



Guernsey Young People's Survey 2013



Background

- In the Spring of 2013, 1500+ local young people aged between 10 and 17 years took part in a survey which was designed to find out their views and attitudes to life in Guernsey.
- Students in school years 6, 8 and 10 undertook the survey on-line (75% of the cohort completed the survey). A follow-up survey of pupils in years 12 and 13 will be undertaken in early 2014.
- Similar surveys have been undertaken since 1980's – this allows us to measure changes overtime
- The Survey was overseen and validated by the Schools Health Education Unit – who administer surveys for 70,000+ students in UK

Questions asked

- Over 70 questions were asked and covered the following aspects of young people's lives:
- **Being healthy-** incidence of smoking; drinking and drug use; levels of self-esteem; exercise and activity; concerns about weight.
- **Being Safe-** concerns about bullying/ levels of anxiety
- **Enjoying and Achieving-** What students like/ dislike about schools; plans for the future; involvement in after school activities; how much they participate in exercise.
- We also asked some general questions about ethnicity and family relationships.
- *'If I were Minister of Education I would.....'*

How we use the information

A report per school

Young People in Guernsey Schools

The Health-Related Behaviour Survey 2013



The community

- Full report published on Education website – www.education.gg/ypsurvey
- 50+ presentations to Boards, agencies, School councils, Employer groups
- Impact on practice – eg recent changes to drugs, alcohol, tobacco education in response to the survey

The Schools health Education unit have made the following comment regarding the findings of the Young People's Survey 2013

- *We are pleased to have the opportunity to revisit the views, attitudes and behaviours of the Bailiwick young people. Once again we commend Guernsey authorities and their young people for creating such a useful and comprehensive evidence base for the views, attitudes and behaviours of the Bailiwick of Guernsey's young people.*
- *We asked 70+ questions of 1500 young people and, as always, the survey demonstrates that your young people report honestly and conscientiously what it's like to be a young person in Guernsey in the 21st century.*
- ***The most striking developments reflected in the survey are the changes in behaviour of Guernsey's young people regarding drugs, alcohol and tobacco, where prevalence is all lower than before. Clearly much work has been undertaken to ensure that young people are aware of the issues associated with risk-taking behaviour and the vast majority of young people have responded by taking those messages on board and developing a sensible attitude to risk-taking behaviour.***
- ***Guernsey should be proud of the responsible attitude that its youth have reported through the website.***
- ***Nonetheless, the survey responses demonstrate some worrying findings which indicate the Bailiwick is not immune to the pressures faced by young people throughout the Western world. There are some areas of concern, especially amongst older students, regarding anxiety, self-esteem and happiness.***
- ***We are sure that this study will contribute to the continuing conversation that adults and young people are having locally about the best ways to give all young people in Guernsey a positive future.***

Youth Commission comment

- 'It's great to see the improving trends in several key areas and especially the general optimism of young people. Ensuring the voice of young people is heard in developing services for them is a priority of the Youth Commission and we look forward to working with others in ensuring that three key challenges they have identified are supported in the new Children & Young People plan'

Expert comment

- Embargoed until Friday 22nd November

General presentation - Thursday 21st November – 4.00pm at the Guernsey Grammar School

‘Expert’ analysis:

Yve Le Page, Health Promotion (tobacco/ food) - YLePage@hssd.gov.gg

Andrea Nightingale, Drug and Alcohol strategy - Andrea.Nightingale@gov.gg

Graham Chester – Exercise - Graham.Chester@guernseysports.com

Karen Hazzan – Emotional Health and Well-being - khazzan@education.gov.gg

Julie Duquemin – Sex and relationships - JDuquemin@education.gov.gg

Wayne Bulpitt – Youth commission - wayne.bulpitt@activegroup.gg

Angela Balding – Schools Health Education Unit - angela.balding@sheu.org.uk

Key Findings

- There has been a significant improvement in the behaviour of Guernsey's young people regarding drugs, alcohol and tobacco usage
- There are some areas of concern, especially amongst older students, regarding anxiety, self-esteem and happiness
- Socio-economic factors, especially family background, impact on young people's responses
- Trends, overtime, are broadly similar to those of young people in UK surveys – with some more positive responses from Guernsey students

Areas to be discussed

- Drugs, Alcohol and Tobacco
- Emotional health and Wellbeing
- Variations according to school populations
- Ethnicity, Exercise, Worries, Disability
- School
- Trends overtime
- ‘If I were Minister for Education...’

