship Education. The majority of the article is reprinted with permission from Contact, The Guernsey Chamber of Commerce Business Magazine, November/December 2007. Additional material is supplied by Alun Williams. For correspondence email: AWilliams@education.gov.gg

Alun Williams, Yvonne Le Page and Ann Battye

Guernsey's Top Class Teenagers and the Press reaction to the publication of the Young People's Survey

The Guernsey Young People's Survey 2007 outlines the views, attitudes and behaviour of more than 2000 of the island's 10-17 year olds.

We asked over 100 questions in an on-line survey so that we can draw together an accurate picture of how young people live their lives today. Readers can see the complete set of findings by going to the website www.guernseysurvey.gg

Positive findings

The findings are positive and identify that the vast majority of young people in

that they are a credit to Guernsey."

Some concerns

Of course there are concerns. Our pupils are not immune from the pressures and anxieties that seem to blight the lives of young people today. The research indicates that 10%-15% of young people were not as positive as their contemporaries.

Amongst other issues, their view of the future, their self-esteem, life satisfaction and risk-taking behaviour have raised worries about how much they are enjoying their lives. Over the past few years there has been

Young people and the media (1)

**Of course they worry,
leading lazy lives on
unhealthy food mixed
with drink and drugs**

Young people and the media (2)

EASTERN DAILY PRESS
28 JANUARY 1995

Top class teenagers



Norfolk's youngsters emerge from the largest ever survey of the county's teenagers as a shining generation.

They smoke too much and too many are over-weight - but they are hard-working, outgoing, happy at school and clued up about drugs and HIV/Aids.

They drink less than their contemporaries in other parts of the country, have a healthier diet, do more homework and are more likely to play sport.

Some 3500 school pupils aged 12-15 across the county each answered hundreds of questions probing their habits, hopes and lifestyles.

The results, unveiled at a special conference in Norwich yesterday, have relieved health and education experts, who say the overall picture is better than hoped.

But they warn that much work still needs to be done.

Michael Edwards, county education officer, said: "We tend to think of the younger generation as being difficult and blame them for many social ills."

"But here, with some significant exceptions that we cannot ignore, we are lucky to have such a well-adjusted bunch."

One of the greatest reliefs is the low level of drug-taking among Norfolk's youngsters. But drugs are now part of youth culture - half of the pupils knew someone they believed was a user - and experts say it is vital to step up health

Survey shows our youngsters are happier, healthier

90s kids in the



- Spend less money on sweets and fast food;
- Ride bikes more;
- Eat more veg but less salad;
- Suffer more from asthma and hayfever;
- Are less likely to read tabloids.

Overall, the results have pleased officials. Jo Jones, of the Healthy Norfolk 2000 project which co-ordinated the survey, said the general picture was incredibly positive.

She said: "Young people here have a very responsible attitude to their health."

"But we are not complacent. We must ensure that children have the right information to make informed choices about all aspects of their lives."

Rob Young, head teacher at Hamonds High school at Swaffham, where a personal and social education course has been introduced into the curriculum said the survey provided an important and accurate insight into the concerns of pupils.

He said: "The problem has been that the world has changed."

EDITORIAL COMMENT
Page 10

'We are lucky to have such a well adjusted bunch'
Education officer Michael Edwards

A Picture of Health - Special report - See Page Five

Teenagers take alcohol and homework in moderation

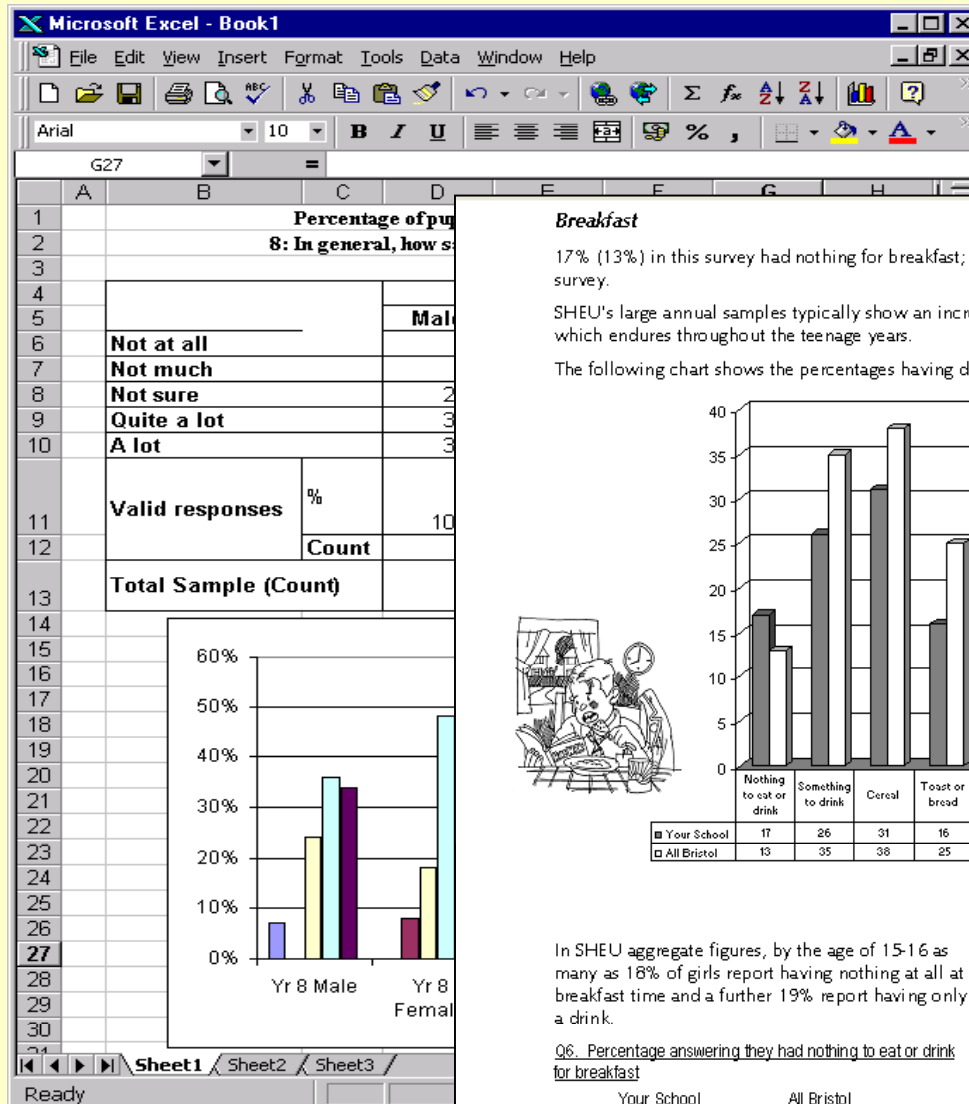
● The Guardian

Layabout lifestyle of the teenage tipplers

● Daily Express

Schools service:

a picture of their own community
including comparison with local figures

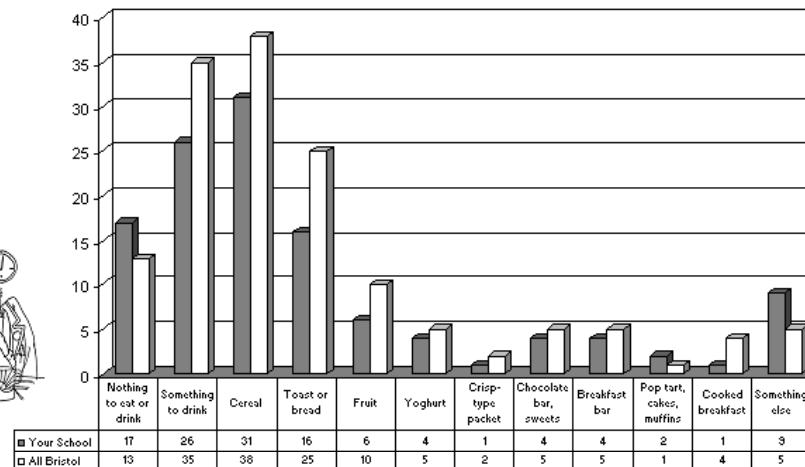


Breakfast

17% (13%) in this survey had nothing for breakfast; while 1% (4%) had a cooked breakfast on the day of the survey.

SHEU's large annual samples typically show an increasing value for 'nothing at all' with increasing age, a trend which endures throughout the teenage years.

The following chart shows the percentages having different types of breakfast.



In SHEU aggregate figures, by the age of 15-16 as many as 18% of girls report having nothing at all at breakfast time and a further 19% report having only a drink.

Q6. Percentage answering they had nothing to eat or drink for breakfast

	Your School		All Bristol	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	17	15	13	12
Girls	22	13	14	13

Q6. Percentage answering they had ONLY a drink for breakfast before lessons this morning.

	Your School		All Bristol	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	10	5	7	7
Girls	16	5	6	10

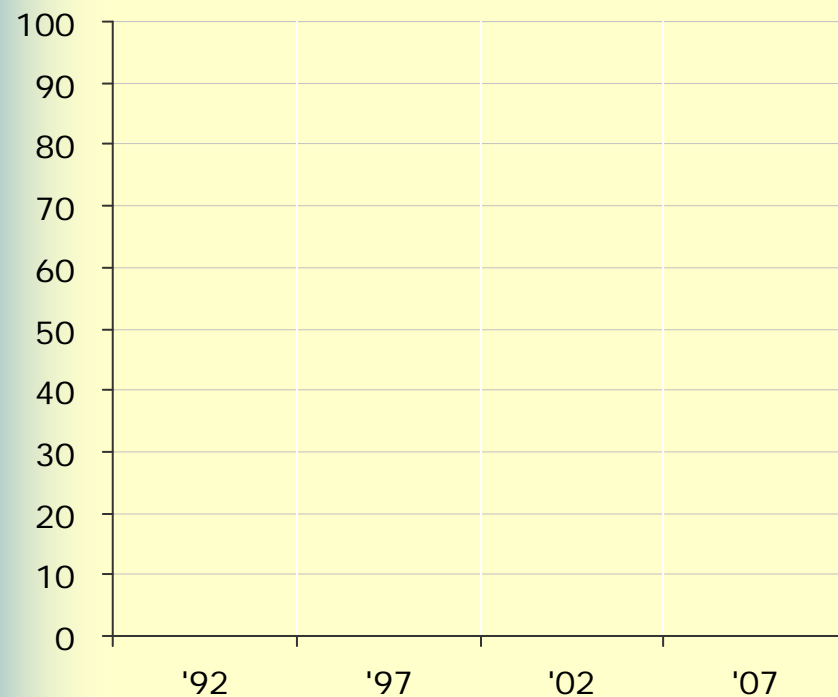
Trends 1992-2007

Question?

