



States of  
Guernsey

## Freedom of Information Request

**Date of receipt:** 20 March 2022

**Date of response:** 14 April 2022

### Freedom of Information request regarding referrals to the Healthy Minds service

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#### **Request:**

I would like to make an information request for the following points under the Freedom of Information code.

- The total number of people accessing the Healthy Minds service (through self-referrals or GP referrals) in 2018
- The total number of people accessing the Healthy Minds service (through self-referrals or GP referrals) in 2019
- The total number of people accessing the Healthy Minds service (through self-referrals or GP referrals) in 2020
- The total number of people accessing the Healthy Minds service (through self-referrals or GP referrals) in 2021

#### **Response provided by The Committee *for* Health & Social Care:**

A self-referral pathway to the Healthy Minds Service was introduced in October 2019. This has generally seen a % reduction in the number of people referred to the service but who are not ready for therapy at that time so do not attend appointments. Although remote services were available during the Bailiwick lockdowns in 2020 and 2021, the circumstances of some individuals impacted their ability to access the service remotely and these years are therefore not considered typical.

	No. of referrals	Referral route	DNA* rate % % DNA (of total contacts)
<b>2018</b>	1449	GP referral 100% / Self-referral 0%	18%
<b>2019</b>	1491	GP referral 88% / Self-referral 12%	16%
<b>2020</b>	924	GP referral 22% / Self-referral 78%	7%
<b>2021</b>	912	GP referral 12%/ Self-referral 88%	9%

\* Did not attend

**14 April 2022**