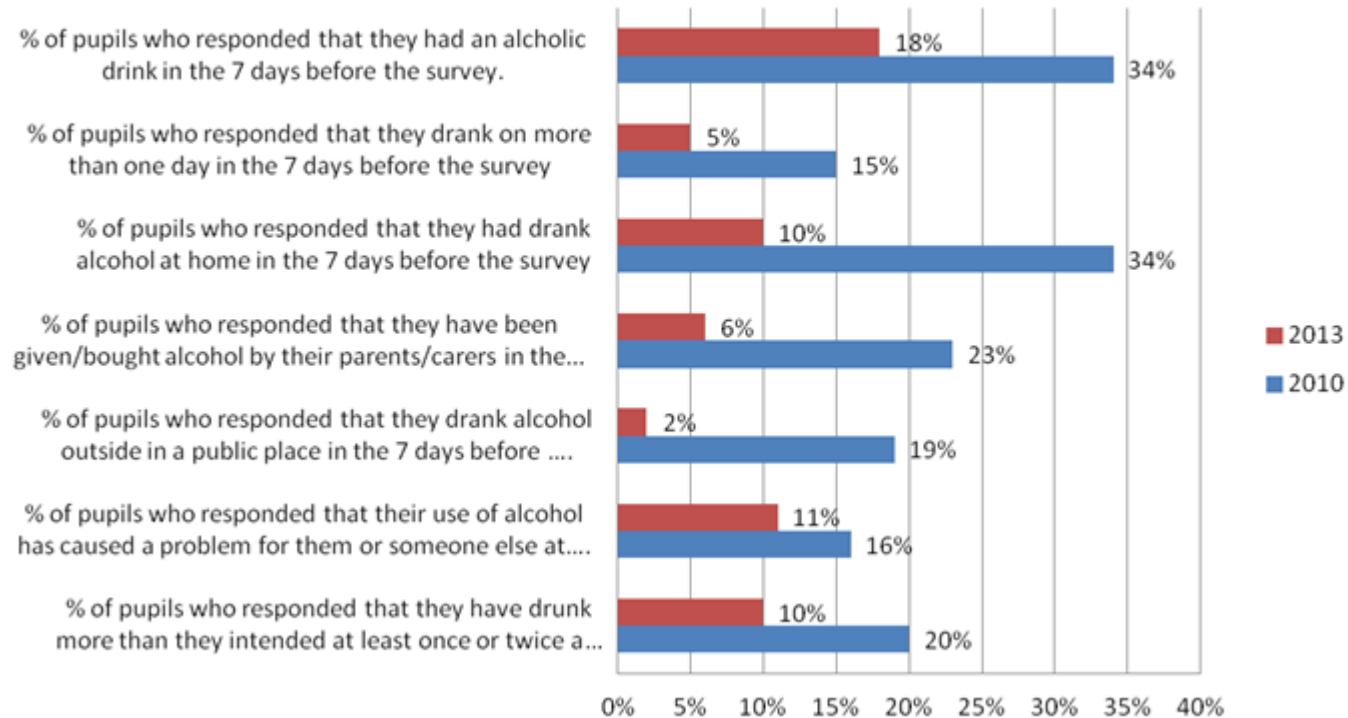
Drugs, Alcohol, Tobacco

Year 6 = 444 Students

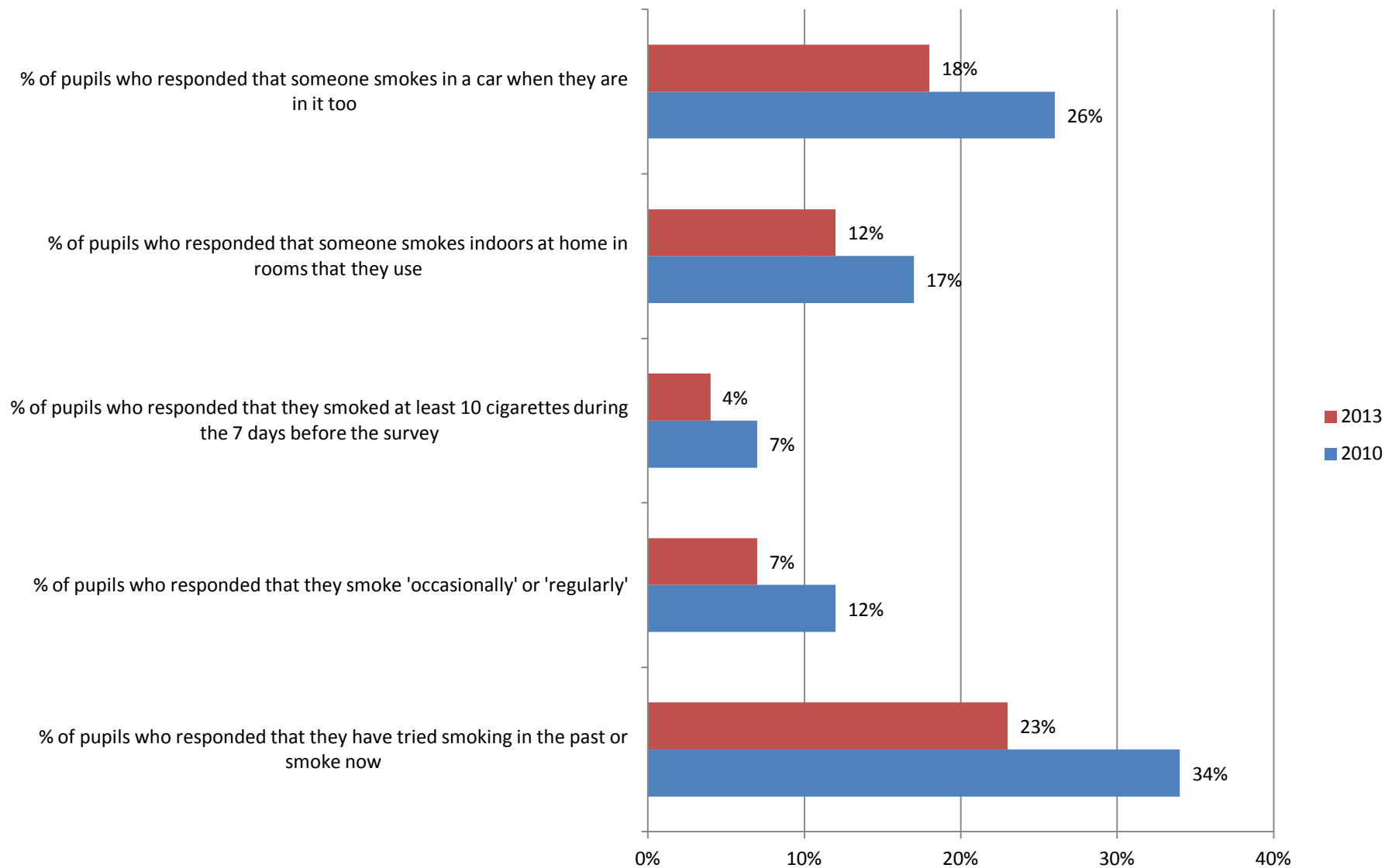
Year 8 = 525 Students

Year 10 = 457 Students

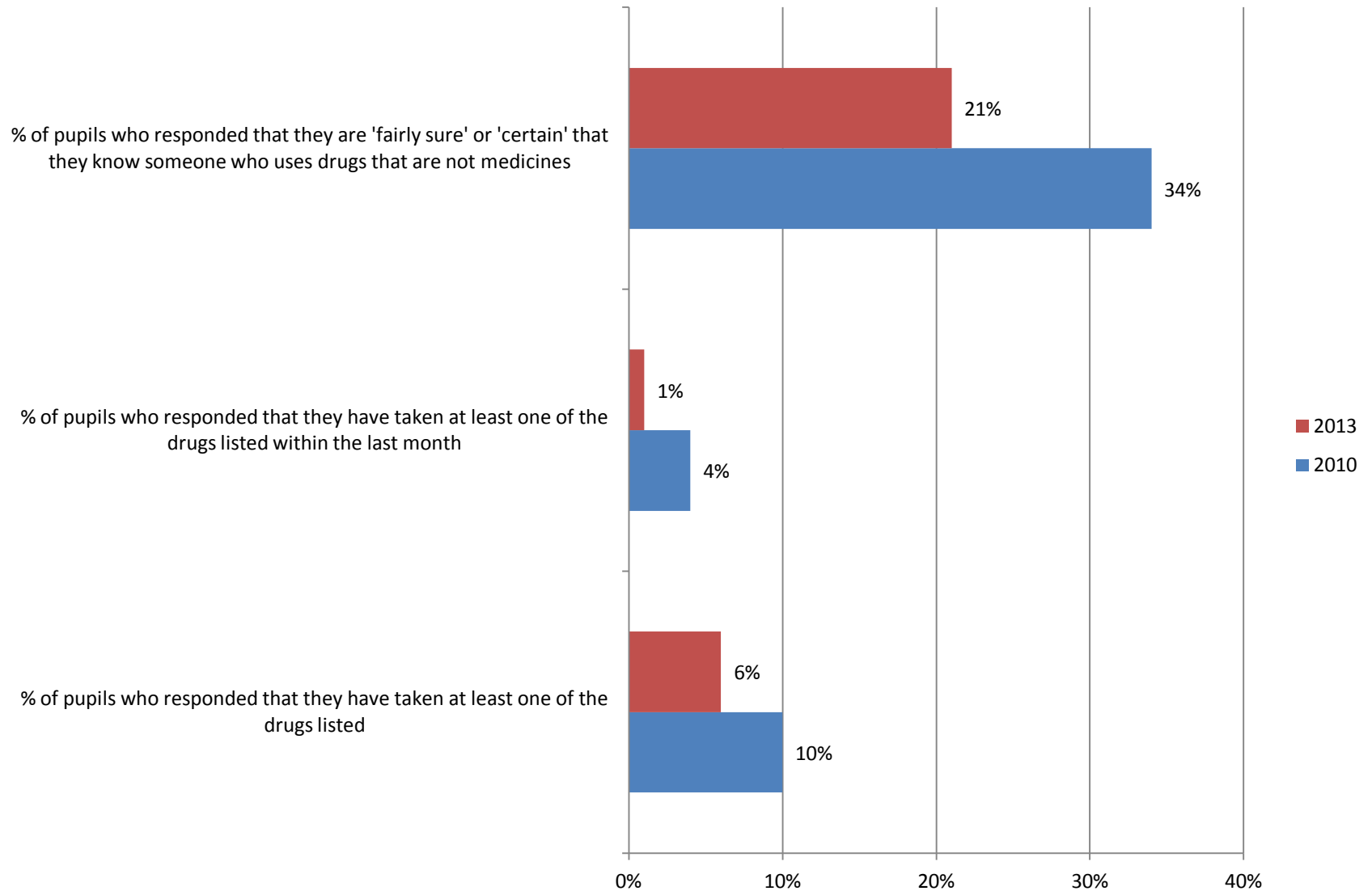
Alcohol Usage Years 8 -10



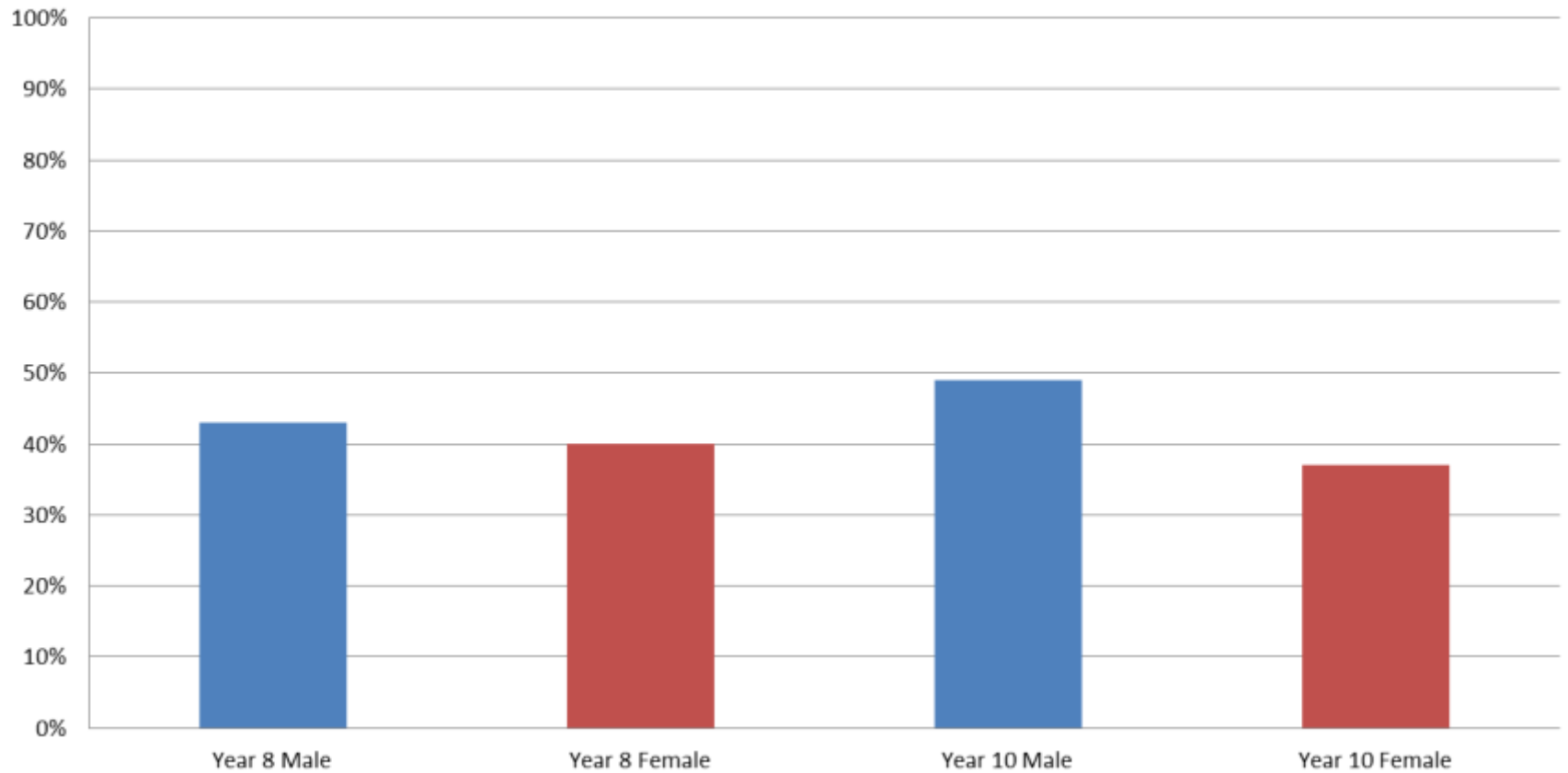
Tobacco Usage



Drugs use and exposure



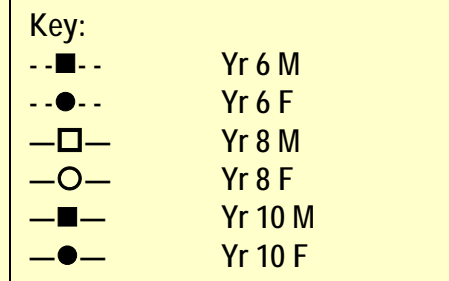
Students who drink "high energy" drinks at least once a month



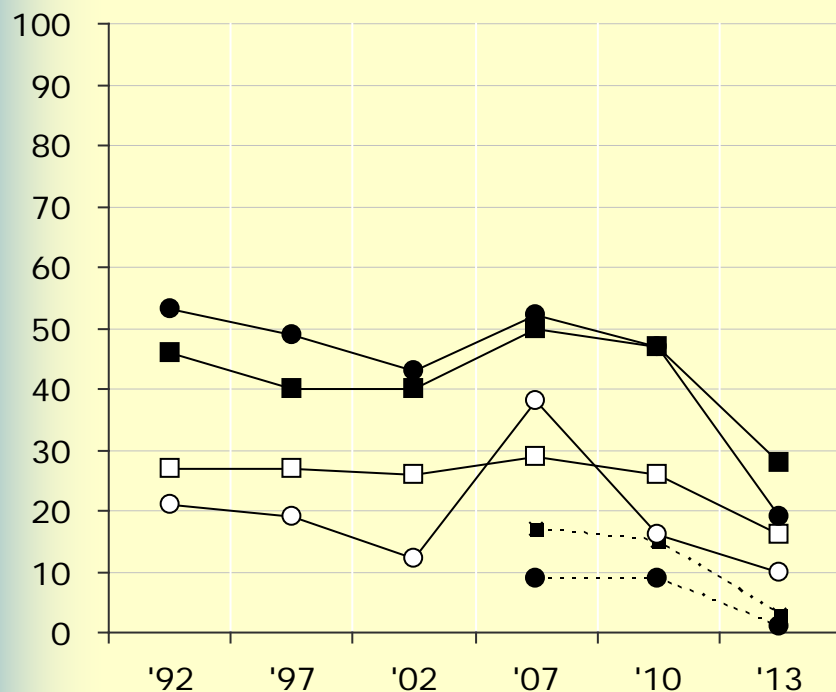
Trends 1992-2013

Alcohol last week?

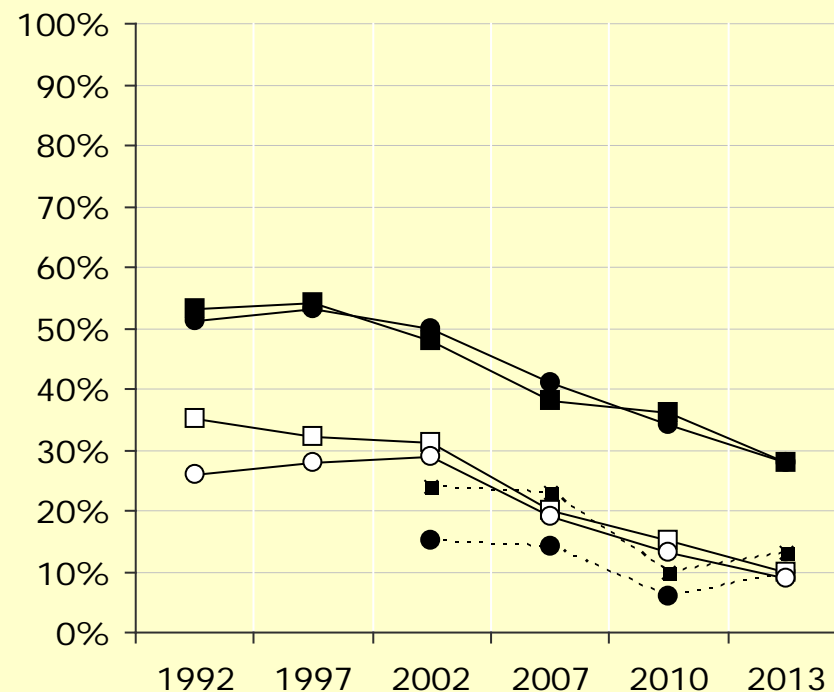
n % any



Guernsey



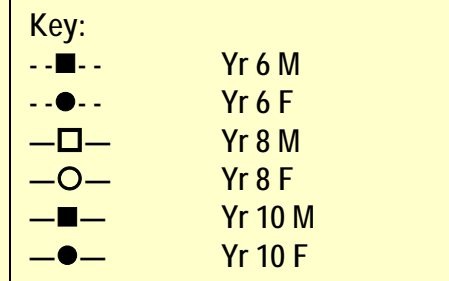
SHEU



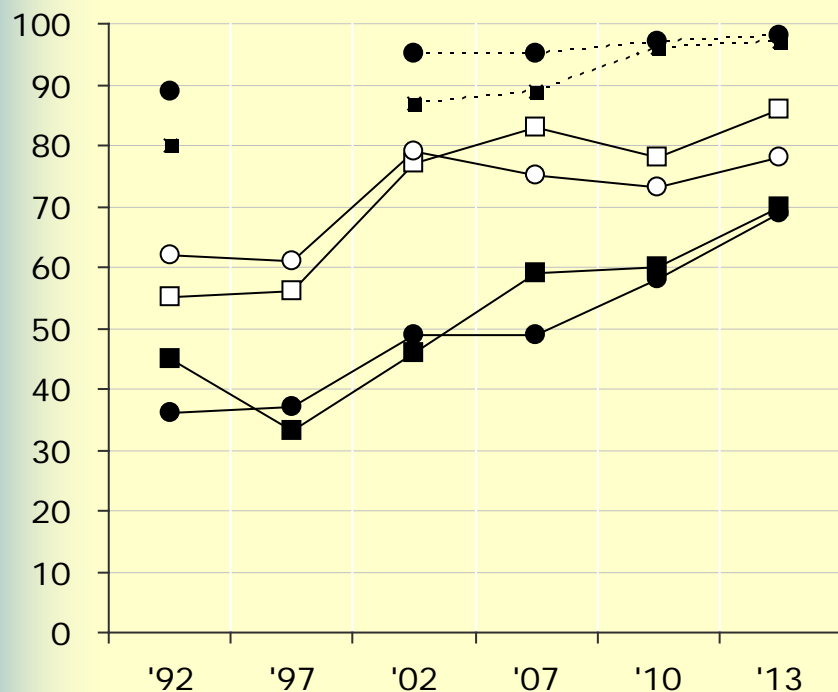
Trends 1992-2013

Never tried a cigarette?

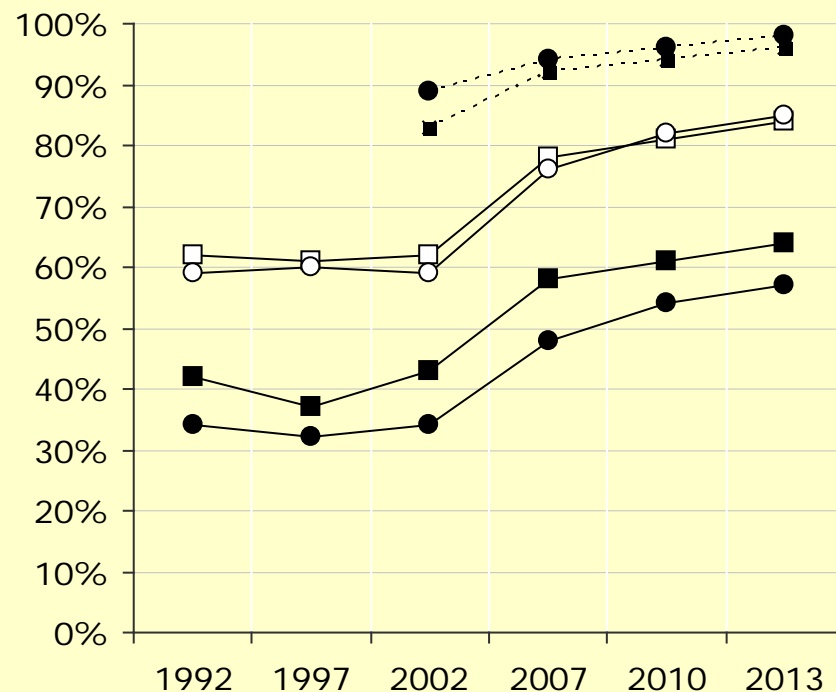
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Guernsey



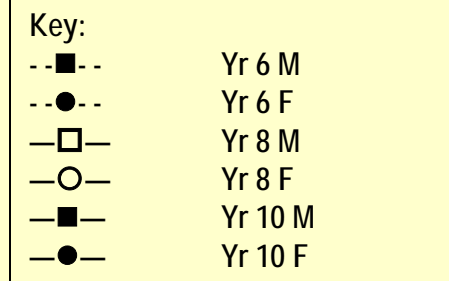
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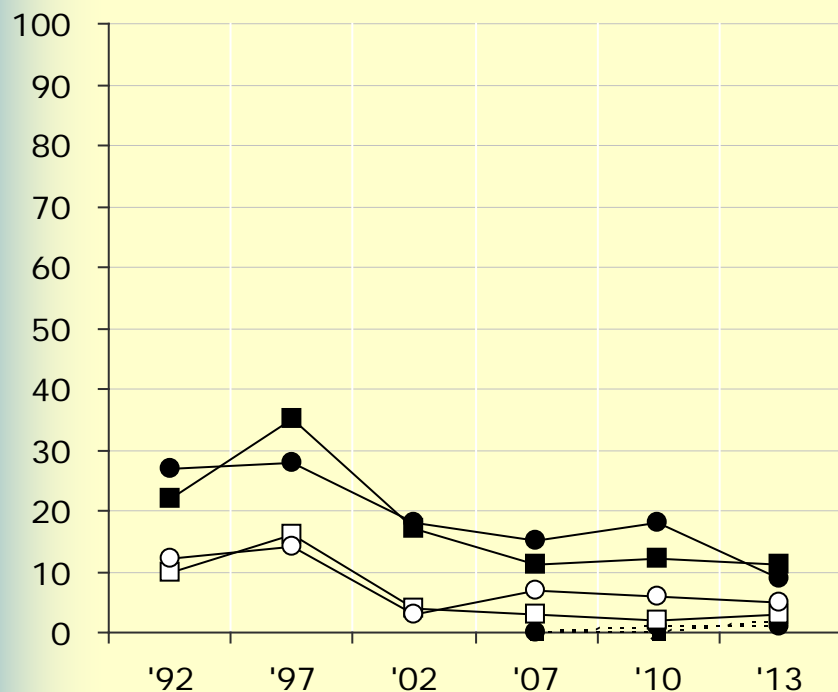
Smoking last week

No. cigarettes smoked last week?