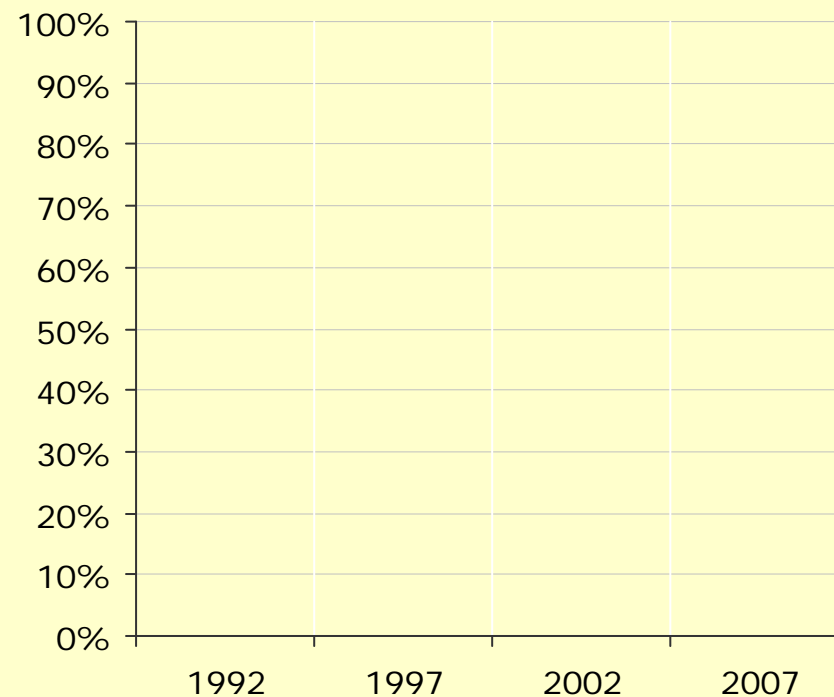
Key:
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--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ %
criterion

Guernsey



SHEU



Summary reports

Supporting the health of YOUNG PEOPLE IN NORTH BIRMINGHAM

A summary report of the Health Related Behaviour Survey

These results are the compilation of data collected from a sample of primary pupils aged 10 to 11 and secondary pupils aged 12 to 15 in North Birmingham during Spring 2003. This work was co-ordinated by North Birmingham Primary Care Trust as a way of collecting robust information about young people's lifestyles. Teachers were informed on how to collect the most reliable data and then pupils

in Years 5 and 6 in the primary schools and Years 8 and 10 in the secondary schools anonymously completed the questionnaire.

A total of 1998 pupils took part in 16 primary schools and 6 secondary schools. 1878 young people aged 10 to 15 were involved. The results of the Year 5 sample are not shown in this report owing to the small size of the sample (120 pupils) but data

have been provided to the school. Completed questionnaires were then returned to the Schools Health Education Unit in Exeter for processing.

Cross-phase links

Many of the questions in the primary and secondary versions of the questionnaire are identical or very similar. Some of these questions are presented on pages 6 & 7 of this document, so that behaviour can be seen across the age range.

1878 young people aged 10 to 15 were involved in the survey:

School year	Year 6	Year 8	Year 10	Total
Age	10-11	12-13	14-15	
Boys	383	339	233	955
Girls	367	281	275	923
Total	750	620	508	1878

Reference sample

North Birmingham data have been compared with a compilation of survey areas that have completed similar versions of the questionnaire. These areas include Cambridge, Dorset, Dudley, Jersey, Somerset and Swindon.

A selection of some of the statistically significant differences, where the level seen in the North Birmingham data is either 5% above or below that in the wider reference data, is indicated by the symbol ➤

For more details please contact The Schools Health Education Unit Tel. (01392 867272) www.shou.org.uk

Topics include

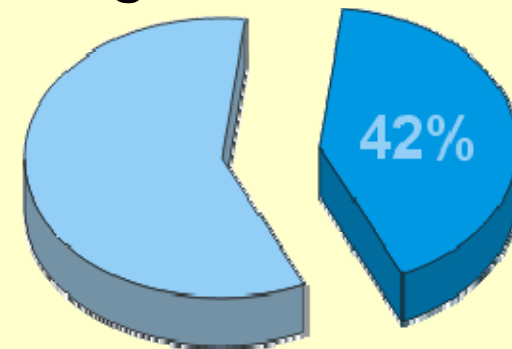
Citizenship
Drugs, Alcohol and Tobacco
Emotional Health and Well-being
Healthy Eating
Homework
Leisure
Physical Activity
Puberty and Growing Up
Safety
School and Career
Sex and Relationships



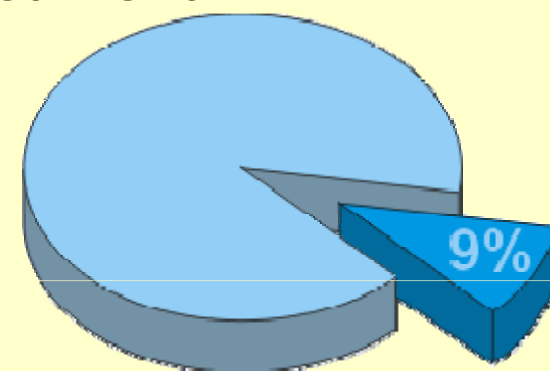
North Birmingham
Primary Care Trust



- 42% of pupils are 'fairly sure' or 'certain' that they know someone who takes illegal drugs.



- 9% had taken one in the last month.



Young people and the media (3)

Schoolgirls skip lunch in the craze to be slim

Concern at girls' obsession with weight

TEENAGE girls are worrying more than ever about their weight and looks, according to a new study by Exeter University.

More than 36,000 schoolchildren aged between ten and 15 were surveyed on a range of subjects by the University's School Health Education Unit.

The survey found that 60 per cent - almost two thirds - of girls aged 14 and 15 would like to lose weight, compared to 28 per cent of boys. But just 13 per cent of males and females aged 14 and 15 were clinically overweight.

The study also found that on the day they were interviewed, 18 per cent of 14 to 15-year-old girls had skipped breakfast with 15 per cent having had no lunch the previous day.

Almost a quarter of those who had missed breakfast had also missed lunch on the previous day.

Research manager Dr David Regis said the portrayal of women in the media was to blame for the high proportion

When will we learn to live with our looks?

According to a survey of 115 health-related behaviour questions are contained within the Young People in 1999 report.

A total of 36,856 schoolchildren were interviewed from primary and secondary schools across the United Kingdom.

The children were asked about their eating habits, including what they did at school and at home.

unhealthy food

Primary pupils turning to drink

Of course the

ignore all the risks? New lifestyle choice

What children drink

Age Group	Soft drink	Other	Alcoholic	Wine
10-11 year-old boys	15%	10%	5%	2%
10-11 year-old girls	20%	10%	5%	2%
14-15 year-old boys	25%	10%	5%	2%
14-15 year-old girls	30%	10%	5%	2%

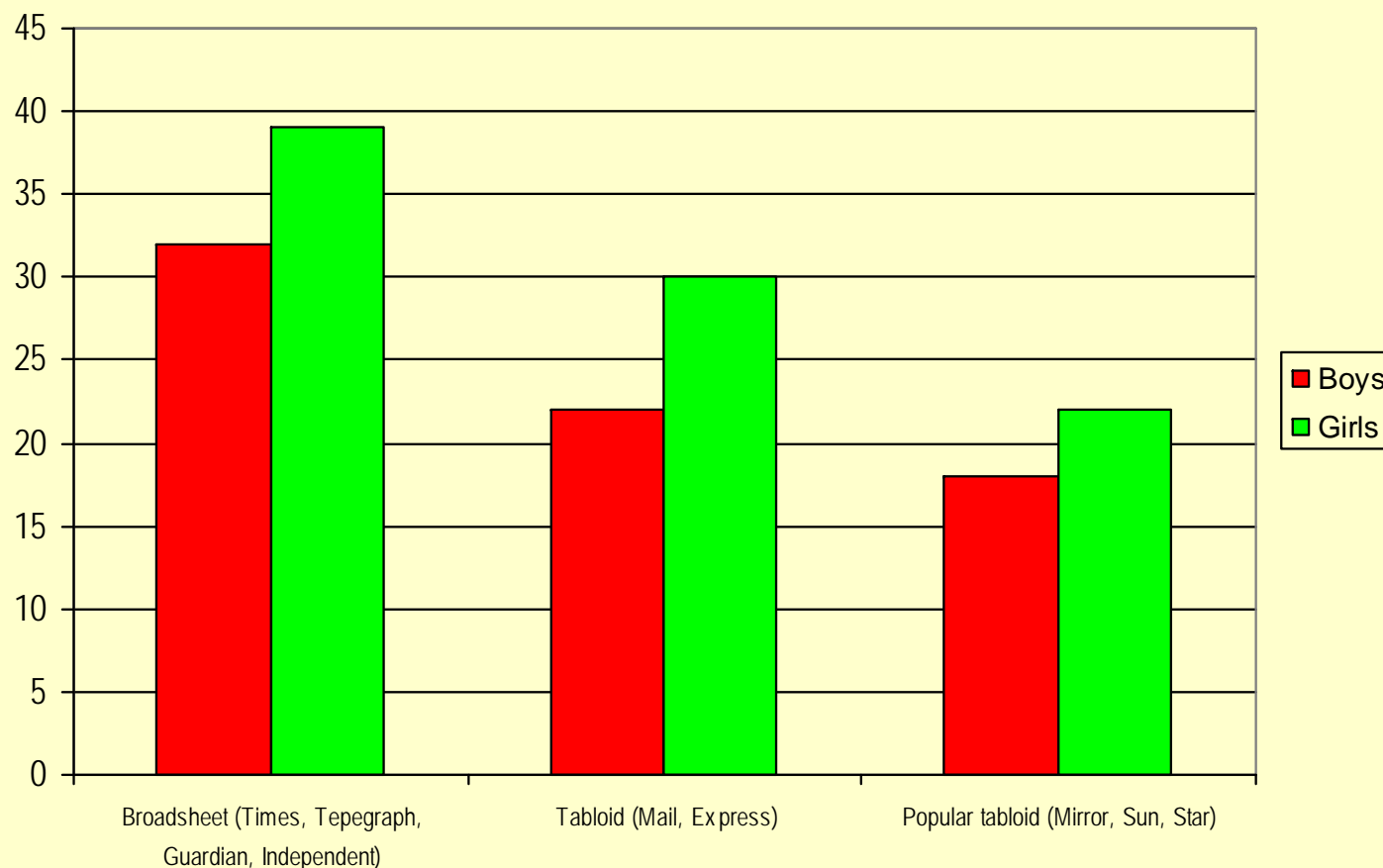
BY JUDITH JUDD
EDUCATION EDITOR

...have their ... ostrich.

We teach them how to drink! (4)

Consumption of wine during the past 7 days
against daily newspaper at home

1986 data - 5th year pupils - 15-16 years (N_Γ=1699, N_E=1829)

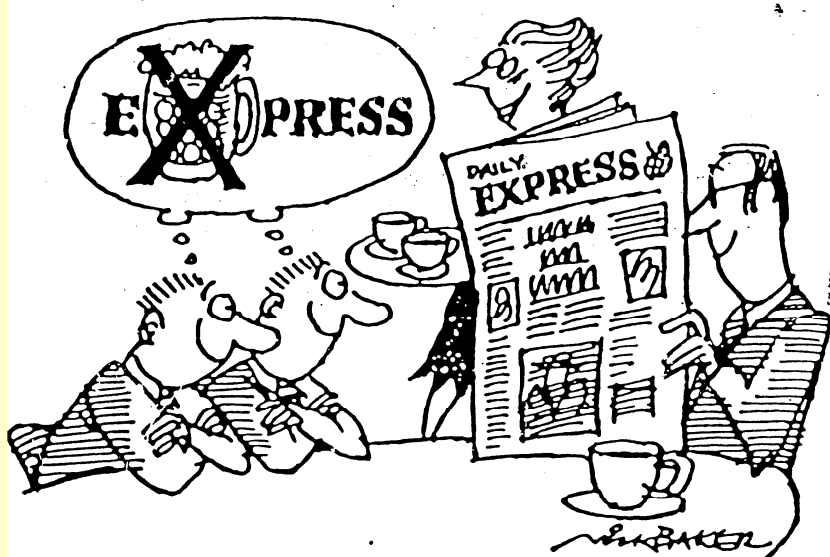


Young people and the media (5)

DAILY EXPRESS (26-3-87)

HEALTHLINE

By CLARE DOVER



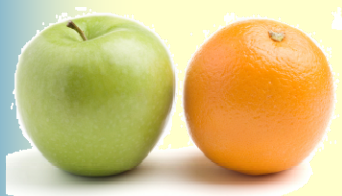
A sobering thought

- **HAVING** the Daily Express at your breakfast table for all the family to read, encourages a healthy attitude to drink, says John Balding, Exeter University research head of the Health Education Council's schools unit.

