

CONTACT US

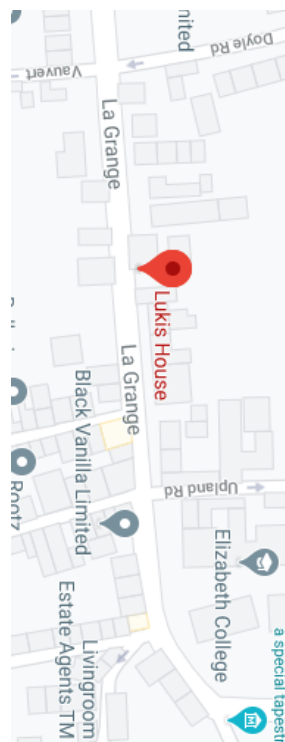
For further information contact the
School Nursing Team:

☎ 01481 222011

✉ SchoolNurses@gov.gg

🌐 www.gov.gg/schoolnurses

+ School Nursing Service, Lukis
House, Grange Road, St Peter Port,
Guernsey, GY1 2QG



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USEFUL WEBSITES & TELEPHONE NUMBERS

Multi Agency Support Hub (MASH)

If a child you know of is in need of support services
Tel: 01481 223182.

Youth Commission

Offering support to children and young people
through a variety of different groups of 1:1 sessions,
Tel: 226099 / info@youthcommission.gg
www.youthcommission.gg

Choices

For contraception and sexual health advice,
Tel: 714954 / info@choices.gg / www.choices.gg

Quitline

Support to stop smoking, Tel: 01481 233170
www.gsyquitline.com

Talk to Frank

Advice and information about drugs and alcohol.
www.talktofrank.com

ERIC

Advice for constipation, soiling and day & night-time
wetting.
www.eric.org.uk

Young Minds

Advice and information about children and young
people's mental health.
youngminds.org.uk

Health for Kids/Teens

For information and advice on a range of health
issues,
www.healthforkids.co.uk or www.healthforteens.co.uk

Health Improvement Commission (HIC)

Creating the conditions for healthy eating and living
in the Bailiwick. Tel: 233522 / Healthimprovement.gg

Looking for lunchbox ideas? Scan this
QR code for 50 ideas for little
lunchboxes for children aged 1—5
years.



States of Guernsey
Public Health Services

SCHOOL NURSING SERVICE



OUR PHILOSOPHY

School age children have an equal right to
access good health care.
Their individual ability to take responsibility for
making their own health decisions and choices
should be respected.
We aim to promote the key areas identified in
'The Guernsey and Alderney Children and
Young People's Plan (CYPP) 2016 - 2022'
This holistic approach can enable children to
obtain the maximum benefit from their
education and achieve their full potential.

ABOUT OUR SERVICE

The School Nursing Service takes over from the Health Visiting Service and offers advice and support to children and young people and their families from the ages of 5 - 19.

We are a team of qualified experienced nurses from a variety of backgrounds, delivering public health interventions to improve health outcomes in the school-aged population.

We take the lead on delivering the Healthy Child Programme from 5 - 19 years old (DOH) working across Education and Health. We provide a link between school, family and the community with an aim of improving the health and wellbeing of children and young people.



HOW TO ACCESS THE SCHOOL NURSING SERVICE

If you would like support or advice from a School Nurse, please contact us or access a drop-in session.

Alternatively, schools and other professionals are able to complete a referral form and send it to us.

We have weekly meetings where referrals are discussed, triaged and allocated appropriately.

IMMUNISATIONS

The School Nursing Service gives immunisations to school age children following the United Kingdom Routine Immunisation Schedule (NHS).

We currently offer:

- **Nasal Flu** for eligible school children.
- **HPV** dose 1 in Year 8 and HPV dose 2 in Year 9.
- **Diphtheria, Tetanus and Polio and Meningitis ACWY Booster** in Year 9.



All immunisations we give to school age pupils are free of charge. Parents/Carers will receive information and a Consent Form to complete when vaccinations are due. Vaccinations will be given in school by an experienced nurse.

We hold catch up clinics at Lukis House for children who are not at school when we are immunising.

Please contact us if you have any questions or think your child has missed any immunisations.



DROP-IN SESSIONS

We offer drop-in sessions to parents at primary schools and deliver parent workshops on a variety of health issues eg sleep advice.



Secondary school students have access to a lunchtime drop-in session where students are able to access confidential support and advice from a School Nurse.

THE SCHOOL NURSING SERVICE ALSO OFFERS



- Advice on a child's growth and development.
- Hearing screening.
- Information about childhood immunisations.
- Strategies to help with sleep and routine.
- Help with constipation, soiling, day and night-time wetting.
- Advice for fussy eaters, healthy diet and exercise.
- Support for emotional wellbeing issues such as low-level anxiety, low mood, anger management.
- Information about smoking, drugs and alcohol.
- Support and advice on bullying, relationships and sexual health.
- Signposting to other services and groups such as the Youth Commission and Choices.

We are able to refer to specialist services, for example:

- Child & Adolescent Mental Health Services (*CAMHS*)
- Physiotherapy
- Audiology
- Orthoptist
- Paediatrician
- Dietician
- Multi-Agency Support Hub (*MASH*)