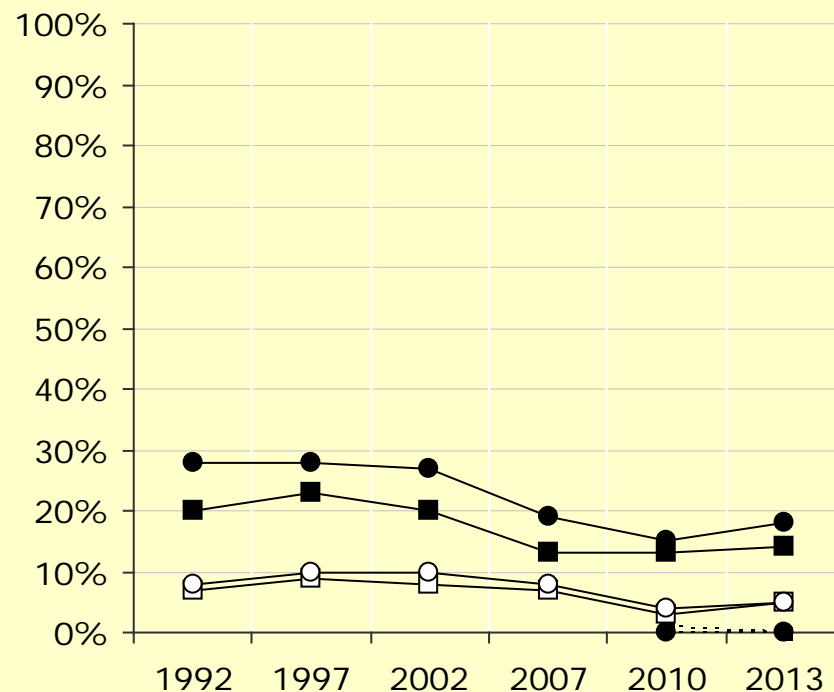
n % Any



Guernsey



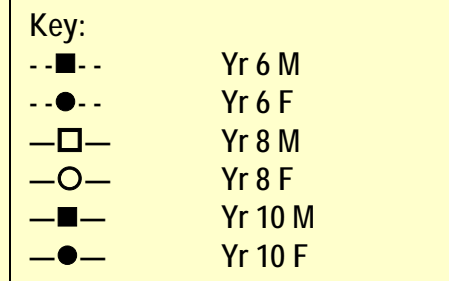
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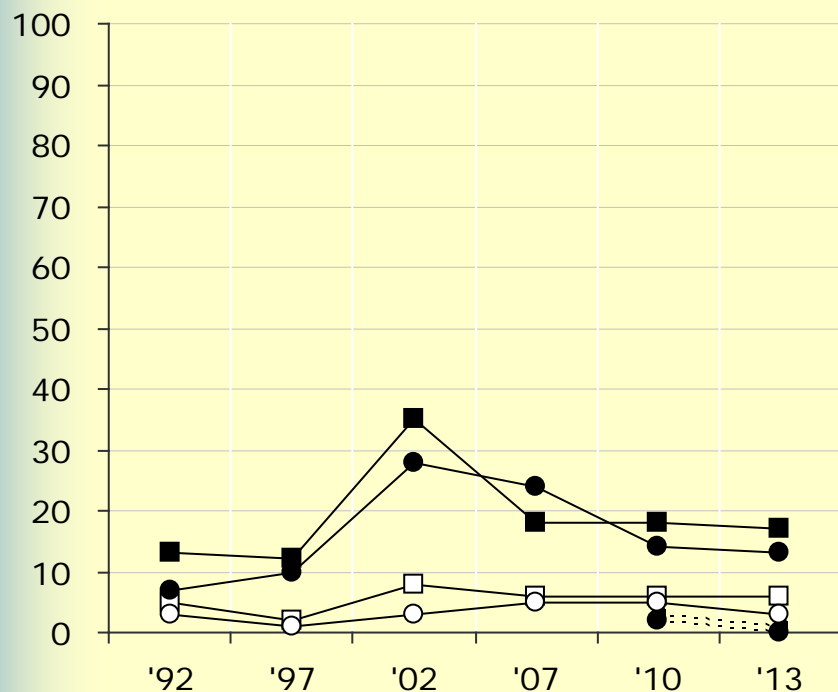
Trends 1992-2013

Ever offered cannabis?

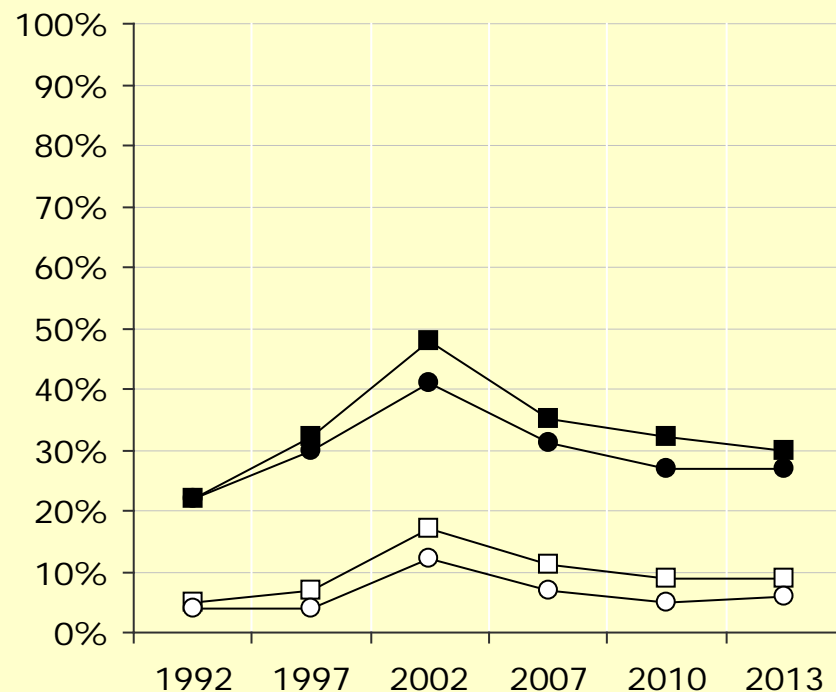
n % yes



Guernsey



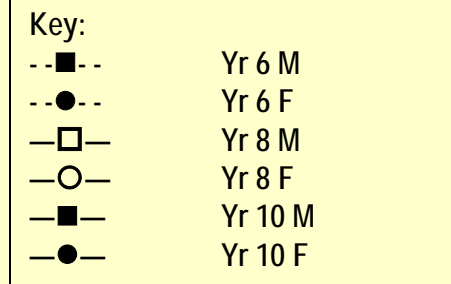
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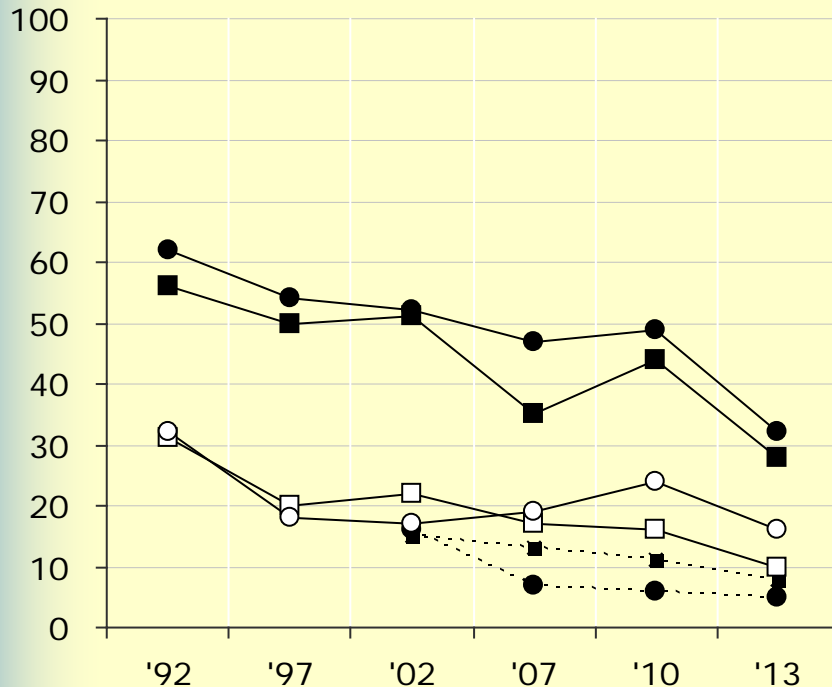
Trends 1992-2013

Know a drug user?

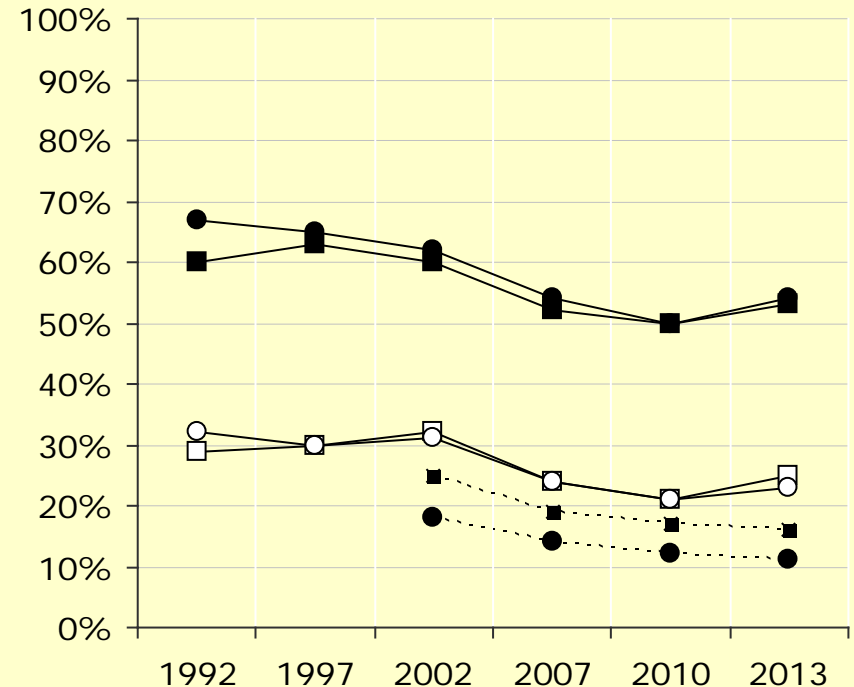
n % fairly sure
or certain



Guernsey



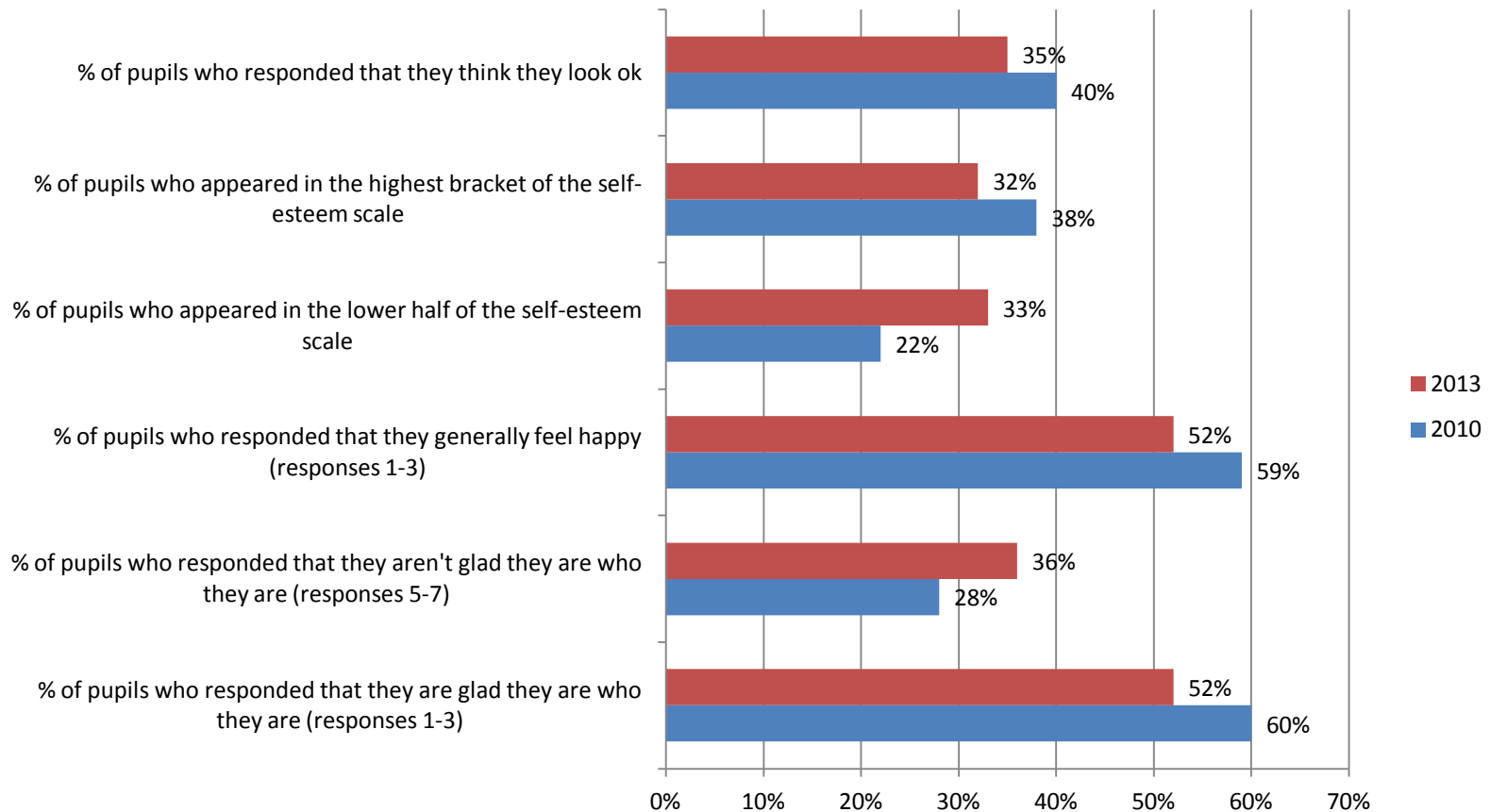
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Emotional Health and Wellbeing