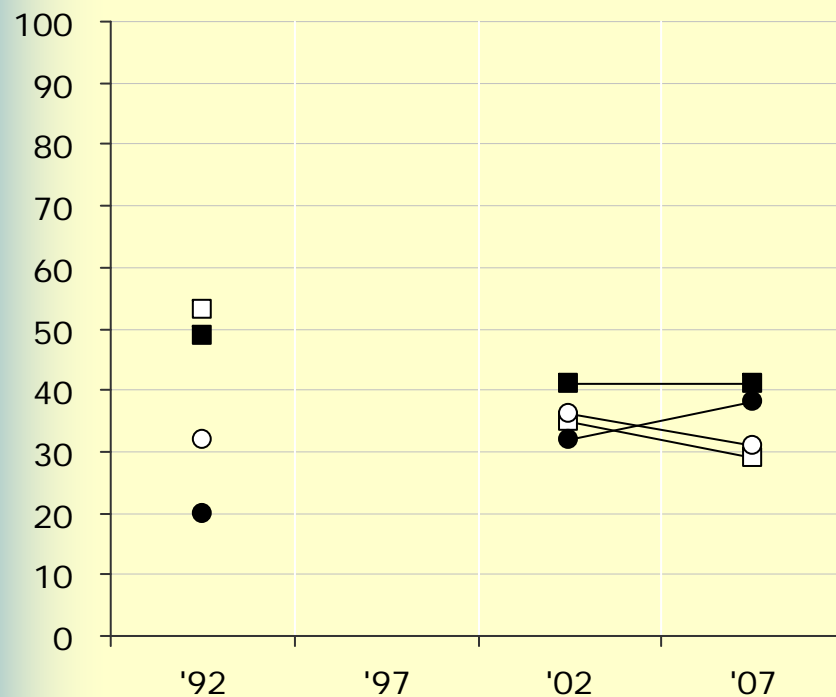
He believes the newspapers people read help to shape their lives, and when he looked at teenage drinking he found that youngsters whose families read the Daily Express are far less likely to go overboard on booze than families who buy the "heavy" papers or the more frivolous ones.

Trends 1992-2007

Computers after school?

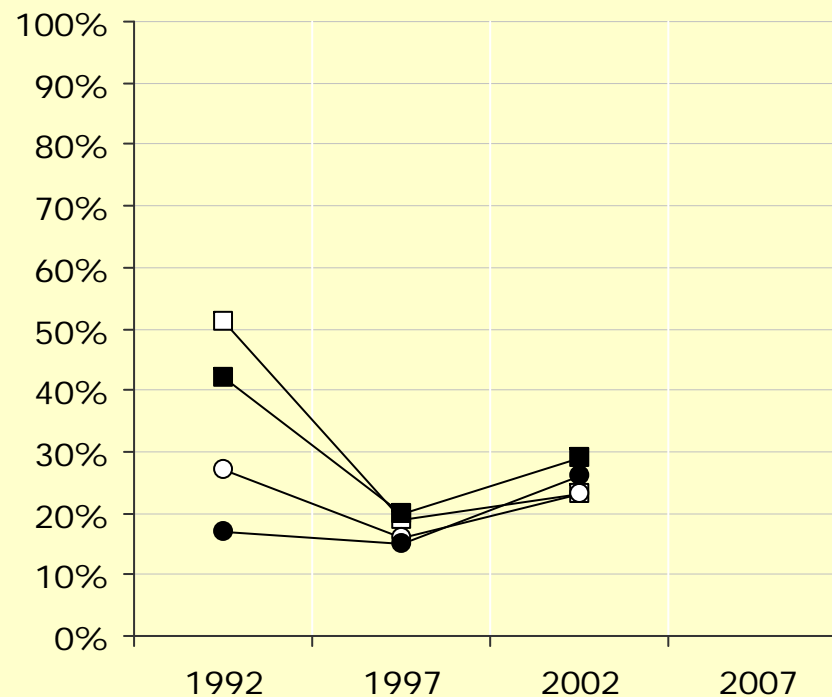


Guernsey



■ %
criterion

SHEU



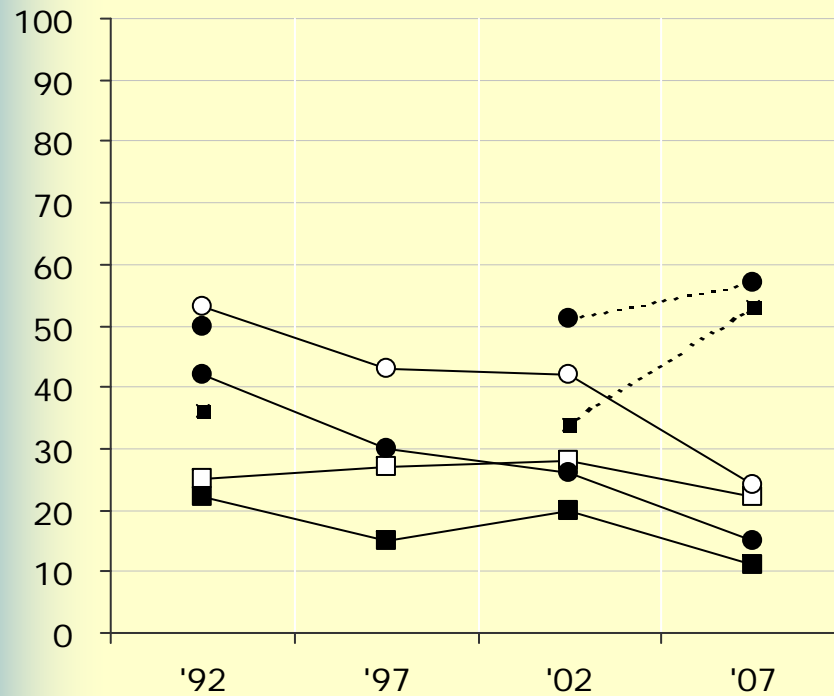
Trends 1992-2007

Read books or magazines?

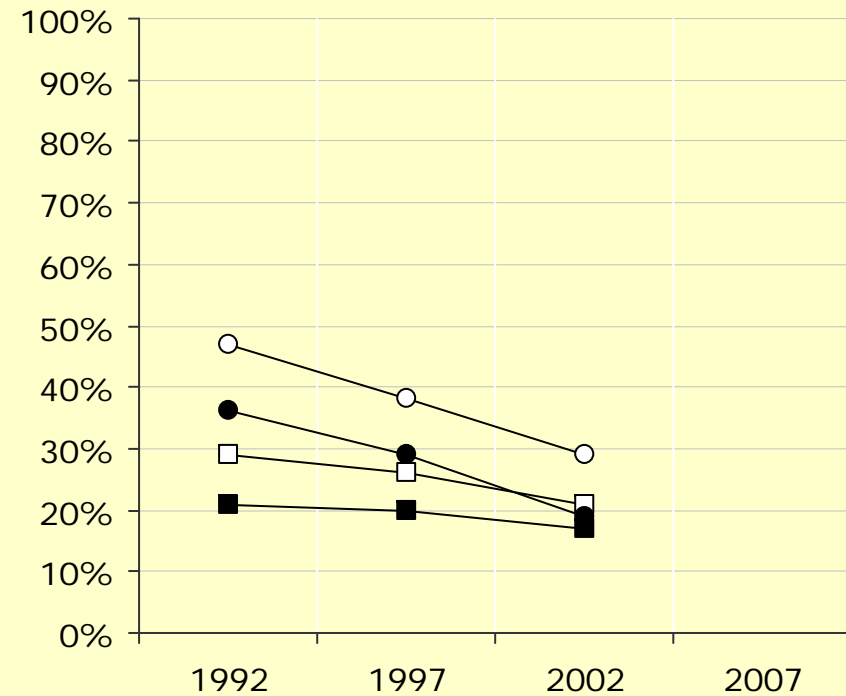
■ %
criterion

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

Guernsey



SHEU



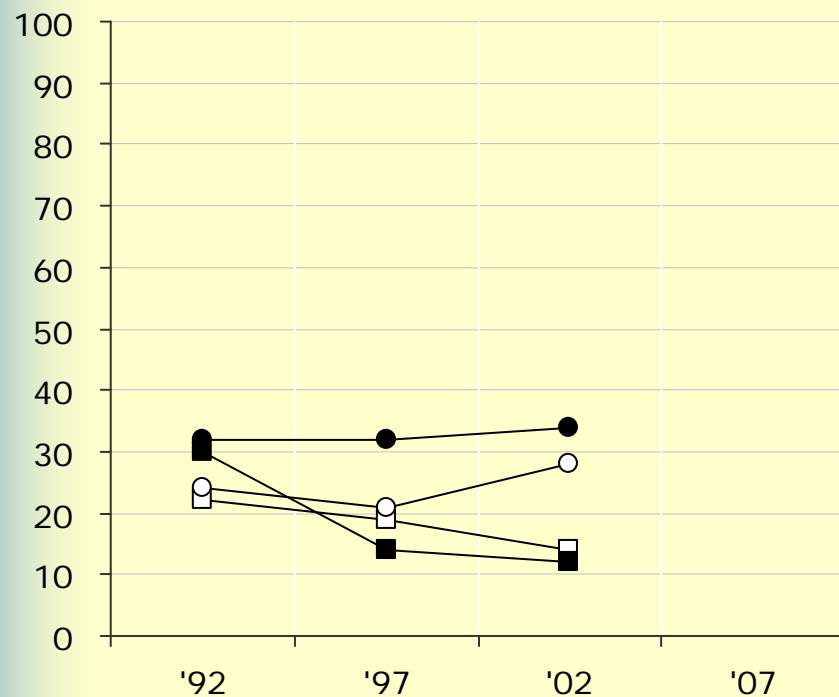
Trends 1992-2007

Spent money on clothes?

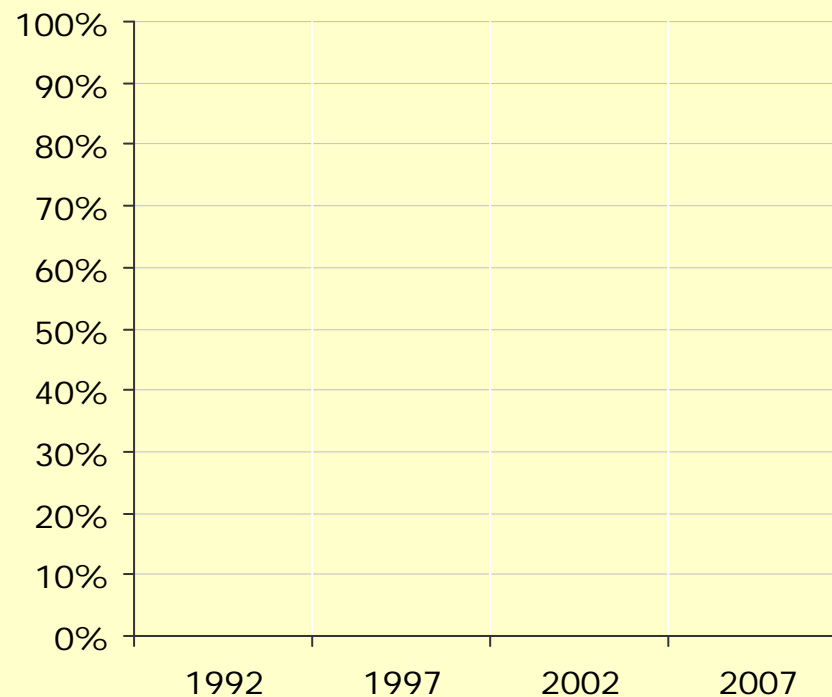
Key:
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--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ %
criterion

Guernsey



SHEU



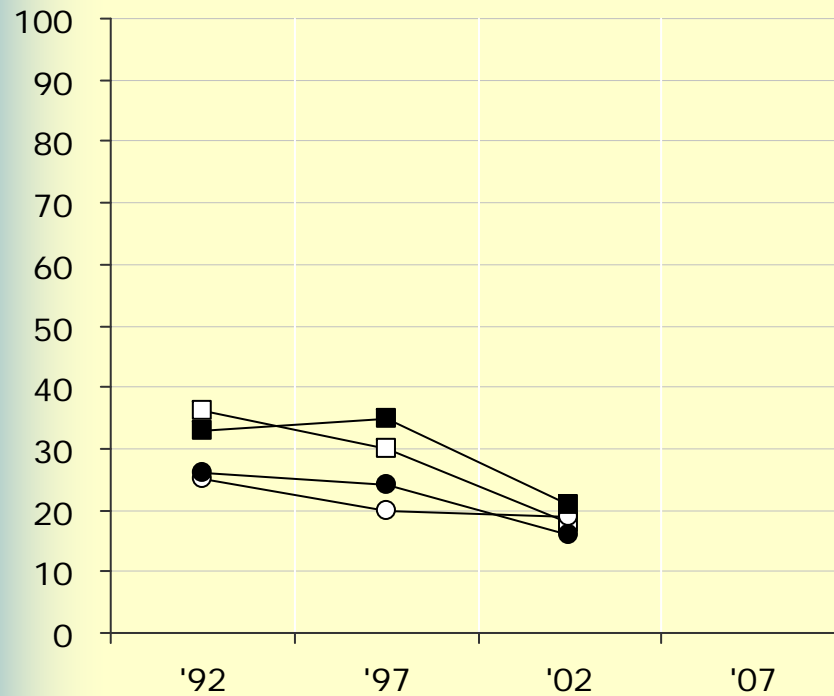
Trends 1992-2007

Spent money on hot fast food?

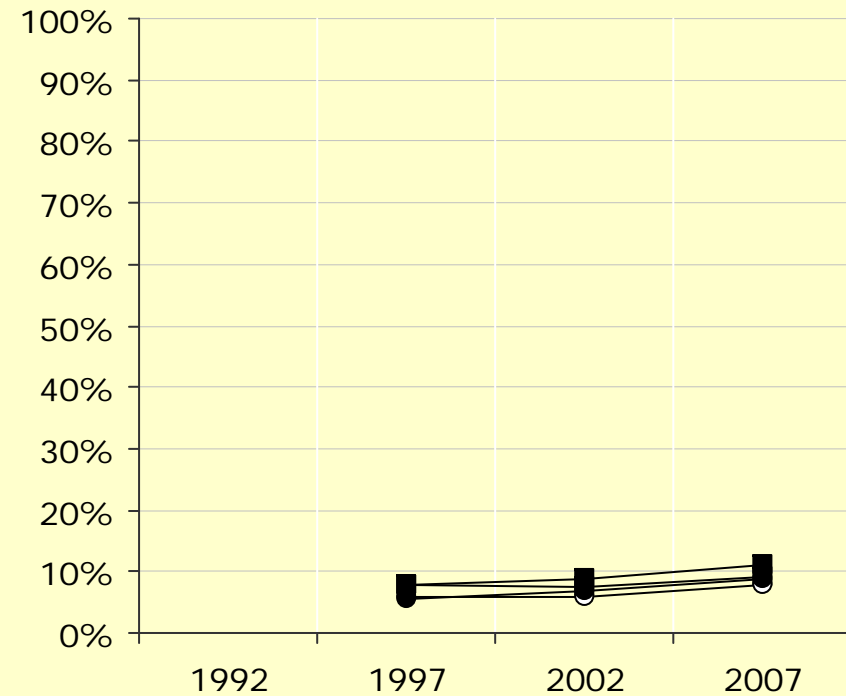
Key:
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--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ %
criterion

Guernsey



SHEU



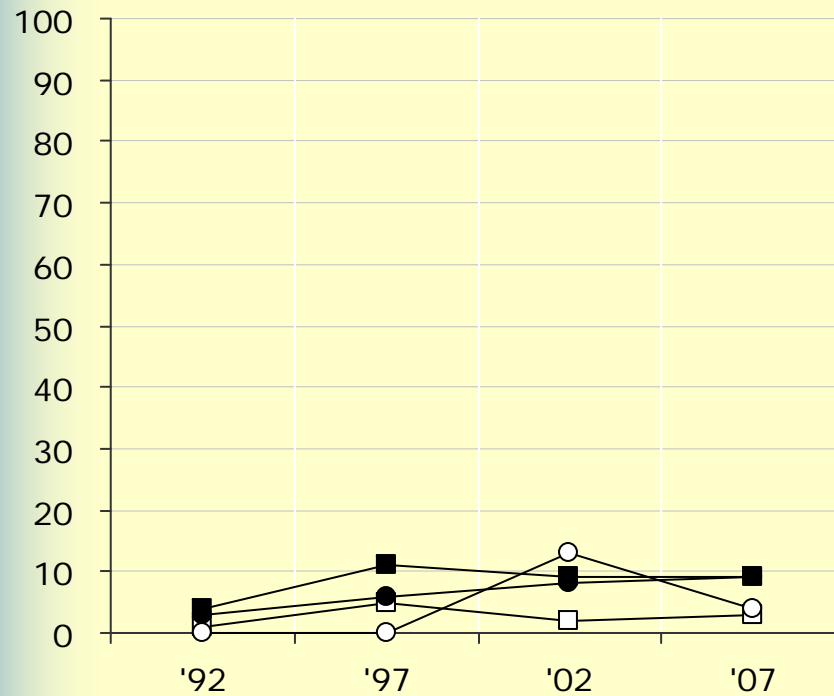
Trends 1992-2007

More than 2 units a day
last week?

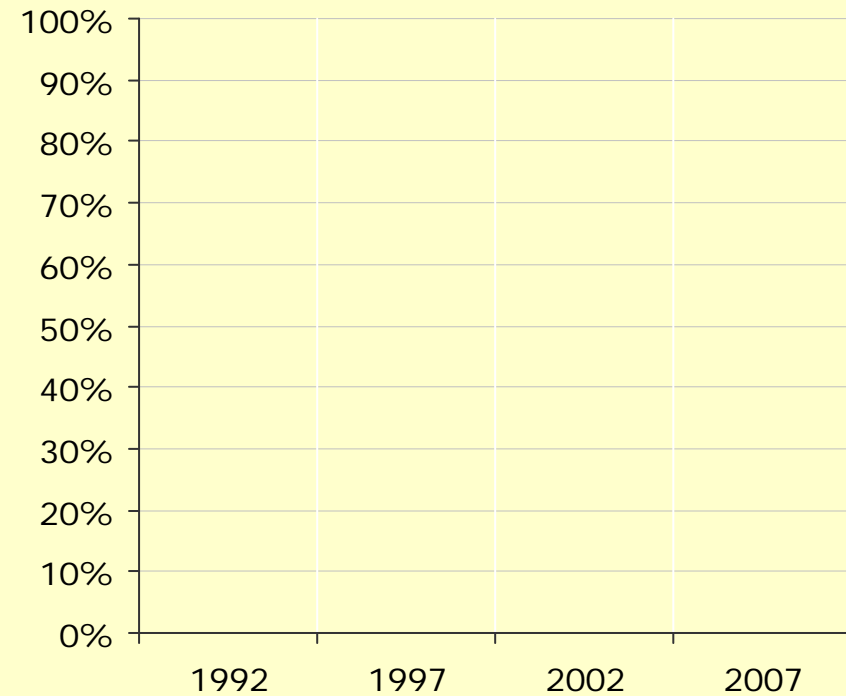
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--●-- Yr 6 F
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--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ %
criterion

Guernsey



SHEU



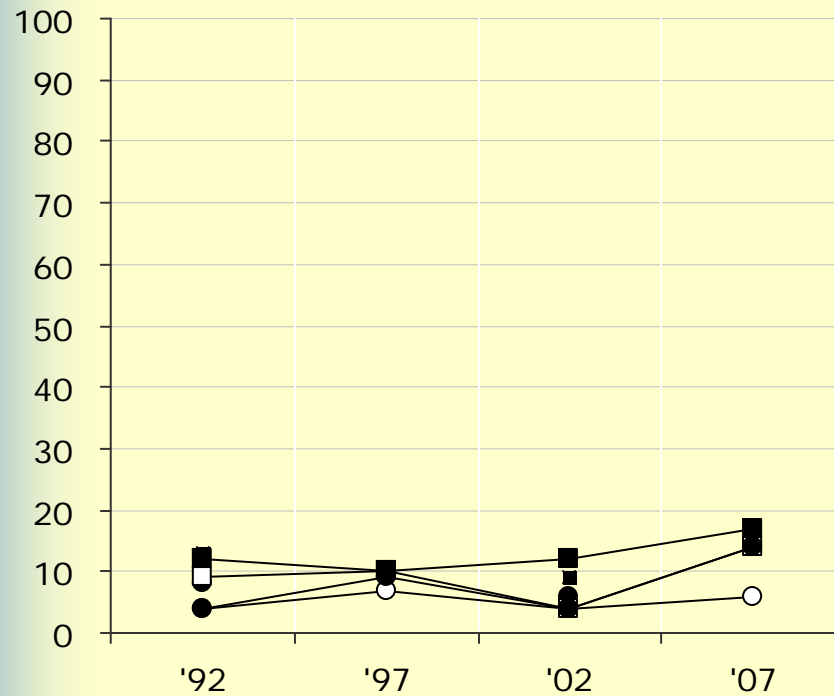
Trends 1992-2007

School problems?