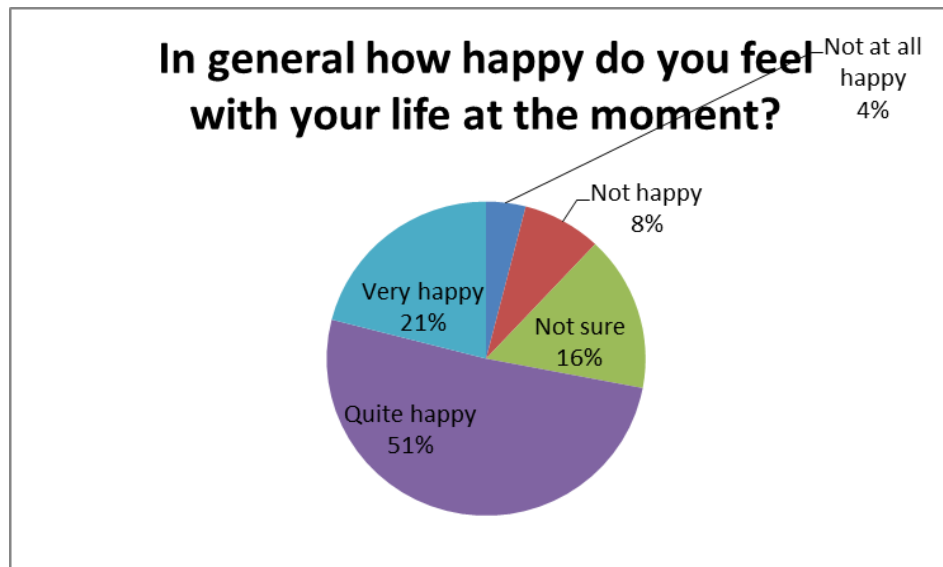
Emotional Health and Wellbeing

Self-esteem



Emotional Health and Wellbeing

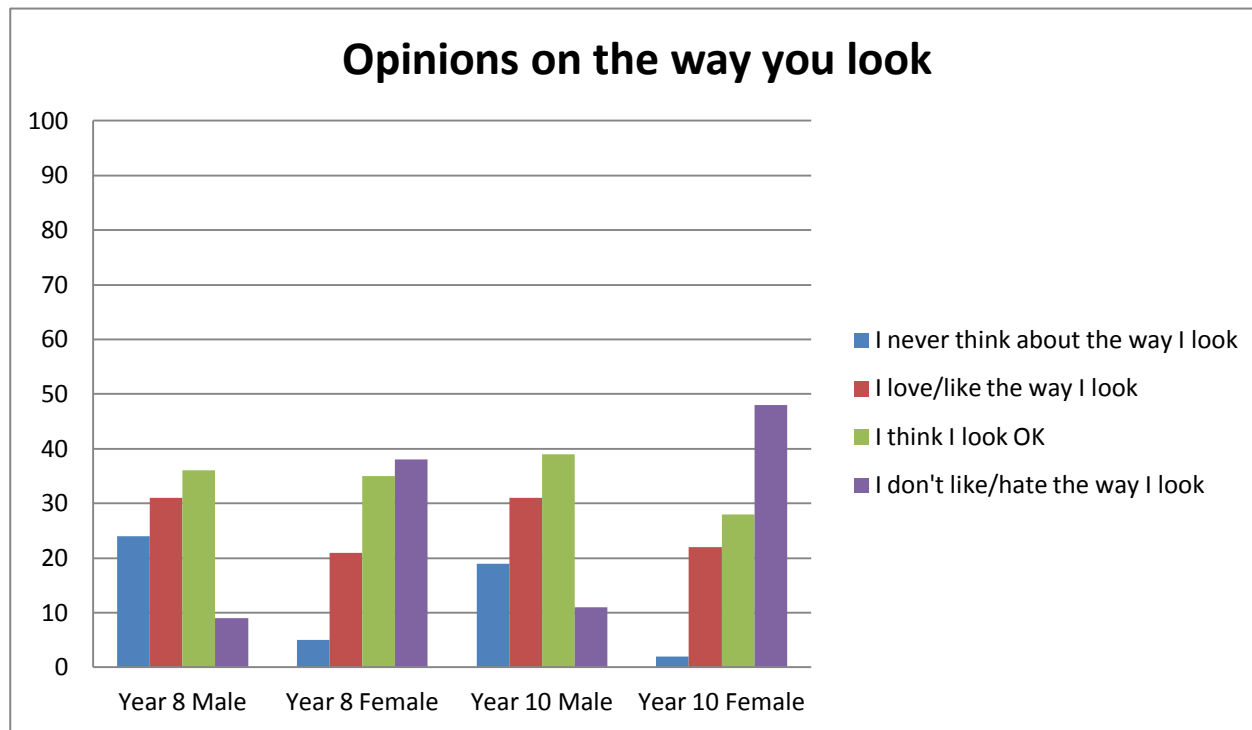
- Years 8+10 72% 'Happy', 12% 'Not happy'
- Year 6 85% 'Happy', 4% 'Not happy'
-



The way you look

- Year 6 7% boys, 8% girls don't like the way they look

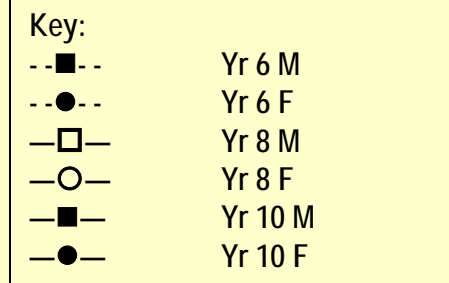
35% boys, 48% girls think they look ok



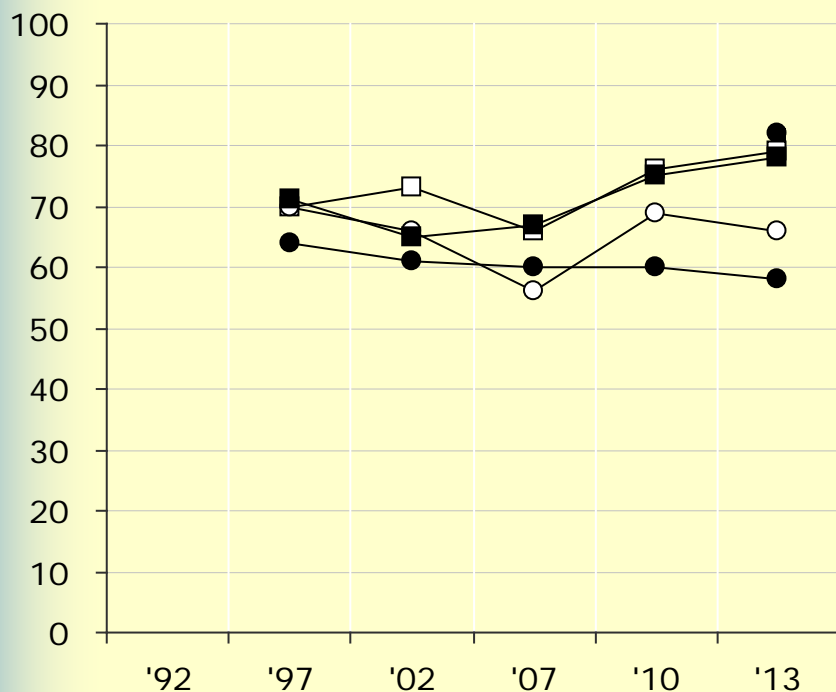
Trends 1992-2013

Happy with your life?

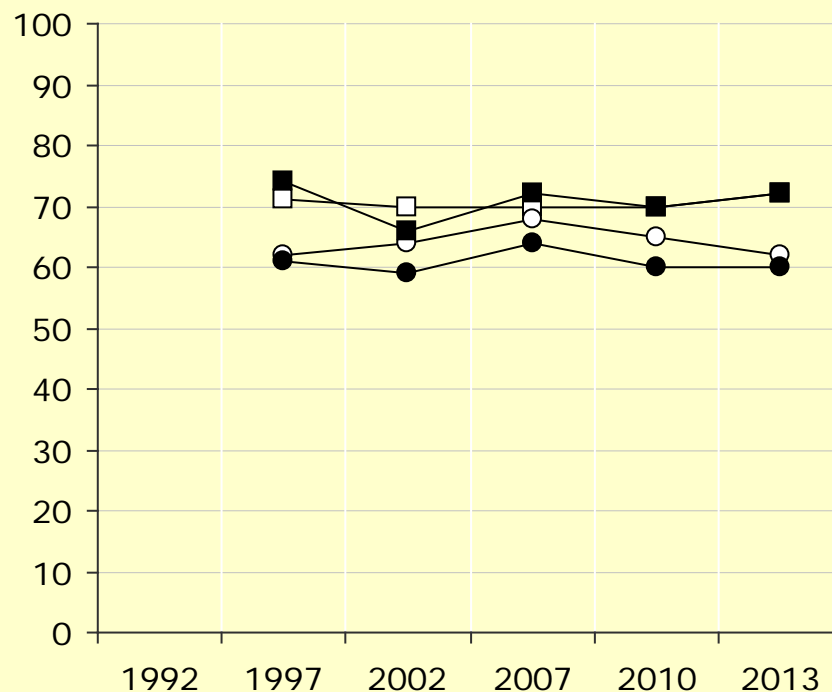
n % quite a lot/very much



Guernsey



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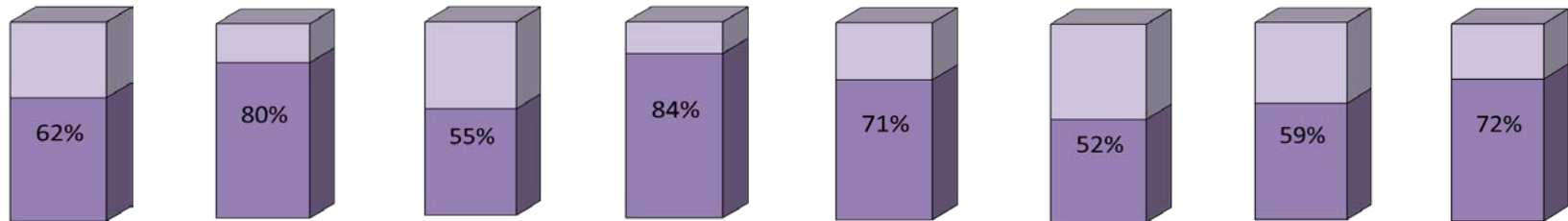