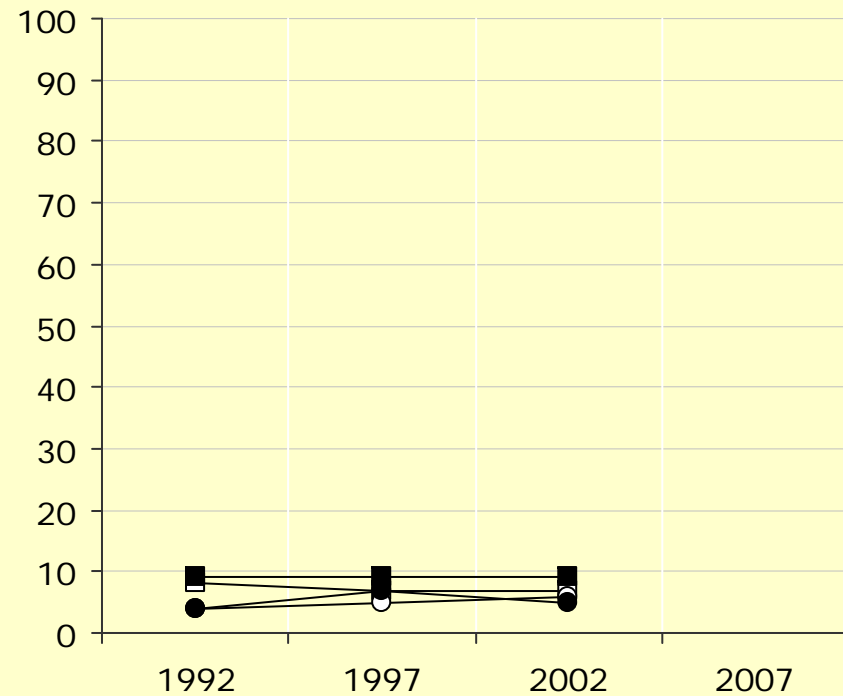
Key:
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--●-- Yr 6 F
--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ % keep it to myself

Guernsey



SHEU



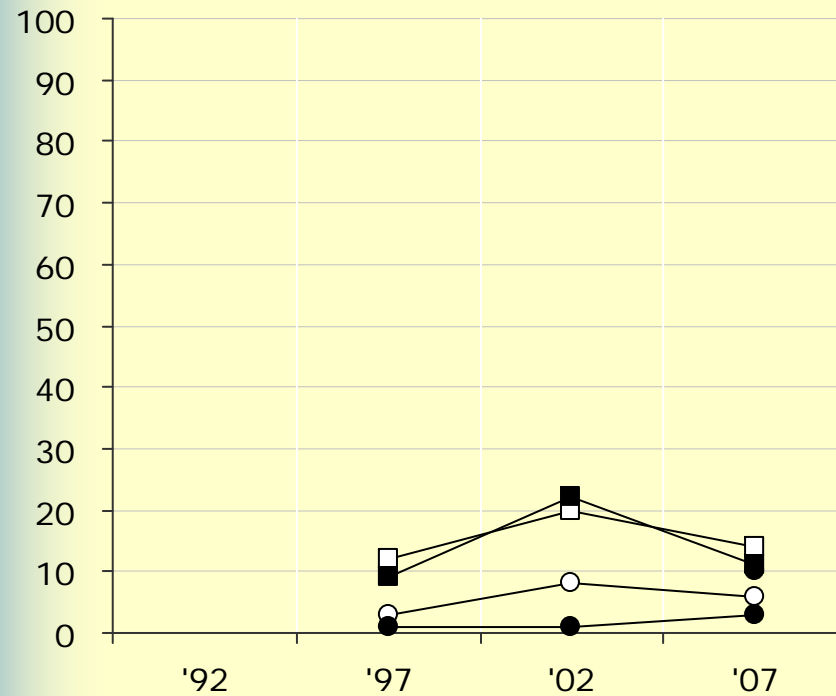
Trends 1992-2007

Skateboarding?

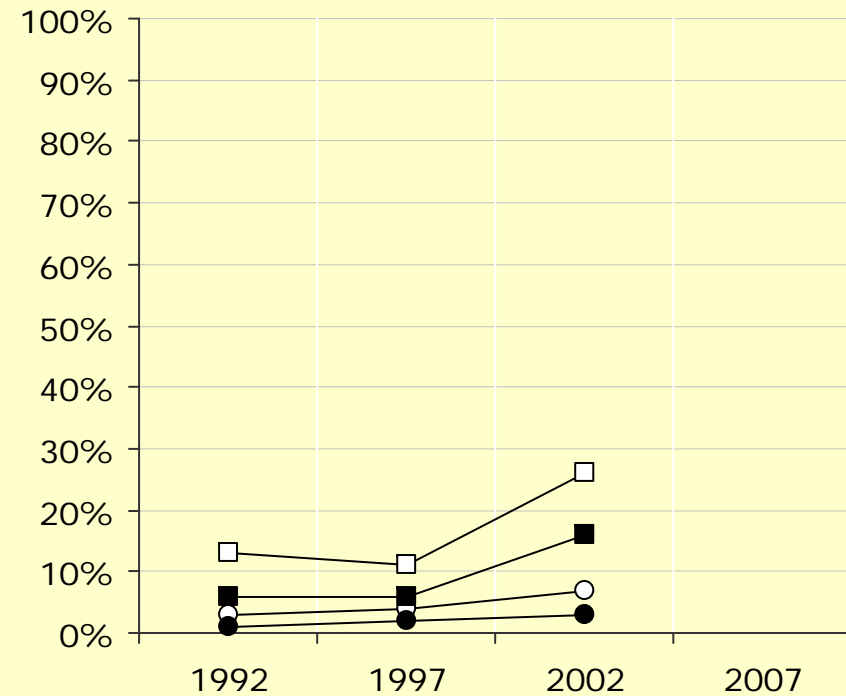
Key:
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 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % weekly

Guernsey



SHEU



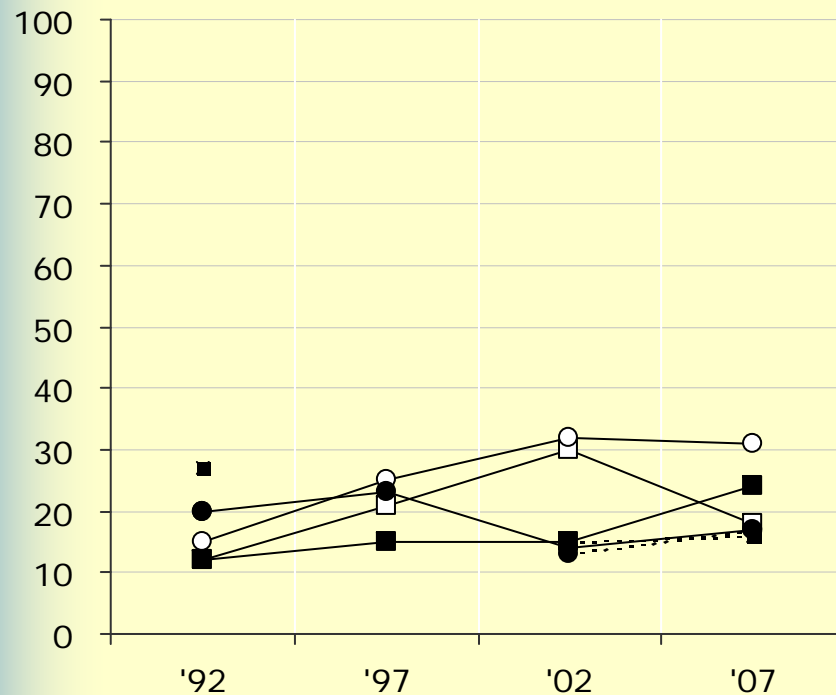
Trends 1992-2007

Tennis?

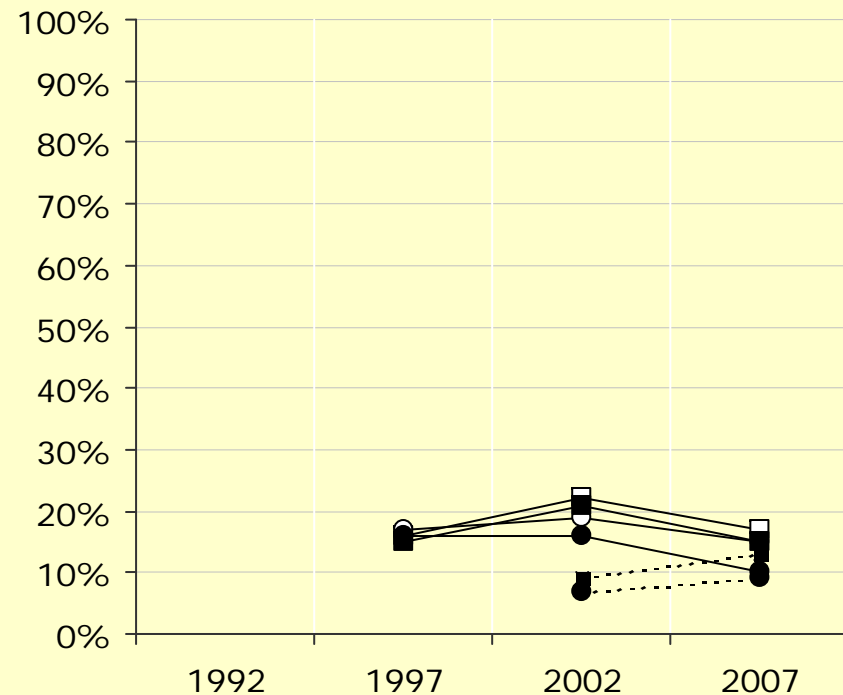
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 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % weekly

Guernsey



SHEU



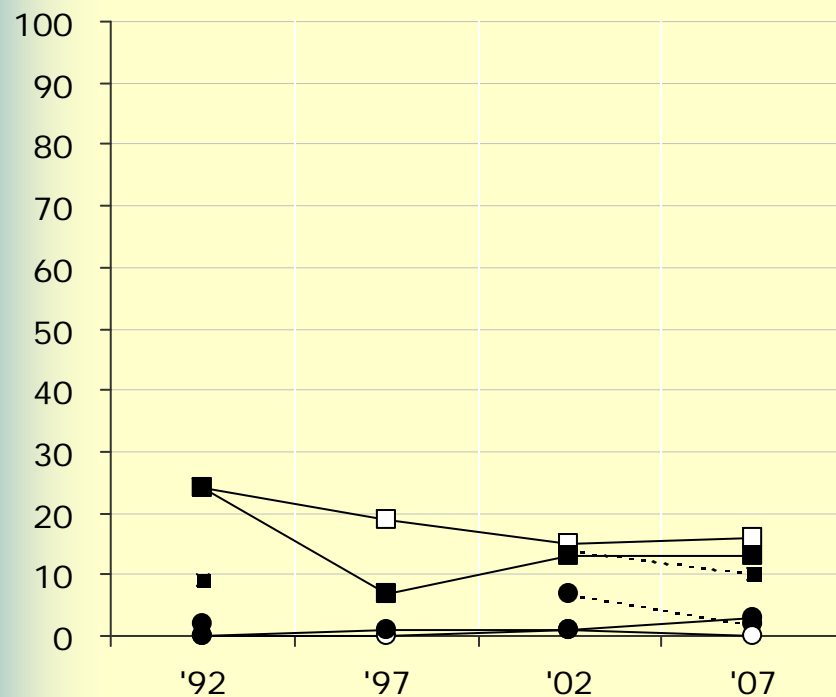
Trends 1992-2007

Rugby?