Variations according to school population

Variations according to school population – 7 secondary schools

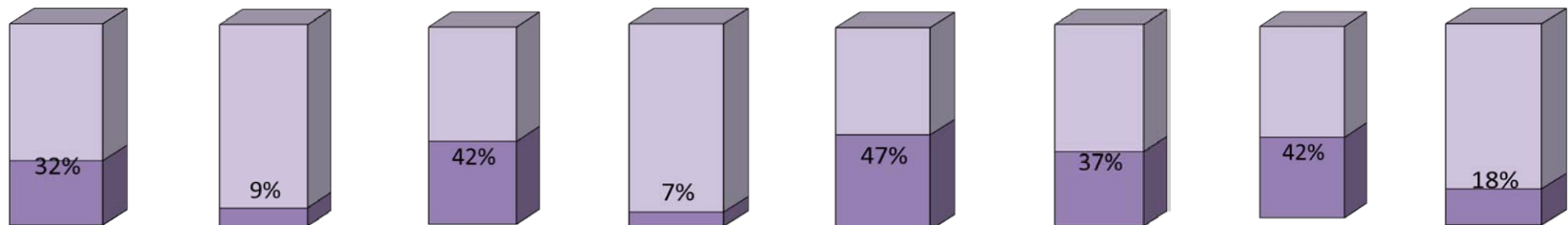
Live with mum and dad together

All



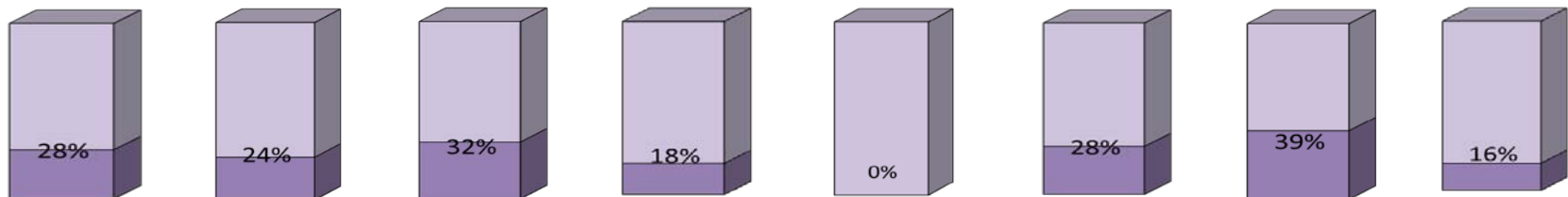
Parent smokes

All



Bullied in last 12 months

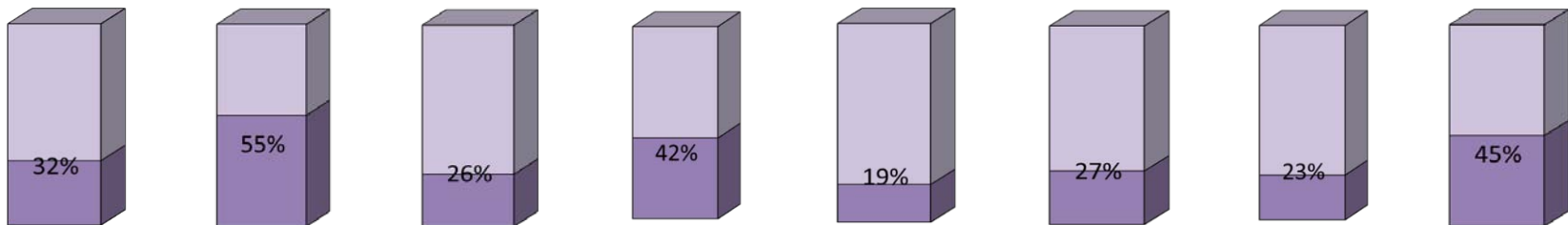
All



Variations according to school population – 7 secondary schools

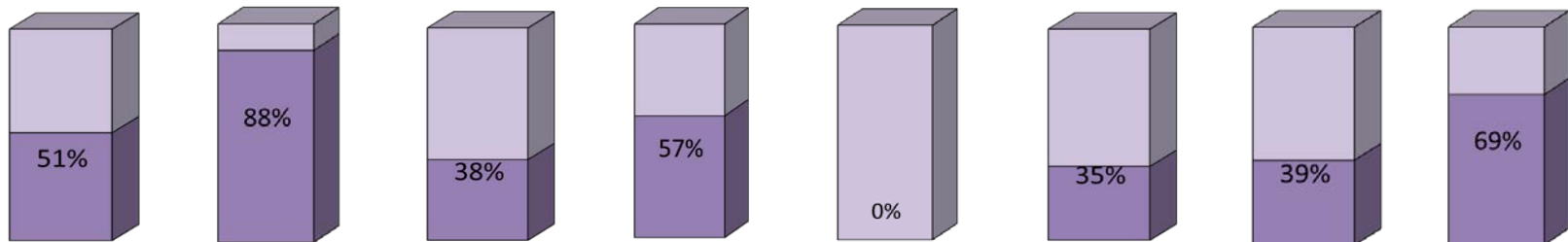
Exercised 5x or more for 30mins +

All



Sports club – at least weekly

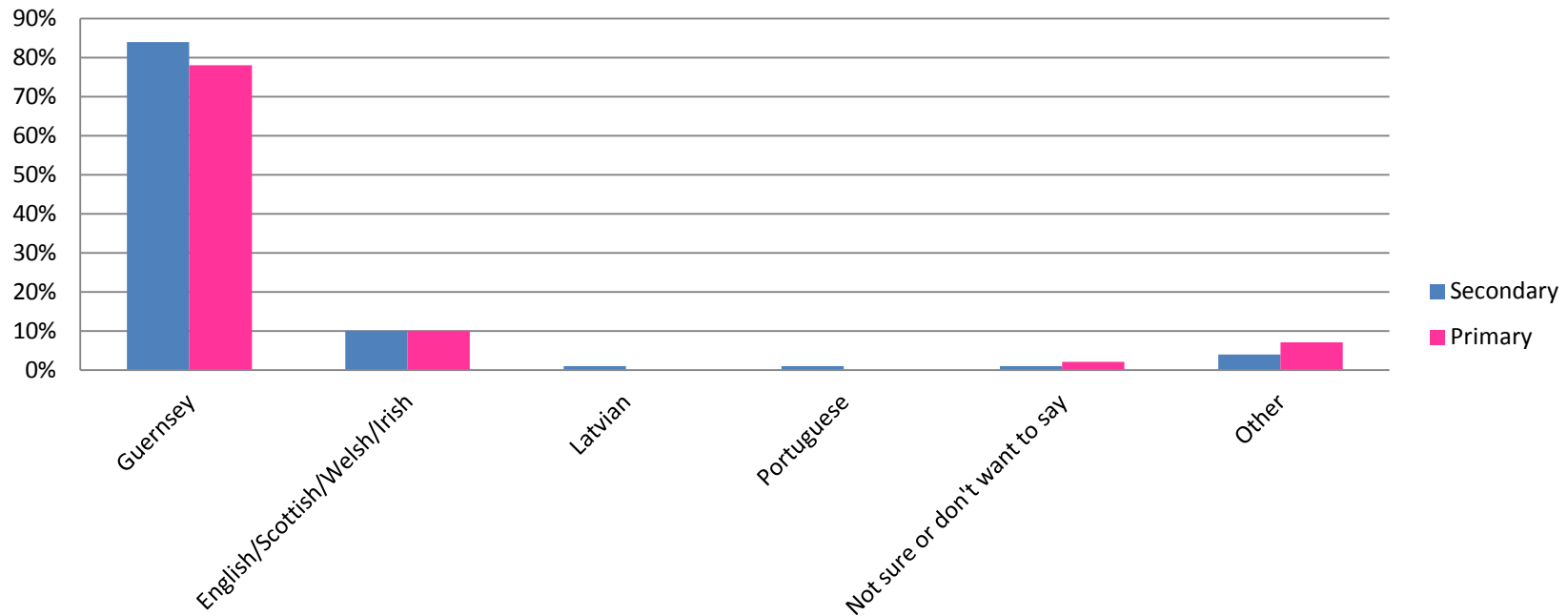
All



Ethnicity, Exercise, Food and weight,
worries and disability

Ethnicity

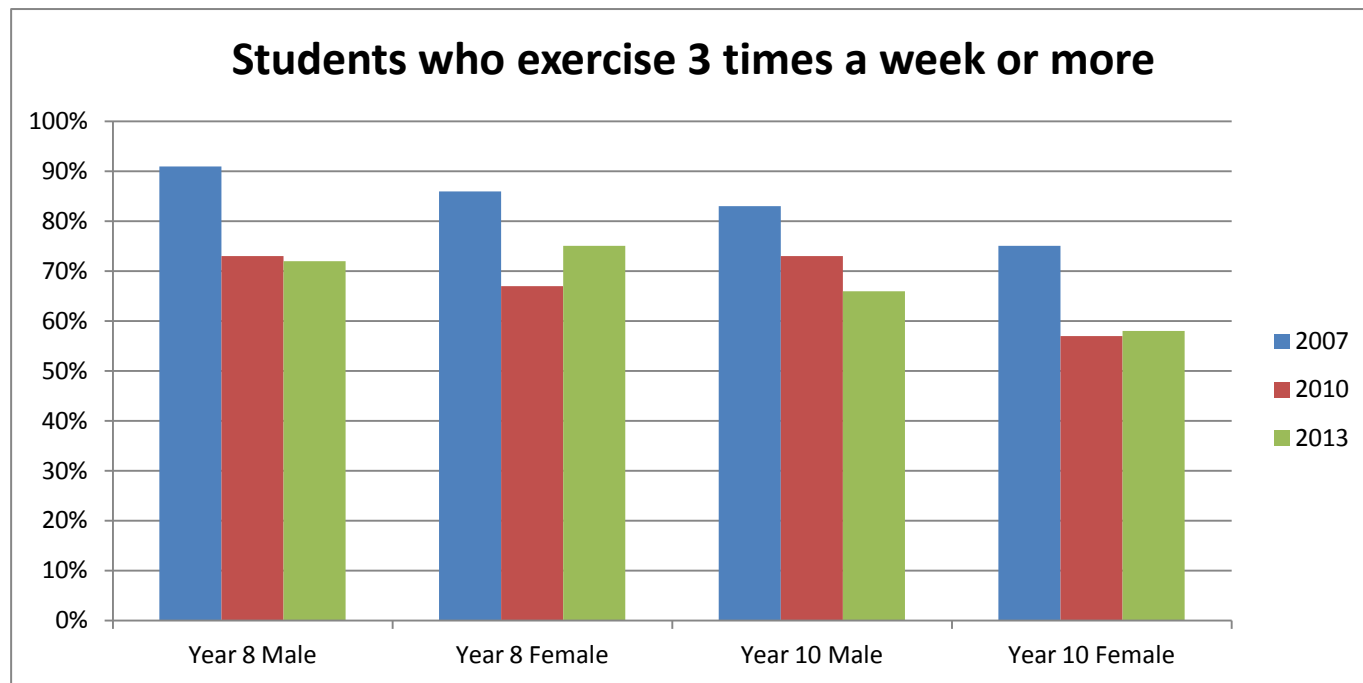
Nationality of sample



	Guernsey (secondary)	English/Scottish/Welsh/Irish	Other
2007	77%	17%	4%
2010	81%	15%	3%
2013	85%	10%	4%

Exercise

Year 6 pupils – 74% boys, 85% girls exercise 3 times a week or more

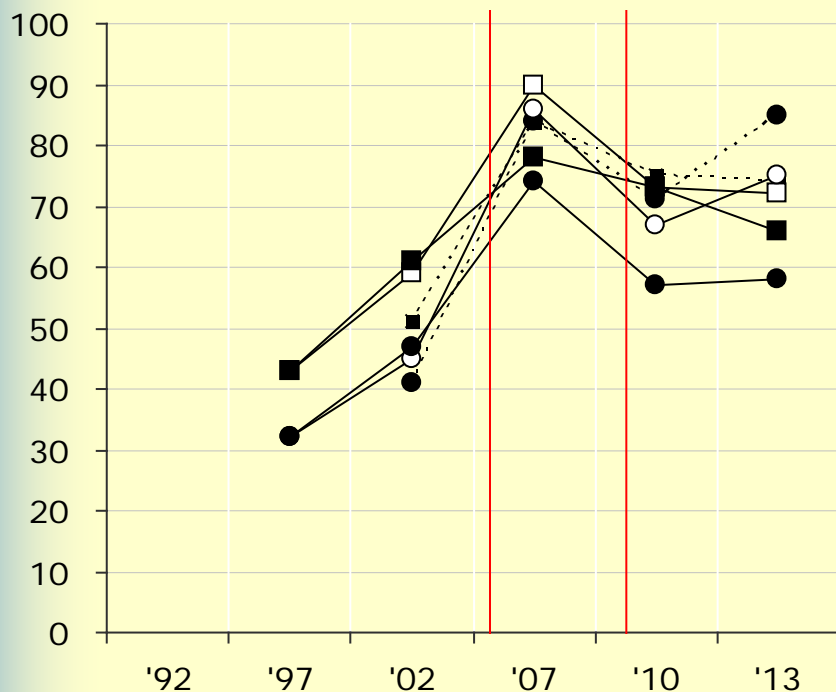


Trends 1992-2013

Exercised hard last week?

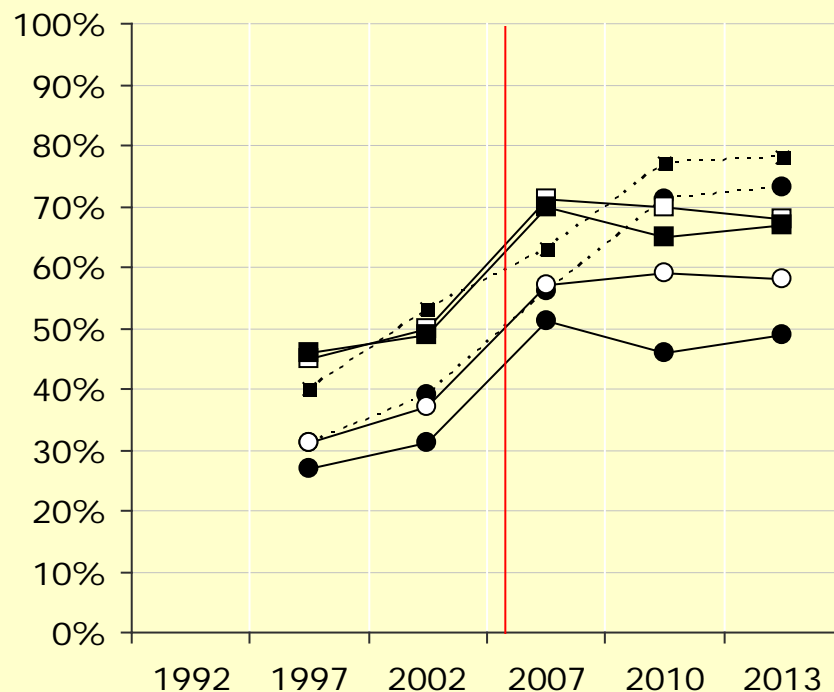


Guernsey

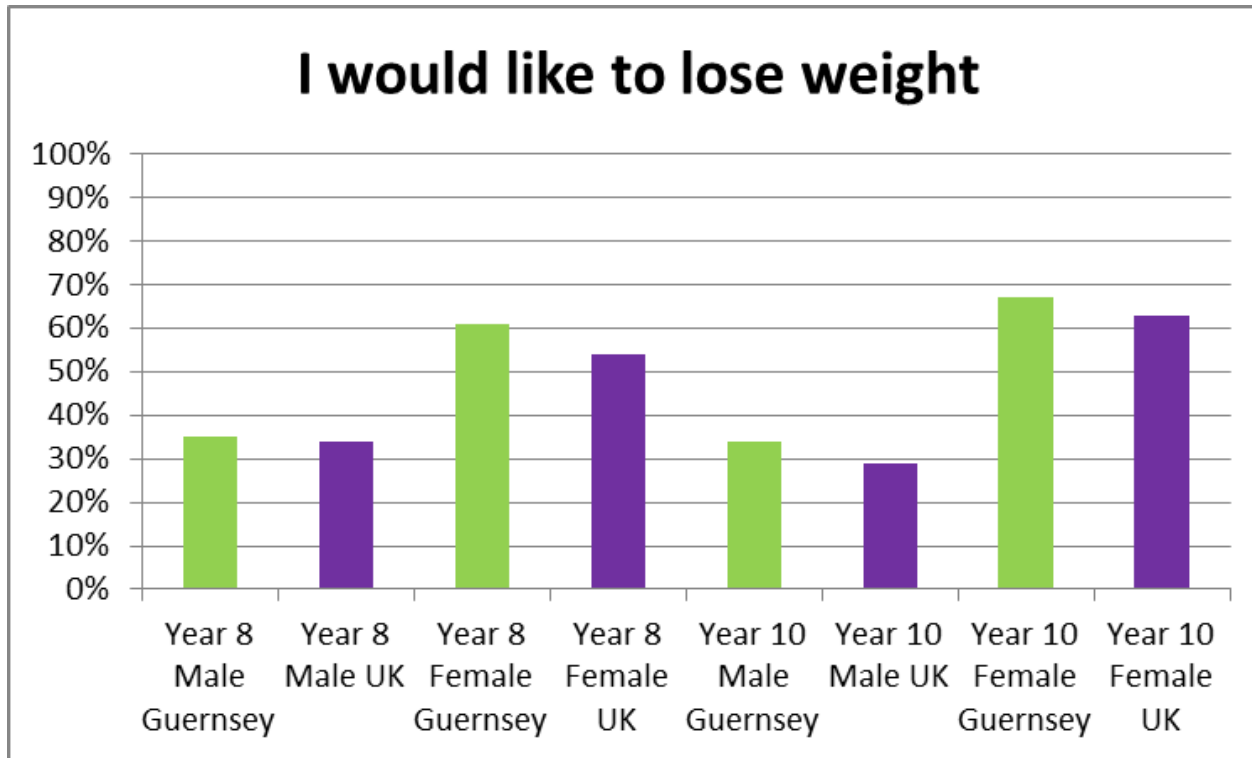


n % three times or more

SHEU



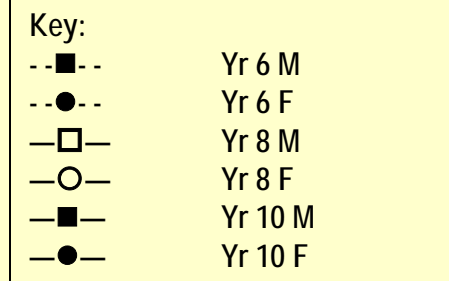
Food and weight



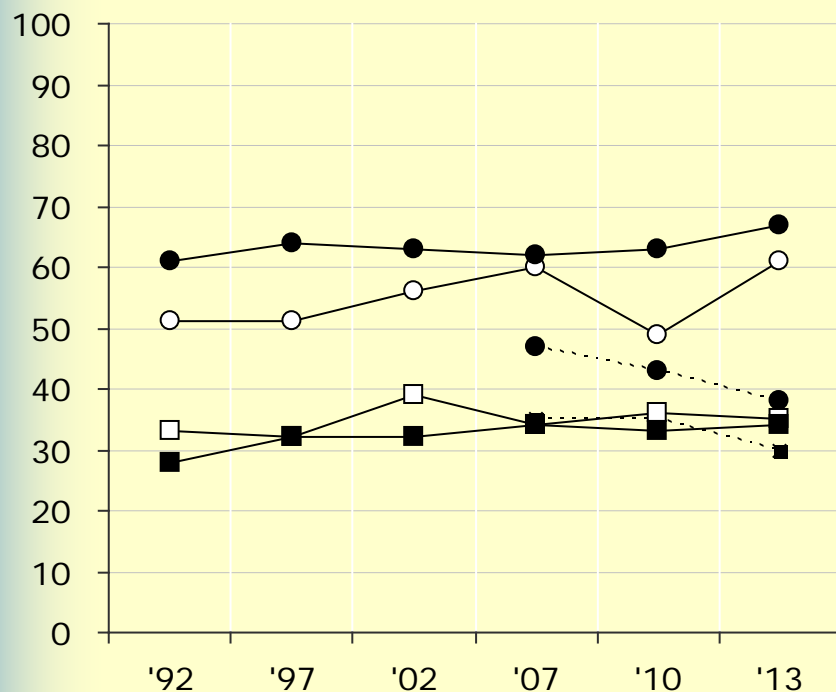
Trends 1992-2013

Want to lose weight?