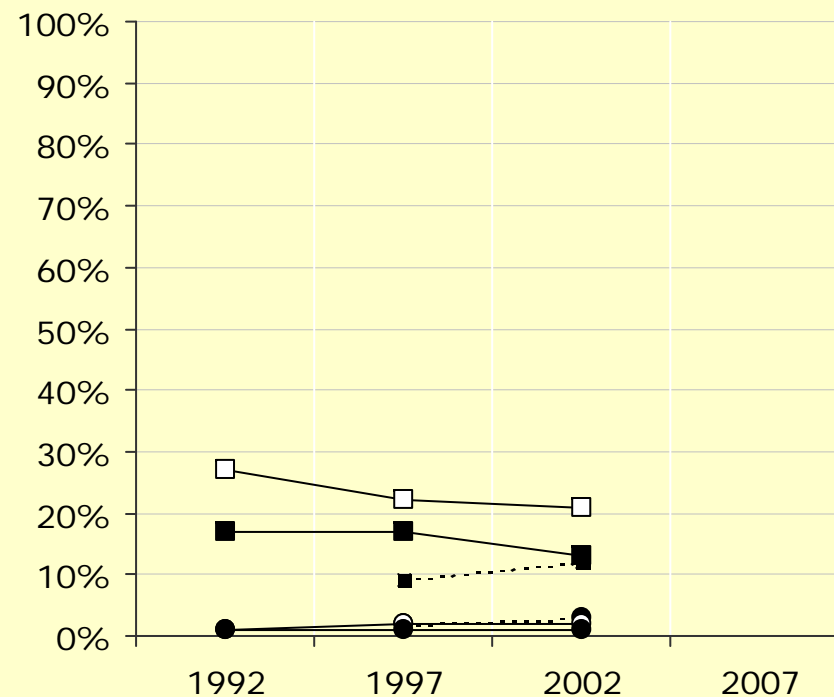
Key:
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 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ % weekly

Guernsey



SHEU



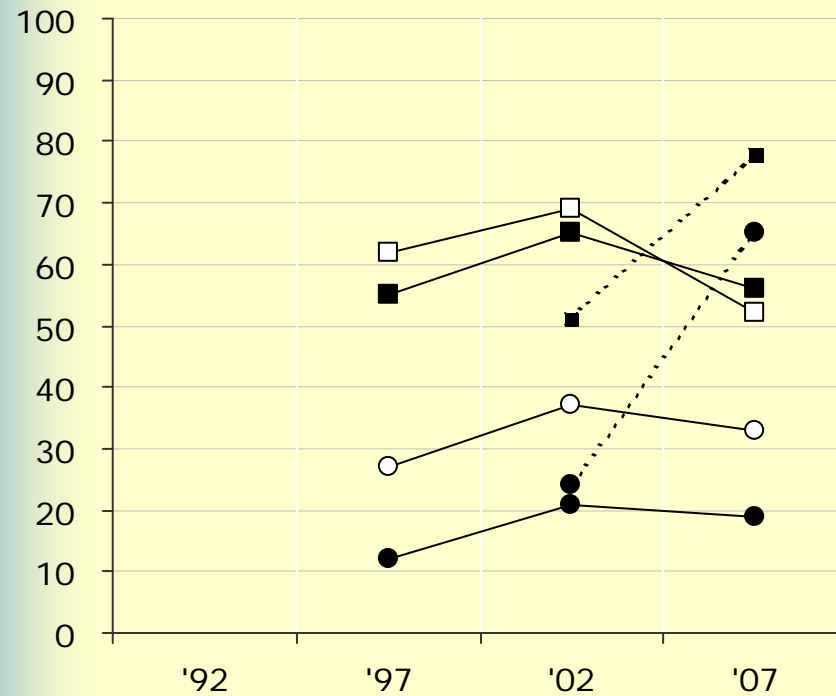
Trends 1992-2007

Computer games after school?

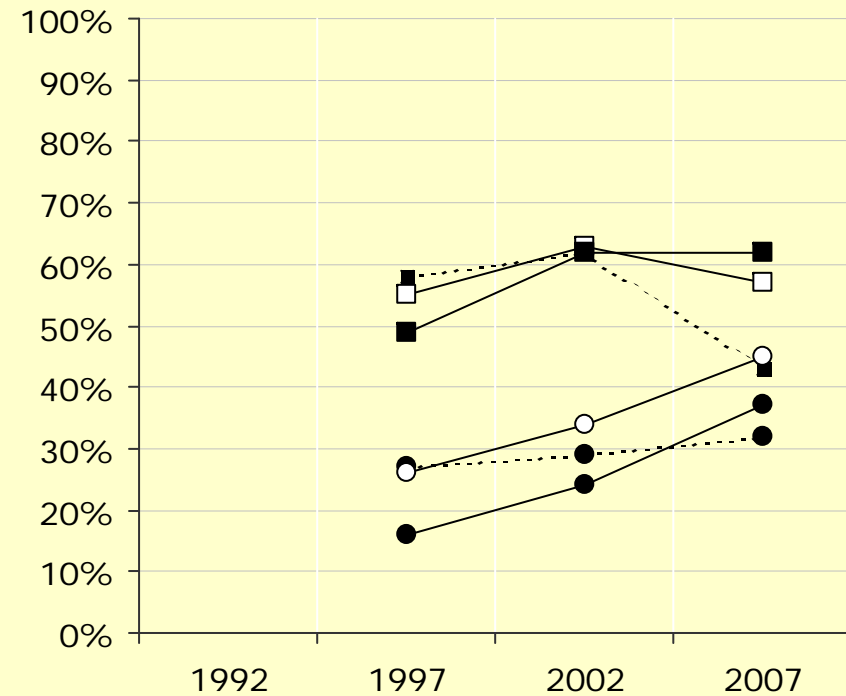
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 --■-- Yr 10 M
 --●-- Yr 10 F

■ %
 criterion

Guernsey



SHEU



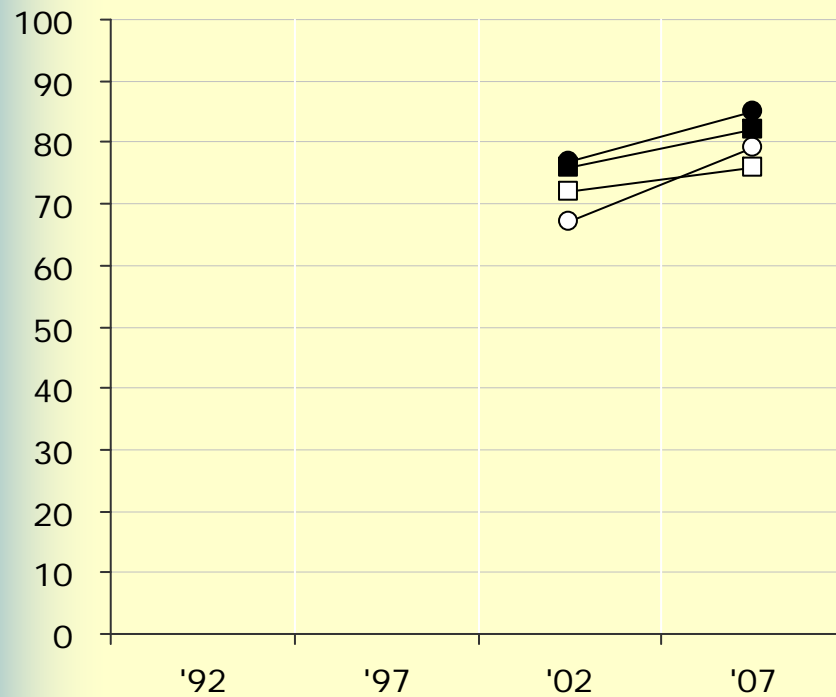
Trends 1992-2007

Internet at home?

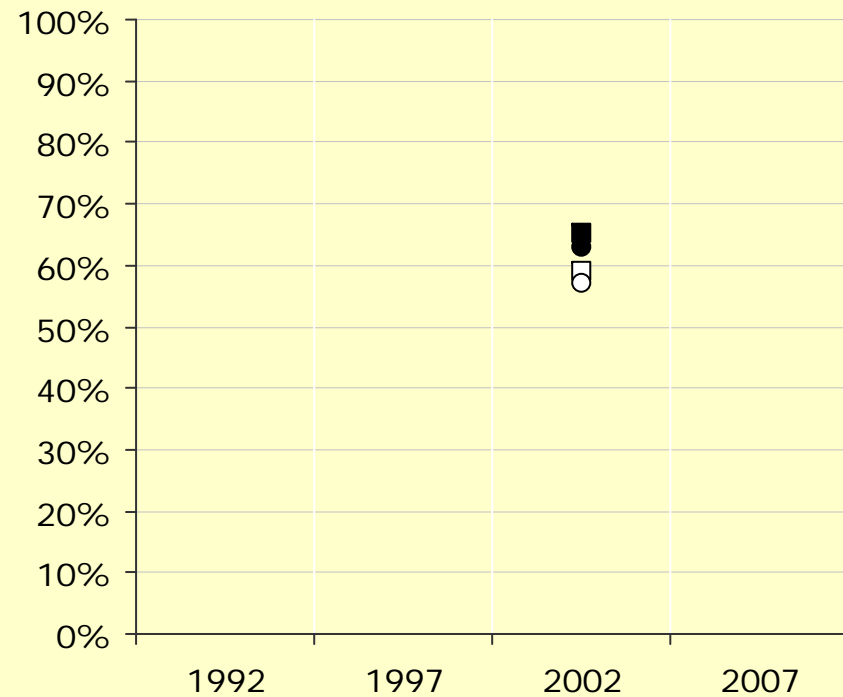
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--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ %
criterion

Guernsey



SHEU



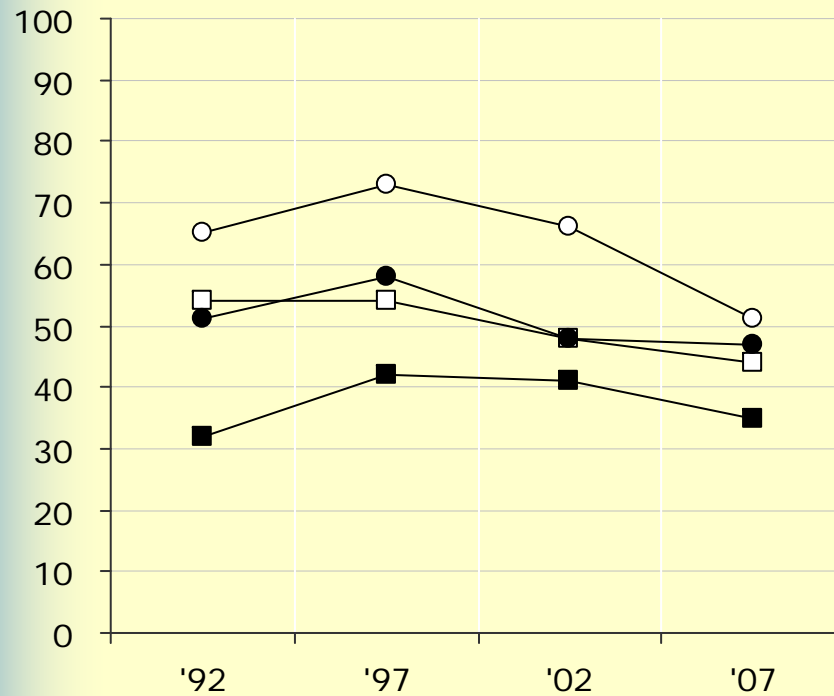
Trends 1992-2007

Care for pets last night?