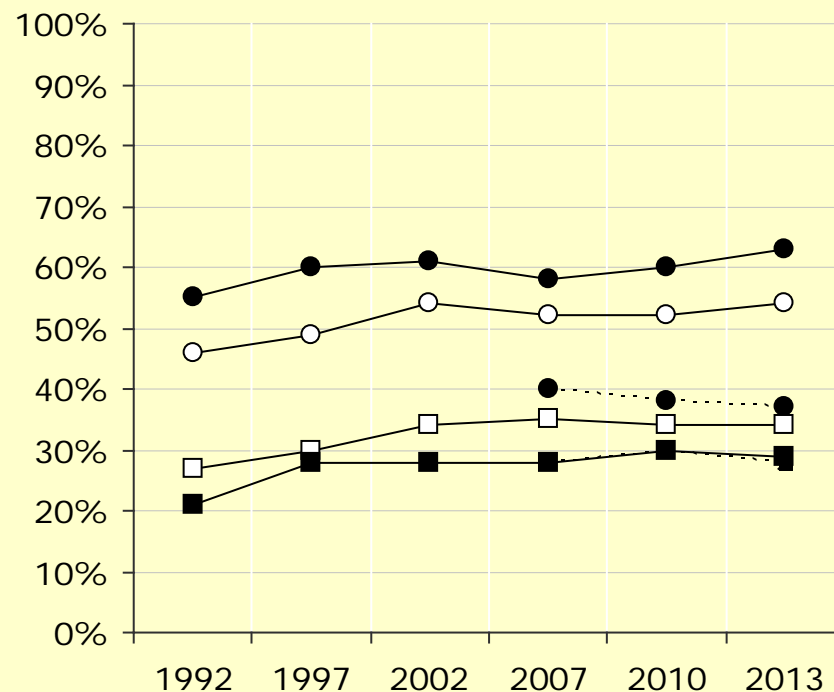
n %



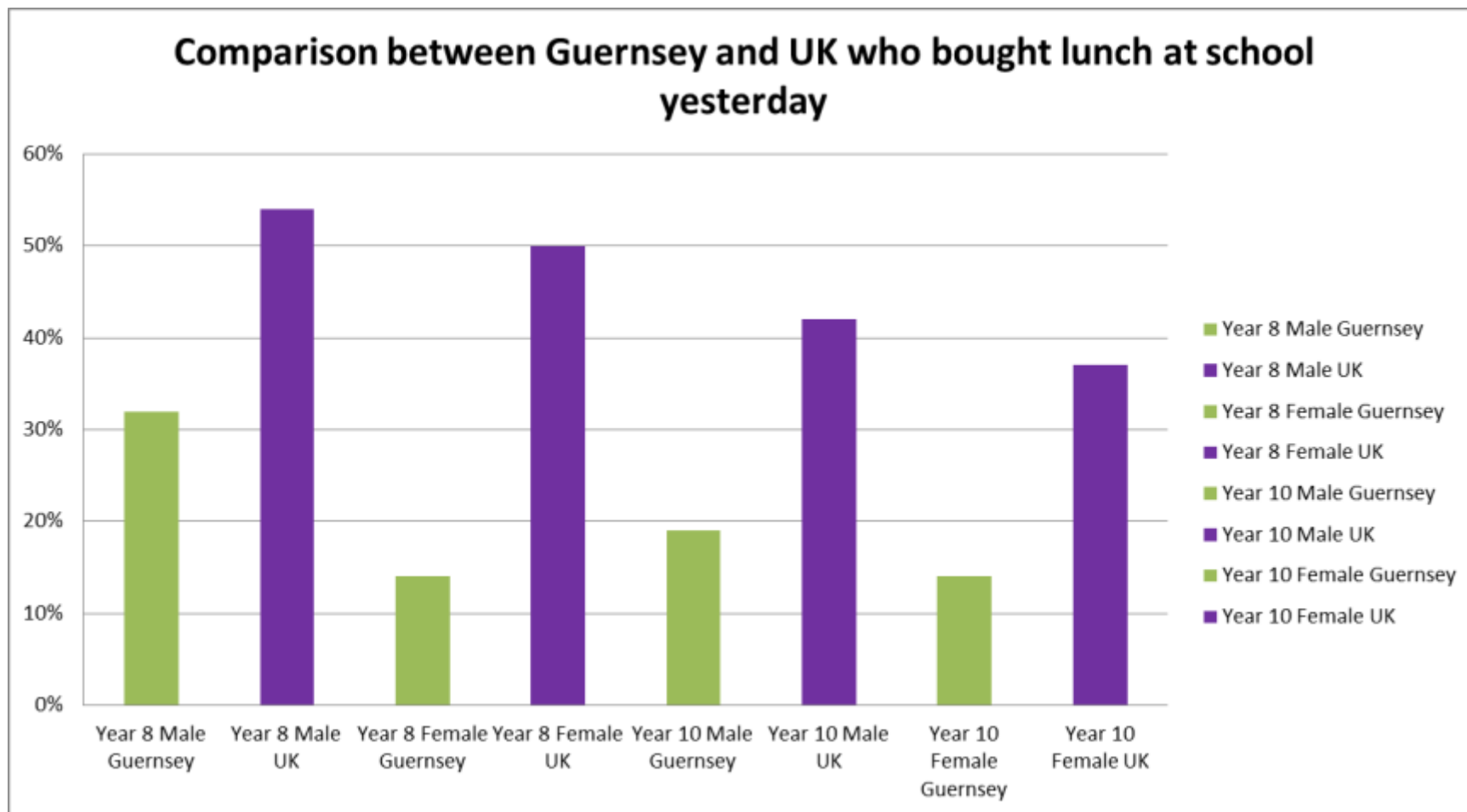
Guernsey



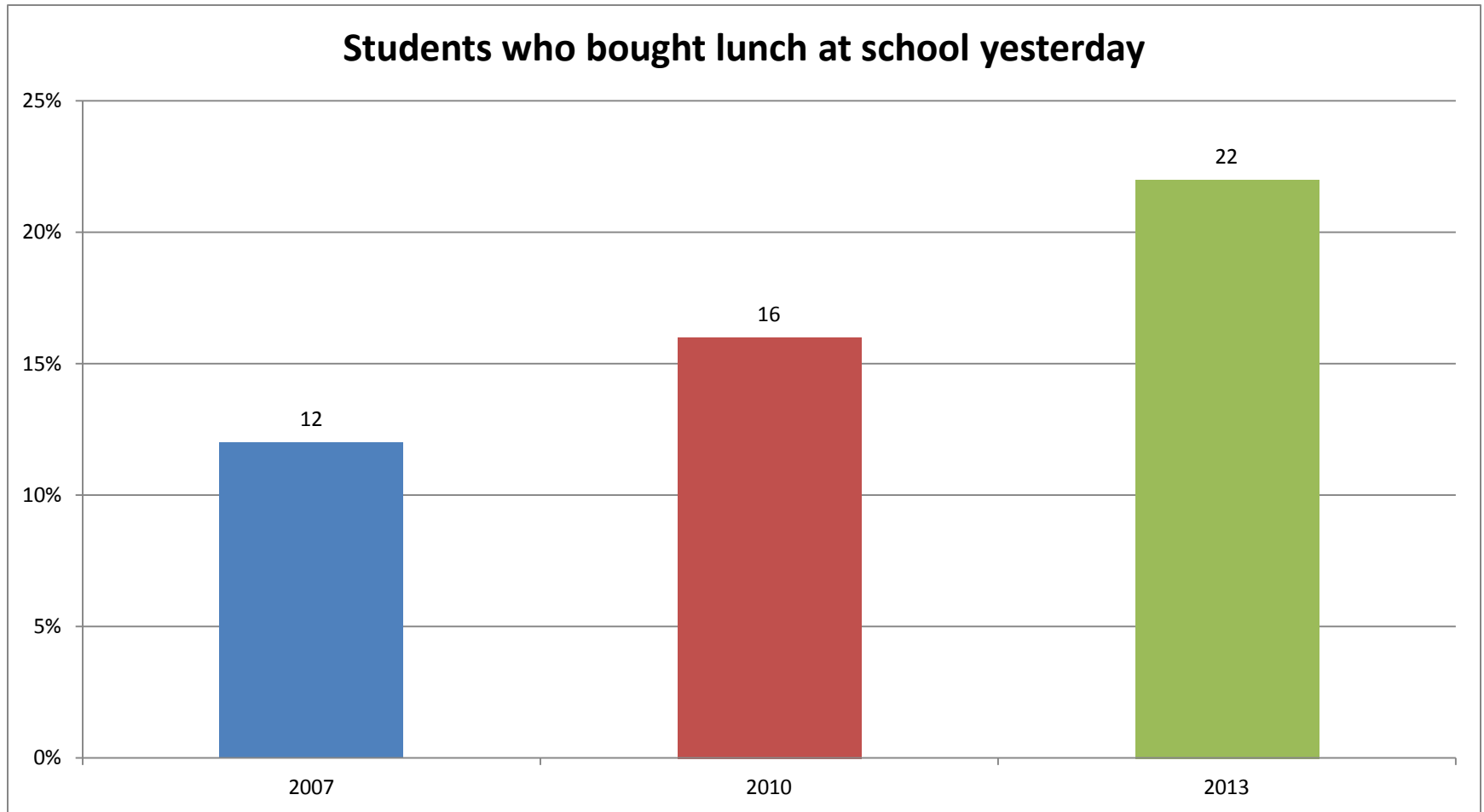
SHEU



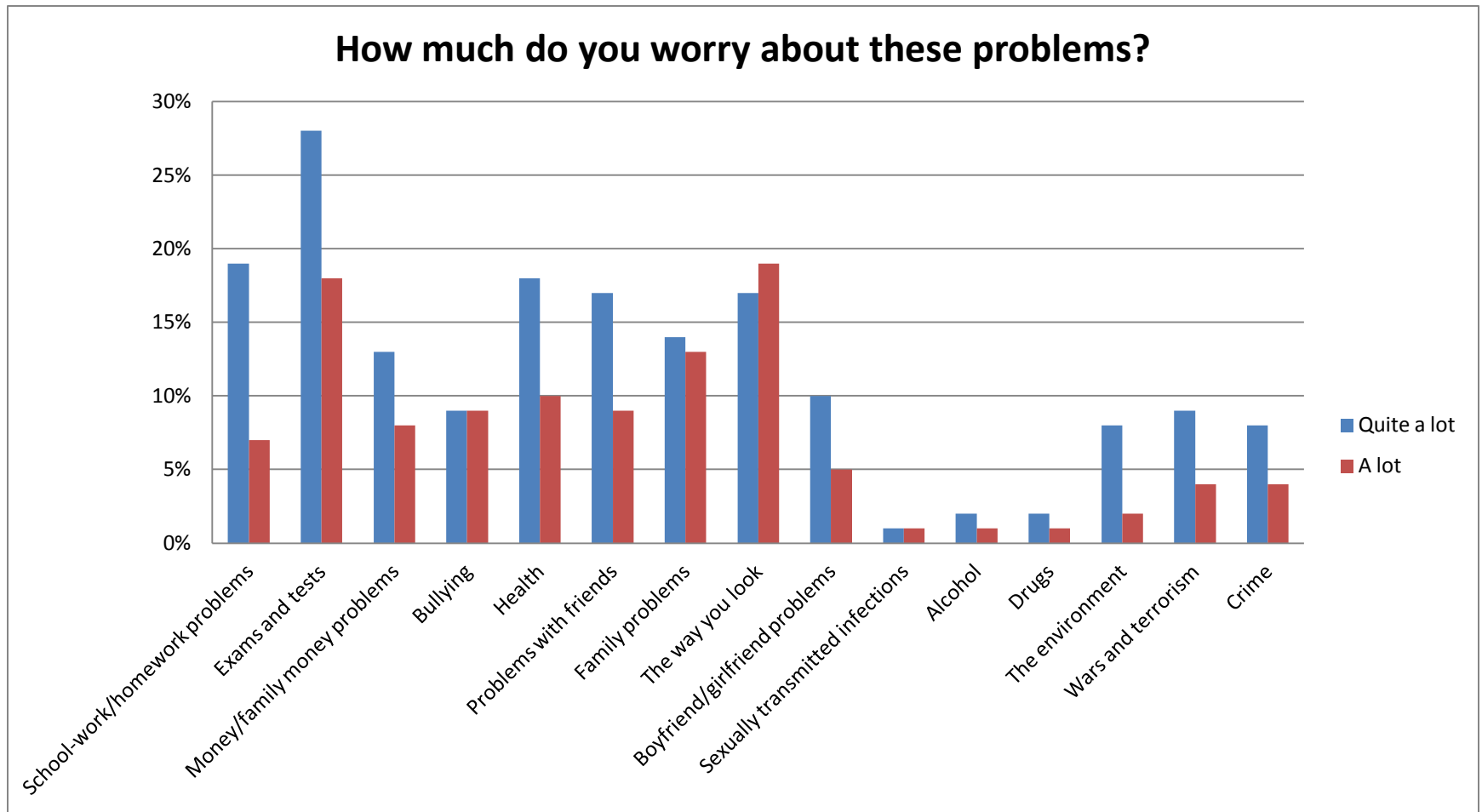
Food in Guernsey Schools (FIGS)