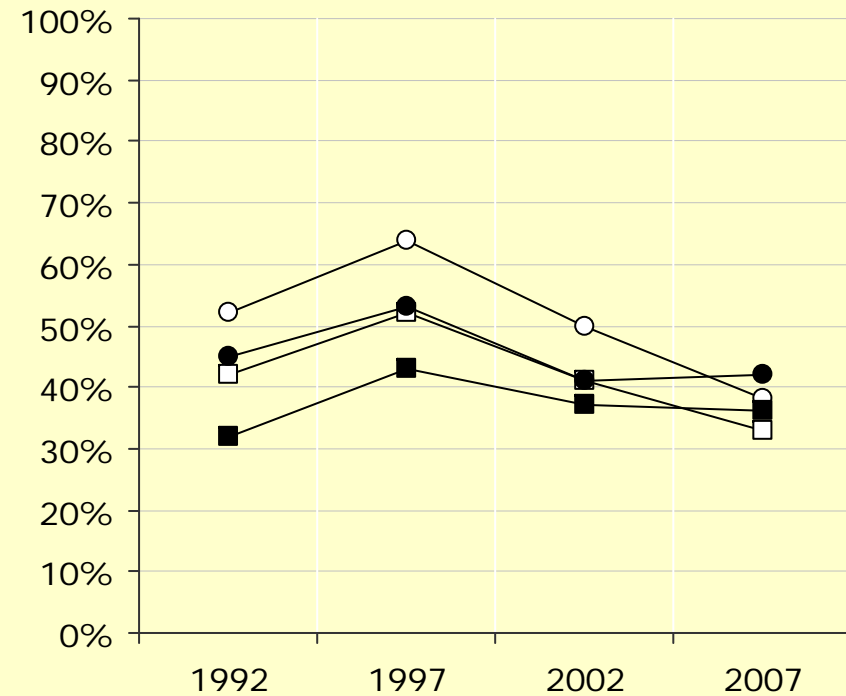
Key:
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--□-- Yr 8 M
--○-- Yr 8 F
--■-- Yr 10 M
--●-- Yr 10 F

■ %
criterion

Guernsey



SHEU



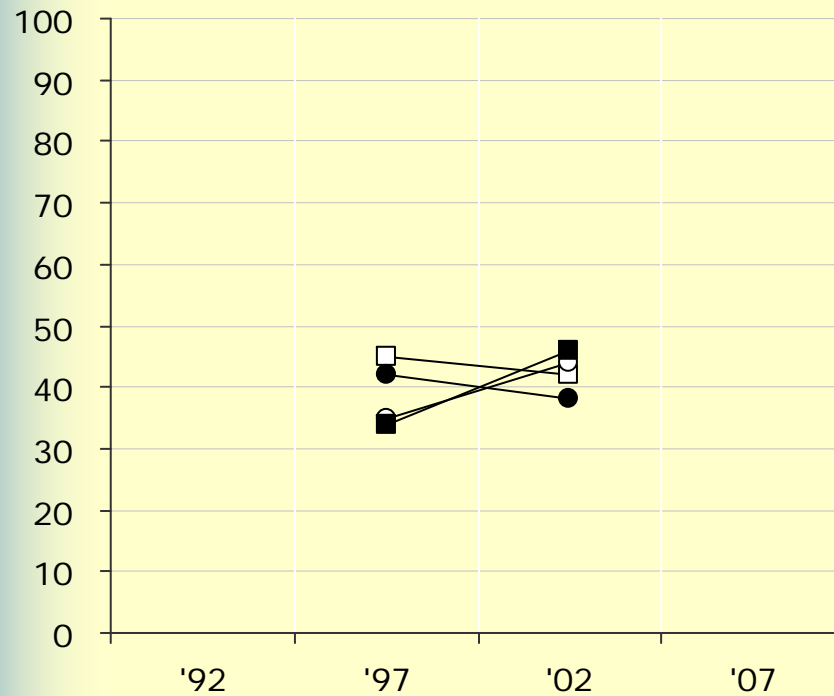
Trends 1992-2007

Put money into savings
last week?

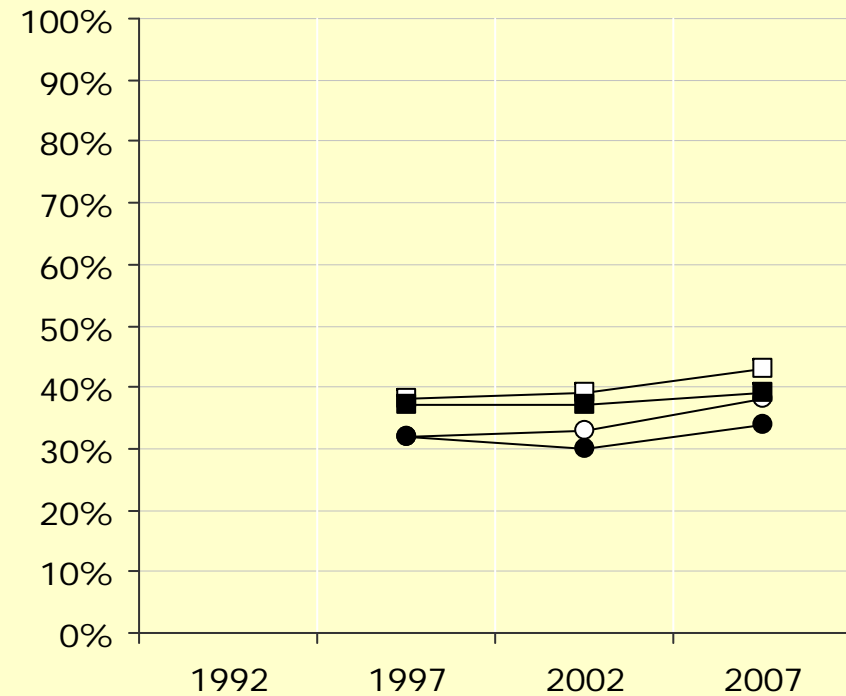
Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ %
 criterion

Guernsey

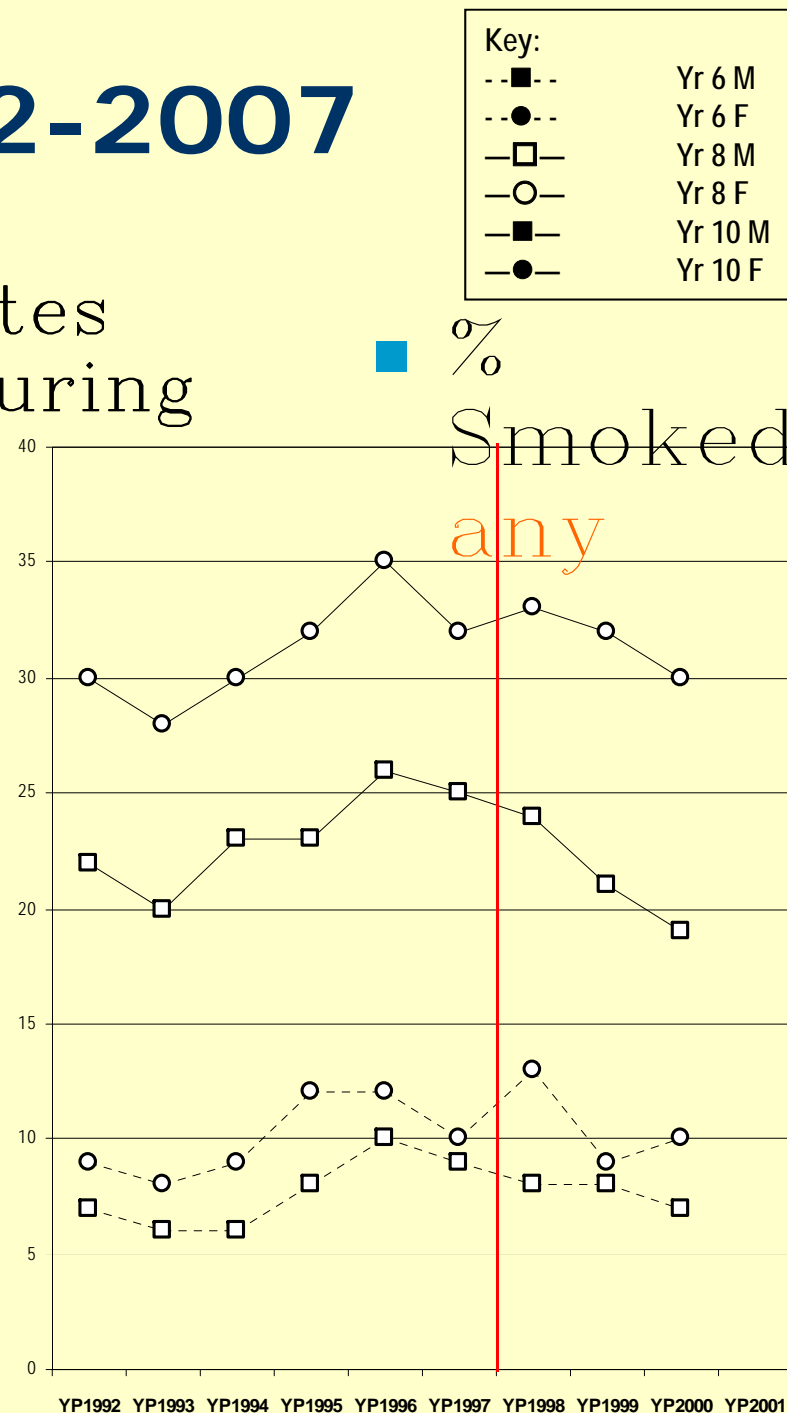


SHEU



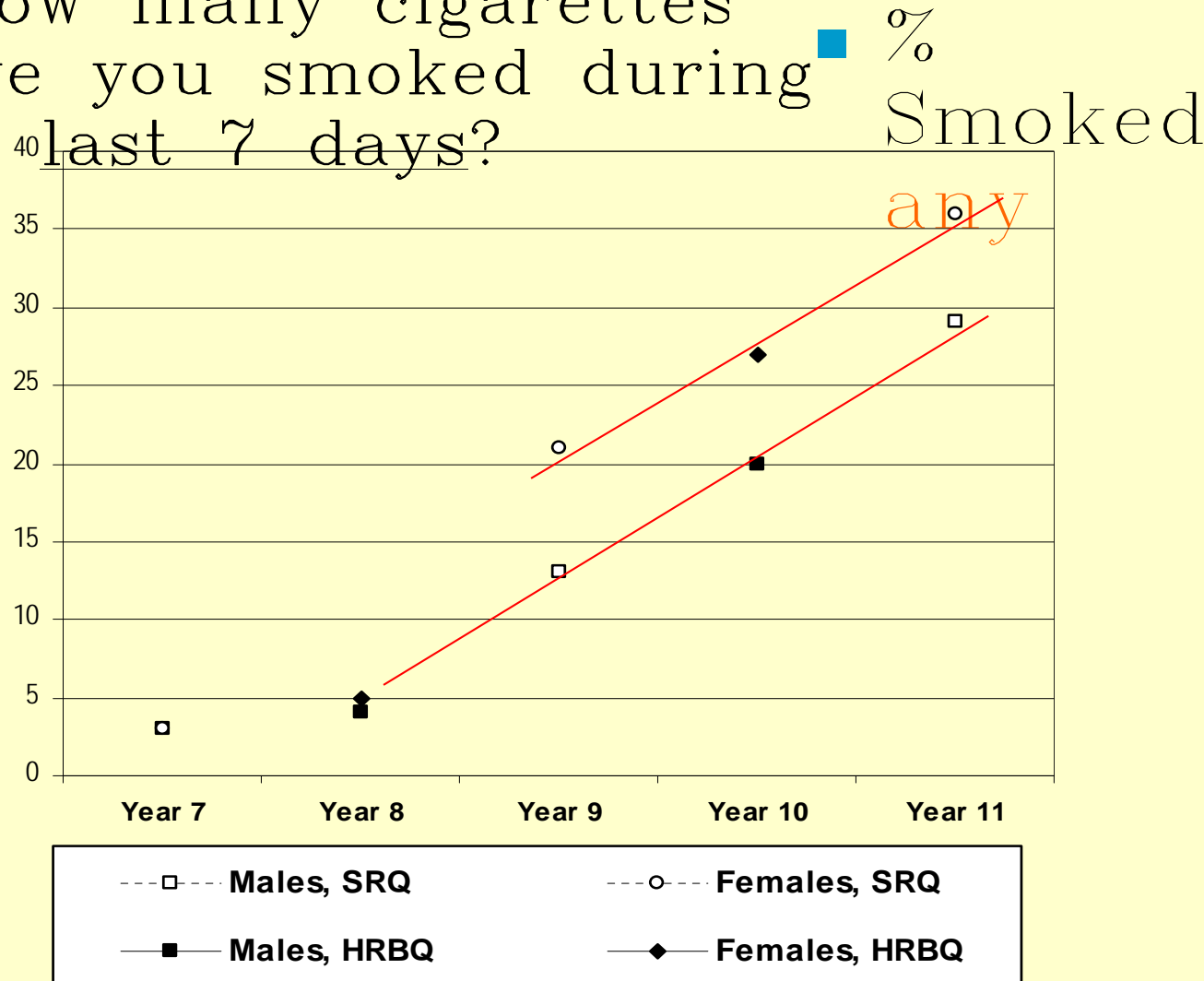
Smoking 1992-2007

D8 How many cigarettes
have you smoked during
the last 7 days?