Food in Guernsey Schools (FIGS)

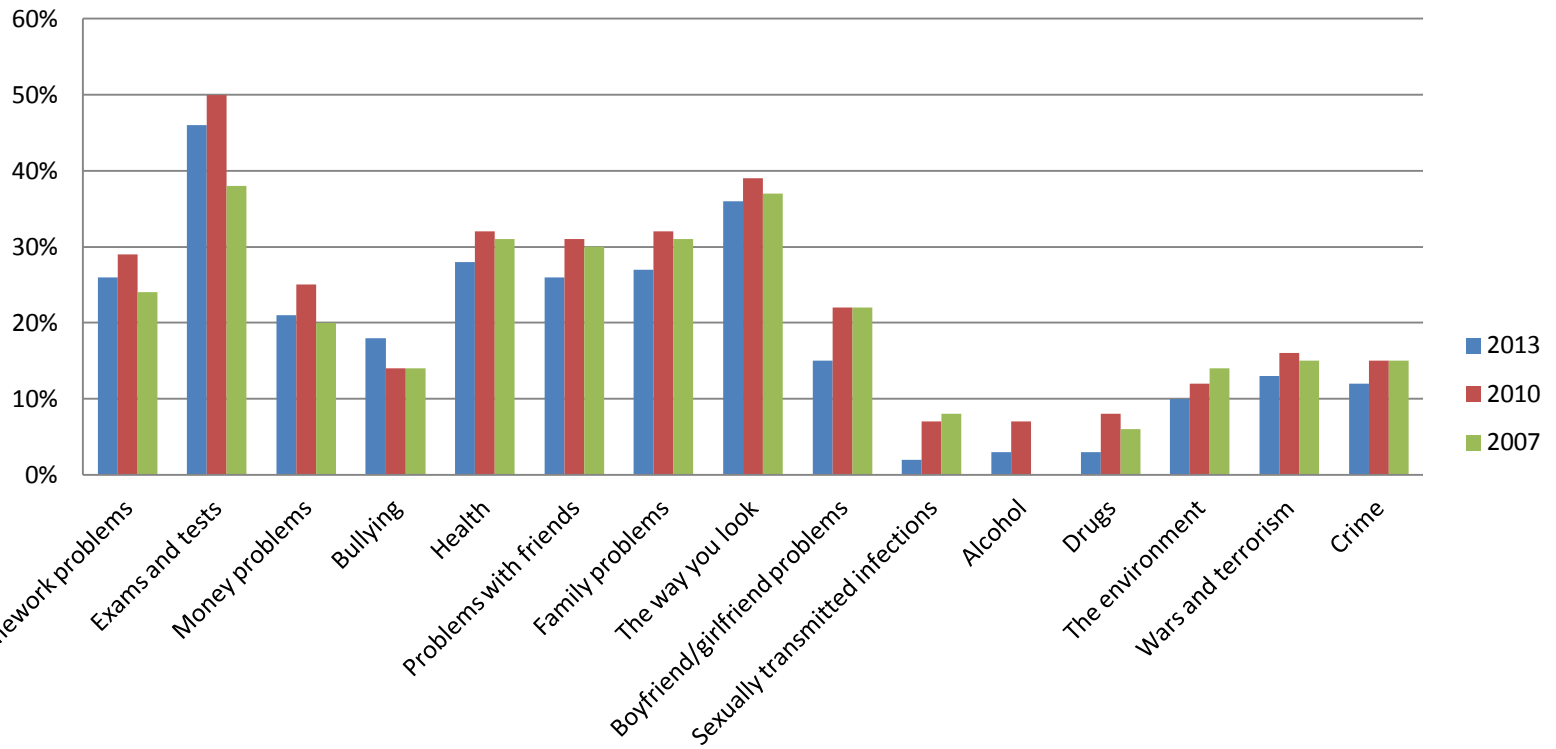


Worries (Years 8+10)

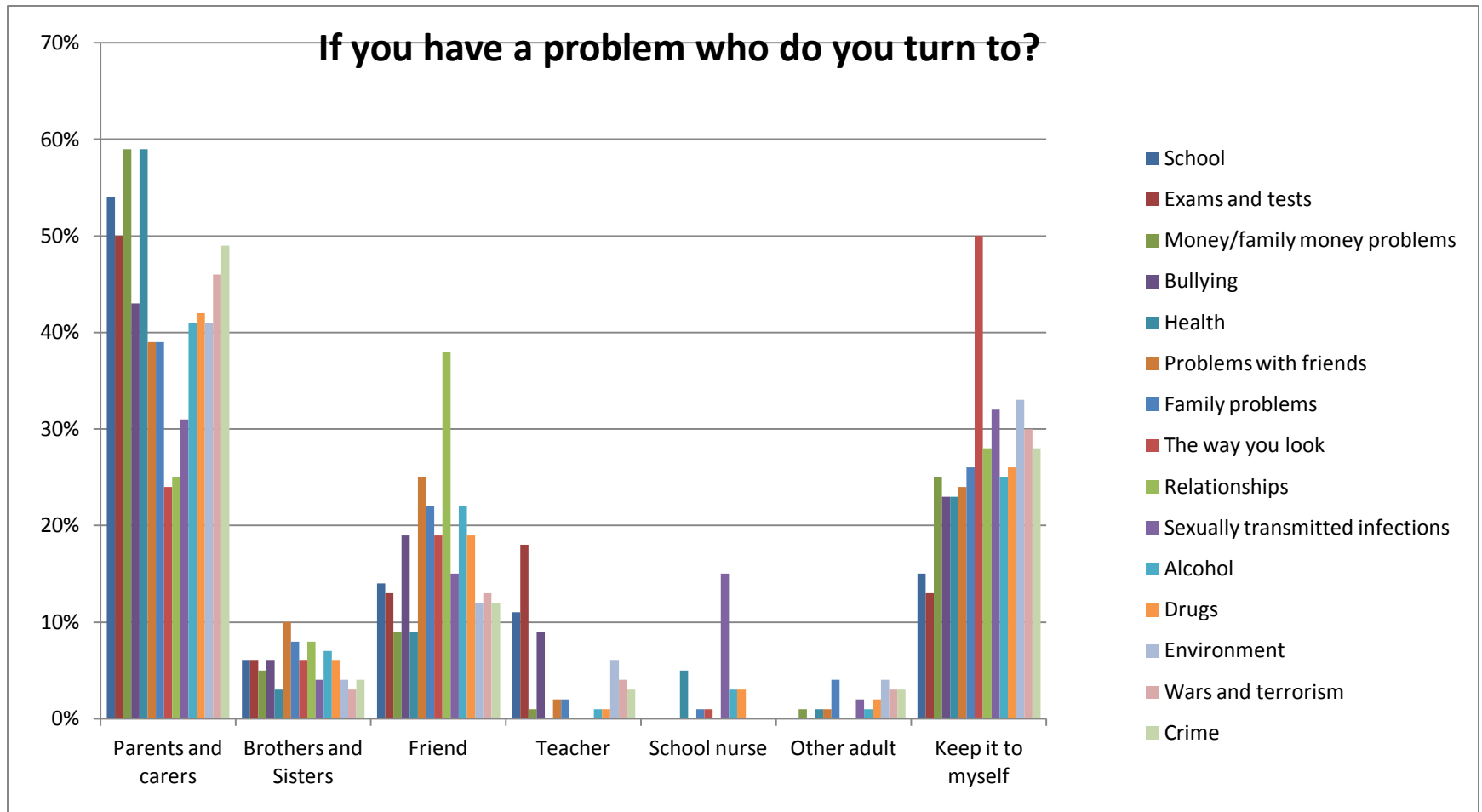


Worries

Comparison between 2013/2010/2007- how much do you worry about the following problems- quite alot/alot

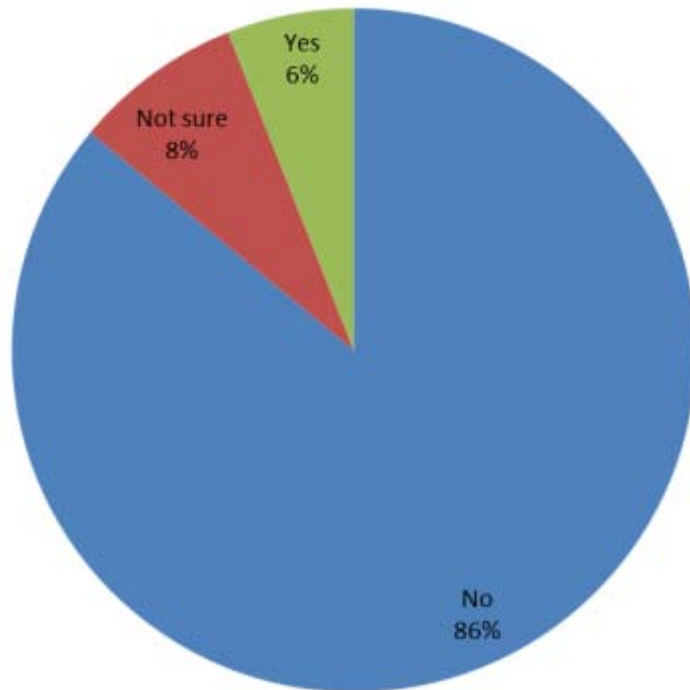


If you have a problem to who do you turn?



Do you have a disability?

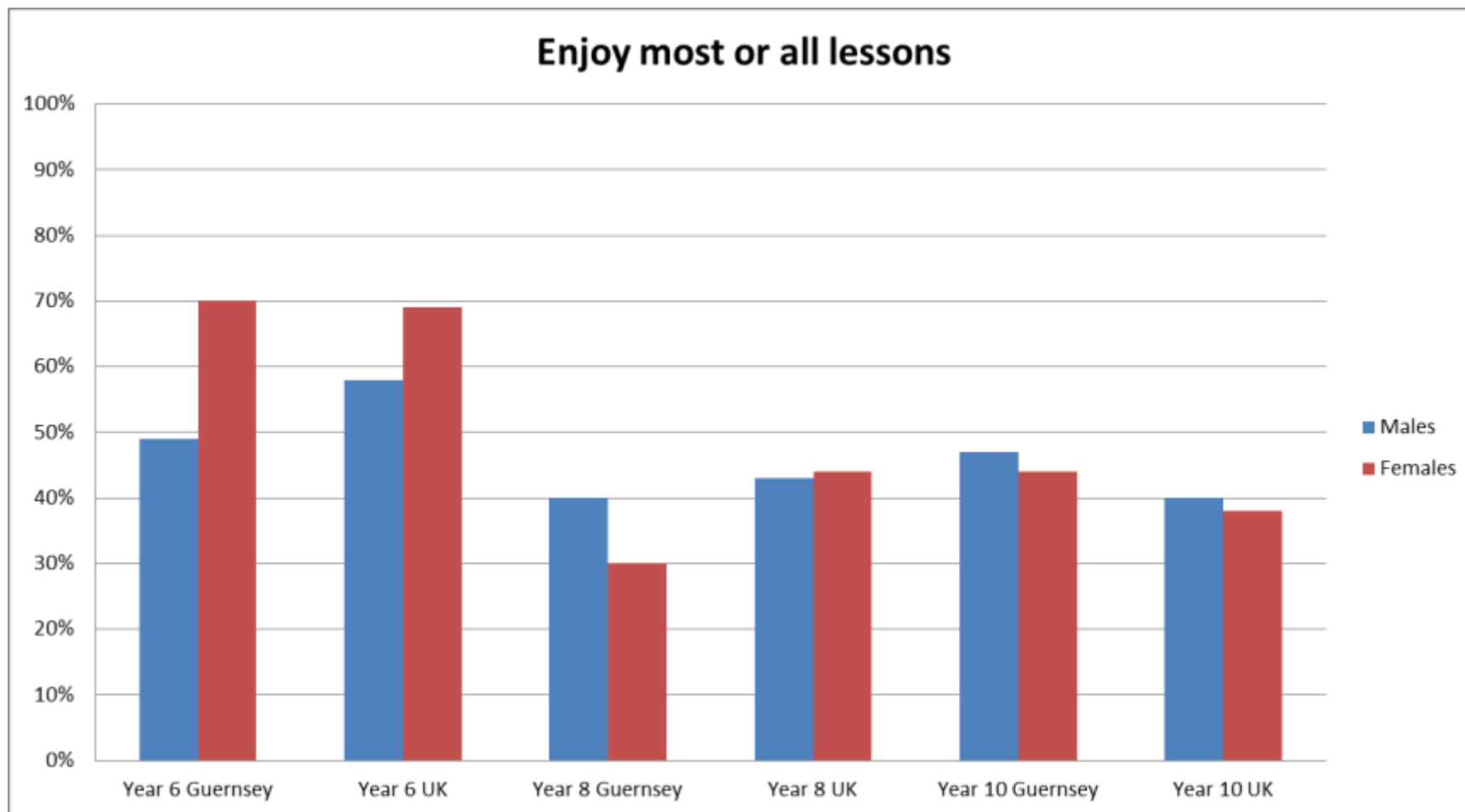
Do you have a disability?



Disability	Percentage
Dyslexia, Dyspraxia or Dyscalculia	52%
Learning disability or difficulty	3%
Autism/Asperger's	13%
Visual impairment or difficulty	8%
Hearing impairment or difficulty	3%
Speaking and listening difficulties	3%
ADHD (Attention Deficit Hyperactivity Disorder)	18%
Behaviour difficulties	8%
Physical impairment or difficulty	5%
Long-term illness	8%
Other	11%

School

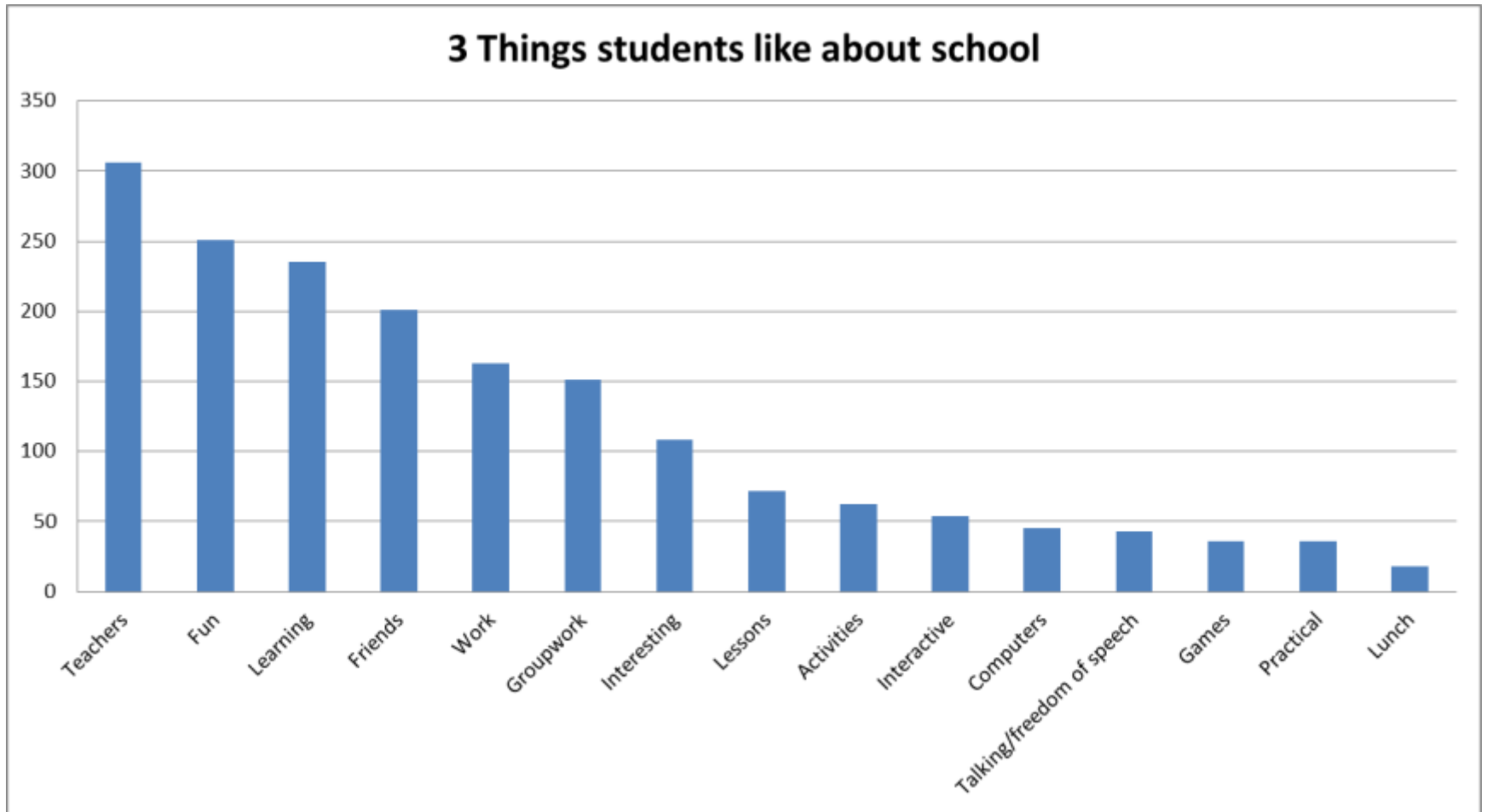
School



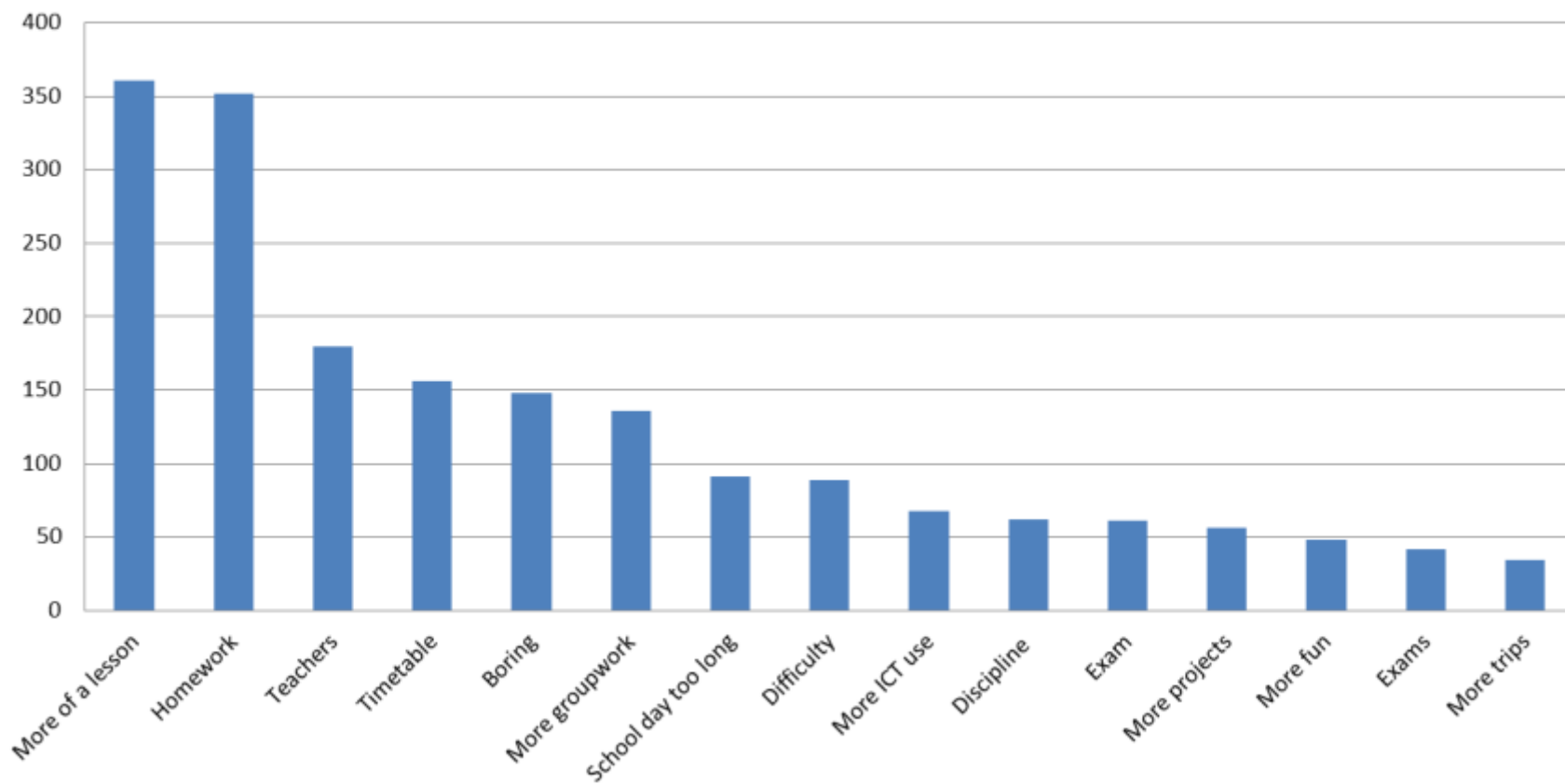
School



School

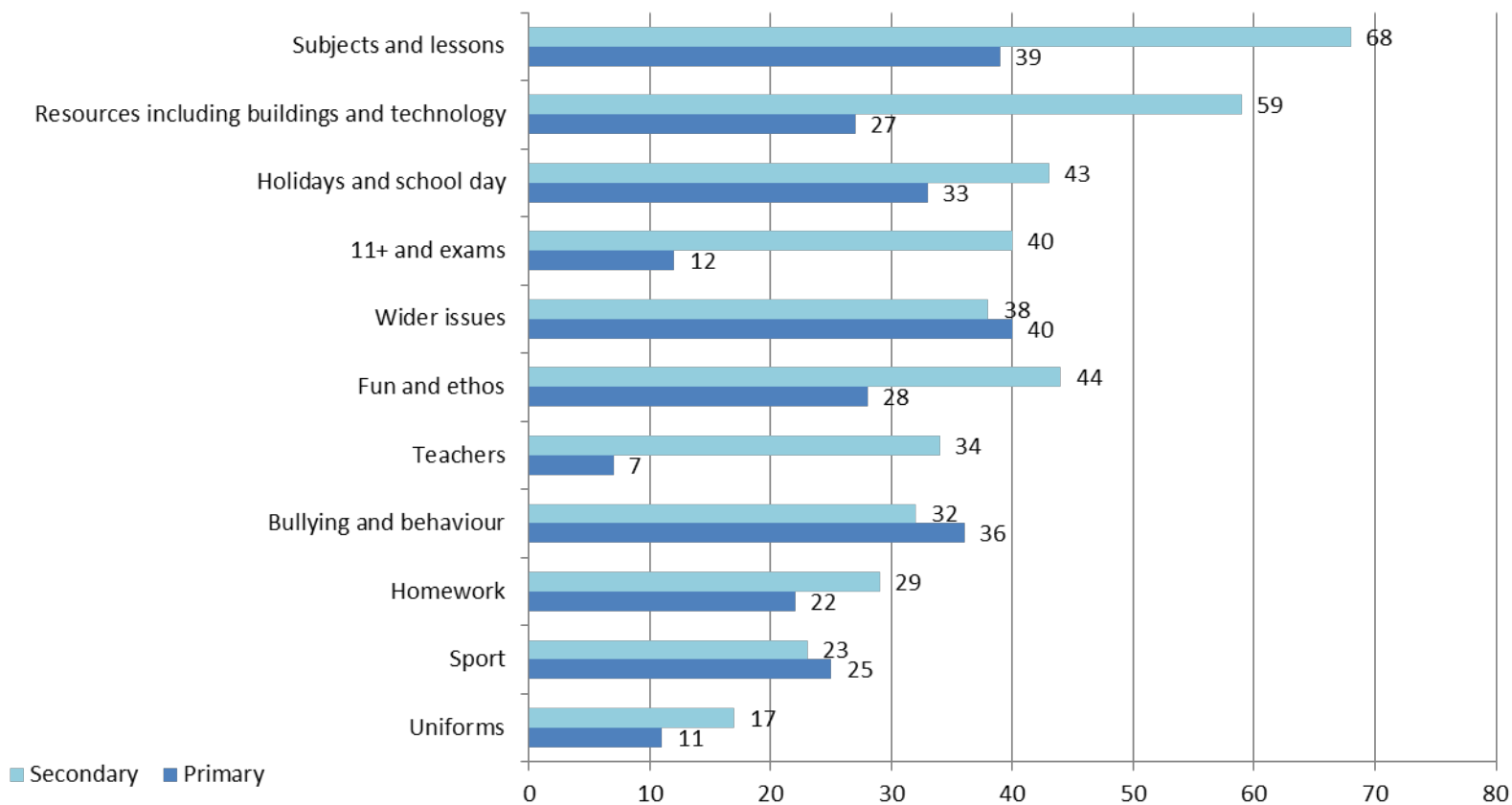


3 things students don't like about school

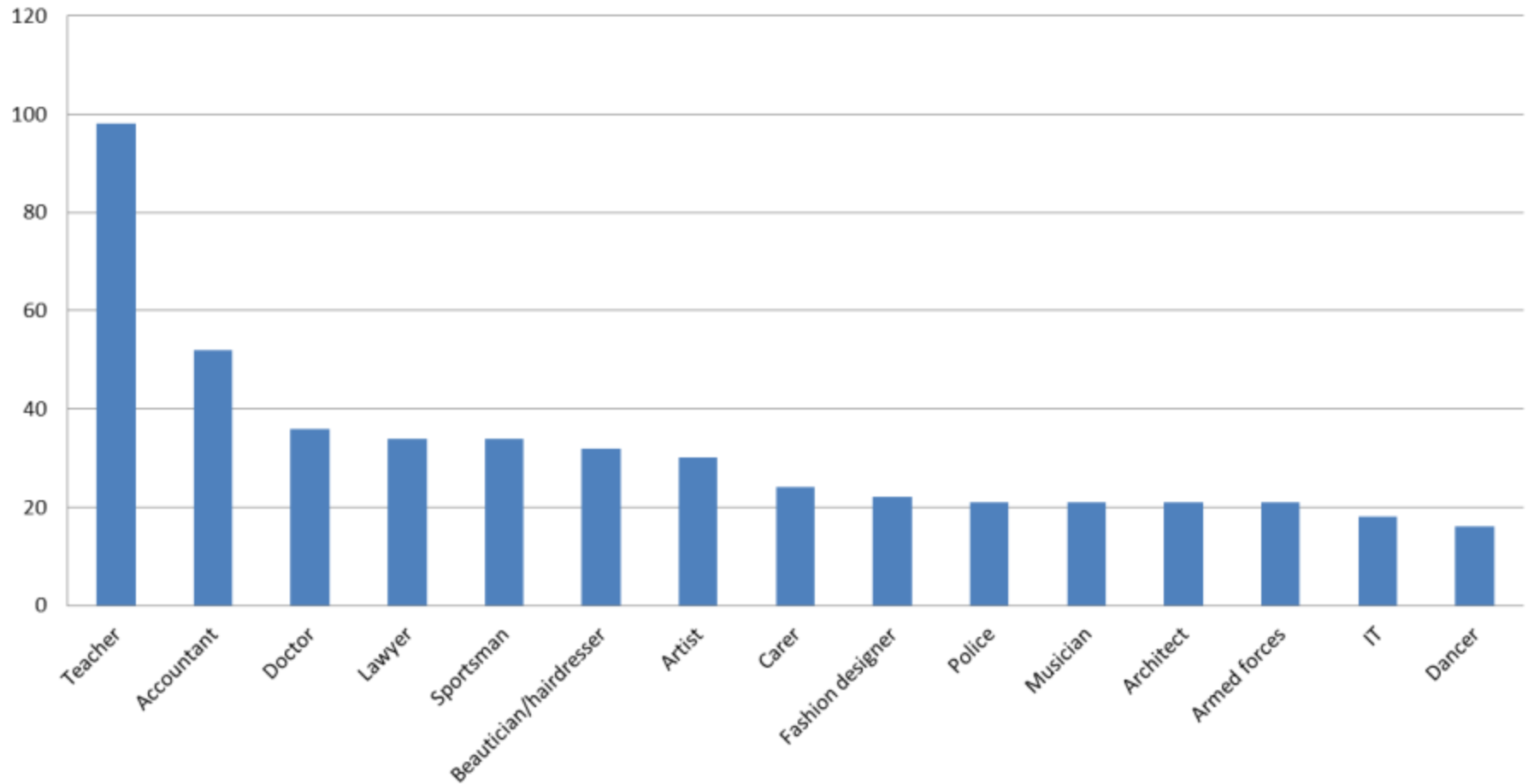


If you were the Minister for Education in Guernsey, what changes would you like to make today?

Number of comments by primary and secondary school pupils on different topics



What do you want to be when you are older?



If I were minister for Education.....