Smoking in one area using two questionnaires

D8 How many cigarettes have you smoked during the last 7 days?



Trends 1992-2007

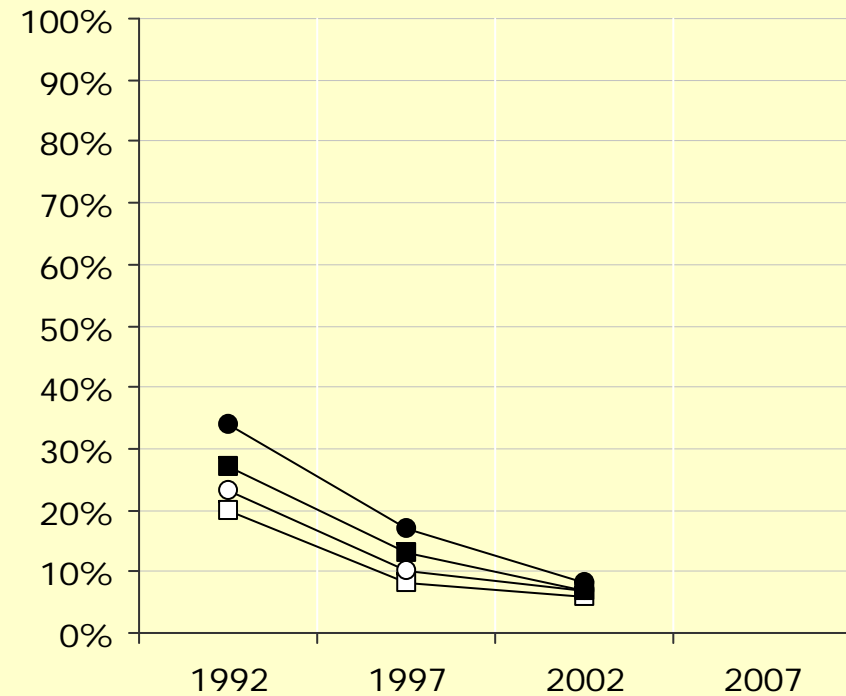
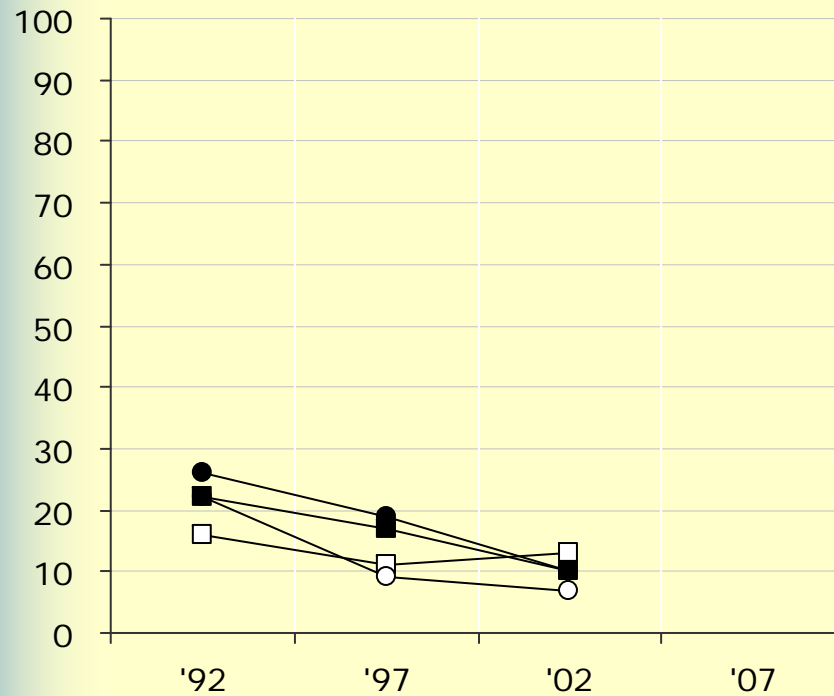
Worry about AIDS/HIV?



Guernsey

■ % quite a lot/very much
SHEU

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F



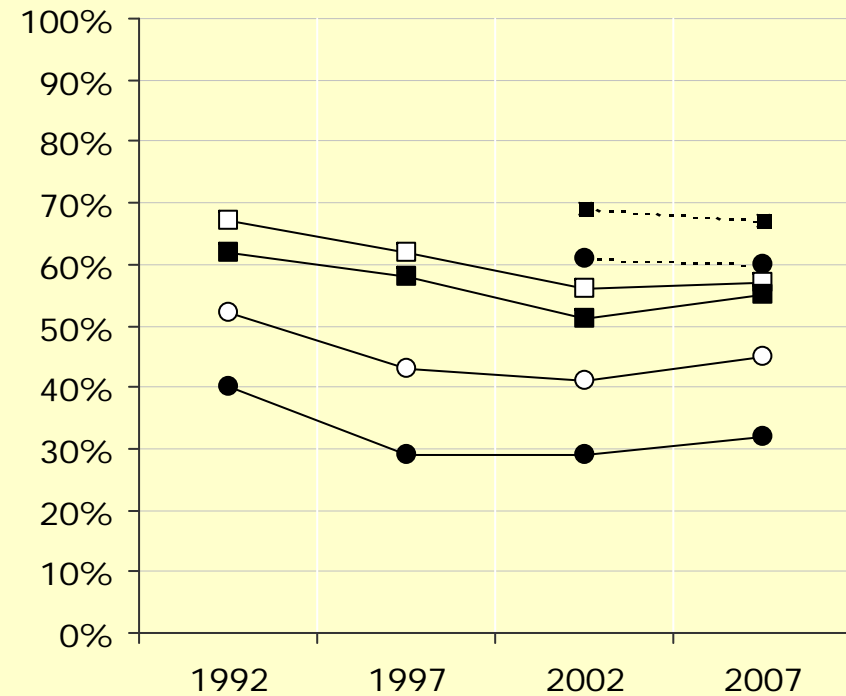
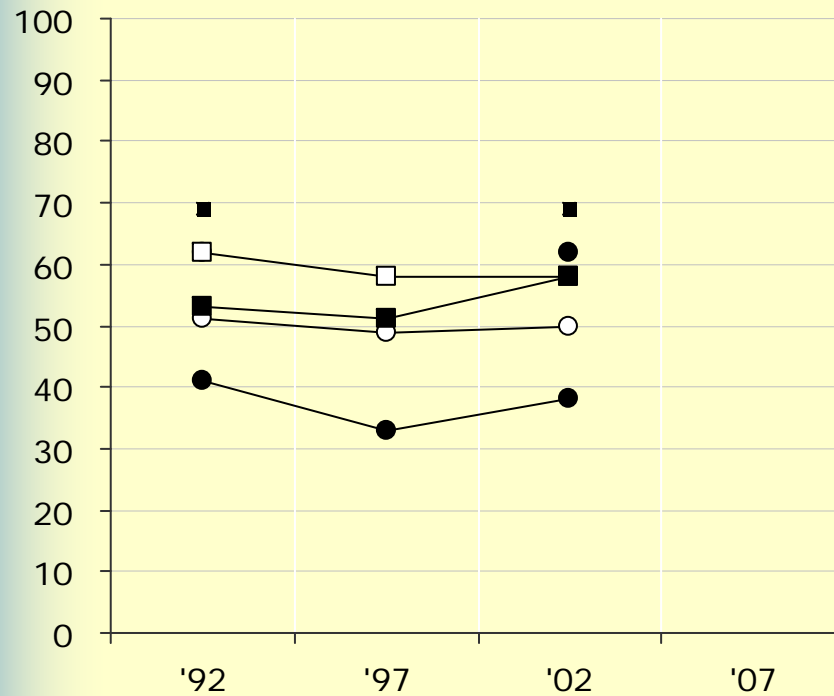
Trends 1992-2007

How fit do you think you are?

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

■ %
 quite/very
 fit

Guernsey



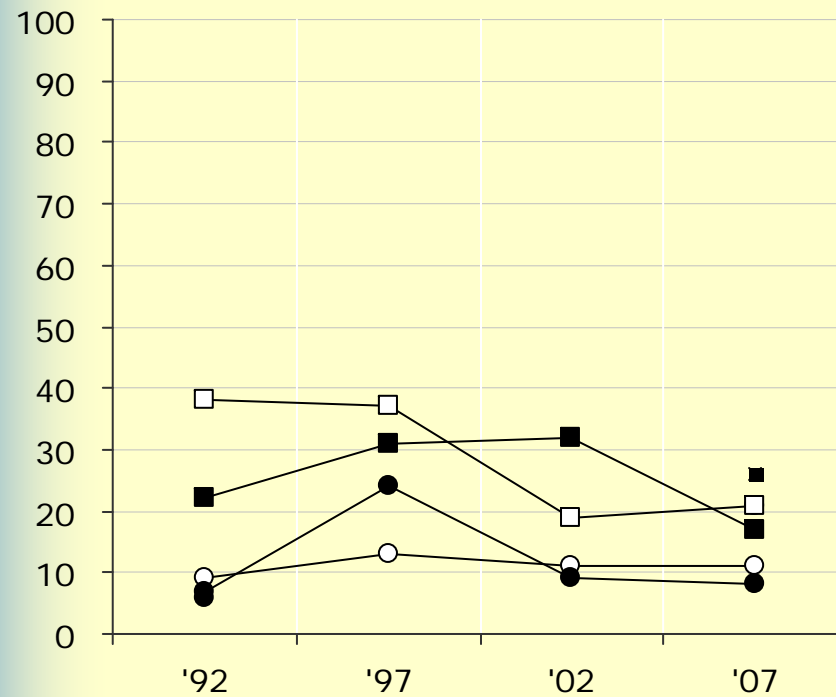
Trends 1992-2007

Basketball?

■ % weekly

Key:
 --■-- Yr 6 M
 --●-- Yr 6 F
 --□-- Yr 8 M
 --○-- Yr 8 F
 --■-- Yr 10 M
 --●-- Yr 10 F

Guernsey



SHEU

